

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

Konkurencja 8  
2013-06-18 - 13:35

Chłopców, 400m dowolny

12 lat  
Wyniki

Punkty: FINA 2012

Pozycja			Rok ur.					Czas	Pkt.
1.	PAJAK, Bartek		01	Buks Warszawa				<b>4:51.21</b>	390
	50m:	31.98 31.98	150m:	1:45.36	37.08	250m:	3:00.51 37.32	350m:	4:15.53 37.09
	100m:	1:08.28 36.30	200m:	2:23.19	37.83	300m:	3:38.44 37.93	400m:	4:51.21 35.68
2.	KAROLCZAK, Jan		01	Buks Warszawa				<b>4:51.84</b>	387
	50m:	32.14 32.14	150m:	1:46.67	37.52	250m:	3:03.05 38.05	350m:	4:17.63 37.00
	100m:	1:09.15 37.01	200m:	2:25.00	38.33	300m:	3:40.63 37.58	400m:	4:51.84 34.21
3.	JEMIELITA, Oskar		01	Mpks"Orka" Ciechanow				<b>4:52.78</b>	383
	50m:		150m:			250m:		350m:	4:14.11 35.34
	100m:		200m:			300m:	3:38.77	400m:	4:52.78 38.67
4.	KARNIK, Kacper		01	Rtp Victoria Radom				<b>4:59.10</b>	359
	50m:	32.27 32.27	150m:	1:46.68	38.39	250m:	3:04.61 39.17	350m:	4:22.01 38.60
	100m:	1:08.29 36.02	200m:	2:25.44	38.76	300m:	3:43.41 38.80	400m:	4:59.10 37.09
5.	KRZYWNICKI, Adrian		01	Mpks"Orka" Ciechanow				<b>5:05.14</b>	339
	50m:	33.09 33.09	150m:	1:50.57	39.72	250m:	3:10.77 40.54	350m:	4:29.80 38.28
	100m:	1:10.85 37.76	200m:	2:30.23	39.66	300m:	3:51.52 40.75	400m:	5:05.14 35.34
6.	BORKOWSKI, Bartek		01	Buks Warszawa				<b>5:06.00</b>	336
	50m:	34.90 34.90	150m:	1:52.15	38.78	250m:	3:10.46 39.11	350m:	4:28.89 38.87
	100m:	1:13.37 38.47	200m:	2:31.35	39.20	300m:	3:50.02 39.56	400m:	5:06.00 37.11
7.	WIERCZ, Szymon		01	Uks G-8 Bielany Warszawa				<b>5:09.29</b>	325
	50m:	33.33 33.33	150m:	1:50.16	39.55	250m:	3:10.38 40.60	350m:	4:31.67 40.51
	100m:	1:10.61 37.28	200m:	2:29.78	39.62	300m:	3:51.16 40.78	400m:	5:09.29 37.62
8.	SZMYTKE, Jakub		01	Uks oliborz				<b>5:09.51</b>	324
	50m:	33.97 33.97	150m:	1:51.27	39.19	250m:	3:11.11 40.08	350m:	4:32.01 40.15
	100m:	1:12.08 38.11	200m:	2:31.03	39.76	300m:	3:51.86 40.75	400m:	5:09.51 37.50
9.	POMAGALSKI, Piotr		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:14.60</b>	309
	50m:	33.99 33.99	150m:	1:52.75	40.09	250m:	3:14.35 41.25	350m:	4:35.54 40.39
	100m:	1:12.66 38.67	200m:	2:33.10	40.35	300m:	3:55.15 40.80	400m:	5:14.60 39.06
10.	MIELNICZUK, Bartosz		01	Mks Polonia Warszawa				<b>5:18.06</b>	299
	50m:	35.13 35.13	150m:	1:55.32	40.46	250m:	3:17.82 41.43	350m:	4:41.19 41.52
	100m:	1:14.86 39.73	200m:	2:36.39	41.07	300m:	3:59.67 41.85	400m:	5:18.06 36.87
11.	KRASNOD BSKI, Andrzej		01	Uks oliborz				<b>5:18.33</b>	298
	50m:	36.12 36.12	150m:	1:58.69	41.89	250m:	3:20.98 40.59	350m:	4:40.57 39.47
