

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 29
2012-06-02 - 12:45

Dziewcz t, 400m zmienny

12 - 15 lat
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.		
12 lat											
1.	POGORZELSKA, Inez		00	UKS Wilanowia				5:59.07	422		
	50m:	38.05 38.05	150m:	2:12.80	47.69	250m:	3:49.82	52.33	350m:	5:21.83	39.79
	100m:	1:25.11 47.06	200m:	2:57.49	44.69	300m:	4:42.04	52.22	400m:	5:59.07	37.24
2.	KOWALSKA, Iza		00	UKS Wilanowia				6:04.42	404		
	50m:	39.47 39.47	150m:	2:15.58	48.83	250m:	3:53.65	51.20	350m:	5:28.05	42.39
	100m:	1:26.75 47.28	200m:	3:02.45	46.87	300m:	4:45.66	52.01	400m:	6:04.42	36.37
3.	W CLEWSKA, Anna		00	Uks Pirania Targówek				6:25.04	342		
	50m:	39.49 39.49	150m:	2:15.87	48.38	250m:	3:59.06	56.19	350m:	5:42.22	45.12
	100m:	1:27.49 48.00	200m:	3:02.87	47.00	300m:	4:57.10	58.04	400m:	6:25.04	42.82
4.	CICHOCKA, Malwina		00	Uks Pirania Targówek				6:29.20	331		
	50m:	40.15 40.15	150m:	2:24.59	54.17	250m:	4:09.56	54.65	350m:	5:46.80	40.97
	100m:	1:30.42 50.27	200m:	3:14.91	50.32	300m:	5:05.83	56.27	400m:	6:29.20	42.40
13 lat											
1.	ROMAN, MAGDALENA		99	Iuks Muszelka				5:30.75	540		
	50m:	35.70 35.70	150m:	2:00.20	42.53	250m:	3:29.60	48.32	350m:	4:54.35	37.77
	100m:	1:17.67 41.97	200m:	2:41.28	41.08	300m:	4:16.58	46.98	400m:	5:30.75	36.40
2.	PEREIRA-MOJSA, Monika		99	UKS JAGIELLONKA Warszawa				6:11.32	382		
	50m:	41.12 41.12	150m:	2:17.70	46.04	250m:	3:56.43	52.45	350m:	5:32.52	42.09
	100m:	1:31.66 50.54	200m:	3:03.98	46.28	300m:	4:50.43	54.00	400m:	6:11.32	38.80
3.	WOJTAS, Marta		99	UKS Kapry-Armexim Pruszków				6:12.76	377		
	50m:	38.86 38.86	150m:	2:12.12	47.11	250m:	3:53.04	55.34	350m:	5:31.28	42.72
	100m:	1:25.01 46.15	200m:	2:57.70	45.58	300m:	4:48.56	55.52	400m:	6:12.76	41.48
4.	WARDAK, Julia		99	UKS Kapry-Armexim Pruszków				6:24.67	343		
	50m:	41.38 41.38	150m:	2:22.68	50.14	250m:	4:04.78	53.02	350m:	5:42.44	45.26
	100m:	1:32.54 51.16	200m:	3:11.76	49.08	300m:	4:57.18	52.40	400m:	6:24.67	42.23
14 lat											
1.	NOGAJ, Paulina		98	MKS Wodnik Radom				5:30.78	540		
	50m:	35.13 35.13	150m:	2:01.06	42.79	250m:	3:29.06	46.15	350m:	4:54.80	38.74
	100m:	1:18.27 43.14	200m:	2:42.91	41.85	300m:	4:16.06	47.00	400m:	5:30.78	35.98
2.	PISARSKA, AGNIESZKA		98	Uks 190 Łód				5:35.89	516		
	50m:	35.16 35.16	150m:	1:57.56	41.49	250m:	3:27.00	47.80	350m:	4:55.54	39.14
	100m:	1:16.07 40.91	200m:	2:39.20	41.64	300m:	4:16.40	49.40	400m:	5:35.89	40.35
3.	PIWKO, Dominika		98	MUKS pi tnastrka Bydgoszcz				5:44.18	479		
	50m:	36.49 36.49	150m:	2:03.63	43.99	250m:	3:36.23	50.40	350m:	5:06.45	40.13
	100m:	1:19.64 43.15	200m:	2:45.83	42.20	300m:	4:26.32	50.09	400m:	5:44.18	37.73
4.	BEDNAREK, Aleksandra		98	Mks Jedyńka Łód				5:48.81	460		
	50m:	38.40 38.40	150m:	2:10.65	46.97	250m:	3:43.96	48.16	350m:	5:12.14	39.48
	100m:	1:23.68 45.28	200m:	2:55.80	45.15	300m:	4:32.66	48.70	400m:	5:48.81	36.67
5.	WILK, Weronika		98	Mks Polonia Warszawa				5:54.48	439		
	50m:	36.32 36.32	150m:	2:09.00	46.32	250m:	3:44.52	50.35	350m:	5:14.75	39.50
	100m:	1:22.68 46.36	200m:	2:54.17	45.17	300m:	4:35.25	50.73	400m:	5:54.48	39.73
6.	TOMASIK, Sara		98	MUKS pi tnastrka Bydgoszcz				5:54.69	438		
	50m:	38.94 38.94	150m:	2:15.96	45.83	250m:	3:47.34	46.28	350m:	5:16.71	40.69
	100m:	1:30.13 51.19	200m:	3:01.06	45.10	300m:	4:36.02	48.68	400m:	5:54.69	37.98
7.	PIOTROWSKA, Klaudia		98	MUKS pi tnastrka Bydgoszcz				6:01.62	413		
	50m:	35.18 35.18	150m:	2:06.21	47.47	250m:	3:44.97	53.57	350m:	5:20.42	42.48
	100m:	1:18.74 43.56	200m:	2:51.40	45.19	300m:	4:37.94	52.97	400m:	6:01.62	41.20

