

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

Konkurencja 7  
2013-06-18 - 12:18

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	MAZURKIEWICZ, Barbara		01	IKS Konstancin				<b>4:58.95</b>	485
	50m:	34.37 34.37	150m:	1:49.81	37.23	250m:	3:06.32 37.89	350m:	4:22.77 37.65
	100m:	1:12.58 38.21	200m:	2:28.43	38.62	300m:	3:45.12 38.80	400m:	4:58.95 36.18
2.	BOCHENEK, Anna		01	UKS Meduza Warszawa				<b>5:08.85</b>	440
	50m:	35.00 35.00	150m:	1:52.78	39.04	250m:	3:12.14 39.68	350m:	4:31.75 39.53
	100m:	1:13.74 38.74	200m:	2:32.46	39.68	300m:	3:52.22 40.08	400m:	5:08.85 37.10
3.	BŁASZCZYK, Klaudia		01	Mks Polonia Warszawa				<b>5:14.93</b>	415
	50m:	34.56 34.56	150m:	1:52.91	39.73	250m:	3:13.41 40.57	350m:	4:34.56 40.58
	100m:	1:13.18 38.62	200m:	2:32.84	39.93	300m:	3:53.98 40.57	400m:	5:14.93 40.37
4.	REGULSKA, Nastazja		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:20.12</b>	395
	50m:	33.95 33.95	150m:	1:55.24	41.79	250m:	3:19.36 42.46	350m:	4:41.53 40.82
	100m:	1:13.45 39.50	200m:	2:36.90	41.66	300m:	4:00.71 41.35	400m:	5:20.12 38.59
5.	WO NIAK, Zofia		01	Uks 307				<b>5:20.73</b>	392
	50m:	36.34 36.34	150m:	1:56.11	39.94	250m:	3:18.15 41.80	350m:	4:41.88 41.64
	100m:	1:16.17 39.83	200m:	2:36.35	40.24	300m:	4:00.24 42.09	400m:	5:20.73 38.85
6.	KURATCZYK, Hanna		01	Mks Polonia Warszawa				<b>5:23.34</b>	383
	50m:	36.25 36.25	150m:	1:59.22	42.35	250m:	3:23.43 42.33	350m:	4:45.69 40.23
	100m:	1:16.87 40.62	200m:	2:41.10	41.88	300m:	4:05.46 42.03	400m:	5:23.34 37.65
7.	J DRYCH, Julia		01	Uks oliborz				<b>5:24.61</b>	379
	50m:	37.07 37.07	150m:	1:59.73	41.50	250m:	3:22.26 41.44	350m:	4:46.08 41.51
	100m:	1:18.23 41.16	200m:	2:40.82	41.09	300m:	4:04.57 42.31	400m:	5:24.61 38.53
8.	BIENIECKA, Natalia		01	Mks Polonia Warszawa				<b>5:25.54</b>	375
	50m:	35.65 35.65	150m:	1:58.54	42.28	250m:	3:22.40 42.28	350m:	4:46.72 42.28
	100m:	1:16.26 40.61	200m:	2:40.12	41.58	300m:	4:04.44 42.04	400m:	5:25.54 38.82
9.	PEPLAK, Aleksandra		01	KS 1 O arów Mazowiecki				<b>5:25.61</b>	375
	50m:	35.59 35.59	150m:	1:58.42	42.34	250m:	3:23.74 42.84	350m:	4:48.57 42.21
	100m:	1:16.08 40.49	200m:	2:40.90	42.48	300m:	4:06.36 42.62	400m:	5:25.61 37.04
10.	PIE KOSZ, Marta		01	UKS Wilanowa				<b>5:25.93</b>	374
	50m:	36.10 36.10	150m:	1:58.41	41.76	250m:	3:21.68 42.15	350m:	4:45.65 41.97
	100m:	1:16.65 40.55	200m:	2:39.53	41.12	300m:	4:03.68 42.00	400m:	5:25.93 40.28
11.	PEPLAK, Julia		01	KS 1 O arów Mazowiecki				<b>5:26.04</b>	374
	50m:	35.81 35.81	150m:			250m:		350m:	4:48.31 41.56
	100m:	1:59.47 1:23.66	200m:	3:23.99		300m:	4:06.75	400m:	5:26.04 37.73
12.	TOBIASZ, Anna		01	uks victoria józefów				<b>5:26.36</b>	372
	50m:	35.42 35.42	150m:	1:58.22	42.10	250m:	3:22.92 42.41	350m:	4:47.39 41.93
