

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 19
2012-06-01 - 19:54

Dziewcz t, 400m dowolny

11 - 15 lat
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.		
11 lat											
1.	GOŁ BIEWSKA, Dominika		01	UKS "GIM 92 Ursynów" Warszawa				5:55.80	303		
	50m:	40.54 40.54	150m:	2:13.32	46.28	250m:	3:45.81	45.77	350m:	5:16.00	43.76
	100m:	1:27.04 46.50	200m:	3:00.04	46.72	300m:	4:32.24	46.43	400m:	5:55.80	39.80
2.	TOBIASZ, Anna		01	UKS Victoria Józefów				5:57.85	298		
	50m:	39.32 39.32	150m:	2:09.31	45.25	250m:	3:39.62	44.78	350m:	5:15.70	54.70
	100m:	1:24.06 44.74	200m:	2:54.84	45.53	300m:	4:21.00	41.38	400m:	5:57.85	42.15
3.	OLEKSY, Aleksandra		01	MKS Piaseczno				6:39.05	215		
	50m:	41.70 41.70	150m:	2:23.94	51.88	250m:	4:06.32	50.72	350m:	5:52.53	53.10
	100m:	1:32.06 50.36	200m:	3:15.60	51.66	300m:	4:59.43	53.11	400m:	6:39.05	46.52
12 lat											
1.	SOLAK, Anna		00	Klub Pływacki Mzos Płock				5:06.51	474		
	50m:	33.38 33.38	150m:	1:51.49	39.41	250m:	3:09.47	39.04	350m:	4:29.33	39.68
	100m:	1:12.08 38.70	200m:	2:30.43	38.94	300m:	3:49.65	40.18	400m:	5:06.51	37.18
2.	STASZCZYK, Natalia		00	IKS Konstancin				5:10.73	455		
	50m:	35.32 35.32	150m:	1:54.74	39.93	250m:	3:14.54	39.27	350m:	4:33.16	39.08
	100m:	1:14.81 39.49	200m:	2:35.27	40.53	300m:	3:54.08	39.54	400m:	5:10.73	37.57
3.	BERENT, Anna		00	UKS Wilanowia				5:16.43	431		
	50m:	35.90 35.90	150m:	1:57.71	41.50	250m:	3:18.43	40.77	350m:	4:38.69	39.74
	100m:	1:16.21 40.31	200m:	2:37.66	39.95	300m:	3:58.95	40.52	400m:	5:16.43	37.74
4.	POGORZELSKA, Inez		00	UKS Wilanowia				5:18.16	424		
	50m:	36.97 36.97	150m:	1:59.07	41.22	250m:	3:20.92	40.91	350m:	4:41.43	39.54
	100m:	1:17.85 40.88	200m:	2:40.01	40.94	300m:	4:01.89	40.97	400m:	5:18.16	36.73
5.	KOWALSKA, Iza		00	UKS Wilanowia				5:21.73	410		
	50m:	36.89 36.89	150m:	1:59.49	41.41	250m:	3:21.95	40.96	350m:	4:43.62	40.84
	100m:	1:18.08 41.19	200m:	2:40.99	41.50	300m:	4:02.78	40.83	400m:	5:21.73	38.11
6.	JAWORSKA, Marcelina		00	MKS Piaseczno				5:23.11	405		
	50m:	35.96 35.96	150m:	1:59.04	41.75	250m:	3:21.98	40.76	350m:	4:43.35	39.82
	100m:	1:17.29 41.33	200m:	2:41.22	42.18	300m:	4:03.53	41.55	400m:	5:23.11	39.76
7.	KACHNIARZ, Magdalena		00	UKS Wilanowia				5:33.18	369		
	50m:	37.33 37.33	150m:	2:02.48	42.47	250m:	3:28.12	42.01	350m:	4:53.36	41.65
	100m:	1:20.01 42.68	200m:	2:46.11	43.63	300m:	4:11.71	43.59	400m:	5:33.18	39.82
8.	DZIARSKA, Łucja		00	UKS Victoria Józefów				5:34.98	363		
	50m:	37.14 37.14	150m:	2:02.20	42.09	250m:	3:27.91	42.19	350m:	4:53.80	42.62
	100m:	1:20.11 42.97	200m:	2:45.72	43.52	300m:	4:11.18	43.27	400m:	5:34.98	41.18
9.	CICHOCKA, Malwina		00	Uks Pirania Targówek				5:39.03	350		
	50m:	36.49 36.49	150m:	2:00.67	42.67	250m:	3:29.86	44.50	350m:	4:56.69	42.37
	100m:	1:18.00 41.51	200m:	2:45.36	44.69	300m:	4:14.32	44.46	400m:	5:39.03	42.34
10.	WASILEWICZ, Julia		00	CITYZEN Pozna				5:43.21	338		
	50m:	36.57 36.57	150m:	2:02.11	42.80	250m:	3:30.70	44.76	350m:	5:00.32	45.03
	100m:	1:19.31 42.74	200m:	2:45.94	43.83	300m:	4:15.29	44.59	400m:	5:43.21	42.89
11.	DERBICH, WIKTORIA		00	Iuks Muszelka				5:49.75	319		
	50m:	39.84 39.84	150m:	2:06.78	44.03	250m:	3:36.19	44.64	350m:	5:06.16	45.14
	100m:	1:22.75 42.91	200m:	2:51.55	44.77	300m:	4:21.02	44.83	400m:	5:49.75	43.59
12.	KARASI SKA, Karolina		00	Uks 307				5:50.86	316		
	50m:	40.54 40.54	150m:	2:10.42	45.52	250m:	3:41.59	45.46	350m:	5:10.75	43.73
	100m:	1:24.90 44.36	200m:	2:56.13	45.71	300m:	4:27.02	45.43	400m:	5:50.86	40.11
13.	KACPRZYCKA, Weronika		00	UKS Kapry-Armexim Pruszków				5:52.34	312		
	50m:	37.92 37.92	150m:	2:08.13	45.67	250m:	3:40.32	46.51	350m:	5:10.84	45.47
	100m:	1:22.46 44.54	200m:	2:53.81	45.68	300m:	4:25.37	45.05	400m:	5:52.34	41.50

