

Międzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 29- - 30-11-2013

Konkurencja 19
2013-11-29 - 19:27

Dziewcząt, 400m dowolny

11 - 15 lat
Wyniki

Punkty: FINA 2013

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. PAWŁOWSKA, Barbara	02 UKS190 Łódź	5:25.17	397
50m: 35.83 35.83	150m: 1:59.00 42.91	250m: 3:21.78 41.27	350m: 4:45.44 41.71
100m: 1:16.09 40.26	200m: 2:40.51 41.51	300m: 4:03.73 41.95	400m: 5:25.17 39.73
2. KRAWCZYK, Paulina	02 IKS Konstancin	5:46.18	329
50m: 39.86 39.86	150m: 2:07.51 44.57	250m: 3:36.48 44.77	350m: 5:04.64 43.68
100m: 1:22.94 43.08	200m: 2:51.71 44.20	300m: 4:20.96 44.48	400m: 5:46.18 41.54
3. RAJCA, Olivia	02 UKS190 Łódź	5:53.45	309
50m: 39.47 39.47	150m: 2:09.11 45.00	250m: 3:40.73 46.08	350m: 5:12.13 45.83
100m: 1:24.11 44.64	200m: 2:54.65 45.54	300m: 4:26.30 45.57	400m: 5:53.45 41.32
4. TA SKA, Joanna	02 UKS Kapry Armexim Pruszków	6:04.52	282
50m: 41.53 41.53	150m: 3:47.44	250m: 5:20.45	350m:
100m: 4:34.36 3:52.83	200m:	300m:	400m: 6:04.52
5. PIWOWARCZYK, Aleksandra	02 Buks Warszawa	6:04.87	281
50m: 38.54 38.54	150m: 2:09.57 46.36	250m: 3:45.18 48.21	350m: 5:20.16 47.64
100m: 1:23.21 44.67	200m: 2:56.97 47.40	300m: 4:32.52 47.34	400m: 6:04.87 44.71
6. GORZKOWSKA, ida	02 UKS Victoria Józefów	6:11.16	267
50m: 40.57 40.57	150m: 2:15.79 47.39	250m: 3:51.71 47.96	350m: 5:27.17 47.50
100m: 1:28.40 47.83	200m: 3:03.75 47.96	300m: 4:39.67 47.96	400m: 6:11.16 43.99
7. ZOWCZAK, marianna	02 UKS Victoria Józefów	6:12.51	264
50m: 41.39 41.39	150m: 2:16.56 48.25	250m: 3:53.28 48.48	350m: 5:27.87 46.82
100m: 1:28.31 46.92	200m: 3:04.80 48.24	300m: 4:41.05 47.77	400m: 6:12.51 44.64
8. REZNER, Julia	02 UKS Kapry Armexim Pruszków	6:18.82	251
50m: 43.30 43.30	150m: 2:19.54 48.35	250m: 3:56.52 48.89	350m: 5:32.26 47.79
100m: 1:31.19 47.89	200m: 3:07.63 48.09	300m: 4:44.47 47.95	400m: 6:18.82 46.56
9. TUSZY SKA, nela	02 UKS Victoria Józefów	6:35.90	220
50m: 44.37 44.37	150m: 2:24.95	250m: 4:06.08	350m:
100m: 3:14.71 2:30.34	200m:	300m:	400m: 6:35.90
12 lat			
1. MAZURKIEWICZ, Barbara	01 IKS Konstancin	4:59.30	510
50m: 34.02 34.02	150m: 1:49.71 38.23	250m: 3:07.08 38.87	350m: 4:24.04 38.05
100m: 1:11.48 37.46	200m: 2:28.21 38.50	300m: 3:45.99 38.91	400m: 4:59.30 35.26
2. SOJA, Małgorzata	01 UKS G 8 Bielany	5:28.10	387
50m: 35.82 35.82	150m: 1:59.20 42.34	250m: 3:23.67 41.95	350m: 4:48.11 42.24
100m: 1:16.86 41.04	200m: 2:41.72 42.52	300m: 4:05.87 42.20	400m: 5:28.10 39.99
3. MICHNIEWSKA, Anna	01 UKS G 8 Bielany	5:30.43	379
50m: 36.18 36.18	150m: 2:01.56 43.19	250m: 3:26.26 42.50	350m: 4:51.92 42.27
100m: 1:18.37 42.19	200m: 2:43.76 42.20	300m: 4:09.65 43.39	400m: 5:30.43 38.51
4. DMITROCA, Julia	01 KS 1 O arów Mazowiecki	5:31.42	375
50m: 38.03 38.03	150m: 2:01.45 42.23	250m: 3:27.84 43.62	350m: 4:53.18 42.34
100m: 1:19.22 41.19	200m: 2:44.22 42.77	300m: 4:10.84 43.00	400m: 5:31.42 38.24
5. OLEKSY, Aleksandra	01 Mks Piaseczno	5:32.08	373
50m: 36.28 36.28	150m: 2:00.98 43.09	250m: 3:27.28 42.85	350m: 4:53.10 42.84
100m: 1:17.89 41.61	200m: 2:44.43 43.45	300m: 4:10.26 42.98	400m: 5:32.08 38.98
6. PIE KOSZ, Marta	01 UKS Gos Raszyn	5:36.87	357
50m: 36.69 36.69	150m: 2:01.93 43.24	250m: 3:28.61 42.78	350m: 4:55.86 43.76
100m: 1:18.69 42.00	200m: 2:45.83 43.90	300m: 4:12.10 43.49	400m: 5:36.87 41.01
7. GAJDA, Zofia	01 IKS Konstancin	5:44.63	334
50m: 38.97 38.97	150m: 2:06.01 43.14	250m: 3:34.51 43.64	350m: 5:03.94 44.33
100m: 1:22.87 43.90	200m: 2:50.87 44.86	300m: 4:19.61 45.10	400m: 5:44.63 40.69

