

Zawody pływackie o puchar Prezesa klubu Płetwal Mława  
Mława, 9- 10-11-2012

Konkurencja 24  
2012-11-10 - 13:45

M czyzn, 400m dowolny

13 lat i starsi  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
<b>13 lat</b>									
1.	PARZYNOWSKI WOJCIECH		99	Uks 190 Łód				<b>4:39.13</b>	442
	50m:	31.97	31.97	150m:	1:42.60	35.15	250m:	2:53.00	35.40
	100m:	1:07.45	35.48	200m:	2:17.60	35.00	300m:	3:28.84	35.84
							350m:	4:04.87	36.03
							400m:	4:39.13	34.26
2.	Ciborowski Rafał		99	MKS Medyk Gi ycko				<b>4:46.89</b>	407
	50m:	32.76	32.76	150m:	1:45.13	36.67	250m:	2:59.23	37.26
	100m:	1:08.46	35.70	200m:	2:21.97	36.84	300m:	3:35.86	36.63
							350m:	4:12.33	36.47
							400m:	4:46.89	34.56
3.	Paprocki Robert		99	KS Delfin Gdynia				<b>5:09.47</b>	324
	50m:	33.94	33.94	150m:	1:52.00	40.05	250m:	3:12.22	40.42
	100m:	1:11.95	38.01	200m:	2:31.80	39.80	300m:	3:51.92	39.70
							350m:	4:31.47	39.55
							400m:	5:09.47	38.00
4.	Kubi ski Arkadiusz		99	Uks Pirat Elbl g				<b>5:23.47</b>	284
	50m:	35.97	35.97	150m:	1:59.11	41.79	250m:	3:22.93	41.64
	100m:	1:17.32	41.35	200m:	2:41.29	42.18	300m:	4:04.09	41.16
							350m:	4:44.92	40.83
							400m:	5:23.47	38.55
5.	Szyma ski Dorian		99	KS Delfin Gdynia				<b>5:32.66</b>	261
	50m:	36.18	36.18	150m:	2:00.69	43.19	250m:	3:27.29	43.55
	100m:	1:17.50	41.32	200m:	2:43.74	43.05	300m:	4:10.19	42.90
							350m:	4:50.84	40.65
							400m:	5:32.66	41.82
6.	Nowy Mateusz		99	KS Delfin Gdynia				<b>5:35.30</b>	255
	50m:	38.43	38.43	150m:	2:04.23	42.51	250m:	3:30.49	43.41
	100m:	1:21.72	43.29	200m:	2:47.08	42.85	300m:	4:12.51	42.02
							350m:	4:50.21	37.70
							400m:	5:35.30	45.09
7.	SALAMO CZYK PRZEMYSŁAW		99	Uks Posejdon Pułtusk				<b>6:29.54</b>	162
	50m:	40.76	40.76	150m:	2:18.47	49.80	250m:	4:01.24	51.53
	100m:	1:28.67	47.91	200m:	3:09.71	51.24	300m:		
							350m:	4:53.49	
							400m:	6:29.54	1:36.05
<b>14 lat</b>									
1.	Kiryłuk Damian		98	Dwójka Morena Gda sk				<b>4:54.64</b>	376
	50m:	33.19	33.19	150m:	1:47.77	37.60	250m:	3:04.35	38.16
	100m:	1:10.17	36.98	200m:	2:26.19	38.42	300m:	3:42.27	37.92
							350m:	4:20.03	37.76
							400m:	4:54.64	34.61
<b>15 lat i starsi</b>									
1.	Aptewicz Arkadiusz		93	Klub Pływacki Płetwal Mława				<b>4:33.12</b>	472
	50m:	30.71	30.71	150m:	1:39.42	35.17	250m:	2:49.41	34.83
	100m:	1:04.25	33.54	200m:	2:14.58	35.16	300m:	3:24.33	34.92
							350m:	3:59.09	34.76
							400m:	4:33.12	34.03
PK	W sowski J dźrzej		00	MTP KORMORAN Olsztyn				<b>5:00.72</b>	354
	50m:	34.80	34.80	150m:	1:50.42	38.22	250m:	3:07.63	38.79
	100m:	1:12.20	37.40	200m:	2:28.84	38.42	300m:	3:46.13	38.50
							350m:	4:24.99	38.86
							400m:	5:00.72	35.73