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
14.	KO CIANEK, Natalia		00	UKS OLIMPIC Warka			6:04.03	283	
	50m: 41.15	41.15	150m: 2:14.02	46.97	250m: 3:48.33	46.86	350m: 5:21.01	45.10	
	100m: 1:27.05	45.90	200m: 3:01.47	47.45	300m: 4:35.91	47.58	400m: 6:04.03	43.02	
15.	CHMIELEWSKA, Aneta		00	UKS OLIMPIC Warka			6:18.11	253	
	50m: 41.10	41.10	150m: 2:18.86	49.82	250m: 3:56.94	48.63	350m: 5:35.54	48.12	
	100m: 1:29.04	47.94	200m: 3:08.31	49.45	300m: 4:47.42	50.48	400m: 6:18.11	42.57	
16.	KALINOWSKA, Katarzyna		00	Klub Pływacki Mzos Płock			6:18.68	251	
	50m: 44.44	44.44	150m: 2:23.98	50.13	250m: 4:03.15	49.33	350m: 5:38.34	46.40	
	100m: 1:33.85	49.41	200m: 3:13.82	49.84	300m: 4:51.94	48.79	400m: 6:18.68	40.34	

13 lat

1.	ROMAN, MAGDALENA		99	Iuks Muszelka			4:51.89	549
	50m: 31.68	31.68	150m: 1:44.64	37.11	250m: 2:59.78	37.77	350m: 4:15.54	37.91
	100m: 1:07.53	35.85	200m: 2:22.01	37.37	300m: 3:37.63	37.85	400m: 4:51.89	36.35
2.	KRÓL, Oliwia		99	Mks Trójka Łód			5:02.59	493
	50m: 34.24	34.24	150m: 1:51.66	38.92	250m: 3:09.48	39.34	350m: 4:26.38	37.84
	100m: 1:12.74	38.50	200m: 2:30.14	38.48	300m: 3:48.54	39.06	400m: 5:02.59	36.21
3.	CIE LIKOWSKA, Zuzanna		99	UKS PINGWINY			5:04.38	485
	50m: 33.34	33.34	150m: 1:51.47	39.31	250m: 3:10.24	38.79	350m: 4:27.08	37.46
	100m: 1:12.16	38.82	200m: 2:31.45	39.98	300m: 3:49.62	39.38	400m: 5:04.38	37.30
4.	NIESZPOREK, WIKTORIA		99	Uks 190 Łód			5:06.39	475
	50m: 34.15	34.15	150m: 1:52.59	39.34	250m: 3:10.90	38.99	350m: 4:29.00	38.70
	100m: 1:13.25	39.10	200m: 2:31.91	39.32	300m: 3:50.30	39.40	400m: 5:06.39	37.39
5.	SMOŁA, Monika		99	MTKP Delfin Toru			5:08.13	467
	50m: 34.75	34.75	150m: 1:53.42	39.74	250m: 3:12.85	39.49	350m: 4:31.57	38.76
	100m: 1:13.68	38.93	200m: 2:33.36	39.94	300m: 3:52.81	39.96	400m: 5:08.13	36.56