	100m:	1:16.80 40.68	200m:	2:40.39	41.70	300m:	4:01.10 40.12	400m:	5:18.33 37.76
12.	LIWIAK, Kacper		01	Rtp Victoria Radom				<b>5:20.16</b>	293
	50m:	35.24 35.24	150m:	1:56.99	41.46	250m:	3:20.14 41.57	350m:	4:42.08 39.98
	100m:	1:15.53 40.29	200m:	2:38.57	41.58	300m:	4:02.10 41.96	400m:	5:20.16 38.08
13.	RYBARCZYK, Kacper		01	UKS Wilanowa				<b>5:20.84</b>	291
	50m:	34.66 34.66	150m:	1:55.91	41.17	250m:	3:18.88 41.40	350m:	4:41.75 41.13
	100m:	1:14.74 40.08	200m:	2:37.48	41.57	300m:	4:00.62 41.74	400m:	5:20.84 39.09
14.	KOWALSKI, Kacper		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:21.50</b>	289
	50m:	35.67 35.67	150m:	1:56.36	40.52	250m:	3:19.13 41.88	350m:	4:40.99 41.22
	100m:	1:15.84 40.17	200m:	2:37.25	40.89	300m:	3:59.77 40.64	400m:	5:21.50 40.51
15.	MAŁA NICKI, Jan		01	Uks oliborz				<b>5:23.71</b>	283
	50m:	33.95 33.95	150m:	1:55.60	41.66	250m:	3:19.64 42.21	350m:	4:43.06 42.01
	100m:	1:13.94 39.99	200m:	2:37.43	41.83	300m:	4:01.05 41.41	400m:	5:23.71 40.65
16.	PAWLAK, Rafał		01	Uks Pingwiny				<b>5:25.51</b>	279
	50m:	36.31 36.31	150m:	1:57.90	41.16	250m:	3:21.21 41.71	350m:	4:45.30 41.59
	100m:	1:16.74 40.43	200m:	2:39.50	41.60	300m:	4:03.71 42.50	400m:	5:25.51 40.21
17.	TŁOMAK, Andrzej		01	KS 1 O arów Mazowiecki				<b>5:26.35</b>	277
	50m:	36.07 36.07	150m:	2:01.50	42.74	250m:	3:25.79 42.90	350m:	4:49.00 41.42
	100m:	1:18.76 42.69	200m:	2:42.89	41.39	300m:	4:07.58 41.79	400m:	5:26.35 37.35

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	ROHULIN, Bogdan		01	Uks G-8 Bielany Warszawa				<b>5:28.35</b>	272
	50m: 36.10 36.10	150m: 1:59.41		42.31	250m: 3:23.78	42.93	350m: 4:48.28	41.58	
	100m: 1:17.10 41.00	200m: 2:40.85		41.44	300m: 4:06.70	42.92	400m: 5:28.35	40.07	
19.	JAKUBOWSKI, Piotr		01	Uks Skalar Warszawa				<b>5:30.27</b>	267
	50m: 22.09 22.09	150m: 2:02.82		43.03	250m: 3:27.65	42.68	350m: 4:51.34	41.65	
	100m: 1:19.79 57.70	200m: 2:44.97		42.15	300m: 4:09.69	42.04	400m: 5:30.27	38.93	
20.	CIE LA, Jan		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:32.87</b>	261
	50m: 39.75 39.75	150m: 2:05.20		42.55	250m: 3:31.52	43.16	350m: 4:54.80	41.30	
	100m: 1:22.65 42.90	200m: 2:48.36		43.16	300m: 4:13.50	41.98	400m: 5:32.87	38.07	
21.	DŁU NIEWSKI, Dawid		01	MpkS"Orka" Ciechanow				<b>5:32.97</b>	260
	50m: 35.94 35.94	150m: 2:00.42		42.80	250m: 3:26.13		350m: 4:50.39	41.43	
	100m: 1:17.62 41.68	200m:			300m: 4:08.96	42.83	400m: 5:32.97	42.58	
22.	KIEDROWSKI, Adam		01	Mks Polonia Warszawa				<b>5:35.93</b>	254
