

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12-13 lat - I runda
Ciechanów, 23- - 24-3-2013

Konkurencja 8
2013-03-23 - 14:15

Chłopców, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	JEMIELITA, Oskar		01	Mpsk Orka Ciechanow				4:58.84	360
	50m:	1:10.24 1:10.24	150m:	2:26.96	38.45	250m:	350m:	4:23.13	38.60
	100m:	1:48.51 38.27	200m:	3:05.65	38.69	300m:	400m:	4:58.84	35.71
2.	KRZYWNICKI, Adrian		01	Mpsk Orka Ciechanow				5:08.20	329
	50m:	33.81 33.81	150m:	1:51.33	39.60	250m:	350m:	4:25.16	34.68
	100m:	1:11.73 37.92	200m:	2:31.22	39.89	300m:	400m:	5:08.20	43.04
3.	POMAGALSKI, Piotr		01	UKS "GIM 92 Ursynów" Warszawa				5:12.10	316
	50m:	33.64 33.64	150m:	1:52.84	40.23	250m:	350m:	4:33.16	39.89
	100m:	1:12.61 38.97	200m:	2:33.36	40.52	300m:	400m:	5:12.10	38.94
4.	RYBARCZYK, Kacper		01	Uks Wilanowia				5:14.63	309
	50m:	35.29 35.29	150m:	1:54.71	40.01	250m:	350m:	4:35.06	39.85
	100m:	1:14.70 39.41	200m:	2:35.09	40.38	300m:	400m:	5:14.63	39.57
5.	MECH, Mateusz		01	Uks Pirat Elbl g				5:15.54	306
	50m:	34.21 34.21	150m:	1:54.44	40.82	250m:	350m:	4:35.94	40.58
	100m:	1:13.62 39.41	200m:	2:35.45	41.01	300m:	400m:	5:15.54	39.60
6.	KOWALSKI, Kacper		01	UKS "GIM 92 Ursynów" Warszawa				5:16.85	302
	50m:	35.21 35.21	150m:	1:55.94	40.87	250m:	350m:	4:38.70	39.98
	100m:	1:15.07 39.86	200m:	2:36.90	40.96	300m:	400m:	5:16.85	38.15
7.	MO CICKI, Jakub		01	MTP KORMORAN Olsztyn				5:19.41	295
	50m:	34.53 34.53	150m:	1:56.37	41.57	250m:	350m:	4:41.32	40.85
	100m:	1:14.80 40.27	200m:	2:37.20	40.83	300m:	400m:	5:19.41	38.09
8.	PAWLAK, Rafał		01	Uks Pingwiny				5:25.18	280
	50m:	35.94 35.94	150m:	1:58.95	41.99	250m:	350m:	4:47.38	41.30
	100m:	1:16.96 41.02	200m:	2:41.21	42.26	300m:	400m:	5:25.18	37.80
9.	MIELNICZUK, Bartosz		01	Mks Polonia Warszawa				5:27.08	275
	50m:	35.74 35.74	150m:	1:58.91	42.38	250m:	350m:	4:46.51	41.73
	100m:	1:16.53 40.79	200m:	2:40.30	41.39	300m:	400m:	5:27.08	40.57
10.	HENDRYCH, Dawid		01	UKP Jedyńka Elbl g				5:27.25	274
	50m:	36.85 36.85	150m:	2:01.67	42.21	250m:	350m:	4:50.61	41.37
	100m:	1:19.46 42.61	200m:	2:43.97	42.30	300m:	400m:	5:27.25	36.64
11.	KRZYMA SKI, Kajetan		01	UKS "GIM 92 Ursynów" Warszawa				5:30.96	265
	50m:	35.50 35.50	150m:	1:55.41	40.97	250m:	350m:	4:49.01	43.76
	100m:	1:14.44 38.94	200m:	2:37.94	42.53	300m:	400m:	5:30.96	41.95
12.	BAŁDYGA, Marcei		01	MTP KORMORAN Olsztyn				5:38.64	248
	50m:	36.46 36.46	150m:	2:03.68	44.61	250m:	350m:	5:00.22	43.31
	100m:	1:19.07 42.61	200m:	2:47.69	44.01	300m:	400m:	5:38.64	38.42
13.	SZYNDLER, Mikołaj		01	UKS "GIM 92 Ursynów" Warszawa				5:40.32	244
	50m:	37.72 37.72	150m:	2:04.50	44.44	250m:	350m:	4:59.40	43.14
