

V OTWARTE MISTRZOSTWA KONSTANCINA W PŁYWANIU MASTERS
Konstancina, 13- - 14-10-2012

Konkurencja 2
2012-10-13 - 17:35

M czynn, 400m dowolny

25 - 89 lat
Wyniki

Punkty: DSV Masters 04

Pozycja			Rok ur.					Czas	Pkt.
kat. A /25-29/									
1.	PAJDZIK, Sebastian		87	Wodnik Radom				4:46.50	598
	50m:		150m:	1:46.77	37.09	250m:	2:59.07	35.72	350m:
	100m:	1:09.68	200m:	2:23.35	36.58	300m:			400m:
									4:46.50
2.	DOBROWOLSKI, Wojciech		84	Redeco Wrocław				5:37.96	364
	50m:	34.81 34.81	150m:	1:58.07	42.98	250m:	3:25.50	43.85	350m:
	100m:	1:15.09 40.28	200m:	2:41.65	43.58	300m:	4:10.27	44.77	400m:
									5:37.96
									42.84
3.	GŁUSZAK, Grzegorz		83	WOPR Warszawa SPORT-Figielski				6:36.87	225
	50m:	46.14 46.14	150m:	2:24.32	49.45	250m:	4:05.79	51.10	350m:
	100m:	1:34.87 48.73	200m:	3:14.69	50.37	300m:			400m:
									6:36.87
									1:40.95
kat. B /30-34/									
1.	KAŁU Y SKI, Wojciech		80	Warsaw Masters Team				5:41.65	349
	50m:	36.21 36.21	150m:	1:58.96	42.52	250m:	3:27.34	44.68	350m:
	100m:	1:16.44 40.23	200m:	2:42.66	43.70	300m:	4:12.13	44.79	400m:
									5:41.65
									43.26
kat. C /35-39/									
1.	PERL, Karol		76	Uks Pingwiny				5:16.33	467
	50m:		150m:	1:50.33		250m:	3:12.12		350m:
	100m:		200m:			300m:			400m:
									5:16.33
									40.36
2.	MILEWSKI, Hubert		77	Masters Białystok				5:33.34	399
	50m:	36.56 36.56	150m:	1:58.08	42.30	250m:	3:25.32	44.42	350m:
	100m:	1:15.78 39.22	200m:	2:40.90	42.82	300m:	4:09.29	43.97	400m:
									5:33.34
									39.09
3.	JUCHNO, Rafał		76	unattached				7:20.32	173
	50m:	42.96 42.96	150m:	2:31.60	56.79	250m:	4:25.82	55.99	350m:
	100m:	1:34.81 51.85	200m:	3:29.83	58.23	300m:	5:22.58	56.76	400m:
									7:20.32
									58.97
kat. D /40-44/									
1.	BAR, Wiesław		70	NieZrzeszony				5:11.35	525
	50m:	33.43 33.43	150m:	1:50.10	39.45	250m:	3:09.95	40.55	350m:
	100m:	1:10.65 37.22	200m:	2:29.40	39.30	300m:	3:51.34	41.39	400m:
									5:11.35
									39.19
2.	KOBER, Piotr J.		70	Warsaw Masters Team				7:00.49	213
	50m:	42.56 42.56	150m:	2:26.15	53.77	250m:	4:15.65	55.03	350m:
	100m:	1:32.38 49.82	200m:	3:20.62	54.47	300m:	5:10.96	55.31	400m:
									7:00.49
									54.29
DYSKW.	STASZCZYK, Sławomir		68	NieZrzeszony				6:46.58	
	<i>O-4 - Przedwczwysny start</i>								
	50m:	41.10 41.10	150m:	2:24.16		250m:	5:01.81	53.01	350m:
	100m:		200m:	4:08.80	1:44.64	300m:			400m:
									6:46.58
									50.30
kat. E /45-49/									
1.	KRASAUSKAS, Vilmantas		64	Torpedos				4:53.58	717
	50m:	33.52 33.52	150m:	1:46.90	36.60	250m:	3:01.05	37.12	350m:
	100m:	1:10.30 36.78	200m:	2:23.93	37.03	300m:	3:38.68	37.63	400m:
									4:53.58
									37.20
2.	OTLIK, MARIAN		66	Orka Masters Radlin				5:59.20	391
	50m:	37.70 37.70	150m:	2:03.69	44.06	250m:	3:38.24	48.09	350m:
	100m:	1:19.63 41.93	200m:	2:50.15	46.46	300m:	4:26.31	48.07	400m:
									5:59.20
									45.80
3.	CZAKWIN, Dariusz		65	Masters Białystok				6:12.19	351
	50m:	39.57 39.57	150m:	2:09.51	45.81	250m:	3:44.95	48.12	350m:
	100m:	1:23.70 44.13	200m:	2:56.83	47.32	300m:	4:32.73	47.78	400m:
									6:12.19
									53.18

