

Międzynarodowe Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 29- - 30-11-2013

Konkurencja 29
2013-11-30 - 12:43

Dziewcząt, 400m zmienny

12 - 15 lat
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
12 lat											
1.	MAZURKIEWICZ, Barbara		01	IKS Konstancin				5:42.73	480		
	50m:	33.64 33.64	150m:	1:59.76	45.58	250m:	3:33.74	49.26	350m:	5:04.45	40.66
	100m:	1:14.18 40.54	200m:	2:44.48	44.72	300m:	4:23.79	50.05	400m:	5:42.73	38.28
2.	MICHNIEWSKA, Anna		01	UKS G 8 Bielany				6:06.72	392		
	50m:	39.49 39.49	150m:	2:13.74	47.32	250m:	3:51.31	51.92	350m:	5:26.45	42.27
	100m:	1:26.42 46.93	200m:	2:59.39	45.65	300m:	4:44.18	52.87	400m:	6:06.72	40.27
3.	GOŁBIEWSKA, Dominika		01	UKS Gim 92 Ursynów				6:14.34	368		
	50m:	40.31 40.31	150m:	2:19.51	45.17	250m:	3:58.52	56.30	350m:	5:35.93	42.43
	100m:	1:34.34 54.03	200m:	3:02.22	42.71	300m:	4:53.50	54.98	400m:	6:14.34	38.41
4.	JARZĄBOWSKA, Maja		01	UKS Gim 92 Ursynów				7:08.32	246		
	50m:	49.57 49.57	150m:	2:45.06	54.10	250m:	4:35.07	59.09	350m:	6:22.78	47.86
	100m:	1:50.96 1:01.39	200m:	3:35.98	50.92	300m:	5:34.92	59.85	400m:	7:08.32	45.54
13 lat											
1.	PECYNA, Michalina		00	IKS Konstancin				5:33.48	521		
	50m:	34.92 34.92	150m:	2:00.38	42.96	250m:	3:31.18	49.22	350m:	4:58.18	38.40
	100m:	1:17.42 42.50	200m:	2:41.96	41.58	300m:	4:19.78	48.60	400m:	5:33.48	35.30
2.	DZWONNIK, Zuzanna		00	Uks Sp19 Łódź				5:38.10	500		
	50m:	35.12 35.12	150m:	1:57.80	42.80	250m:	3:28.78	48.70	350m:	4:58.01	39.73
	100m:	1:15.00 39.88	200m:	2:40.08	42.28	300m:	4:18.28	49.50	400m:	5:38.10	40.09
14 lat											
1.	BACHANEK, Julia		99	Buks Warszawa				5:30.78	534		
	50m:	33.40 33.40	150m:	1:59.46	43.43	250m:	3:27.85	46.70	350m:	4:53.70	38.61
	100m:	1:16.03 42.63	200m:	2:41.15	41.69	300m:	4:15.09	47.24	400m:	5:30.78	37.08
PK	DUJANI, Iwa		03	UKS Gim 92 Ursynów				6:13.26	371		
	50m:	41.26 41.26	150m:	2:15.77	47.91	250m:	3:56.79	53.97	350m:	5:33.16	42.42
	100m:	1:27.86 46.60	200m:	3:02.82	47.05	300m:	4:50.74	53.95	400m:	6:13.26	40.10