

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU
Warszawa, 31-5- - 1-6-2013

Konkurencja 19
2013-05-31 - 19:08

Dziewcz t, 400m dowolny

11 - 15 lat
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	JASIORSKA, Aleksandra		02	Iuks Muszelka			5:39.71	348	
	50m: 34.66	34.66	150m: 1:59.08	43.95	250m: 3:28.64	44.88	350m: 4:57.10	43.90	
	100m: 1:15.13	40.47	200m: 2:43.76	44.68	300m: 4:13.20	44.56	400m: 5:39.71	42.61	
2.	KUC, Weronika		02	MTP Delfin Cieszyn			5:43.68	336	
	50m: 38.69	38.69	150m: 2:07.30	44.66	250m: 3:36.63	44.55	350m: 5:03.75	42.49	
	100m: 1:22.64	43.95	200m: 2:52.08	44.78	300m: 4:21.26	44.63	400m: 5:43.68	39.93	
3.	KOCZUR, Julia		02	ULKS VICTORIA Kozy			5:49.46	320	
	50m: 39.88	39.88	150m: 2:08.95	44.53	250m: 3:39.97	45.45	350m: 5:08.66	43.90	
	100m: 1:24.42	44.54	200m: 2:54.52	45.57	300m: 4:24.76	44.79	400m: 5:49.46	40.80	
4.	MIECHOWSKA, Patrycja		02	Buks Warszawa			6:06.59	277	
	50m: 41.49	41.49	150m: 2:14.21	46.66	250m: 3:49.21	47.96	350m: 5:22.65	45.29	
	100m: 1:27.55	46.06	200m: 3:01.25	47.04	300m: 4:37.36	48.15	400m: 6:06.59	43.94	
5.	NIEWIADOMSKA, Paulina		02	Uks Gos Raszyn			6:12.99	263	
	50m: 41.27	41.27	150m: 2:15.58	48.39	250m: 3:52.69	48.11	350m: 5:29.44	47.88	
	100m: 1:27.19	45.92	200m: 3:04.58	49.00	300m: 4:41.56	48.87	400m: 6:12.99	43.55	
6.	TA SKA, Joanna		02	UKS Kapry Armexim Pruszków			6:19.85	249	
	50m: 42.14	42.14	150m: 2:21.38	49.88	250m: 4:00.96	49.24	350m: 5:36.00	46.52	
	100m: 1:31.50	49.36	200m: 3:11.72	50.34	300m: 4:49.48	48.52	400m: 6:19.85	43.85	
7.	ZOWCZAK, Marianna		02	UKS Victoria Józefów			6:29.77	230	
	50m: 45.56	45.56	150m: 2:24.62	50.47	250m: 4:05.22	50.43	350m: 5:43.89	49.03	
	100m: 1:34.15	48.59	200m: 3:14.79	50.17	300m: 4:54.86	49.64	400m: 6:29.77	45.88	
8.	BORUCKA, Alicja		02	Uczniowski Klub Sportowy Posej			6:30.32	230	
	50m: 43.52	43.52	150m: 2:25.11	50.79	250m: 4:06.43	50.87	350m: 5:46.05	49.19	
	100m: 1:34.32	50.80	200m: 3:15.56	50.45	300m: 4:56.86	50.43	400m: 6:30.32	44.27	
9.	OGNICHA, Maria		02	UKS Victoria Józefów			6:41.54	211	
	50m: 45.87	45.87	150m: 2:29.93	52.87	250m: 4:13.88	51.26	350m: 5:55.03	50.17	
	100m: 1:37.06	51.19	200m: 3:22.62	52.69	300m: 5:04.86	50.98	400m: 6:41.54	46.51	
10.	TUSZY SKA, Nela		02	UKS Victoria Józefów			6:59.21	185	
	50m: 2:32.15	2:32.15	150m:		250m:		350m: 6:08.85	54.41	
	100m: 1:38.04		200m: 3:26.51		300m: 5:14.44		400m: 6:59.21	50.36	
11.	NOWOSIELSKA, alicja		02	UKS Victoria Józefów			8:00.23	123	
	50m: 49.28	49.28	150m: 2:48.74	1:00.84	250m: 4:55.02	1:02.10	350m:		
	100m: 1:47.90	58.62	200m: 3:52.92	1:04.18	300m: 5:59.33	1:04.31	400m: 8:00.23		
DYSKW.	GORZKOWSKA, Ida		02	UKS Victoria Józefów			6:42.65		
	<i>O 4 - Start wykonany przed sygnałem (przedwczesny start)</i>								
	50m: 41.59	41.59	150m: 2:26.57	53.59	250m: 4:11.38	52.34	350m: 5:55.16	52.35	
	100m: 1:32.98	51.39	200m: 3:19.04	52.47	300m: 5:02.81	51.43	400m: 6:42.65	47.49	