	100m:	1:20.06 42.34	200m:	2:48.63	44.13	300m:	400m:	5:40.32	40.92
14.	PŁOMI SKI, Piotr		01	UKS "GIM 92 Ursynów" Warszawa				5:40.82	243
	50m:	38.26 38.26	150m:	2:04.80	43.90	250m:	350m:	5:00.05	43.45
	100m:	1:20.90 42.64	200m:	2:48.84	44.04	300m:	400m:	5:40.82	40.77
15.	DŁU NIEWSKI, Dawid		01	Mpsk Orka Ciechanow				5:43.85	236
	50m:	36.96 36.96	150m:	2:02.17	43.47	250m:	350m:	5:00.87	45.30
	100m:	1:18.70 41.74	200m:	2:45.98	43.81	300m:	400m:	5:43.85	42.98
16.	WARDAK, Michał		01	UKS "GIM 92 Ursynów" Warszawa				5:46.35	231
	50m:	38.70 38.70	150m:	2:08.56	46.17	250m:	350m:	5:04.47	42.61
	100m:	1:22.39 43.69	200m:	2:53.72	45.16	300m:	400m:	5:46.35	41.88
17.	GODLEWSKI, Dominik		01	UKP Jedyńka Elbl g				5:47.80	228
	50m:	38.44 38.44	150m:	2:07.21	45.60	250m:	350m:	5:08.85	46.35
	100m:	1:21.61 43.17	200m:	2:52.47	45.26	300m:	400m:	5:47.80	38.95

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12-13 lat - I runda
Ciechanów, 23- - 24-3-2013

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	ZUBIK, Stanisław		01	Mks Polonia Warszawa				5:51.18	222
	50m: 37.79	37.79	150m: 2:09.09	45.21	250m: 3:40.96	44.83	350m: 5:11.12	44.88	
	100m: 1:23.88	46.09	200m: 2:56.13	47.04	300m: 4:26.24	45.28	400m: 5:51.18	40.06	
19.	MASIOR, Piotr		01	UKS "GIM 92 Ursynów" Warszawa				5:51.50	221
	50m: 39.74	39.74	150m: 2:10.32	45.44	250m: 3:39.49	44.39	350m: 5:06.51	41.63	
	100m: 1:24.88	45.14	200m: 2:55.10	44.78	300m: 4:24.88	45.39	400m: 5:51.50	44.99	
20.	DEREZI SKI, Szymon		01	MKS Piaseczno				5:52.41	220
	50m: 36.81	36.81	150m: 2:07.11	45.38	250m: 3:39.57	45.95	350m: 5:10.30	45.00	
	100m: 1:21.73	44.92	200m: 2:53.62	46.51	300m: 4:25.30	45.73	400m: 5:52.41	42.11	
21.	BUDNER, Marcelli		01	MTP KORMORAN Olsztyn				5:54.30	216
	50m: 39.87	39.87	150m: 2:09.02	45.65	250m: 3:43.01	46.92	350m: 5:14.27	45.43	
	100m: 1:23.37	43.50	200m: 2:56.09	47.07	300m: 4:28.84	45.83	400m: 5:54.30	40.03	
22.	KIEDROWSKI, Adam		01	Mks Polonia Warszawa				5:54.66	215
	50m: 41.13	41.13	150m: 2:13.28	46.03	250m: 3:45.98	46.55	350m: 5:14.94	44.45	
	100m: 1:27.25	46.12	200m: 2:59.43	46.15	300m: 4:30.49	44.51	400m: 5:54.66	39.72	
23.	JURCZAK, Kacper		01	MTP KORMORAN Olsztyn				5:55.23	214
	50m: 37.42	37.42	150m: 2:07.81	45.93	250m: 3:40.46	46.14	350m: 5:12.37		
	100m: 1:21.88	44.46	200m: 2:54.32	46.51	300m:		400m: 5:55.23	42.86	
24.	SZTORC, Mateusz		01	Uks "Polonez" Wyszaków				6:02.20	202
	50m: 37.79	37.79	150m: 2:04.53	44.12	250m: 3:35.73	46.55	350m: 5:13.10	49.23	
	100m: 1:20.41	42.62	200m: 2:49.18	44.65	300m: 4:23.87	48.14	400m: 6:02.20	49.10	
25.	CIE LAK, Jakub		01	MKS Piaseczno				6:03.38	200
	50m: 38.86	38.86	150m: 2:13.25	47.66	250m: 3:47.25	47.53	350m: 5:21.11	46.55	