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 1- - 2-6-2012

Konkurencja 29, Dziewcz t, 400m zmienny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
8.	WORONIECKA, Weronika		98	MUKS pi tnastka Bydgoszcz				6:04.45	404		
	50m:	37.46 37.46	150m:	2:11.06	47.44	250m:	3:51.42	55.16	350m:	5:28.23	41.39
	100m:	1:23.62 46.16	200m:	2:56.26	45.20	300m:	4:46.84	55.42	400m:	6:04.45	36.22
9.	KAJKO, Paula		98	MUKS pi tnastka Bydgoszcz				6:20.04	356		
	50m:	39.05 39.05	150m:	2:20.57	50.10	250m:	4:08.08	58.86	350m:	5:42.90	40.36
	100m:	1:30.47 51.42	200m:	3:09.22	48.65	300m:	5:02.54	54.46	400m:	6:20.04	37.14
10.	PRZYBYSZ, Karolina		98	Uks Pirania Targówek				6:31.13	326		
	50m:	47.26 47.26	150m:	2:31.89	49.00	250m:	4:14.62	53.76	350m:	5:50.34	41.13
	100m:	1:42.89 55.63	200m:	3:20.86	48.97	300m:	5:09.21	54.59	400m:	6:31.13	40.79

15 lat

1.	SPROSKA, Magdalena		97	MKS ZRYW Opole				5:18.14	607		
	50m:	33.25 33.25	150m:	1:55.33	42.59	250m:	3:22.93	46.22	350m:	4:44.47	35.68
	100m:	1:12.74 39.49	200m:	2:36.71	41.38	300m:	4:08.79	45.86	400m:	5:18.14	33.67
2.	BIEDRZYCKA, Iga		97	MKS "Ros" Pisz				5:22.25	584		
	50m:	33.97 33.97	150m:	1:55.06	40.42	250m:	3:21.18	44.94	350m:	4:44.86	37.52
	100m:	1:14.64 40.67	200m:	2:36.24	41.18	300m:	4:07.34	46.16	400m:	5:22.25	37.39
3.	BARTNIAK, Dorota		97	Mks Trójka Łód				5:35.03	520		
	50m:	36.69 36.69	150m:	2:01.82	42.79	250m:	3:31.08	47.42	350m:	4:57.78	38.94
	100m:	1:19.03 42.34	200m:	2:43.66	41.84	300m:	4:18.84	47.76	400m:	5:35.03	37.25
4.	HELBING, Justyna		97	UKS Wilanowia				5:45.30	475		
	50m:	36.07 36.07	150m:	2:06.23	45.83	250m:	3:38.79	48.00	350m:	5:07.27	39.52
	100m:	1:20.40 44.33	200m:	2:50.79	44.56	300m:	4:27.75	48.96	400m:	5:45.30	38.03
5.	BUZANOWSKA, Natalia		97	MUKS pi tnastka Bydgoszcz				6:02.62	410		
	50m:	37.44 37.44	150m:	2:10.36	46.64	250m:	3:48.22	52.65	350m:	5:22.42	41.70
	100m:	1:23.72 46.28	200m:	2:55.57	45.21	300m:	4:40.72	52.50	400m:	6:02.62	40.20
PK	BERENT, Anna		00	UKS Wilanowia				5:51.71	449		
	50m:	37.99 37.99	150m:	2:12.84	46.92	250m:	3:45.22	47.57	350m:	5:13.73	40.45
	100m:	1:25.92 47.93	200m:	2:57.65	44.81	300m:	4:33.28	48.06	400m:	5:51.71	37.98
PK	WYDRYSZEK, KINGA		96	Mks Polonia Warszawa				5:33.73	526		
	50m:	34.54 34.54	150m:	2:02.20	43.68	250m:	3:31.45	47.06	350m:	4:57.13	38.21
	100m:	1:18.52 43.98	200m:	2:44.39	42.19	300m:	4:18.92	47.47	400m:	5:33.73	36.60