

MI DZYNARODOWE OTWARTE MISTRZOSTWA WARSZAWY W PŁYWANIU  
Warszawa, 31-5- - 1-6-2013

Konkurencja 29  
2013-06-01 - 12:20

Dziewcz t, 400m zmienny

12 - 15 lat  
Wyniki

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. MAZURKIEWICZ, Barbara	01 IKS Konstancin	<b>5:50.29</b>	449
50m: 35.30 35.30	150m: 2:04.78 48.54	250m: 3:40.98 49.50	350m: 5:11.79 40.38
100m: 1:16.24 40.94	200m: 2:51.48 46.70	300m: 4:31.41 50.43	400m: 5:50.29 38.50
2. MICHNIEWSKA, Anna	01 UKS "G-8 Bielany" Warszawa	<b>6:16.17</b>	363
50m: 41.78 41.78	150m: 2:18.02 49.34	250m: 4:01.37 55.89	350m: 5:38.39 41.67
100m: 1:28.68 46.90	200m: 3:05.48 47.46	300m: 4:56.72 55.35	400m: 6:16.17 37.78
3. PIE KOSZ, Marta	01 UKS Wilanowia	<b>6:20.62</b>	350
50m: 45.88 45.88	150m: 2:29.94 45.84	250m: 4:07.37 52.28	350m: 5:40.56 40.53
100m: 1:44.10 58.22	200m: 3:15.09 45.15	300m: 5:00.03 52.66	400m: 6:20.62 40.06
4. TOBIASZ, Anna	01 UKS Victoria Józefów	<b>6:25.11</b>	338
50m: 42.81 42.81	150m: 2:28.04 51.19	250m: 4:09.29 51.45	350m: 5:44.70 43.06
100m: 1:36.85 54.04	200m: 3:17.84 49.80	300m: 5:01.64 52.35	400m: 6:25.11 40.41
5. WOJTANEK, Wiktoria	01 UKS Kapry Armexim Pruszków	<b>6:28.51</b>	329
50m: 45.83 45.83	150m: 2:28.54 48.06	250m: 4:09.41 51.05	350m: 5:46.36 43.08
100m: 1:40.48 54.65	200m: 3:18.36 49.82	300m: 5:03.28 53.87	400m: 6:28.51 42.15
6. COCHÓR, Izabela	01 UKS Ostrobramska	<b>6:36.16</b>	311
50m: 46.17 46.17	150m: 2:32.27 49.89	250m: 4:14.30 54.19	350m: 5:52.61 43.29
100m: 1:42.38 56.21	200m: 3:20.11 47.84	300m: 5:09.32 55.02	400m: 6:36.16 43.55
7. WIDERSKA, Barbara	01 Uks Pingwiny	<b>6:53.01</b>	274
50m: 44.63 44.63	150m: 2:36.41 2:11.91	250m: 4:26.18 2:41.85	350m: 6:10.40 2:43.36
100m: 24.50	200m: 1:44.33	300m: 3:27.04	400m: 6:53.01 42.61
<b>13 lat</b>			
1. SOLAK, Anna	00 PSP SWIM Płock	<b>5:34.83</b>	515
50m: 32.24 32.24	150m: 1:54.03 43.14	250m: 3:26.52 49.62	350m: 4:56.97 39.40
100m: 1:10.89 38.65	200m: 2:36.90 42.87	300m: 4:17.57 51.05	400m: 5:34.83 37.86
2. PECYNA, Michalina	00 IKS Konstancin	<b>5:38.38</b>	499
50m: 35.99 35.99	150m: 2:00.38 40.53	250m: 3:32.31 48.97	350m: 5:01.75 37.95
100m: 1:19.85 43.86	200m: 2:43.34 42.96	300m: 4:23.80 51.49	400m: 5:38.38 36.63
3. POGORZELSKA, Inez	00 UKS Wilanowia	<b>6:03.22</b>	403
50m: 36.42 36.42	150m: 2:10.32 48.26	250m: 3:50.53 54.64	350m: 5:25.40 40.75
100m: 1:22.06 45.64	200m: 2:55.89 45.57	300m: 4:44.65 54.12	400m: 6:03.22 37.82
4. PIPCZY SKA, Kamila	00 UKS Victoria Józefów	<b>6:08.07</b>	387
50m: 39.56 39.56	150m: 2:13.66 45.92	250m: 3:52.65 53.87	350m: 5:29.01 41.74
100m: 1:27.74 48.18	200m: 2:58.78 45.12	300m: 4:47.27 54.62	400m: 6:08.07 39.06
5. ABRAMOWICZ, Julia	00 IKS Konstancin	<b>6:16.15</b>	363
50m: 41.36 41.36	150m: 2:24.67 50.99	250m: 4:03.95 52.79	350m: 5:38.04 41.41
100m: 1:33.68 52.32	200m: 3:11.16 46.49	300m: 4:56.63 52.68	400m: 6:16.15 38.11
6. ODZIEMCZYK, Maja	00 Uks Pirania Targówek	<b>6:16.30</b>	362
50m: 37.83 37.83	150m: 2:10.69 47.47	250m: 3:50.99 55.39	350m: 5:32.22 45.09
100m: 1:23.22 45.39	200m: 2:55.60 44.91	300m: 4:47.13 56.14	400m: 6:16.30 44.08
<b>14 lat</b>			
1. BACHANEK, Julia	99 Buks Warszawa	<b>5:40.59</b>	489
50m: 35.93 35.93	150m: 2:05.77 45.63	250m: 3:35.97 47.69	350m: 5:02.31 38.22
100m: 1:20.14 44.21	200m: 2:48.28 42.51	300m: 4:24.09 48.12	400m: 5:40.59 38.28
2. SKAR Y SKA, Aleksandra	99 Uks Pirania Targówek	<b>5:45.55</b>	468
50m: 34.15 34.15	150m: 2:00.83 44.54	250m: 3:35.81 50.70	350m: 5:06.75 38.98
100m: 1:16.29 42.14	200m: 2:45.11 44.28	300m: 4:27.77 51.96	400m: 5:45.55 38.80