	100m: 1:25.59	46.73	200m: 2:59.72	46.47	300m: 4:34.56	47.31	400m: 6:03.38	42.27	
26.	MZYK, Tomasz		01	ródmiejski UKS Polna				6:03.66	200
	50m: 38.17	38.17	150m: 2:08.87	46.01	250m: 3:44.26	47.63	350m: 5:21.28	48.39	
	100m: 1:22.86	44.69	200m: 2:56.63	47.76	300m: 4:32.89	48.63	400m: 6:03.66	42.38	
27.	CIE LA, Jan		01	UKS "GIM 92 Ursynów" Warszawa				6:04.55	198
	50m: 42.14	42.14	150m: 2:14.23	45.87	250m: 3:46.21	45.70	350m: 5:20.26	46.68	
	100m: 1:28.36	46.22	200m: 3:00.51	46.28	300m: 4:33.58	47.37	400m: 6:04.55	44.29	
28.	KOMOROWSKI, Sebastian		01	PSP SWIM Płock				6:11.04	188
	50m: 41.00	41.00	150m: 2:14.44	46.77	250m: 3:50.30	48.60	350m: 5:26.36	48.69	
	100m: 1:27.67	46.67	200m: 3:01.70	47.26	300m: 4:37.67	47.37	400m: 6:11.04	44.68	
29.	SUŁEK, Adrian		01	MKS Piaseczno				6:12.53	186
	50m: 39.12	39.12	150m: 2:12.10	47.42	250m: 3:48.72	49.03	350m: 5:24.84	47.54	
	100m: 1:24.68	45.56	200m: 2:59.69	47.59	300m: 4:37.30	48.58	400m: 6:12.53	47.69	
30.	MIZIAK, Adam		01	Mks Polonia Warszawa				6:15.69	181
	50m: 41.09	41.09	150m: 2:15.84	48.00	250m: 3:52.76	48.80	350m: 5:29.90	48.03	
	100m: 1:27.84	46.75	200m: 3:03.96	48.12	300m: 4:41.87	49.11	400m: 6:15.69	45.79	
31.	PRZYBYŁKOWSKI, Aleksander		01	Mks Polonia Warszawa				6:16.27	180
	50m: 41.12	41.12	150m: 2:15.92	48.09	250m: 3:51.40	48.40	350m: 5:29.20	48.70	
	100m: 1:27.83	46.71	200m: 3:03.00	47.08	300m: 4:40.50	49.10	400m: 6:16.27	47.07	
32.	RZECZKOWSKI, Filip		01	Uks Gos Raszyn				6:17.62	178
	50m: 40.69	40.69	150m: 2:16.40	48.54	250m: 3:53.09	48.93	350m: 5:31.92	48.67	
	100m: 1:27.86	47.17	200m: 3:04.16	47.76	300m: 4:43.25	50.16	400m: 6:17.62	45.70	
33.	LIWI SKI, Mateusz		01	MKS Piaseczno				6:20.44	174
	50m: 41.27	41.27	150m: 2:18.33	49.36	250m: 3:56.63	49.35	350m: 5:34.20	48.60	
	100m: 1:28.97	47.70	200m: 3:07.28	48.95	300m: 4:45.60	48.97	400m: 6:20.44	46.24	
34.	UBROWSKI, Cezary		01	Mks Polonia Warszawa				6:20.46	174
	50m: 42.08	42.08	150m: 2:17.70	48.47	250m: 3:56.50	49.48	350m: 5:35.84	49.39	
	100m: 1:29.23	47.15	200m: 3:07.02	49.32	300m: 4:46.45	49.95	400m: 6:20.46	44.62	
35.	URAWSKI, Jakub		01	MTP KORMORAN Olsztyn				6:26.14	167
	50m: 42.92	42.92	150m:		250m: 3:59.59		350m: 5:38.19	48.98	
	100m:		200m:		300m: 4:49.21	49.62	400m: 6:26.14	47.95	

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Ciechanów, 23- - 24-3-2013

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
36.	HRU WICKI, Jakub		01	MTP KORMORAN Olsztyn				6:31.18	160
	50m: 40.78 40.78	150m: 2:21.05	50.75	250m: 4:02.77	50.75	350m:			
	100m: 1:30.30 49.52	200m: 3:12.02	50.97	300m: 4:52.48	49.71	400m:	6:31.18		
13 lat									