6.	DUDEK, Sylwia		99	UKS "GIM 92 Ursynów" Warszawa			5:09.69	460
	50m: 33.94	33.94	150m: 1:51.98	39.85	250m: 3:11.92	40.02	350m: 4:31.82	39.96
	100m: 1:12.13	38.19	200m: 2:31.90	39.92	300m: 3:51.86	39.94	400m: 5:09.69	37.87
7.	PEREIRA-MOJSA, Monika		99	UKS JAGIELLONKA Warszawa			5:21.67	410
	50m: 35.94	35.94	150m: 1:56.71	40.92	250m: 3:19.96	42.06	350m: 4:42.85	41.25
	100m: 1:15.79	39.85	200m: 2:37.90	41.19	300m: 4:01.60	41.64	400m: 5:21.67	38.82
8.	TYSZKA, Wiktoria		99	UKS JAGIELLONKA Warszawa			5:25.54	396
	50m: 35.20	35.20	150m: 1:57.62	41.77	250m: 3:22.52	41.81	350m: 4:46.05	41.70
	100m: 1:15.85	40.65	200m: 2:40.71	43.09	300m: 4:04.35	41.83	400m: 5:25.54	39.49
9.	FILIPKOWSKA, Dominika		99	MKS "Ros" Pisz			5:35.40	362
	50m: 38.10	38.10	150m: 2:01.76	41.95	250m: 3:28.36	42.98	350m: 4:54.14	42.60
	100m: 1:19.81	41.71	200m: 2:45.38	43.62	300m: 4:11.54	43.18	400m: 5:35.40	41.26
10.	WARDAK, Julia		99	UKS Kapry-Armexim Pruszków			5:50.87	316
	50m: 37.74	37.74	150m: 2:07.86	45.53	250m: 3:39.77	45.75	350m: 5:09.69	44.04
	100m: 1:22.33	44.59	200m: 2:54.02	46.16	300m: 4:25.65	45.88	400m: 5:50.87	41.18

14 lat

1.	JANKOWSKA, Klaudia		98	UKS "GIM 92 Ursynów" Warszawa			4:45.63	586
	50m: 31.53	31.53	150m: 1:43.26	36.33	250m: 2:56.26	36.09	350m: 4:09.69	36.42
	100m: 1:06.93	35.40	200m: 2:20.17	36.91	300m: 3:33.27	37.01	400m: 4:45.63	35.94
2.	POKRYWKA, KAROLINA		98	Uks 190 Łód			4:47.43	575
	50m: 32.32	32.32	150m: 1:45.29	36.75	250m: 2:59.47	36.87	350m: 4:12.69	36.11
	100m: 1:08.54	36.22	200m: 2:22.60	37.31	300m: 3:36.58	37.11	400m: 4:47.43	34.74
3.	W CŁAWIAK, Irena		98	UKS Wilanowia			4:55.63	529
	50m: 34.50	34.50	150m: 1:49.26	37.97	250m: 3:05.12	38.14	350m: 4:20.78	37.30
	100m: 1:11.29	36.79	200m: 2:26.98	37.72	300m: 3:43.48	38.36	400m: 4:55.63	34.85