Mi dzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 29- - 30-11-2013

Konkurencja 19, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	ROMAN, Magda		01	IKS Konstancin				5:46.79	327
	50m:	38.66 38.66	150m:	2:07.69 45.50	250m:	3:37.42 45.12	350m:	5:06.63 44.90	
	100m:	1:22.19 43.53	200m:	2:52.30 44.61	300m:	4:21.73 44.31	400m:	5:46.79 40.16	
9.	IMI SKA, Agnieszka		01	UKS Gim 92 Ursynów				5:48.56	322
	50m:	37.57 37.57	150m:	2:05.50 44.99	250m:	3:35.89 45.67	350m:	5:05.67 44.67	
	100m:	1:20.51 42.94	200m:	2:50.22 44.72	300m:	4:21.00 45.11	400m:	5:48.56 42.89	
10.	JARZ BOWSKA, Maja		01	UKS Gim 92 Ursynów				6:09.10	272
	50m:	40.41 40.41	150m:	2:15.95 48.84	250m:	3:51.22 47.71	350m:	5:23.37 44.02	
	100m:	1:27.11 46.70	200m:	3:03.51 47.56	300m:	4:39.35 48.13	400m:	6:09.10 45.73	
11.	NIEMYWSKA, Kinga		01	Mks Piaseczno				6:10.62	268
	50m:	41.18 41.18	150m:	2:16.86 48.51	250m:	3:52.86 48.21	350m:	5:26.97 46.34	
	100m:	1:28.35 47.17	200m:	3:04.65 47.79	300m:	4:40.63 47.77	400m:	6:10.62 43.65	