1.	KOZIEJKO, Bartłomiej		00	MTP KORMORAN Olsztyn				4:35.08	462
	50m: 29.76 29.76	150m: 1:37.83	34.78	250m: 2:48.66	35.51	350m:	4:00.51	35.99	
	100m: 1:03.05 33.29	200m: 2:13.15	35.32	300m: 3:24.52	35.86	400m:	4:35.08	34.57	
2.	W SOWSKI, J dźrzej		00	MTP KORMORAN Olsztyn				4:42.10	429
	50m: 32.36 32.36	150m: 1:43.18	35.67	250m: 2:54.84	35.76	350m:	4:07.03	36.17	
	100m: 1:07.51 35.15	200m: 2:19.08	35.90	300m: 3:30.86	36.02	400m:	4:42.10	35.07	
3.	SIEMI SKI, Piotr		00	UKS oliborz				4:48.75	400
	50m: 31.16 31.16	150m: 1:42.87	36.46	250m: 2:57.20	37.14	350m:	4:12.51	37.59	
	100m: 1:06.41 35.25	200m: 2:20.06	37.19	300m: 3:34.92	37.72	400m:	4:48.75	36.24	
4.	KUCHCI SKI, Adam		00	MTP KORMORAN Olsztyn				4:55.20	374
	50m: 32.27 32.27	150m: 1:45.78	37.55	250m: 3:01.78	38.25	350m:	4:18.18	37.66	
	100m: 1:08.23 35.96	200m: 2:23.53	37.75	300m: 3:40.52	38.74	400m:	4:55.20	37.02	
	RYBARCZYK, Adam		00	MKS Piaseczno				4:55.20	374
	50m: 32.38 32.38	150m: 1:48.08	38.49	250m: 3:04.12	37.87	350m:	4:19.74	38.23	
	100m: 1:09.59 37.21	200m: 2:26.25	38.17	300m: 3:41.51	37.39	400m:	4:55.20	35.46	
6.	MISZTAŁ, Mikołaj		00	Uks "Polonez" Wyszaków				5:02.38	348
	50m: 33.96 33.96	150m: 1:51.73	39.19	250m: 3:10.58	39.60	350m:	4:26.81	36.18	
	100m: 1:12.54 38.58	200m: 2:30.98	39.25	300m: 3:50.63	40.05	400m:	5:02.38	35.57	
7.	MIAROWSKI, Benjamin		00	MTP KORMORAN Olsztyn				5:04.55	341
	50m: 33.59 33.59	150m: 1:48.95	38.23	250m: 3:07.08	39.30	350m:	4:25.97	39.56	
	100m: 1:10.72 37.13	200m: 2:27.78	38.83	300m: 3:46.41	39.33	400m:	5:04.55	38.58	
8.	GORDZIEJUK-NOWAK, Kacper		00	Mks Polonia Warszawa				5:05.01	339
	50m: 32.63 32.63	150m: 1:49.94	39.71	250m: 3:08.92	39.55	350m:	4:29.00	39.35	
	100m: 1:10.23 37.60	200m: 2:29.37	39.43	300m: 3:49.65	40.73	400m:	5:05.01	36.01	
9.	J DRZEJEWSKI, Mateusz		00	Uks Gos Raszyn				5:07.02	332
	50m: 31.98 31.98	150m: 1:46.69	38.40	250m: 3:06.47	40.19	350m:	4:28.23	41.40	
	100m: 1:08.29 36.31	200m: 2:26.28	39.59	300m: 3:46.83	40.36	400m:	5:07.02	38.79	
10.	DEYNEZHENKO, Daniel		00	Mks Polonia Warszawa				5:08.58	327
	50m: 32.97 32.97	150m: 1:51.32	40.01	250m: 3:12.13	40.75	350m:	4:31.10	39.54	
	100m: 1:11.31 38.34	200m: 2:31.38	40.06	300m: 3:51.56	39.43	400m:	5:08.58	37.48	
11.	STADNYK, Michał		00	MTP KORMORAN Olsztyn				5:12.17	316
	50m: 35.69 35.69	150m: 1:54.19	39.62	250m: 3:14.03	39.94	350m:	4:34.41	40.19	
	100m: 1:14.57 38.88	200m: 2:34.09	39.90	300m: 3:54.22	40.19	400m:	5:12.17	37.76	
12.	SZCZEPA SKI, Bartosz		00	Klub Pływacki Płetwal Mława				5:12.38	315
	50m: 34.36 34.36	150m: 1:54.43	40.14	250m: 3:14.09	39.67	350m:	4:33.82	39.93	
	100m: 1:14.29 39.93	200m: 2:34.42	39.99	300m: 3:53.89	39.80	400m:	5:12.38	38.56	
