

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU  
Warszawa, 31-5- - 1-6-2013

Konkurencja 20  
2013-05-31 - 19:42

Chłopców, 400m dowolny

11 - 15 lat  
Wyniki

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.
<b>11 lat</b>			
1. DOŁOWY, Grzegorz	02	Iuks Muszelka	<b>5:38.03</b> 275
50m: 38.09 38.09	150m: 2:03.28 43.19	250m: 3:30.93 43.68	350m: 4:57.25 42.68
100m: 1:20.09 42.00	200m: 2:47.25 43.97	300m: 4:14.57 43.64	400m: 5:38.03 40.78
2. WORONKO, Krzysztof	02	MKS Medyk Gi ycko	<b>5:45.40</b> 258
50m: 37.95 37.95	150m: 2:06.17 44.91	250m: 3:34.41 44.28	350m: 5:02.71 43.48
100m: 1:21.26 43.31	200m: 2:50.13 43.96	300m: 4:19.23 44.82	400m: 5:45.40 42.69
3. ROZMYŚŁOWSKI, Eryk	02	Uks Gos Raszyn	<b>5:45.74</b> 257
50m: 36.90 36.90	150m: 2:04.84 44.16	250m: 3:33.79 44.13	350m: 5:02.99 44.24
100m: 1:20.68 43.78	200m: 2:49.66 44.82	300m: 4:18.75 44.96	400m: 5:45.74 42.75
4. LIPOWSKI, Oskar	02	Iuks Muszelka	<b>5:53.87</b> 240
50m: 39.19 39.19	150m: 2:08.23 44.98	250m: 3:39.49 45.44	350m: 5:10.38 44.66
100m: 1:23.25 44.06	200m: 2:54.05 45.82	300m: 4:25.72 46.23	400m: 5:53.87 43.49
5. JAKUBOWSKI, Jakub	02	UKS Victoria Józefów	<b>5:56.74</b> 234
50m: 38.25 38.25	150m: 2:10.28 46.17	250m: 3:43.74 47.37	350m: 5:14.22 44.73
100m: 1:24.11 45.86	200m: 2:56.37 46.09	300m: 4:29.49 45.75	400m: 5:56.74 42.52
6. PLONA, Łukasz	02	Buks Warszawa	<b>5:59.11</b> 230
50m: 39.66 39.66	150m: 2:10.71 45.58	250m: 3:45.26 48.34	350m: 5:18.26 45.87
100m: 1:25.13 45.47	200m: 2:56.92 46.21	300m: 4:32.39 47.13	400m: 5:59.11 40.85
7. SZAPIEL, Mikołaj	02	UKS Victoria Józefów	<b>6:07.75</b> 214
50m: 40.32 40.32	150m: 2:13.39 46.95	250m: 3:47.68 47.19	350m: 5:22.57 46.88
100m: 1:26.44 46.12	200m: 3:00.49 47.10	300m: 4:35.69 48.01	400m: 6:07.75 45.18
8. ZARZYCKI, Maciej	02	UKS NAWA Skierniewice	<b>6:08.03</b> 213
50m: 40.64 40.64	150m: 2:15.76 47.05	250m: 3:49.83 47.64	350m: 5:24.77 47.23
100m: 1:28.71 48.07	200m: 3:02.19 46.43	300m: 4:37.54 47.71	400m: 6:08.03 43.26
9. BARNA , Aleksander	02	Buks Warszawa	<b>6:08.85</b> 212
50m: 40.02 40.02	150m: 2:15.68 48.53	250m: 3:51.37 48.33	350m: 5:26.59 46.24
100m: 1:27.15 47.13	200m: 3:03.04 47.36	300m: 4:40.35 48.98	400m: 6:08.85 42.26
10. MIESZKUNIEC, Szymon	02	UKS Victoria Józefów	<b>6:12.69</b> 205
50m: 40.29 40.29	150m: 2:15.50 47.97	250m: 3:51.95 48.11	350m: 5:28.76 48.68
100m: 1:27.53 47.24	200m: 3:03.84 48.34	300m: 4:40.08 48.13	400m: 6:12.69 43.93
11. BURCZY SKI, Piotr	02	Iuks Muszelka	<b>6:14.95</b> 202
50m: 41.27 41.27	150m: 2:17.77 49.34	250m: 3:54.85 48.92	350m: 5:30.73 47.41
100m: 1:28.43 47.16	200m: 3:05.93 48.16	300m: 4:43.32 48.47	400m: 6:14.95 44.22
12. RUTA, Kamil	02	Iuks Muszelka	<b>6:16.62</b> 199
50m: 40.98 40.98	150m: 2:16.00 48.25	250m: 3:53.41 48.57	350m: 5:30.72 49.05
100m: 1:27.75 46.77	200m: 3:04.84 48.84	300m: 4:41.67 48.26	400m: 6:16.62 45.90
13. BIALECKI, Jan	02	UKS Victoria Józefów	<b>6:21.18</b> 192
50m: 41.13 41.13	150m: 2:17.10 48.90	250m: 3:55.97 49.58	350m: 5:34.99 50.45
100m: 1:28.20 47.07	200m: 3:06.39 49.29	300m: 4:44.54 48.57	400m: 6:21.18 46.19
<b>12 lat</b>			
1. KAROLCZAK, Jan	01	Buks Warszawa	<b>5:05.89</b> 372
50m: 33.38 33.38	150m: 1:52.44 39.78	250m: 3:11.31 39.68	350m: 4:29.61 38.77
100m: 1:12.66 39.28	200m: 2:31.63 39.19	300m: 3:50.84 39.53	400m: 5:05.89 36.28
2. KARNIK, Kacper	01	Rtp Victoria Radom	<b>5:13.30</b> 346
50m: 34.48 34.48	150m: 1:54.14 40.03	250m: 3:15.50 40.77	350m: 4:35.32 39.15
100m: 1:14.11 39.63	200m: 2:34.73 40.59	300m: 3:56.17 40.67	400m: 5:13.30 37.98
3. KALINOWSKI, Michał	01	Mtkp Delfin Toru	<b>5:18.94</b> 328
50m: 34.47 34.47	150m: 1:54.18 40.66	250m: 3:16.91 41.34	350m: 4:39.10 41.38
100m: 1:13.52 39.05	200m: 2:35.57 41.39	300m: 3:57.72 40.81	400m: 5:18.94 39.84