	100m:	1:16.12 40.70	200m:	2:40.51	42.29	300m:	4:05.46 42.54	400m:	5:26.36 38.97
13.	MICHNIEWSKA, Anna		01	Uks G-8 Bielany Warszawa				<b>5:26.94</b>	370
	50m:	36.90 36.90	150m:	1:59.59	41.70	250m:	3:23.36 41.94	350m:	4:46.98 41.15
	100m:	1:17.89 40.99	200m:	2:41.42	41.83	300m:	4:05.83 42.47	400m:	5:26.94 39.96
14.	KALETA, Oliwia		01	Uks oliborz				<b>5:29.98</b>	360
	50m:	37.85 37.85	150m:	2:02.51	42.87	250m:	3:27.45 42.90	350m:	4:51.70 41.24
	100m:	1:19.64 41.79	200m:	2:44.55	42.04	300m:	4:10.46 43.01	400m:	5:29.98 38.28
15.	SOJA, Małgorzata		01	Uks G-8 Bielany Warszawa				<b>5:30.69</b>	358
	50m:	36.38 36.38	150m:	2:00.35	43.09	250m:	3:25.87 42.23	350m:	4:51.11 42.48
	100m:	1:17.26 40.88	200m:	2:43.64	43.29	300m:	4:08.63 42.76	400m:	5:30.69 39.58
16.	JACKIEWICZ, Dominika		01	Uks "Polonez" Wyszaków				<b>5:31.55</b>	355
	50m:	37.16 37.16	150m:	2:02.99	43.13	250m:	3:28.51 42.92	350m:	4:52.17 41.42
	100m:	1:19.86 42.70	200m:	2:45.59	42.60	300m:	4:10.75 42.24	400m:	5:31.55 39.38
17.	GOŁ BIEWSKA, Dominika		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:31.89</b>	354
	50m:	35.78 35.78	150m:	2:01.43	44.63	250m:	3:24.53 41.94	350m:	4:49.99 43.11
	100m:	1:16.80 41.02	200m:	2:42.59	41.16	300m:	4:06.88 42.35	400m:	5:31.89 41.90

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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	DMITROCA, Julia		01	KS 1 O arów Mazowiecki				<b>5:35.21</b>	344		
	50m:	38.13 38.13	150m:	2:03.97	42.94	250m:	3:28.04	42.56	350m:	4:54.24	43.49
	100m:	1:21.03 42.90	200m:	2:45.48	41.51	300m:	4:10.75	42.71	400m:	5:35.21	40.97
19.	TYMI SKA, Zofia		01	Uks "Polonez" Wyszaków				<b>5:36.27</b>	340		
	50m:	34.62 34.62	150m:	1:59.00	43.48	250m:	3:26.75	43.96	350m:	4:55.53	43.40
	100m:	1:15.52 40.90	200m:	2:42.79	43.79	300m:	4:12.13	45.38	400m:	5:36.27	40.74
20.	CZOCH, Ines		01	UKS Jagiellonka				<b>5:36.83</b>	339		
	50m:	37.90 37.90	150m:	2:02.20	42.21	250m:	3:29.70	44.21	350m:	4:55.23	42.77
	100m:	1:19.99 42.09	200m:	2:45.49	43.29	300m:	4:12.46	42.76	400m:	5:36.83	41.60
21.	SIDORCZUK, Toska		01	Uks Pingwiny				<b>5:37.15</b>	338		
	50m:	36.26 36.26	150m:	1:59.70	42.91	250m:	3:28.73	44.24	350m:	4:56.10	43.90
	100m:	1:16.79 40.53	200m:	2:44.49	44.79	300m:	4:12.20	43.47	400m:	5:37.15	41.05
22.	CYGAN, Aleksandra		01	UKS Kapry Armexim Pruszków				<b>5:37.80</b>	336		
	50m:	39.36 39.36	150m:	2:04.62	42.96	250m:	3:30.87	42.78	350m:	4:56.21	42.40
	100m:	1:21.66 42.30	200m:	2:48.09	43.47	300m:	4:13.81	42.94	400m:	5:37.80	41.59
23.	SKIBA, Joanna		01	Buks Warszawa				<b>5:38.21</b>	335		
	50m:	34.55 34.55	150m:	2:00.32	43.45	250m:	3:31.15	45.61	350m:	4:59.20	44.06
	100m:	1:16.87 42.32	200m:	2:45.54	45.22	300m:	4:15.14	43.99	400m:	5:38.21	39.01
24.	ZAŁ SKA, Adrianna		01	Mpsk"Orka" Ciechanow				<b>5:38.64</b>	333		