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Konkurencja 2, M czynn, 400m dowolny, kat. E /45-49/

Pozycja		Rok ur.						Czas	Pkt.
4.	NOWICKI, Robert	63	Warsaw Masters Team					7:02.53	240
	50m: 46.74 46.74	150m: 2:32.08 53.70	250m: 4:20.61 54.05	350m: 6:10.09 54.91					
	100m: 1:38.38 51.64	200m: 3:26.56 54.48	300m: 5:15.18 54.57	400m: 7:02.53 52.44					

kat. F /50-54/

1.	GABIEC, Mariusz	58	Masters Kormoran Olsztyn					4:47.63	812
	50m: 33.52 33.52	150m: 1:46.43 36.58	250m: 3:00.25 37.03	350m: 4:12.94 36.03					
	100m: 1:09.85 36.33	200m: 2:23.22 36.79	300m: 3:36.91 36.66	400m: 4:47.63 34.69					
2.	REDNICKI, Andrzej	60	Wodnik Radom					5:34.57	516
	50m: 35.42 35.42	150m: 1:56.82 41.77	250m: 3:23.50 43.34	350m: 4:51.62 44.33					
	100m: 1:15.05 39.63	200m: 2:40.16 43.34	300m: 4:07.29 43.79	400m: 5:34.57 42.95					
3.	CZUPRYN, Wojciech	58	Warsaw Masters Team					6:21.81	347
	50m: 44.27 44.27	150m: 2:19.72 49.18	250m: 3:59.01 50.81	350m: 5:36.59 49.30					
	100m: 1:30.54 46.27	200m: 3:08.20 48.48	300m: 4:47.29 48.28	400m: 6:21.81 45.22					
4.	LESZEK, R PAŁA	62	Stowarzyszenie Pływackie Swimm					6:23.25	343
	50m: 41.87 41.87	150m:	250m: 3:52.45	350m:					
	100m: 1:25.94 44.07	200m:	300m:	400m: 6:23.25					
5.	SUTOWSKI, Robert	59	Warsaw Masters Team					6:42.46	296
	50m: 46.99 46.99	150m: 2:32.66 53.10	250m: 4:13.96 49.66	350m: 5:53.98 50.22					
	100m: 1:39.56 52.57	200m: 3:24.30 51.64	300m: 5:03.76 49.80	400m: 6:42.46 48.48					

kat. G /55-59/

1.	CIECIOR, JERZY	53	Orka Masters Radlin					6:10.54	461
	50m: 40.57 40.57	150m: 2:11.71 46.25	250m: 3:46.78 47.73	350m: 5:23.55 48.57					
	100m: 1:25.46 44.89	200m: 2:59.05 47.34	300m: 4:34.98 48.20	400m: 6:10.54 46.99					
2.	DUBI SKI, Bogdan	53	Niezzreszony					6:14.58	446
	50m: 41.93 41.93	150m: 2:15.72 47.17	250m: 4:42.11 48.67	350m: 6:14.58 44.38					
	100m: 1:28.55 46.62	200m: 3:53.44 1:37.72	300m: 5:30.20 48.09	400m: 6:14.58					
3.	FIGIELSKI, Grzegorz	53	WOPR Warszawa SPORT-Figielski					6:20.03	427
	50m: 40.48 40.48	150m: 2:12.06 46.76	250m: 3:48.85 49.40	350m: 5:28.97 50.46					
	100m: 1:25.30 44.82	200m: 2:59.45 47.39	300m: 4:38.51 49.66	400m: 6:20.03 51.06					
4.	MI SKI, Andrzej	56	K.S. niezreszeni.pl					6:22.10	420
	50m: 42.70 42.70	150m: 2:19.45 49.00	250m: 3:57.22 48.83	350m: 5:36.44 50.08					
	100m: 1:30.45 47.75	200m: 3:08.39 48.94	300m: 4:46.36 49.14	400m: 6:22.10 45.66					
5.	DANGEL, Tomasz	54	Legia Warszawa					6:57.41	322
	50m: 42.82 42.82	150m: 2:27.17 53.46	250m: 4:16.10 54.99	350m: 6:06.77 55.55					
	100m: 1:33.71 50.89	200m: 3:21.11 53.94	300m: 5:11.22 55.12	400m: 6:57.41 50.64					
6.	ŁATECKI, WŁODZIMIERZ	57	Z-Ł Wopr Ozorków					8:09.18	200
	50m: 49.37 49.37	150m: 2:50.41	250m: 4:58.41 1:04.20	350m: 7:05.86 1:03.26					
	100m:	200m: 3:54.21 1:03.80	300m: 6:02.60 1:04.19	400m: 8:09.18 1:03.32					