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU  
Warszawa, 31-5- - 1-6-2013

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.							Czas	Pkt.
4.	PAWLAK, Rafał		01	Uks Pingwiny						<b>5:44.52</b>	260
	50m:	37.23 37.23	150m:	2:04.60	44.54	250m:	3:32.76	43.97	350m:	5:01.69	44.87
	100m:	1:20.06 42.83	200m:	2:48.79	44.19	300m:	4:16.82	44.06	400m:	5:44.52	42.83
5.	CZERWI SKI, Łukasz		01	UKS Jagiellonka						<b>5:48.73</b>	251
	50m:	38.03 38.03	150m:	2:07.71	45.31	250m:	3:38.12	45.16	350m:	5:06.50	43.55
	100m:	1:22.40 44.37	200m:	2:52.96	45.25	300m:	4:22.95	44.83	400m:	5:48.73	42.23
6.	MATUSIAK, Adrian		01	Uczniowski Klub Sportowy Posej						<b>5:55.11</b>	238
	50m:	39.36 39.36	150m:	2:11.56	46.15	250m:	3:43.85	46.65	350m:	5:12.45	42.84
	100m:	1:25.41 46.05	200m:	2:57.20	45.64	300m:	4:29.61	45.76	400m:	5:55.11	42.66
7.	DEREZI SKI, Szymon		01	MKS Piaseczno						<b>5:55.87</b>	236
	50m:	36.99 36.99	150m:	2:09.53	46.96	250m:	3:42.16	46.90	350m:	5:14.24	45.21
	100m:	1:22.57 45.58	200m:	2:55.26	45.73	300m:	4:29.03	46.87	400m:	5:55.87	41.63
8.	TARNOWSKI, Aleks		01	UKS NAWA Skierniewice						<b>6:02.00</b>	224
	50m:	40.50 40.50	150m:	2:14.86	47.81	250m:	3:50.06	47.84	350m:	5:24.15	46.53
	100m:	1:27.05 46.55	200m:	3:02.22	47.36	300m:	4:37.62	47.56	400m:	6:02.00	37.85
9.	PERZANKOWSKI, Maciej		01	UKS NAWA Skierniewice						<b>6:02.79</b>	223
	50m:	40.34 40.34	150m:	2:13.53	46.85	250m:	3:47.30	46.91	350m:	5:17.72	45.21
	100m:	1:26.68 46.34	200m:	3:00.39	46.86	300m:	4:32.51	45.21	400m:	6:02.79	45.07
10.	KOMOROWSKI, Sebastian		01	PSP SWIM Płock						<b>6:14.37</b>	203
	50m:	40.94 40.94	150m:	2:17.63	48.94	250m:	3:56.18	49.44	350m:	5:32.18	47.92
	100m:	1:28.69 47.75	200m:	3:06.74	49.11	300m:	4:44.26	48.08	400m:	6:14.37	42.19
11.	CIAK, Bernard		01	Uczniowski Klub Sportowy Posej						<b>6:22.90</b>	189
	50m:	42.53 42.53	150m:	2:21.24	50.24	250m:	3:59.87	49.71	350m:	5:37.55	48.97
	100m:	1:31.00 48.47	200m:	3:10.16	48.92	300m:	4:48.58	48.71	400m:	6:22.90	45.35
12.	LIWI SKI, Mateusz		01	MKS Piaseczno						<b>6:25.80</b>	185
	50m:	42.70 42.70	150m:	2:20.79	49.27	250m:	4:00.09	49.36	350m:	5:38.94	49.62
	100m:	1:31.52 48.82	200m:	3:10.73	49.94	300m:	4:49.32	49.23	400m:	6:25.80	46.86
13.	GARLICKI, Patryk		01	PSP SWIM Płock						<b>6:31.52</b>	177
	50m:	44.83 44.83	150m:	2:27.64	51.33	250m:	4:08.34	50.15	350m:	5:46.55	48.92
	100m:	1:36.31 51.48	200m:	3:18.19	50.55	300m:	4:57.63	49.29	400m:	6:31.52	44.97