12 lat

1.	MAZURKIEWICZ, Barbara		01	IKS Konstancin			5:04.86	482	
	50m: 34.65	34.65	150m: 1:52.90	39.53	250m: 3:11.11	39.14	350m: 4:30.18	39.68	
	100m: 1:13.37	38.72	200m: 2:31.97	39.07	300m: 3:50.50	39.39	400m: 5:04.86	34.68	
2.	PIE KOSZ, Marta		01	UKS Wilanowia			5:30.93	377	
	50m: 37.13	37.13	150m: 2:02.15	42.64	250m: 3:26.92	42.77	350m: 4:51.16	42.13	
	100m: 1:19.51	42.38	200m: 2:44.15	42.00	300m: 4:09.03	42.11	400m: 5:30.93	39.77	
3.	TYLKIE, Karolina		01	UKP Jedylnka Elbl g			5:31.12	376	
	50m: 39.30	39.30	150m: 2:04.07	43.01	250m: 3:30.06	42.56	350m: 4:53.68	40.38	
	100m: 1:21.06	41.76	200m: 2:47.50	43.43	300m: 4:13.30	43.24	400m: 5:31.12	37.44	

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU
Warszawa, 31-5- - 1-6-2013

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	TOBIASZ, Anna		01	UKS Victoria Józefów				5:38.30	353
	50m:	37.05 37.05	150m:	2:02.75 43.28	250m:	3:30.32 44.02	350m:	4:58.46 43.53	
	100m:	1:19.47 42.42	200m:	2:46.30 43.55	300m:	4:14.93 44.61	400m:	5:38.30 39.84	
5.	G SOWSKA, Martyna		01	Mtkp Delfin Toru				5:46.30	329
	50m:	38.26 38.26	150m:	2:07.55 45.74	250m:	3:37.72 45.09	350m:	5:06.29 42.98	
	100m:	1:21.81 43.55	200m:	2:52.63 45.08	300m:	4:23.31 45.59	400m:	5:46.30 40.01	
6.	OLEKSY, Aleksandra		01	MKS Piaseczno				5:51.69	314
	50m:	37.99 37.99	150m:	2:07.39 45.70	250m:	3:38.80 46.11	350m:	5:10.17 46.10	
	100m:	1:21.69 43.70	200m:	2:52.69 45.30	300m:	4:24.07 45.27	400m:	5:51.69 41.52	
7.	PODSIADŁY, Agata		01	UKS Wilanowia				5:52.88	311
	50m:	37.80 37.80	150m:	2:07.89 45.46	250m:	3:39.08 46.18	350m:	5:11.48 46.72	
	100m:	1:22.43 44.63	200m:	2:52.90 45.01	300m:	4:24.76 45.68	400m:	5:52.88 41.40	
8.	WIDERSKA, Barbara		01	Uks Pingwiny				5:56.93	300
	50m:	37.81 37.81	150m:	2:08.19 45.49	250m:	3:40.97 46.84	350m:	5:12.97 45.56	
	100m:	1:22.70 44.89	200m:	2:54.13 45.94	300m:	4:27.41 46.44	400m:	5:56.93 43.96	
9.	KUBIAK, Aleksandra		01	PSP SWIM Płock				6:03.67	284
	50m:	40.01 40.01	150m:	2:12.16 46.94	250m:	3:46.05 46.94	350m:	5:19.62 46.82	
	100m:	1:25.22 45.21	200m:	2:59.11 46.95	300m:	4:32.80 46.75	400m:	6:03.67 44.05	
10.	KOWALSKA, Marta		01	UKS Siódemka Brodnica				6:08.66	272
	50m:	40.97 40.97	150m:	2:17.24 47.75	250m:	3:52.55 48.46	350m:	5:26.85 49.35	
	100m:	1:29.49 48.52	200m:	3:04.09 46.85	300m:	4:37.50 44.95	400m:	6:08.66 41.81	
11.	MARCINKIEWICZ, Marta		01	PSP SWIM Płock				6:13.40	262
	50m:	41.27 41.27	150m:	2:16.90 48.39	250m:	3:53.77 48.32	350m:	5:31.52 49.61	
	100m:	1:28.51 47.24	200m:	3:05.45 48.55	300m:	4:41.91 48.14	400m:	6:13.40 41.88	

