

Międzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu  
Warszawa, 30-11- - 1-12-2012

Konkurencja 30  
2012-12-01 - 13:35

Chłopców, 400m zmienny

12 - 15 lat  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
<b>12 lat</b>									
1.	J DRZEJEWSKI, Mateusz		00	GOS Raszyn				<b>5:56.26</b>	320
	50m:		150m:	250m:		350m:			
	100m:	1:21.75	200m:	300m:	4:36.63	400m:	5:56.26		
2.	WARDAK, Jakub		00	UKS G - 8 Bielany				<b>5:58.57</b>	314
	50m:	37.16 37.16	150m:	250m:	3:47.30 48.06	350m:	5:18.69 40.99		
	100m:	1:23.48 46.32	200m:	300m:	4:37.70 50.40	400m:	5:58.57 39.88		
3.	RUSKOWIAK, Konrad		00	UKS Jagiellonka				<b>6:25.18</b>	253
	50m:	41.38 41.38	150m:	250m:	4:02.39 51.54	350m:	5:42.25 45.64		
	100m:	1:33.15 51.77	200m:	300m:	4:56.61 54.22	400m:	6:25.18 42.93		
<b>13 lat</b>									
1.	PECYNA, Maciej		99	IKS Konstancin				<b>5:19.00</b>	446
	50m:	32.94 32.94	150m:	250m:	3:21.82 45.65	350m:	4:43.79 36.29		
	100m:	1:12.12 39.18	200m:	300m:	4:07.50 45.68	400m:	5:19.00 35.21		
2.	KAŁU Y SKI, Antoni		99	UKS "Gim 92 Ursynów" Warszawa				<b>5:21.74</b>	435
	50m:	31.90 31.90	150m:	250m:	3:24.27 47.52	350m:	4:48.53 36.31		
	100m:	1:11.55 39.65	200m:	300m:	4:12.22 47.95	400m:	5:21.74 33.21		
3.	SOLAK, Łukasz		99	PSP SWIM Płock				<b>5:26.52</b>	416
	50m:	32.62 32.62	150m:	250m:	3:21.87 46.36	350m:	4:48.15 39.96		
	100m:	1:13.57 40.95	200m:	300m:	4:08.19 46.32	400m:	5:26.52 38.37		
4.	KULISIEWICZ, Daniel		99	UKS "Gim 92 Ursynów" Warszawa				<b>5:30.65</b>	401
	50m:	32.83 32.83	150m:	250m:	3:27.68 48.97	350m:	4:54.31 37.34		
	100m:	1:12.55 39.72	200m:	300m:	4:16.97 49.29	400m:	5:30.65 36.34		
5.	BUCEWKA, Kajetan		99	ródmiejski UKS Polna				<b>5:44.90</b>	353
	50m:	36.25 36.25	150m:	250m:	3:43.00 49.00	350m:	5:10.56 38.21		
	100m:	1:21.94 45.69	200m:	300m:	4:32.35 49.35	400m:	5:44.90 34.34		
6.	NAWICZONOK, Andrej		99	ródmiejski UKS Polna				<b>5:51.21</b>	334
	50m:	36.73 36.73	150m:	250m:	3:40.61 48.84	350m:	5:11.15 41.07		
	100m:	1:22.84 46.11	200m:	300m:	4:30.08 49.47	400m:	5:51.21 40.06		
7.	OZIMEK, Kacper		99	Uks,, oliborz" Warszawa 02314				<b>5:54.40</b>	325
	50m:	36.53 36.53	150m:	250m:	3:44.83 49.23	350m:	5:15.69 41.64		
	100m:	1:22.75 46.22	200m:	300m:	4:34.05 49.22	400m:	5:54.40 38.71		
<b>14 lat</b>									
1.	DOBRY SKI, Tomasz		98	UKS G - 8 Bielany				<b>5:08.37</b>	494
	50m:	30.85 30.85	150m:	250m:	3:13.86 42.38	350m:	4:33.92 36.07		
	100m:	1:08.10 37.25	200m:	300m:	3:57.85 43.99	400m:	5:08.37 34.45		
2.	WACHNIK, Jakub		98	UKS Pirania Targówek				<b>5:23.89</b>	426
	50m:		150m:	250m:		350m:			
	100m:	1:12.98	200m:	300m:	4:12.53	400m:	5:23.89		
3.	K DZIERSKI, Daniel		98	UKS Pirania Targówek				<b>5:32.87</b>	393
	50m:	33.05 33.05	150m:	250m:	3:25.65 48.55	350m:	4:53.61 37.98		
	100m:	1:12.50 39.45	200m:	300m:	4:15.63 49.98	400m:	5:32.87 39.26		
4.	GRZESIK, Damian		98	UKS Pirania Targówek				<b>5:40.18</b>	368
	50m:	35.24 35.24	150m:	250m:	3:35.59 50.82	350m:	5:04.33 38.15		
	100m:	1:16.42 41.18	200m:	300m:	4:26.18 50.59	400m:	5:40.18 35.85		

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15 lat

1.	KA MIERCZAK, Wojciech	97	UKS Kapry-Armexim Pruszków	<b>4:52.07</b>	581
	50m: 29.48 29.48	150m: 1:42.46	38.37 250m: 3:01.84	41.54 350m: 4:19.09	34.32
	100m: 1:04.09 34.61	200m: 2:20.30	37.84 300m: 3:44.77	42.93 400m: 4:52.07	32.98
2.	B CZKOWSKI, Bartosz	97	MUKP WarszawiankaWodny Park	<b>5:11.34</b>	480
	50m: 32.99 32.99	150m: 1:51.97	40.27 250m: 3:15.75	44.50 350m: 4:37.00	36.04
	100m: 1:11.70 38.71	200m: 2:31.25	39.28 300m: 4:00.96	45.21 400m: 5:11.34	34.34
3.	KOREK, Jakub	97	Uks,, oliborz" Warszawa 02314	<b>5:15.64</b>	461
	50m: 32.48 32.48	150m: 1:51.74	41.72 250m: 3:16.66	44.08 350m: 4:39.61	38.02
	100m: 1:10.02 37.54	200m: 2:32.58	40.84 300m: 4:01.59	44.93 400m: 5:15.64	36.03
4.	KACZOROWSKI, Jakub	97	Uks,, oliborz" Warszawa 02314	<b>5:21.56</b>	436
	50m: 34.35 34.35	150m: 1:57.10	41.42 250m: 3:23.07	46.12 350m: 4:46.95	37.05
	100m: 1:15.68 41.33	200m: 2:36.95	39.85 300m: 4:09.90	46.83 400m: 5:21.56	34.61
PK	PAJ K, Bartek	01	BUKS Warszawa	<b>6:18.11</b>	268
	50m:	150m:	250m:	350m:	
	100m:	200m:	300m:	400m: 6:18.11	