13 lat

1.	PECYNA, Michalina		00	IKS Konstancin				4:58.24	515
	50m:	34.15 34.15	150m:	1:50.81 38.78	250m:	3:07.79 38.18	350m:	4:23.43 37.47	
	100m:	1:12.03 37.88	200m:	2:29.61 38.80	300m:	3:45.96 38.17	400m:	4:58.24 34.81	
2.	KLESSA, Helena		00	MKS Nielba W growiec				5:03.06	491
	50m:	33.84 33.84	150m:	1:48.54 38.42	250m:	3:06.85 39.27	350m:	4:24.83 38.88	
	100m:	1:10.12 36.28	200m:	2:27.58 39.04	300m:	3:45.95 39.10	400m:	5:03.06 38.23	
3.	PIPCZY SKA, Kamila		00	UKS Victoria Józefów				5:03.82	487
	50m:	34.53 34.53	150m:	1:51.91 39.35	250m:	3:10.44 39.26	350m:	4:27.18 38.17	
	100m:	1:12.56 38.03	200m:	2:31.18 39.27	300m:	3:49.01 38.57	400m:	5:03.82 36.64	
4.	CHOJECKA, Karolina		00	UKS OLIMPIC Warka				5:13.74	442
	50m:	34.63 34.63	150m:	1:54.96 40.92	250m:	3:15.16 39.81	350m:	4:35.40 40.03	
	100m:	1:14.04 39.41	200m:	2:35.35 40.39	300m:	3:55.37 40.21	400m:	5:13.74 38.34	
5.	POLANSKA, Aleksandra		00	UKS Gos Raszyn				5:20.13	416
	50m:	35.28 35.28	150m:	1:57.21 42.33	250m:	3:20.51 42.04	350m:	4:42.67 40.70	
	100m:	1:14.88 39.60	200m:	2:38.47 41.26	300m:	4:01.97 41.46	400m:	5:20.13 37.46	
6.	DZIARSKA, Łucja		00	UKS Victoria Józefów				5:26.52	392
	50m:	36.44 36.44	150m:	1:57.98 41.50	250m:	3:21.68 42.71	350m:	4:45.66 42.03	
	100m:	1:16.48 40.04	200m:	2:38.97 40.99	300m:	4:03.63 41.95	400m:	5:26.52 40.86	

14 lat

1.	SKAR Y SKA, Aleksandra		99	Uks Pirania Targówek				5:15.98	433
	50m:	33.86 33.86	150m:	1:51.55 39.58	250m:	3:13.24 41.40	350m:	4:35.88 41.61	
	100m:	1:11.97 38.11	200m:	2:31.84 40.29	300m:	3:54.27 41.03	400m:	5:15.98 40.10	
2.	REDKO, Diana		99	Uks Pirania Targówek				5:45.92	330
	50m:	37.05 37.05	150m:	2:03.54 44.25	250m:	3:34.98 45.72	350m:	5:04.76 44.51	
	100m:	1:19.29 42.24	200m:	2:49.26 45.72	300m:	4:20.25 45.27	400m:	5:45.92 41.16	

15 lat

1.	W CŁAWIAK, Irena		98	UKS Gim 92 Ursynów				4:49.29	564
	50m:	33.00 33.00	150m:	1:45.76 36.61	250m:	2:59.75 36.79	350m:	4:14.29 36.49	
	100m:	1:09.15 36.15	200m:	2:22.96 37.20	300m:	3:37.80 38.05	400m:	4:49.29 35.00	
2.	JASIUL, Urszula		98	Uks Delfin Legionowo				5:18.31	424
	50m:	34.44 34.44	150m:	1:55.30 40.98	250m:	3:16.71 40.64	350m:	4:38.66 40.06	
	100m:	1:14.32 39.88	200m:	2:36.07 40.77	300m:	3:58.60 41.89	400m:	5:18.31 39.65	
3.	PRZYBYSZ, Karolina		98	Uks Pirania Targówek				5:51.52	314
	50m:	38.32 38.32	150m:	2:03.07 44.08	250m:	3:33.76 45.81	350m:	5:06.15 46.45	
	100m:	1:18.99 40.67	200m:	2:47.95 44.88	300m:	4:19.70 45.94	400m:	5:51.52 45.37	

Międzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 29- - 30-11-2013

Konkurencja 19, Dziewcz t, 400m dowolny

PK	ILCEWICZ, Edyta			96	UKS Victoria Józefów				4:49.17	565		
	50m:	33.29	33.29	150m:	1:46.79	36.93	250m:	3:00.72	37.28	350m:	4:14.73	36.77
	100m:	1:09.86	36.57	200m:	2:23.44	36.65	300m:	3:37.96	37.24	400m:	4:49.17	34.44