13.	MECH, Dariusz		00	Uks Pirat Elbl g				5:16.38	304
	50m: 32.95 32.95	150m: 1:53.45		250m: 3:15.00	40.50	350m:	4:37.28	41.17	
	100m:	200m: 2:34.50	41.05	300m: 3:56.11	41.11	400m:	5:16.38	39.10	
14.	KALISZ, Jakub		00	Uks Pingwiny				5:18.60	297
	50m: 33.66 33.66	150m: 1:53.33	41.25	250m: 3:16.29	41.78	350m:	4:39.11	41.02	
	100m: 1:12.08 38.42	200m: 2:34.51	41.18	300m: 3:58.09	41.80	400m:	5:18.60	39.49	
15.	KACZOROWSKI, Kacper		00	UKS oliborz				5:18.67	297
	50m: 34.02 34.02	150m: 1:54.46	40.69	250m: 3:17.19	41.29	350m:	4:39.79	41.18	
	100m: 1:13.77 39.75	200m: 2:35.90	41.44	300m: 3:58.61	41.42	400m:	5:18.67	38.88	
16.	KOWALSKI, Maxymilian		00	MpkS Orka Ciechanow				5:19.30	295
	50m: 34.72 34.72	150m: 1:55.70	40.91	250m: 3:18.91	41.56	350m:	4:40.84	40.57	
	100m: 1:14.79 40.07	200m: 2:37.35	41.65	300m: 4:00.27	41.36	400m:	5:19.30	38.46	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat - I runda
Ciechanów, 23- - 24-3-2013

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja	Rok ur.	Czas	Pkt.
17. SULIGA, Jeremi	00 Uks Wilanowia	5:20.06	293
50m: 33.57 33.57	150m:	250m: 350m:	
100m: 1:13.15 39.58	200m:	300m: 400m: 5:20.06	
18. ADAMSKI, Mikołaj	00 MpkS Orka Ciechanow	5:21.31	290
50m: 35.77 35.77	150m: 1:58.39 41.46	250m: 3:21.95 41.61	350m: 4:43.37 40.05
100m: 1:16.93 41.16	200m: 2:40.34 41.95	300m: 4:03.32 41.37	400m: 5:21.31 37.94
19. MAKSYMOWICZ, Tomasz	00 UKP Jedyńka Elbl g	5:24.39	282
50m: 33.83 33.83	150m: 1:53.99 41.37	250m: 3:17.85 41.83	350m: 4:43.68 43.14
100m: 1:12.62 38.79	200m: 2:36.02 42.03	300m: 4:00.54 42.69	400m: 5:24.39 40.71
20. LEWICKI, Aleksander	00 Mks Polonia Warszawa	5:25.04	280
50m: 36.21 36.21	150m: 1:59.65 42.33	250m: 3:23.97 42.56	350m: 4:47.33 40.87
100m: 1:17.32 41.11	200m: 2:41.41 41.76	300m: 4:06.46 42.49	400m: 5:25.04 37.71
21. OŁ D , Jan	00 UKS oliborz	5:27.37	274
50m: 35.96 35.96	150m: 1:58.01 41.29	250m: 3:22.84 42.22	350m: 4:45.62 41.13
100m: 1:16.72 40.76	200m: 2:40.62 42.61	300m: 4:04.49 41.65	400m: 5:27.37 41.75
22. GLAZER, Rafał	00 MKS Piaseczno	5:27.86	273
50m: 34.55 34.55	150m: 1:56.50 41.19	250m: 3:20.00 42.16	350m: 4:46.39 43.06
100m: 1:15.31 40.76	200m: 2:37.84 41.34	300m: 4:03.33 43.33	400m: 5:27.86 41.47
23. OSTAŁOWSKI, Paweł	00 UKP Jedyńka Elbl g	5:28.22	272
50m: 36.08 36.08	150m: 1:58.12 41.35	250m: 3:23.99 42.94	350m: 4:49.49 42.51
100m: 1:16.77 40.69	200m: 2:41.05 42.93	300m: 4:06.98 42.99	400m: 5:28.22 38.73
24. TRZNADEL, Jan	00 Pirania Targówek	5:33.98	258
50m: 34.86 34.86	150m: 1:56.29 42.04	250m: 3:22.06 43.49	350m: 4:51.34 44.63
100m: 1:14.25 39.39	200m: 2:38.57 42.28	300m: 4:06.71 44.65	400m: 5:33.98 42.64