	50m: 38.33 38.33	150m: 2:04.52		43.06	250m: 3:29.72	42.85	350m: 4:56.56	43.23	
	100m: 1:21.46 43.13	200m: 2:46.87		42.35	300m: 4:13.33	43.61	400m: 5:35.93	39.37	
23.	POLASZCZYK, Radosław		01	Uks G-8 Bielany Warszawa				<b>5:35.97</b>	253
	50m: 38.29 38.29	150m: 2:04.16		43.47	250m: 3:30.36	43.48	350m: 4:57.00	43.04	
	100m: 1:20.69 42.40	200m: 2:46.88		42.72	300m: 4:13.96	43.60	400m: 5:35.97	38.97	
24.	WARMIAK, Tymoteusz		01	Perła Radom				<b>5:36.51</b>	252
	50m: 36.16 36.16	150m: 2:01.00		43.30	250m: 3:28.73	44.01	350m: 4:56.42	43.73	
	100m: 1:17.70 41.54	200m: 2:44.72		43.72	300m: 4:12.69	43.96	400m: 5:36.51	40.09	
25.	SZCZESNY, Hubert		01	Uks "Polonez" Wyszaków				<b>5:36.71</b>	252
	50m: 38.11 38.11	150m: 2:04.81		43.18	250m: 3:31.51	42.63	350m: 4:56.18	41.99	
	100m: 1:21.63 43.52	200m: 2:48.88		44.07	300m: 4:14.19	42.68	400m: 5:36.71	40.53	
26.	CZERWI SKI, Łukasz		01	UKS Jagiellonka				<b>5:36.86</b>	251
	50m: 36.87 36.87	150m: 2:01.72		43.53	250m: 3:28.70	43.66	350m: 4:56.47	43.11	
	100m: 1:18.19 41.32	200m: 2:45.04		43.32	300m: 4:13.36	44.66	400m: 5:36.86	40.39	
27.	ZUBIK, Stanisław		01	Mks Polonia Warszawa				<b>5:37.08</b>	251
	50m: 35.54 35.54	150m: 2:00.00		43.29	250m: 3:27.08	44.15	350m: 4:55.01	43.51	
	100m: 1:16.71 41.17	200m: 2:42.93		42.93	300m: 4:11.50	44.42	400m: 5:37.08	42.07	
28.	MASIOR, Piotr		01	UKS "GIM 92 Ursynów" Warszawa				<b>5:38.07</b>	249
	50m: 37.59 37.59	150m: 2:03.76		42.78	250m: 3:32.32	44.61	350m: 4:58.55	40.84	
	100m: 1:20.98 43.39	200m: 2:47.71		43.95	300m: 4:17.71	45.39	400m: 5:38.07	39.52	
29.	GLI SKI, Piotr		01	Uks oliborz				<b>5:39.46</b>	246
	50m: 36.74 36.74	150m: 2:01.80		43.51	250m: 3:30.56	44.32	350m: 4:59.03	43.89	
	100m: 1:18.29 41.55	200m: 2:46.24		44.44	300m: 4:15.14	44.58	400m: 5:39.46	40.43	
30.	KU NIAK, Mateusz		01	Uks oliborz				<b>5:42.01</b>	240
	50m: 38.63 38.63	150m: 2:06.74		44.39	250m: 3:35.11	43.82	350m: 5:00.67	42.78	
	100m: 1:22.35 43.72	200m: 2:51.29		44.55	300m: 4:17.89	42.78	400m: 5:42.01	41.34	
31.	DZIKI, Maciej		01	Uks G-8 Bielany Warszawa				<b>5:42.68</b>	239
	50m: 38.54 38.54	150m: 2:04.14		42.97	250m: 3:31.57	44.30	350m: 5:01.70	45.41	
	100m: 1:21.17 42.63	200m: 2:47.27		43.13	300m: 4:16.29	44.72	400m: 5:42.68	40.98	
32.	DEREZI SKI, Szymon		01	MKS Piaseczno				<b>5:45.72</b>	233
	50m: 37.22 37.22	150m: 2:08.11		46.39	250m: 3:38.82	45.61	350m: 5:05.02	43.24	
	100m: 1:21.72 44.50	200m: 2:53.21		45.10	300m: 4:21.78	42.96	400m: 5:45.72	40.70	