kat. H /60-64/

1.	WOLNIEWICZ, Janusz	48	UKS Trójka Oborniki					7:04.84	335
	50m: 46.04 46.04	150m: 2:32.50 54.11	250m: 4:21.83 55.32	350m: 6:12.32 54.94					
	100m: 1:38.39 52.35	200m: 3:26.51 54.01	300m: 5:17.38 55.55	400m: 7:04.84 52.52					
2.	IRCZYK, LEON	51	Orka Masters Radlin					7:46.69	252
	50m: 51.38 51.38	150m: 2:48.63 59.48	250m: 4:49.61 1:00.78	350m:					
	100m: 1:49.15 57.77	200m: 3:48.83 1:00.20	300m: 5:49.76 1:00.15	400m: 7:46.69					
3.	BANTKOWSKI, Jan	49	unattached					8:11.51	216
	50m: 52.24 52.24	150m: 2:54.13 1:02.67	250m:	350m: 5:03.73					
	100m: 1:51.46 59.22	200m: 3:58.78 1:04.65	300m:	400m: 8:11.51 3:07.78					

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Konkurencja 2, M czyzn, 400m dowolny

kat. I /65-69/

1.	BORODZIUK, Stefan	44	Warsaw Masters Team	7:13.85	428
	50m: 44.85 44.85	150m: 2:29.61 54.24	250m: 4:21.76 56.34	350m: 6:17.93 58.96	
	100m: 1:35.37 50.52	200m: 3:25.42 55.81	300m: 5:18.97 57.21	400m: 7:13.85 55.92	

kat. J /70-74/

1.	KISZKO, Leonard	42	Niezrzeszony	7:43.56	374
	50m: 48.00 48.00	150m: 2:41.49 58.65	250m: 4:42.29 1:00.86	350m: 6:43.59 1:00.80	
	100m: 1:42.84 54.84	200m: 3:41.43 59.94	300m: 5:42.79 1:00.50	400m: 7:43.56 59.97	

kat. K /75-79/

1.	LEWANDOWSKI, ZYGMUNT	37	Delfin Inowrocław	7:07.79	609
	50m: 47.49 47.49	150m: 2:33.08 53.63	250m: 4:23.99 56.09	350m: 5:19.75	
	100m: 1:39.45 51.96	200m: 3:27.90 54.82	300m:	400m: 7:07.79 1:48.04	
2.	SIELSKI, Ryszard	37	Warsaw Masters Team	9:05.61	293
	50m: 1:01.53 1:01.53	150m: 3:19.36 1:09.77	250m: 4:30.14	350m: 6:49.16 1:09.87	
	100m: 2:09.59 1:08.06	200m:	300m: 5:39.29 1:09.15	400m: 9:05.61 2:16.45	
3.	WOSK, Tadeusz	37	Masters Chełm	14:38.83	70
	50m: 1:27.81 1:27.81	150m: 5:13.27 1:54.32	250m: 8:56.25 1:47.14	350m: 12:47.34 2:01.37	
	100m: 3:18.95 1:51.14	200m: 7:09.11 1:55.84	300m: 10:45.97 1:49.72	400m: 14:38.83 1:51.49	

kat. L /80-84/

1.	FROM, Kazimierz	32	WOPR Kutno	11:04.11	238
	50m: 1:13.92 1:13.92	150m: 4:04.61 1:26.34	250m: 6:57.15 1:28.33	350m: 9:48.95 1:24.83	
	100m: 2:38.27 1:24.35	200m: 5:28.82 1:24.21	300m: 8:24.12 1:26.97	400m: 11:04.11 1:15.16	