	50m:	37.63 37.63	150m:	2:06.43	45.30	250m:	3:34.84	43.22	350m:	5:00.86	43.64
	100m:	1:21.13 43.50	200m:	2:51.62	45.19	300m:	4:17.22	42.38	400m:	5:38.64	37.78
25.	WIDERSKA, Barbara		01	Uks Pingwiny				<b>5:42.86</b>	321		
	50m:	37.83 37.83	150m:	2:04.01	43.59	250m:	3:32.53	44.79	350m:	5:01.59	44.74
	100m:	1:20.42 42.59	200m:	2:47.74	43.73	300m:	4:16.85	44.32	400m:	5:42.86	41.27
26.	IMI SKA, Agnieszka		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:43.11</b>	320		
	50m:	37.41 37.41	150m:	2:04.57	44.27	250m:	3:33.04	44.09	350m:	5:00.66	43.05
	100m:	1:20.30 42.89	200m:	2:48.95	44.38	300m:	4:17.61	44.57	400m:	5:43.11	42.45
27.	BORZYMEK, Julia		01	Uks "Polonez" Wyszaków				<b>5:44.94</b>	315		
	50m:	39.92 39.92	150m:	2:09.74	45.43	250m:	3:38.67	43.51	350m:	5:06.10	43.19
	100m:	1:24.31 44.39	200m:	2:55.16	45.42	300m:	4:22.91	44.24	400m:	5:44.94	38.84
28.	OLEKSY, Aleksandra		01	MKS Piaseczno				<b>5:45.83</b>	313		
	50m:	38.73 38.73	150m:	2:06.02	43.80	250m:	5:04.93	1:29.32	350m:		
	100m:	1:22.22 43.49	200m:	3:35.61	1:29.59	300m:			400m:	5:45.83	
29.	PODSIADŁY, Agata		01	UKS Wilanowa				<b>5:47.01</b>	310		
	50m:	36.55 36.55	150m:	2:03.56	44.55	250m:	3:33.98	45.01	350m:	5:04.99	45.31
	100m:	1:19.01 42.46	200m:	2:48.97	45.41	300m:	4:19.68	45.70	400m:	5:47.01	42.02
30.	KOWALEWSKA, Nadia		01	Uks G-8 Bielany Warszawa				<b>5:47.63</b>	308		
	50m:	38.90 38.90	150m:	2:05.87	44.13	250m:	3:35.43	44.76	350m:	5:05.26	44.68
	100m:	1:21.74 42.84	200m:	2:50.67	44.80	300m:	4:20.58	45.15	400m:	5:47.63	42.37
31.	TARASIEWICZ, Magdalena		01	Mks Polonia Warszawa				<b>5:52.03</b>	297		
	50m:	39.39 39.39	150m:	2:07.46	44.45	250m:	3:37.90	45.24	350m:	5:09.18	45.02
	100m:	1:23.01 43.62	200m:	2:52.66	45.20	300m:	4:24.16	46.26	400m:	5:52.03	42.85
32.	CZAPLICKA, Aleksandra		01	Mks Ochota Warszawa				<b>5:52.06</b>	297		
	50m:	39.70 39.70	150m:	2:11.03	45.86	250m:	3:40.13	42.12	350m:	5:11.51	46.84
	100m:	1:25.17 45.47	200m:	2:58.01	46.98	300m:	4:24.67	44.54	400m:	5:52.06	40.55
33.	GRABOWSKA, Wiktoria		01	Uks 307				<b>5:52.08</b>	297		
	50m:	39.13 39.13	150m:	2:08.08	45.12	250m:	3:39.21	45.21	350m:	5:09.22	44.86
	100m:	1:22.96 43.83	200m:	2:54.00	45.92	300m:	4:24.36	45.15	400m:	5:52.08	42.86
34.	RABINIAK, Zuzanna		01	Rtp Victoria Radom				<b>5:52.36</b>	296		
	50m:	38.69 38.69	150m:	2:06.86	45.39	250m:	3:37.38	46.13	350m:	5:08.85	45.79
	100m:	1:21.47 42.78	200m:	2:51.25	44.39	300m:	4:23.06	45.68	400m:	5:52.36	43.51
35.	MAZUR, Barbara		01	Uks oliborz				<b>5:54.04</b>	292		
	50m:	38.17 38.17	150m:	2:06.48	44.64	250m:	3:38.20	46.32	350m:	5:10.87	47.19
	100m:	1:21.84 43.67	200m:	2:51.88	45.40	300m:	4:23.68	45.48	400m:	5:54.04	43.17

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Pozycja			Rok ur.					Czas	Pkt.