33.	KOMENDAREK, Mikołaj		01	UKS dwójka Sochaczewa				<b>5:46.27</b>	231
	50m: 39.42 39.42	150m: 2:09.12		44.69	250m: 3:37.29	44.25	350m: 5:05.40	43.29	
	100m: 1:24.43 45.01	200m: 2:53.04		43.92	300m: 4:22.11	44.82	400m: 5:46.27	40.87	
34.	KUZMICZ, Dawid		01	ródmiejski UKS polna				<b>5:46.47</b>	231
	50m: 37.35 37.35	150m: 2:04.34		43.98	250m: 3:33.58	44.20	350m: 5:03.23	44.33	
	100m: 1:20.36 43.01	200m: 2:49.38		45.04	300m: 4:18.90	45.32	400m: 5:46.47	43.24	
35.	GORCZY SKI, Piotr		01	Uks "Polonez" Wyszaków				<b>5:47.59</b>	229
	50m: 40.23 40.23	150m: 2:08.92		44.47	250m: 3:39.03	45.53	350m: 5:09.44	44.88	
	100m: 1:24.45 44.22	200m: 2:53.50		44.58	300m: 4:24.56	45.53	400m: 5:47.59	38.15	

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.							Czas	Pkt.	
36.	SAŁAJ, Arkadiusz		01	UKS "GIM 92 Ursynów" Warszawa						<b>5:48.06</b>	228	
	50m:	38.09	38.09	150m:	2:05.06	44.02	250m:	3:34.17	45.04	350m:	5:04.33	45.31
	100m:	1:21.04	42.95	200m:	2:49.13	44.07	300m:	4:19.02	44.85	400m:	5:48.06	43.73
37.	KRAWCZYK, Stanisław		01	Uks oliborz						<b>5:51.24</b>	222	
	50m:	38.31	38.31	150m:	2:06.89	44.62	250m:	3:37.55	45.20	350m:	5:07.12	44.68
	100m:	1:22.27	43.96	200m:	2:52.35	45.46	300m:	4:22.44	44.89	400m:	5:51.24	44.12
38.	SZYNDLER, Mikołaj		01	UKS "GIM 92 Ursynów" Warszawa						<b>5:52.82</b>	219	
	50m:	36.64	36.64	150m:	2:02.33	43.93	250m:	3:33.81	46.96	350m:	5:07.75	47.33
	100m:	1:18.40	41.76	200m:	2:46.85	44.52	300m:	4:20.42	46.61	400m:	5:52.82	45.07
39.	SZYNKIEWICZ, Wojciech		01	IKS Konstancin						<b>5:53.24</b>	218	
	50m:	40.74	40.74	150m:	2:10.35	45.04	250m:	3:42.61	45.80	350m:	5:11.88	43.85
	100m:	1:25.31	44.57	200m:	2:56.81	46.46	300m:	4:28.03	45.42	400m:	5:53.24	41.36
40.	CIE LAK, Jakub		01	MKS Piaseczno						<b>5:56.85</b>	211	
	50m:	37.82	37.82	150m:	2:09.27	45.66	250m:	3:42.83	46.88	350m:	5:16.37	46.00
	100m:	1:23.61	45.79	200m:	2:55.95	46.68	300m:	4:30.37	47.54	400m:	5:56.85	40.48
41.	POTOCKI, Mikołaj		01	Uks oliborz						<b>5:56.88</b>	211	
	50m:	38.71	38.71	150m:	2:08.53	46.77	250m:	3:39.46	45.65	350m:	5:11.29	44.70
	100m:	1:21.76	43.05	200m:	2:53.81	45.28	300m:	4:26.59	47.13	400m:	5:56.88	45.59
42.	WARDAK, Michał		01	UKS "GIM 92 Ursynów" Warszawa						<b>5:57.12</b>	211	
	50m:	39.91	39.91	150m:	2:11.97	46.88	250m:	3:42.93	45.24	350m:	5:15.42	45.63
	100m:	1:25.09	45.18	200m:	2:57.69	45.72	300m:	4:29.79	46.86	400m:	5:57.12	41.70
43.	UBROWSKI, Cezary		01	Mks Polonia Warszawa						<b>5:57.24</b>	211	
	50m:	39.39	39.39	150m:	2:10.77	46.36	250m:	3:42.60	45.69	350m:	5:15.37	46.63