13 lat

1.	SOLAK, Anna		00	PSP SWIM Płock				4:52.83	544
	50m:	32.04 32.04	150m:	1:44.21 36.75	250m:	2:59.73 38.28	350m:	4:15.93 37.93	
	100m:	1:07.46 35.42	200m:	2:21.45 37.24	300m:	3:38.00 38.27	400m:	4:52.83 36.90	
2.	OSINIAK, Ewa		00	UKS Olimpijczyk 23				4:54.91	533
	50m:	34.28 34.28	150m:	1:49.16 37.57	250m:	3:05.28 37.83	350m:	4:19.61 36.61	
	100m:	1:11.59 37.31	200m:	2:27.45 38.29	300m:	3:43.00 37.72	400m:	4:54.91 35.30	
3.	POGORZELSKA, Inez		00	UKS Wilanowia				5:05.88	477
	50m:	34.73 34.73	150m:	1:51.92 39.15	250m:	3:11.71 40.00	350m:	4:29.24 38.27	
	100m:	1:12.77 38.04	200m:	2:31.71 39.79	300m:	3:50.97 39.26	400m:	5:05.88 36.64	
4.	SZCZYGIĘŁ, Oliwia		00	Mtkp Delfin Toru				5:09.12	463
	50m:	34.69 34.69	150m:	1:52.57 39.18	250m:	3:12.48 40.36	350m:	4:30.84 38.55	
	100m:	1:13.39 38.70	200m:	2:32.12 39.55	300m:	3:52.29 39.81	400m:	5:09.12 38.28	
5.	KRUSZEWSKA, Kaja		00	KS PUSZCZA Hajnówka				5:15.81	434
	50m:	35.22 35.22	150m:	1:54.54 40.37	250m:	3:15.54 40.78	350m:	4:37.91 41.01	
	100m:	1:14.17 38.95	200m:	2:34.76 40.22	300m:	3:56.90 41.36	400m:	5:15.81 37.90	
6.	ABRAMOWICZ, Julia		00	IKS Konstancin				5:20.24	416
	50m:	34.27 34.27	150m:	1:57.49 41.91	250m:	3:20.21 40.51	350m:	4:41.70 40.01	
	100m:	1:15.58 41.31	200m:	2:39.70 42.21	300m:	4:01.69 41.48	400m:	5:20.24 38.54	
7.	POLANSKA, Aleksandra		00	Uks Gos Raszyn				5:23.84	402
	50m:	35.37 35.37	150m:	1:58.41 42.26	250m:	3:22.37 41.70	350m:	4:43.99 40.29	
	100m:	1:16.15 40.78	200m:	2:40.67 42.26	300m:	4:03.70 41.33	400m:	5:23.84 39.85	
8.	DZIARSKA, Łucja		00	UKS Victoria Józefów				5:27.92	387
	50m:	36.07 36.07	150m:	1:58.12 41.98	250m:	3:22.27 42.07	350m:	4:47.22 42.41	
	100m:	1:16.14 40.07	200m:	2:40.20 42.08	300m:	4:04.81 42.54	400m:	5:27.92 40.70	
9.	KUBIAK, Karolina		00	UKS "G-8 Bielany" Warszawa				5:28.85	384
	50m:	35.95 35.95	150m:	1:56.41 41.12	250m:	3:22.57 43.10	350m:	4:48.10 43.07	
	100m:	1:15.29 39.34	200m:	2:39.47 43.06	300m:	4:05.03 42.46	400m:	5:28.85 40.75	