36.	SUDAK, Zuzann		01	Uks Orka Warszawa				<b>5:55.24</b>	289
	50m: 39.29	39.29	150m: 2:10.65	46.10	250m: 3:42.62	46.44	350m: 5:13.49	45.28	
	100m: 1:24.55	45.26	200m: 2:56.18	45.53	300m: 4:28.21	45.59	400m: 5:55.24	41.75	
37.	MULARCZYK, Paulina		01	Mks Ochota Warszawa				<b>5:56.76</b>	285
	50m: 41.02	41.02	150m: 2:12.25	45.60	250m: 3:43.45	45.10	350m: 5:14.82	44.82	
	100m: 1:26.65	45.63	200m: 2:58.35	46.10	300m: 4:30.00	46.55	400m: 5:56.76	41.94	
38.	OBCZYNSKA, Aleksandra		01	Buks Warszawa				<b>5:56.83</b>	285
	50m: 38.13	38.13	150m: 2:05.56	45.09	250m: 3:37.44	46.01	350m: 5:10.91	46.74	
	100m: 1:20.47	42.34	200m: 2:51.43	45.87	300m: 4:24.17	46.73	400m: 5:56.83	45.92	
39.	KU , Weronika		01	PSP SWIM Płock				<b>5:58.25</b>	281
	50m: 40.08	40.08	150m: 2:12.90	47.23	250m: 3:46.80	46.70	350m: 5:16.74	44.30	
	100m: 1:25.67	45.59	200m: 3:00.10	47.20	300m: 4:32.44	45.64	400m: 5:58.25	41.51	
40.	JARZ BOWSKA, Maja		01	UKS "GIM 92 Ursynów" Warszawa				<b>6:05.40</b>	265
	50m: 40.15	40.15	150m: 2:12.28	46.19	250m: 3:45.33	45.83	350m: 5:17.13	46.87	
	100m: 1:26.09	45.94	200m: 2:59.50	47.22	300m: 4:30.26	44.93	400m: 6:05.40	48.27	
41.	BENTLEWSKA, Justyna		01	PSP SWIM Płock				<b>6:08.55</b>	258
	50m: 41.65	41.65	150m: 2:15.96	47.38	250m: 3:51.26	48.61	350m: 5:24.87	47.19	
	100m: 1:28.58	46.93	200m: 3:02.65	46.69	300m: 4:37.68	46.42	400m: 6:08.55	43.68	
42.	SKRZOS, Agata		01	Uks G-8 Bielany Warszawa				<b>6:09.55</b>	256
	50m: 42.19	42.19	150m: 2:17.48	48.21	250m: 3:50.97	46.75	350m: 5:24.69	45.67	
	100m: 1:29.27	47.08	200m: 3:04.22	46.74	300m: 4:39.02	48.05	400m: 6:09.55	44.86	
43.	MARCINKIEWICZ, Marta		01	PSP SWIM Płock				<b>6:10.02</b>	255
	50m: 40.78	40.78	150m: 2:15.70	47.55	250m: 3:52.18	48.17	350m: 5:26.89	47.17	
	100m: 1:28.15	47.37	200m: 3:04.01	48.31	300m: 4:39.72	47.54	400m: 6:10.02	43.13	
44.	OBUCHOWSKA, Katarzyna		01	UKS Meduza Warszawa				<b>6:10.27</b>	255
	50m: 39.65	39.65	150m: 2:14.35	48.45	250m: 3:51.59	49.20	350m: 5:25.65	47.55	
	100m: 1:25.90	46.25	200m: 3:02.39	48.04	300m: 4:38.10	46.51	400m: 6:10.27	44.62	
45.	ROGULSKA, Maria		01	Uks oliborz				<b>6:16.20</b>	243
	50m: 41.09	41.09	150m: 2:16.82	48.81	250m: 3:54.79	48.71	350m: 6:16.20	45.29	
	100m: 1:28.01	46.92	200m: 3:06.08	49.26	300m: 5:30.91	1:36.12	400m: 6:16.20		
46.	BIELINSKA, Klara		01	Buks Warszawa				<b>6:17.11</b>	241
	50m: 41.93	41.93	150m: 2:18.09	48.01	250m: 3:55.43	48.81	350m: 5:32.74	48.49	
	100m: 1:30.08	48.15	200m: 3:06.62	48.53	300m: 4:44.25	48.82	400m: 6:17.11	44.37	