	100m:	1:24.41	45.02	200m:	2:56.91	46.14	300m:	4:28.74	46.14	400m:	5:57.24	41.87
44.	KOŁODZIEJSKI, Filip		01	Buks Warszawa						<b>6:01.42</b>	204	
	50m:	38.69	38.69	150m:	4:33.17	1:33.13	250m:			350m:		
	100m:	3:00.04	2:21.35	200m:			300m:	5:19.64		400m:	6:01.42	
45.	JAROSZEWSKI, Jakub		01	Uks oliborz						<b>6:04.19</b>	199	
	50m:	41.77	41.77	150m:	2:16.06	47.50	250m:	3:49.89	46.96	350m:	5:21.39	44.68
	100m:	1:28.56	46.79	200m:	3:02.93	46.87	300m:	4:36.71	46.82	400m:	6:04.19	42.80
46.	PRZYBYŁKOWSKI, Aleksander		01	Mks Polonia Warszawa						<b>6:05.15</b>	197	
	50m:	43.74	43.74	150m:	2:17.53	46.76	250m:	3:50.63	47.07	350m:	5:22.18	44.31
	100m:	1:30.77	47.03	200m:	3:03.56	46.03	300m:	4:37.87	47.24	400m:	6:05.15	42.97
47.	NOWAK, Maurycy		01	Uks 307						<b>6:05.58</b>	197	
	50m:	40.54	40.54	150m:	2:15.73	48.18	250m:	3:50.12	47.22	350m:	5:23.09	45.63
	100m:	1:27.55	47.01	200m:	3:02.90	47.17	300m:	4:37.46	47.34	400m:	6:05.58	42.49
48.	KOMOROWSKI, Sebastian		01	PSP SWIM Płock						<b>6:06.84</b>	195	
	50m:	42.35	42.35	150m:	2:15.94	47.54	250m:	3:51.95	48.95	350m:	5:25.91	47.09
	100m:	1:28.40	46.05	200m:	3:03.00	47.06	300m:	4:38.82	46.87	400m:	6:06.84	40.93
49.	WARDECKI, Władysław		01	Uks oliborz						<b>6:07.85</b>	193	
	50m:	41.76	41.76	150m:	2:17.09	47.25	250m:	3:51.82	47.01	350m:	5:23.75	45.69
	100m:	1:29.84	48.08	200m:	3:04.81	47.72	300m:	4:38.06	46.24	400m:	6:07.85	44.10
50.	IWANICKI, Tadeusz		01	ródmiejski UKS polna						<b>6:10.28</b>	189	
	50m:	37.17	37.17	150m:	2:08.02	47.08	250m:	3:44.67	48.78	350m:	5:23.59	49.32
	100m:	1:20.94	43.77	200m:	2:55.89	47.87	300m:	4:34.27	49.60	400m:	6:10.28	46.69
51.	ORLIK, Oskar		01	Mks Polonia Warszawa						<b>6:10.58</b>	189	
	50m:	41.57	41.57	150m:	2:15.21	47.70	250m:	3:50.71	48.06	350m:	5:27.51	48.06
	100m:	1:27.51	45.94	200m:	3:02.65	47.44	300m:	4:39.45	48.74	400m:	6:10.58	43.07
52.	NOWAK, Maksymilian		01	Uks 307						<b>6:14.59</b>	183	
	50m:	42.63	42.63	150m:	2:19.18	48.74	250m:	3:56.22	49.09	350m:	5:30.13	46.35
	100m:	1:30.44	47.81	200m:	3:07.13	47.95	300m:	4:43.78	47.56	400m:	6:14.59	44.46
53.	RZECZKOWSKI, Filip		01	UKS GOS Raszyn						<b>6:17.26</b>	179	
	50m:	40.89	40.89	150m:	2:15.74	47.93	250m:	3:53.29	48.83	350m:	5:30.28	48.13
	100m:	1:27.81	46.92	200m:	3:04.46	48.72	300m:	4:42.15	48.86	400m:	6:17.26	46.98

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 lat  
Warszawa, 18- - 19-6-2013

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.								Czas	Pkt.	