13 lat

1.	RYBARCZYK, Adam		00	MKS Piaseczno						<b>5:14.08</b>	344
	50m:	34.91 34.91	150m:	1:55.79	40.49	250m:	3:16.09	39.40	350m:	4:36.59	39.72
	100m:	1:15.30 40.39	200m:	2:36.69	40.90	300m:	3:56.87	40.78	400m:	5:14.08	37.49
2.	MA KA, Filip		00	UKS190 Łód						<b>5:15.65</b>	338
	50m:	34.93 34.93	150m:	1:54.99	40.65	250m:	3:15.74	39.88	350m:	4:35.82	39.51
	100m:	1:14.34 39.41	200m:	2:35.86	40.87	300m:	3:56.31	40.57	400m:	5:15.65	39.83
3.	JOBDA, Ryszard		00	UKS Victoria Józefów						<b>5:26.78</b>	305
	50m:	35.18 35.18	150m:	1:57.09	41.13	250m:	3:22.50	43.10	350m:	4:47.55	42.27
	100m:	1:15.96 40.78	200m:	2:39.40	42.31	300m:	4:05.28	42.78	400m:	5:26.78	39.23
4.	BRODOWSKI, Bartosz		00	UKS NAWA Skierniewice						<b>5:27.44</b>	303
	50m:	36.22 36.22	150m:	2:00.89	42.74	250m:	3:25.68	42.28	350m:	4:49.10	40.92
	100m:	1:18.15 41.93	200m:	2:43.40	42.51	300m:	4:08.18	42.50	400m:	5:27.44	38.34
5.	MAKSYMOWICZ, Tomasz		00	UKP Jedyńka Elbl g						<b>5:31.85</b>	291
	50m:	35.00 35.00	150m:	1:58.15	42.26	250m:	3:25.22	43.78	350m:	4:51.52	42.63
	100m:	1:15.89 40.89	200m:	2:41.44	43.29	300m:	4:08.89	43.67	400m:	5:31.85	40.33
6.	CICHOCKI, Maciej		00	UKS Jagiellonka						<b>5:35.36</b>	282
	50m:	35.55 35.55	150m:	2:04.43	44.68	250m:	3:32.62	44.28	350m:	4:58.71	43.04
	100m:	1:19.75 44.20	200m:	2:48.34	43.91	300m:	4:15.67	43.05	400m:	5:35.36	36.65
7.	GONTARCZYK, Kamil		00	UKS Kapry Armexim Pruszków						<b>5:41.72</b>	267
	50m:	38.77 38.77	150m:	2:07.15	44.39	250m:	3:34.72	43.76	350m:	5:02.46	43.41
	100m:	1:22.76 43.99	200m:	2:50.96	43.81	300m:	4:19.05	44.33	400m:	5:41.72	39.26

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU  
Warszawa, 31-5- - 1-6-2013