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU
Warszawa, 31-5- - 1-6-2013

Konkurencja 19, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	MRÓWKA, Aleksandra		00	UKS NAWA Skierniewice			5:29.89	380	
	50m: 37.87	37.87	150m: 2:02.92	43.18	250m: 3:28.99	42.72	350m: 4:51.26	40.92	
	100m: 1:19.74	41.87	200m: 2:46.27	43.35	300m: 4:10.34	41.35	400m: 5:29.89	38.63	
11.	PIPCZY SKA, Kamila		00	UKS Victoria Józefów			5:36.11	360	
	50m: 37.76	37.76	150m: 2:04.27	43.62	250m: 3:30.60	43.00	350m: 4:55.93	42.74	
	100m: 1:20.65	42.89	200m: 2:47.60	43.33	300m: 4:13.19	42.59	400m: 5:36.11	40.18	
12.	CHOJECKA, Karolina		00	UKS OLIMPIC Warka			5:43.97	336	
	50m: 37.65	37.65	150m: 2:04.84	44.59	250m: 3:33.79	44.92	350m: 5:02.40	44.10	
	100m: 1:20.25	42.60	200m: 2:48.87	44.03	300m: 4:18.30	44.51	400m: 5:43.97	41.57	
13.	BU YCKA, Maja		00	Klub Pływacki Płetwal Mława			5:45.79	330	
	50m: 38.44	38.44	150m: 2:06.38	44.12	250m: 3:36.74	44.85	350m: 5:03.68	42.55	
	100m: 1:22.26	43.82	200m: 2:51.89	45.51	300m: 4:21.13	44.39	400m: 5:45.79	42.11	
14.	NOWIKOWSKA, Daria		00	Uks Pirania Targówek			6:00.86	291	
	50m: 38.82	38.82	150m: 2:09.20	46.24	250m: 3:43.13	47.34	350m: 5:16.51	46.49	
	100m: 1:22.96	44.14	200m: 2:55.79	46.59	300m: 4:30.02	46.89	400m: 6:00.86	44.35	