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 19, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
4.	PISARSKA, AGNIESZKA		98	Uks 190 Łód				5:00.91	501		
	50m:	34.34 34.34	150m:	1:50.09	37.82	250m:	3:06.69	38.14	350m:	4:23.93	38.49
	100m:	1:12.27 37.93	200m:	2:28.55	38.46	300m:	3:45.44	38.75	400m:	5:00.91	36.98
5.	BEDNAREK, Aleksandra		98	Mks Jedyńka Łód				5:02.24	495		
	50m:	36.40 36.40	150m:	1:54.50	38.93	250m:	3:11.19	38.21	350m:	4:26.87	37.36
	100m:	1:15.57 39.17	200m:	2:32.98	38.48	300m:	3:49.51	38.32	400m:	5:02.24	35.37
6.	DUDA, Natasza		98	SKS Start Łód				5:03.55	489		
	50m:	33.71 33.71	150m:	1:51.05	39.51	250m:	3:09.25	39.51	350m:	4:26.70	38.73
	100m:	1:11.54 37.83	200m:	2:29.74	38.69	300m:	3:47.97	38.72	400m:	5:03.55	36.85
7.	WARDZI SKA, Martyna		98	SKS Start Łód				5:06.98	472		
	50m:	34.91 34.91	150m:	1:51.98	38.73	250m:	3:11.77	40.00	350m:	4:29.56	38.48
	100m:	1:13.25 38.34	200m:	2:31.77	39.79	300m:	3:51.08	39.31	400m:	5:06.98	37.42
8.	ZIELENIEWICZ, Paula		98	Mks Jedyńka Łód				5:09.13	463		
	50m:	34.71 34.71	150m:	1:53.64	39.83	250m:	3:12.74	39.65	350m:	4:31.62	39.09
	100m:	1:13.81 39.10	200m:	2:33.09	39.45	300m:	3:52.53	39.79	400m:	5:09.13	37.51
9.	PIWKO, Dominika		98	MUKS pi tnastka Bydgoszcz				5:10.37	457		
	50m:	36.57 36.57	150m:	1:55.08	39.42	250m:	3:14.45	39.85	350m:	4:34.31	39.98
	100m:	1:15.66 39.09	200m:	2:34.60	39.52	300m:	3:54.33	39.88	400m:	5:10.37	36.06
10.	ŁUCZY SKA, MARTYNA		98	Uks,, oliborz"Warszawa				5:11.38	453		
	50m:	35.05 35.05	150m:	1:52.73	38.61	250m:	3:12.54	39.68	350m:	4:32.94	39.77
	100m:	1:14.12 39.07	200m:	2:32.86	40.13	300m:	3:53.17	40.63	400m:	5:11.38	38.44
11.	JACKIEWICZ, Weronika		98	UKS Kapry-Armexim Pruszków				5:13.86	442		
	50m:	34.78 34.78	150m:	1:51.99	38.94	250m:	3:12.05	40.21	350m:	4:34.46	41.20
	100m:	1:13.05 38.27	200m:	2:31.84	39.85	300m:	3:53.26	41.21	400m:	5:13.86	39.40
12.	WAKER, Kinga		98	UKS Wilanowia				5:16.59	431		
	50m:	35.11 35.11	150m:	1:55.12	39.93	250m:	3:17.06	40.65	350m:	4:37.97	39.97
	100m:	1:15.19 40.08	200m:	2:36.41	41.29	300m:	3:58.00	40.94	400m:	5:16.59	38.62
13.	KAJKO, Paula		98	MUKS pi tnastka Bydgoszcz				5:18.89	421		
	50m:	34.43 34.43	150m:	1:56.29	42.59	250m:	3:21.52	42.57	350m:	4:43.93	39.61
	100m:	1:13.70 39.27	200m:	2:38.95	42.66	300m:	4:04.32	42.80	400m:	5:18.89	34.96
14.	RYZINSKA, Daria		98	MKS "Ros" Pisz				5:21.23	412		
	50m:	36.80 36.80	150m:	1:58.74	41.12	250m:	3:20.86	40.93	350m:	4:43.22	40.61
	100m:	1:17.62 40.82	200m:	2:39.93	41.19	300m:	4:02.61	41.75	400m:	5:21.23	38.01
15.	PRZYBYSZ, Karolina		98	Uks Pirania Targówek				5:28.24	386		
	50m:	36.48 36.48	150m:	1:58.23	41.45	250m:	3:21.44	41.99	350m:	4:46.53	42.74
	100m:	1:16.78 40.30	200m:	2:39.45	41.22	300m:	4:03.79	42.35	400m:	5:28.24	41.71
16.	MATUSZY SKA, Katarzyna		98	Mks Jedyńka Łód				5:33.61	368		
	50m:	38.67 38.67	150m:	2:03.68	42.66	250m:	3:28.91	42.59	350m:	4:53.23	41.82
	100m:	1:21.02 42.35	200m:	2:46.32	42.64	300m:	4:11.41	42.50	400m:	5:33.61	40.38