54.	MZYK, Tomasz			01	ródmiejski UKS polna				<b>6:20.10</b>	175	
	50m:	40.65	40.65	150m:	2:16.52	48.56	250m:	3:54.15	49.47	350m:	
	100m:	1:27.96	47.31	200m:	3:04.68	48.16	300m:	5:32.23	1:38.08	400m:	6:20.10
55.	D BROWSKI, Konrad			01	Uks oliborz				<b>6:27.56</b>	165	
	50m:	41.43	41.43	150m:	2:18.40	49.28	250m:	3:57.05	49.80	350m:	5:38.22
	100m:	1:29.12	47.69	200m:	3:07.25	48.85	300m:	4:47.69	50.64	400m:	6:27.56
56.	O LIZŁO, Piotr			01	Uks Pingwiny				<b>6:37.55</b>	153	
	50m:	41.07	41.07	150m:	2:22.35	51.70	250m:	4:07.66	53.29	350m:	5:50.11
	100m:	1:30.65	49.58	200m:	3:14.37	52.02	300m:	4:59.45	51.79	400m:	6:37.55
57.	CELEJ, Szymon			01	uks victoria józefów				<b>6:38.84</b>	151	
	50m:			150m:	3:21.65	52.76	250m:			350m:	
	100m:	2:28.89		200m:	4:13.09	51.44	300m:			400m:	6:38.84
58.	OSKROBA, Jan			01	MKS Piaseczno				<b>6:41.51</b>	148	
	50m:	42.41	42.41	150m:			250m:	4:07.25	52.09	350m:	5:52.01
	100m:	1:31.94	49.53	200m:	3:15.16		300m:	4:59.27	52.02	400m:	6:41.51
59.	HYRLIK, Piotr			01	Uks Pingwiny				<b>6:44.33</b>	145	
	50m:	41.30	41.30	150m:	2:26.59	53.61	250m:	4:12.22	52.78	350m:	5:57.79
	100m:	1:32.98	51.68	200m:	3:19.44	52.85	300m:	5:04.68	52.46	400m:	6:44.33
60.	ZAREMBA, Jerzy			01	Uks Pingwiny				<b>7:08.94</b>	122	
	50m:	44.17	44.17	150m:	2:32.70	56.08	250m:	4:23.97	55.60	350m:	6:16.33
	100m:	1:36.62	52.45	200m:	3:28.37	55.67	300m:	5:20.46	56.49	400m:	7:08.94
61.	BEDNAREK, Damian			01	ródmiejski UKS polna				<b>7:27.28</b>	107	
	50m:	46.57	46.57	150m:	2:38.13	57.90	250m:	4:36.89	59.11	350m:	6:31.99
	100m:	1:40.23	53.66	200m:	3:37.78	59.65	300m:	5:35.86	58.97	400m:	7:27.28