14 lat

1.	CIE LIKOWSKA, Zuzanna		99	Uks Pingwiny			4:59.78	507
	50m: 32.75	32.75	150m: 1:47.75	37.80	250m: 3:04.68	38.91	350m: 4:23.09	39.30
	100m: 1:09.95	37.20	200m: 2:25.77	38.02	300m: 3:43.79	39.11	400m: 4:59.78	36.69
2.	STAROS, Sandra		99	UKS Victoria Józefów			5:05.07	481
	50m: 34.99	34.99	150m: 1:52.33	38.85	250m: 3:10.24	39.36	350m: 4:28.79	39.53
	100m: 1:13.48	38.49	200m: 2:30.88	38.55	300m: 3:49.26	39.02	400m: 5:05.07	36.28
3.	KORONOWSKA, Anna		99	Klub Pływacki Płetwal Mława			5:17.04	429
	50m: 35.61	35.61	150m: 1:57.31	41.34	250m: 3:19.31	40.43	350m: 4:40.82	40.42
	100m: 1:15.97	40.36	200m: 2:38.88	41.57	300m: 4:00.40	41.09	400m: 5:17.04	36.22
4.	REDKO, Diana		99	Uks Pirania Targówek			5:31.61	375
	50m: 35.91	35.91	150m: 1:58.68	42.46	250m: 3:25.73	44.17	350m: 4:53.40	44.23
	100m: 1:16.22	40.31	200m: 2:41.56	42.88	300m: 4:09.17	43.44	400m: 5:31.61	38.21
5.	GARLICKA, Emilia		99	PSP SWIM Płock			6:37.47	217
	50m: 47.09	47.09	150m: 2:29.43	51.01	250m: 4:10.89	50.24	350m: 5:51.12	49.63
	100m: 1:38.42	51.33	200m: 3:20.65	51.22	300m: 5:01.49	50.60	400m: 6:37.47	46.35

15 lat

1.	W CŁAWIAK, Irena		98	UKS Wilanowia			4:48.06	572
	50m: 33.14	33.14	150m: 1:45.39	36.28	250m: 2:59.46	37.17	350m: 4:11.94	36.03
	100m: 1:09.11	35.97	200m: 2:22.29	36.90	300m: 3:35.91	36.45	400m: 4:48.06	36.12
2.	JACKIEWICZ, Weronika		98	UKS Kapry Armexim Pruszków			5:20.84	414
	50m: 35.03	35.03	150m: 1:54.03	40.27	250m: 3:15.70	41.34	350m: 4:40.03	42.50
	100m: 1:13.76	38.73	200m: 2:34.36	40.33	300m: 3:57.53	41.83	400m: 5:20.84	40.81
3.	JASIUL, Urszula		98	Uks Delfin Legionowo			5:34.18	366
	50m: 35.68	35.68	150m: 2:00.39	43.01	250m: 3:27.46	43.82	350m: 4:53.78	43.90
	100m: 1:17.38	41.70	200m: 2:43.64	43.25	300m: 4:09.88	42.42	400m: 5:34.18	40.40
PK	POPIEL, Joanna		96	UKS "G-8 Bielany" Warszawa			4:38.91	630
	50m: 32.09	32.09	150m: 1:42.16	35.46	250m: 2:53.67	35.56	350m: 4:05.03	35.27
	100m: 1:06.70	34.61	200m: 2:18.11	35.95	300m: 3:29.76	36.09	400m: 4:38.91	33.88
PK	ZYGA, Izabela		96	UKS NAWA Skierniewice			4:48.80	567
	50m: 32.86	32.86	150m: 1:46.67	37.43	250m: 3:00.75	37.06	350m: 4:14.89	37.06
	100m: 1:09.24	36.38	200m: 2:23.69	37.02	300m: 3:37.83	37.08	400m: 4:48.80	33.91
PK	BOROWSKA, Beata		97	UKS Wilanowia			5:01.80	497
	50m: 34.15	34.15	150m: 1:50.09	38.16	250m: 3:07.57	38.58	350m: 4:24.74	38.41
	100m: 1:11.93	37.78	200m: 2:28.99	38.90	300m: 3:46.33	38.76	400m: 5:01.80	37.06

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU
Warszawa, 31-5- - 1-6-2013

Konkurencja 19, Dziewcz t, 400m dowolny

Pozycja				Rok ur.					Czas	Pkt.
PK	WI	NIEWSKA, Ilona		96	Klub Pływacki Płetwal Mława				5:15.52	435
		50m:	34.58 34.58	150m:	1:52.08 39.54	250m:	3:13.10 40.57	350m:	4:35.76 41.78	
		100m:	1:12.54 37.96	200m:	2:32.53 40.45	300m:	3:53.98 40.88	400m:	5:15.52 39.76	