47.	SOLSKA, Zuzanna		01	UKS GOS Raszyn				<b>6:18.66</b>	238
	50m: 39.48	39.48	150m: 2:13.74	48.07	250m: 3:54.32	50.25	350m: 5:32.64	48.89	
	100m: 1:25.67	46.19	200m: 3:04.07	50.33	300m: 4:43.75	49.43	400m: 6:18.66	46.02	
48.	ALBAYRAK, Julia		01	UKS GOS Raszyn				<b>6:31.03</b>	216
	50m: 42.97	42.97	150m: 2:22.55	51.28	250m: 4:03.15	50.59	350m: 5:43.89	50.58	
	100m: 1:31.27	48.30	200m: 3:12.56	50.01	300m: 4:53.31	50.16	400m: 6:31.03	47.14	
49.	WINIARSKA, Izabela		01	Mks Ochota Warszawa				<b>6:32.77</b>	213
	50m: 44.70	44.70	150m: 2:25.93	50.49	250m: 4:05.91	49.84	350m: 5:46.16	49.80	
	100m: 1:35.44	50.74	200m: 3:16.07	50.14	300m: 4:56.36	50.45	400m: 6:32.77	46.61	
50.	KOŁAKOWSKA, Julia		01	MKS Piaseczno				<b>6:36.88</b>	207
	50m: 45.12	45.12	150m: 2:26.07	51.03	250m: 4:06.73	49.57	350m: 5:49.21	50.73	
	100m: 1:35.04	49.92	200m: 3:17.16	51.09	300m: 4:58.48	51.75	400m: 6:36.88	47.67	
51.	DZIENIOWSKA, Joanna		01	Mks Polonia Warszawa				<b>6:43.32</b>	197
	50m: 45.89	45.89	150m: 2:28.04	50.98	250m: 4:11.26	50.99	350m: 5:53.46	51.11	
	100m: 1:37.06	51.17	200m: 3:20.27	52.23	300m: 5:02.35	51.09	400m: 6:43.32	49.86	
52.	MUSIAŁOWICZ, Barbara		01	Mks Polonia Warszawa				<b>6:43.90</b>	196
	50m: 43.92	43.92	150m: 2:26.37	51.57	250m: 4:08.92	50.14	350m: 5:52.57	52.12	
	100m: 1:34.80	50.88	200m: 3:18.78	52.41	300m: 5:00.45	51.53	400m: 6:43.90	51.33	
53.	DULEBA, Dominika		01	Buks Warszawa				<b>6:45.73</b>	194
	50m: 44.67	44.67	150m: 2:29.94	52.77	250m: 4:13.52	52.19	350m: 5:57.78	50.05	
	100m: 1:37.17	52.50	200m: 3:21.33	51.39	300m: 5:07.73	54.21	400m: 6:45.73	47.95	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

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Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
54.	KRZCOT, Wiktoria			01	UKS "GIM 92 Ursynów" Warszawa				<b>6:46.46</b>	193		
	50m:	46.28	46.28	150m:	2:28.75	52.06	250m:	4:14.53	53.04	350m:	5:59.11	53.01
	100m:	1:36.69	50.41	200m:	3:21.49	52.74	300m:	5:06.10	51.57	400m:	6:46.46	47.35
55.	MY LIWIEC, Aleksandra			01	Mks Polonia Warszawa				<b>6:56.50</b>	179		
	50m:	43.91	43.91	150m:	2:30.60	53.32	250m:	4:16.56	51.88	350m:	6:04.88	54.24
	100m:	1:37.28	53.37	200m:	3:24.68	54.08	300m:	5:10.64	54.08	400m:	6:56.50	51.62
DYSKW.	KACZKOWSKA, Anna			01	Uks Skalar Warszawa				<b>5:37.28</b>			
	<i>O 4 - Start wykonany przed sygnałem (przedwczesny start)</i>											
	50m:	38.62	38.62	150m:	2:04.06	43.02	250m:	3:31.08	42.79	350m:	4:56.80	42.81
	100m:	1:21.04	42.42	200m:	2:48.29	44.23	300m:	4:13.99	42.91	400m:	5:37.28	40.48