15 lat

1.	BIEDRZYCKA, Iga		97	MKS "Ros" Pisz				4:47.28	576		
	50m:	32.12 32.12	150m:	1:45.08	36.89	250m:	2:58.83	37.09	350m:	4:12.38	36.74
	100m:	1:08.19 36.07	200m:	2:21.74	36.66	300m:	3:35.64	36.81	400m:	4:47.28	34.90
2.	RZEPA, Marta		97	MUKS pi tnastka Bydgoszcz				4:49.84	561		
	50m:	33.89 33.89	150m:	1:48.37	37.28	250m:	3:02.55	36.96	350m:	4:15.31	35.91
	100m:	1:11.09 37.20	200m:	2:25.59	37.22	300m:	3:39.40	36.85	400m:	4:49.84	34.53
3.	OLEJNICZAK, Zuzanna		97	Mks Jedyńka Łód				4:52.36	547		
	50m:	33.49 33.49	150m:	1:47.65	36.89	250m:	3:02.80	37.06	350m:	4:17.07	36.85
	100m:	1:10.76 37.27	200m:	2:25.74	38.09	300m:	3:40.22	37.42	400m:	4:52.36	35.29
4.	REMEIKAITE, Greta		97	Panevezio "Zemyna"				4:55.04	532		
	50m:	33.57 33.57	150m:	1:47.95	37.74	250m:	3:03.13	37.00	350m:	4:18.27	37.23
	100m:	1:10.21 36.64	200m:	2:26.13	38.18	300m:	3:41.04	37.91	400m:	4:55.04	36.77

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 19, Dziewcz t, 400m dowolny, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
5.	TROJGO, Bogna			97	UKS "GIM 92 Ursynów" Warszawa				4:57.15	521		
	50m:	33.53	33.53	150m:	1:47.37	37.67	250m:	3:02.60	37.41	350m:	4:19.28	38.54
	100m:	1:09.70	36.17	200m:	2:25.19	37.82	300m:	3:40.74	38.14	400m:	4:57.15	37.87
6.	MISTERKA, Kamila			97	Mks Trójka Łód				4:57.16	521		
	50m:	34.21	34.21	150m:	1:49.77	37.72	250m:	3:04.62	37.22	350m:	4:20.64	37.66
	100m:	1:12.05	37.84	200m:	2:27.40	37.63	300m:	3:42.98	38.36	400m:	4:57.16	36.52
7.	BOROWSKA, Beata			97	UKS Wilanowia				5:04.30	485		
	50m:	35.05	35.05	150m:	1:52.52	38.81	250m:	3:09.79	38.55	350m:	4:26.94	38.46
	100m:	1:13.71	38.66	200m:	2:31.24	38.72	300m:	3:48.48	38.69	400m:	5:04.30	37.36
8.	HELBING, Justyna			97	UKS Wilanowia				5:04.70	483		
	50m:	34.69	34.69	150m:	1:51.26	38.34	250m:	3:09.62	39.31	350m:	4:27.90	38.62
	100m:	1:12.92	38.23	200m:	2:30.31	39.05	300m:	3:49.28	39.66	400m:	5:04.70	36.80
9.	PRZYMUS, Agata			97	SKS Start Łód				5:08.47	465		
	50m:	34.30	34.30	150m:	1:52.37	39.43	250m:	3:12.06	39.89	350m:	4:31.08	39.24
	100m:	1:12.94	38.64	200m:	2:32.17	39.80	300m:	3:51.84	39.78	400m:	5:08.47	37.39
10.	PECZENIUK, Oliwia			97	MUKS pi tnastka Bydgoszcz				5:08.66	465		
	50m:	33.13	33.13	150m:	1:51.03	40.07	250m:	3:11.09	40.14	350m:	4:29.94	38.75
	100m:	1:10.96	37.83	200m:	2:30.95	39.92	300m:	3:51.19	40.10	400m:	5:08.66	38.72
PK	GÓRECKA, Marta			98	UKS Wilanowia				5:04.07	486		
	50m:	34.96	34.96	150m:	1:53.10	39.37	250m:	3:11.95	38.91	350m:	4:30.36	39.07
	100m:	1:13.73	38.77	200m:	2:33.04	39.94	300m:	3:51.29	39.34	400m:	5:04.07	33.71
PK	ILCEWICZ, Edyta			96	UKS Victoria Józefów				5:01.85	497		
	50m:	34.21	34.21	150m:	1:49.67	37.64	250m:	3:06.66	38.69	350m:	4:24.68	39.41
	100m:	1:12.03	37.82	200m:	2:27.97	38.30	300m:	3:45.27	38.61	400m:	5:01.85	37.17