Konkurencja 20, Chłopców, 400m dowolny

14 lat

1.	PECYNA, Maciej	99	IKS Konstancin	<b>4:33.91</b>	518
	50m: 31.20 31.20	150m: 1:40.80 34.64	250m: 2:50.94 34.94	350m: 4:00.72 34.81	
	100m: 1:06.16 34.96	200m: 2:16.00 35.20	300m: 3:25.91 34.97	400m: 4:33.91 33.19	
2.	DUDEK, Julian	99	UKS NAWA Skierniewice	<b>4:39.12</b>	490
	50m: 32.18 32.18	150m: 1:42.44 35.17	250m: 2:53.50 35.62	350m: 4:06.08 36.50	
	100m: 1:07.27 35.09	200m: 2:17.88 35.44	300m: 3:29.58 36.08	400m: 4:39.12 33.04	
3.	KRZY ANOWSKI, Szymon	99	ródmiejski UKS Polna Warszawa	<b>4:49.09</b>	441
	50m: 31.98 31.98	150m: 1:45.30 36.87	250m: 3:00.19 37.51	350m: 4:14.74 37.21	
	100m: 1:08.43 36.45	200m: 2:22.68 37.38	300m: 3:37.53 37.34	400m: 4:49.09 34.35	
4.	KEPA, Kacper	99	Uks Gos Raszyn	<b>4:49.45</b>	439
	50m: 33.30 33.30	150m: 1:46.82 37.22	250m: 3:01.36 37.24	350m: 4:15.45 36.90	
	100m: 1:09.60 36.30	200m: 2:24.12 37.30	300m: 3:38.55 37.19	400m: 4:49.45 34.00	
5.	WA KOWICZ, Bła ej	99	UKS SKALAR Warszawa	<b>4:50.40</b>	435
	50m: 32.40 32.40	150m: 1:44.64 36.85	250m: 2:59.85 37.73	350m: 4:14.99 37.60	
	100m: 1:07.79 35.39	200m: 2:22.12 37.48	300m: 3:37.39 37.54	400m: 4:50.40 35.41	
6.	AWRUK, Szymon	99	MOS MKS Juwenia Białystok	<b>4:51.06</b>	432
	50m: 33.20 33.20	150m: 1:47.58 37.89	250m: 3:02.33 36.84	350m: 4:17.34 36.72	
	100m: 1:09.69 36.49	200m: 2:25.49 37.91	300m: 3:40.62 38.29	400m: 4:51.06 33.72	
7.	WŁODARCZYK, Maciej	99	Uks Pingwiny	<b>4:52.47</b>	426
	50m: 32.27 32.27	150m: 1:45.88 37.21	250m: 3:00.63 36.82	350m: 4:15.59 37.19	
	100m: 1:08.67 36.40	200m: 2:23.81 37.93	300m: 3:38.40 37.77	400m: 4:52.47 36.88	
8.	WARCIAREK, Jan	99	UKS Victoria Józefów	<b>4:54.31</b>	418
	50m: 32.79 32.79	150m: 1:47.09 37.82	250m: 3:02.60 37.70	350m: 4:18.25 38.00	
	100m: 1:09.27 36.48	200m: 2:24.90 37.81	300m: 3:40.25 37.65	400m: 4:54.31 36.06	
9.	ZALEWSKI, Oskar	99	Uks Pirania Targówek	<b>4:55.94</b>	411
	50m: 32.63 32.63	150m: 1:45.71 37.16	250m: 3:01.51 38.08	350m: 4:19.09 39.02	
	100m: 1:08.55 35.92	200m: 2:23.43 37.72	300m: 3:40.07 38.56	400m: 4:55.94 36.85	
10.	LENARTOWICZ, Kacper	99	IKS Konstancin	<b>4:56.06</b>	410
	50m: 33.58 33.58	150m: 1:49.23 38.12	250m: 3:05.58 37.69	350m: 4:20.78 37.25	
	100m: 1:11.11 37.53	200m: 2:27.89 38.66	300m: 3:43.53 37.95	400m: 4:56.06 35.28	
11.	KUBI SKI, Arkadiusz	99	UKS PIRAT Elbl g	<b>5:03.17</b>	382
	50m: 34.40 34.40	150m: 1:51.79 39.19	250m: 3:10.07 38.31	350m: 4:28.33 40.30	
	100m: 1:12.60 38.20	200m: 2:31.76 39.97	300m: 3:48.03 37.96	400m: 5:03.17 34.84	
12.	MARCINKOWSKI, Borys	99	Mtkp Delfin Toru	<b>5:04.40</b>	377
	50m: 32.68 32.68	150m: 1:47.96 38.13	250m: 3:06.36 39.04	350m: 4:25.33 39.51	
	100m: 1:09.83 37.15	200m: 2:27.32 39.36	300m: 3:45.82 39.46	400m: 5:04.40 39.07	
13.	KOMOSA, Maciej	99	Uks Pirania Targówek	<b>5:04.48</b>	377
	50m: 33.80 33.80	150m: 1:51.70 40.06	250m: 3:09.80 39.28	350m: 4:28.65 39.09	
	100m: 1:11.64 37.84	200m: 2:30.52 38.82	300m: 3:49.56 39.76	400m: 5:04.48 35.83	
14.	SOBCZAK, Mikołaj	99	PSP SWIM Płock	<b>5:05.54</b>	373
	50m: 33.79 33.79	150m: 1:52.27 39.51	250m: 3:11.11 39.51	350m: 4:28.96 38.99	
	100m: 1:12.76 38.97	200m: 2:31.60 39.33	300m: 3:49.97 38.86	400m: 5:05.54 36.58	