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Warszawa, 31-5- - 1-6-2013

Konkurencja 29, Dziewcz t, 400m zmienny, 14 lat

Pozycja		Rok ur.						Czas	Pkt.
3.	R CZKA, Marika	99	Uks Pirania Targówek				<b>5:57.86</b>	422	
	50m: 37.01 37.01	150m: 2:09.06	48.36	250m: 3:46.52	49.71	350m: 5:18.68	41.41		
	100m: 1:20.70 43.69	200m: 2:56.81	47.75	300m: 4:37.27	50.75	400m: 5:57.86	39.18		
4.	REDKO, Diana	99	Uks Pirania Targówek				<b>6:19.72</b>	353	
	50m: 39.28 39.28	150m: 2:16.90	49.75	250m: 3:59.00	53.60	350m: 5:38.92	43.41		
	100m: 1:27.15 47.87	200m: 3:05.40	48.50	300m: 4:55.51	56.51	400m: 6:19.72	40.80		
5.	BŁASZCZYK, Sandra	99	Uks Pirania Targówek				<b>6:22.31</b>	346	
	50m: 40.68 40.68	150m: 2:19.00	50.27	250m: 4:01.95	54.68	350m: 5:39.81	43.92		
	100m: 1:28.73 48.05	200m: 3:07.27	48.27	300m: 4:55.89	53.94	400m: 6:22.31	42.50		

15 lat

1.	SAJECKA, Zofia	98	UKS SKALAR Warszawa				<b>5:29.36</b>	541
	50m: 34.16 34.16	150m: 1:57.09	41.50	250m: 3:27.06	48.51	350m: 4:53.03	37.13	
	100m: 1:15.59 41.43	200m: 2:38.55	41.46	300m: 4:15.90	48.84	400m: 5:29.36	36.33	
2.	SZCZECI SKA, Paulina	98	Mks Polonia Warszawa				<b>5:49.06</b>	454
	50m: 37.29 37.29	150m: 2:06.02	46.56	250m: 3:40.88	49.74	350m: 5:10.70	39.85	
	100m: 1:19.46 42.17	200m: 2:51.14	45.12	300m: 4:30.85	49.97	400m: 5:49.06	38.36	
3.	KUCZMAR, Gabriela	98	Mks Polonia Warszawa				<b>6:01.55</b>	409
	50m: 39.43 39.43	150m: 2:15.18	46.08	250m: 3:51.15	51.41	350m: 5:22.47	40.62	
	100m: 1:29.10 49.67	200m: 2:59.74	44.56	300m: 4:41.85	50.70	400m: 6:01.55	39.08	
PK	POPIEL, Joanna	96	UKS "G-8 Bielany" Warszawa				<b>5:18.44</b>	598
	50m: 34.30 34.30	150m: 1:52.84	39.36	250m: 3:20.91	48.26	350m: 4:44.73	35.66	
	100m: 1:13.48 39.18	200m: 2:32.65	39.81	300m: 4:09.07	48.16	400m: 5:18.44	33.71	
PK	ZYGA, Izabela	96	UKS NAWA Skierniewice				<b>5:28.30</b>	546
	50m: 35.66 35.66	150m: 2:01.67	44.90	250m: 3:30.22	45.33	350m: 4:52.28	37.51	
	100m: 1:16.77 41.11	200m: 2:44.89	43.22	300m: 4:14.77	44.55	400m: 5:28.30	36.02	
PK	WYDRYSZEK, Kinga	96	Mks Polonia Warszawa				<b>5:34.47</b>	516
	50m: 34.00 34.00	150m: 1:59.87	44.56	250m: 3:31.34	49.14	350m: 4:57.97	37.59	
	100m: 1:15.31 41.31	200m: 2:42.20	42.33	300m: 4:20.38	49.04	400m: 5:34.47	36.50	