25. KOŁODZIEJSKI, Bartłomiej	00 UKS oliborz	5:36.67	252
50m: 36.20 36.20	150m: 1:59.17 41.88	250m: 3:26.42 43.66	350m: 4:54.85 43.98
100m: 1:17.29 41.09	200m: 2:42.76 43.59	300m: 4:10.87 44.45	400m: 5:36.67 41.82
26. DOBRUT, Tomasz	00 UKS oliborz	5:40.91	243
50m: 37.12 37.12	150m: 2:02.17 43.47	250m: 3:30.73 44.77	350m: 4:58.59 44.00
100m: 1:18.70 41.58	200m: 2:45.96 43.79	300m: 4:14.59 43.86	400m: 5:40.91 42.32
27. MICHAŁOWSKI, Remigiusz	00 UKP Jedyńka Elbl g	5:42.71	239
50m: 37.82 37.82	150m: 2:04.99 44.35	250m: 3:32.80 43.95	350m: 5:00.01 42.44
100m: 1:20.64 42.82	200m: 2:48.85 43.86	300m: 4:17.57 44.77	400m: 5:42.71 42.70
28. KARPI SKI, Jan	00 U ks Ostroł ka	5:43.20	238
50m: 37.58 37.58	150m: 2:04.40 44.00	250m: 3:35.87 45.67	350m: 5:03.89 44.17
100m: 1:20.40 42.82	200m: 2:50.20 45.80	300m: 4:19.72 43.85	400m: 5:43.20 39.31
29. ALBOWICZ, Sebastian	00 UKS GIM 92 Ursynów 1	5:46.01	232
50m: 39.13 39.13	150m: 2:07.84 44.96	250m: 3:38.52 45.07	350m: 5:04.97 43.05
100m: 1:22.88 43.75	200m: 2:53.45 45.61	300m: 4:21.92 43.40	400m: 5:46.01 41.04
30. KRAVANJA, Mikołaj	00 Uks Wilanowia	5:54.13	216
50m: 35.39 35.39	150m: 2:49.34	250m: 350m:	
100m:	200m:	300m: 400m: 5:54.13	
31. PLUTECKI, Maciej	00 UKS GIM 92 Ursynów 2	5:59.46	207
50m: 37.61 37.61	150m: 2:08.00 46.22	250m: 3:40.62 46.86	350m: 5:14.28 47.10
100m: 1:21.78 44.17	200m: 2:53.76 45.76	300m: 4:27.18 46.56	400m: 5:59.46 45.18
32. KWIATKOWSKI, Maciej	00 U ks Ostroł ka	6:02.55	202
50m: 37.62 37.62	150m: 2:08.98 46.63	250m: 3:42.90 46.80	350m: 5:18.87 49.01
100m: 1:22.35 44.73	200m: 2:56.10 47.12	300m: 4:29.86 46.96	400m: 6:02.55 43.68
33. TUROWSKI, Jakub	00 UKS Meduza Warszawa	6:05.97	196
50m: 37.82 37.82	150m: 2:10.03 47.25	250m: 3:44.42 47.72	350m: 5:20.97 48.53
100m: 1:22.78 44.96	200m: 2:56.70 46.67	300m: 4:32.44 48.02	400m: 6:05.97 45.00
34. MAC, Antoni	00 UKS GIM 92 Ursynów 2	6:17.69	178
50m: 40.15 40.15	150m: 2:13.89 47.53	250m: 350m:	
100m: 1:26.36 46.21	200m: 3:02.88 48.99	300m: 4:43.53	400m: 5:33.82 50.29
			400m: 6:17.69 43.87

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-13 lat - I runda
Ciechanów, 23- - 24-3-2013

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.		
35.	ZBRO EK, Mikołaj			00	UKS GIM 92 Ursynów 1				6:19.94	175		
	50m:	40.31	40.31	150m:	2:14.41	48.11	250m:	3:53.13	49.51	350m:	5:32.25	49.55
	100m:	1:26.30	45.99	200m:	3:03.62	49.21	300m:	4:42.70	49.57	400m:	6:19.94	47.69
PK	WORONKO, Krzysztof			02	MKS Medyk Giżycko				5:36.68	252		
	50m:	37.56	37.56	150m:	2:04.81	43.91	250m:	3:31.38	43.13	350m:	4:55.87	39.96
	100m:	1:20.90	43.34	200m:	2:48.25	43.44	300m:	4:15.91	44.53	400m:	5:36.68	40.81