15 lat

1.	DOBRZY SKI, Tomasz	98	UKS "G-8 Bielany" Warszawa	<b>4:25.42</b>	570
	50m: 31.09 31.09	150m: 1:38.96 34.38	250m: 2:46.81 33.90	350m: 3:54.80 33.92	
	100m: 1:04.58 33.49	200m: 2:12.91 33.95	300m: 3:20.88 34.07	400m: 4:25.42 30.62	
2.	RYBAK, Konrad	98	Uks Pirania Targówek	<b>4:28.35</b>	551
	50m: 31.03 31.03	150m: 1:38.80 34.17	250m: 2:47.12 34.15	350m: 3:55.60 34.22	
	100m: 1:04.63 33.60	200m: 2:12.97 34.17	300m: 3:21.38 34.26	400m: 4:28.35 32.75	
3.	ROSOCHACKI, Piotr	98	Uks Pirania Targówek	<b>4:35.99</b>	506
	50m: 30.81 30.81	150m: 1:39.17 34.39	250m: 2:48.79 35.16	350m: 4:01.45 36.32	
	100m: 1:04.78 33.97	200m: 2:13.63 34.46	300m: 3:25.13 36.34	400m: 4:35.99 34.54	

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU  
Warszawa, 31-5- - 1-6-2013

Konkurencja 20, Chłopców, 400m dowolny, 15 lat

Pozycja				Rok ur.					Czas	Pkt.		
4.	WACHNIK, Jakub			98	Uks Pirania Targówek				<b>4:42.60</b>	472		
	50m:	32.47	32.47	150m:	1:42.84	35.41	250m:	2:55.11	36.29	350m:	4:07.60	35.99
	100m:	1:07.43	34.96	200m:	2:18.82	35.98	300m:	3:31.61	36.50	400m:	4:42.60	35.00
5.	SZYMANEK, Sebastian			98	MKS DELFINEK Łuków				<b>4:43.82</b>	466		
	50m:	31.82	31.82	150m:	1:43.06	36.08	250m:	2:55.93	36.54	350m:	4:08.95	36.62
	100m:	1:06.98	35.16	200m:	2:19.39	36.33	300m:	3:32.33	36.40	400m:	4:43.82	34.87
6.	GAWRO SKI, Bruno			98	MUKP WARSZAWIANKA WODNY PAR				<b>5:03.09</b>	382		
	50m:	32.99	32.99	150m:	1:50.22	39.55	250m:	3:09.11	39.22	350m:	4:26.23	38.52
	100m:	1:10.67	37.68	200m:	2:29.89	39.67	300m:	3:47.71	38.60	400m:	5:03.09	36.86
7.	BANASIAK, Adam			98	Mks Polonia Warszawa				<b>5:10.75</b>	355		
	50m:	34.46	34.46	150m:	1:54.34	40.27	250m:	3:15.86	40.58	350m:	4:34.20	38.19
	100m:	1:14.07	39.61	200m:	2:35.28	40.94	300m:	3:56.01	40.15	400m:	5:10.75	36.55
8.	KOSTANOWICZ, Artur			98	Mks Polonia Warszawa				<b>5:13.34</b>	346		
	50m:	34.91	34.91	150m:	1:54.57	40.15	250m:	3:15.15	39.98	350m:	4:35.76	40.27
	100m:	1:14.42	39.51	200m:	2:35.17	40.60	300m:	3:55.49	40.34	400m:	5:13.34	37.58
PK	CWALINA, Kacper			97	UKS NAWA Skierniewice				<b>4:44.92</b>	460		
	50m:	30.28	30.28	150m:	1:42.10	36.56	250m:	2:56.65	37.35	350m:	4:10.88	37.45
	100m:	1:05.54	35.26	200m:	2:19.30	37.20	300m:	3:33.43	36.78	400m:	4:44.92	34.04