

Międzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu  
Warszawa, 30-11- - 1-12-2012

Konkurencja 29  
2012-12-01 - 13:20

Dziewcząt, 400m zmienny

12 - 15 lat  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.	
<b>12 lat</b>										
1.	PECYNA, Michalina		00	IKS Konstancin				<b>5:46.77</b>	469	
	50m:	36.99 36.99	150m:	2:06.35	44.75	250m:	3:40.23	50.82	350m:	5:08.20 38.19
	100m:	1:21.60 44.61	200m:	2:49.41	43.06	300m:	4:30.01	49.78	400m:	5:46.77 38.57
2.	POGORZELSKA, Inez		00	Uks Wilanowia				<b>5:56.31</b>	432	
	50m:	35.36 35.36	150m:	2:07.40	47.43	250m:	3:47.07	53.89	350m:	5:19.21 39.32
	100m:	1:19.97 44.61	200m:	2:53.18	45.78	300m:	4:39.89	52.82	400m:	5:56.31 37.10
3.	BERENT, Anna		00	Uks Wilanowia				<b>5:56.65</b>	431	
	50m:	41.36 41.36	150m:	2:16.10	46.36	250m:	3:50.08	48.72	350m:	5:19.02 40.30
	100m:	1:29.74 48.38	200m:	3:01.36	45.26	300m:	4:38.72	48.64	400m:	5:56.65 37.63
4.	PODGÓRSKA, Agnieszka		00	UKS "Gim 92 Ursynów" Warszawa				<b>5:58.89</b>	423	
	50m:	40.44 40.44	150m:	2:16.05	47.94	250m:	3:50.71	48.07	350m:	5:20.52 40.73
	100m:	1:28.11 47.67	200m:	3:02.64	46.59	300m:	4:39.79	49.08	400m:	5:58.89 38.37
5.	KOWALSKA, Iza		00	UKS "Gim 92 Ursynów" Warszawa				<b>6:04.84</b>	402	
	50m:	36.53 36.53	150m:	2:11.25	48.48	250m:	3:49.70	52.72	350m:	5:23.95 41.97
	100m:	1:22.77 46.24	200m:	2:56.98	45.73	300m:	4:41.98	52.28	400m:	6:04.84 40.89
6.	KOLUCH, Julia		00	UKS Kapry-Armexim Pruszków				<b>6:15.93</b>	368	
	50m:	41.08 41.08	150m:	2:17.88	45.96	250m:	3:54.82	51.45	350m:	5:32.23 45.77
	100m:	1:31.92 50.84	200m:	3:03.37	45.49	300m:	4:46.46	51.64	400m:	6:15.93 43.70
7.	PIPCZY SKA, Kamila		00	UKS Victoria Józefów				<b>6:39.79</b>	306	
	50m:	42.26 42.26	150m:	2:24.08	50.92	250m:	4:08.74	55.87	350m:	5:53.37 47.83
	100m:	1:33.16 50.90	200m:	3:12.87	48.79	300m:	5:05.54	56.80	400m:	6:39.79 46.42
8.	MALEWICKA, Gabriela		00	MKS Juwenia Białystok				<b>6:54.38</b>	274	
	50m:	45.36 45.36	150m:	2:30.88	52.10	250m:	4:24.11	1:01.70	350m:	6:12.66 45.23
	100m:	1:38.78 53.42	200m:	3:22.41	51.53	300m:	5:27.43	1:03.32	400m:	6:54.38 41.72
<b>13 lat</b>										
1.	PIECHOTA, Paulina		99	Uks 190 Łódź				<b>5:28.63</b>	551	
	50m:	33.76 33.76	150m:	1:58.36	44.30	250m:	3:26.92	45.66	350m:	4:52.20 38.50
	100m:	1:14.06 40.30	200m:	2:41.26	42.90	300m:	4:13.70	46.78	400m:	5:28.63 36.43
2.	NIEWIADOMSKA, Adrianna		99	GOS Raszyn				<b>6:17.23</b>	364	
	50m:	41.29 41.29	150m:	2:21.54	48.58	250m:	3:59.95	52.57	350m:	5:38.15 44.70
	100m:	1:32.96 51.67	200m:	3:07.38	45.84	300m:	4:53.45	53.50	400m:	6:17.23 39.08
3.	PEREIRA-MOJSA, Monika		99	UKS Jagiellonka				<b>6:28.23</b>	334	
	50m:	43.24 43.24	150m:	2:24.14	47.72	250m:	4:07.11	57.33	350m:	5:46.34 42.36
	100m:	1:36.42 53.18	200m:	3:09.78	45.64	300m:	5:03.98	56.87	400m:	6:28.23 41.89
<b>14 lat</b>										
1.	NATALIA, Strzeszewska		98	BUKS Warszawa				<b>7:09.18</b>	247	
	50m:	47.10 47.10	150m:	2:40.82	56.82	250m:	4:32.84	56.81	350m:	6:21.40 51.17
	100m:	1:44.00 56.90	200m:	3:36.03	55.21	300m:	5:30.23	57.39	400m:	7:09.18 47.78