

ZAWODY PŁYWACKIE O PUCHAR PREZYDENTA MIASTA CIECHANÓW z okazji XV-lecia klubu MPKS „ORKA”Ciechanów  
Ciechanów, 7 - 8-12-2013

Konkurencja 31  
2013-12-08 - 12:35

Dziewcz t, 400m dowolny

11 lat  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.							Czas	Pkt.
1.	LUMA, Izabela		02	KP MZOS Płock						<b>5:23.95</b>	381
	50m:	35.20 35.20	150m:	1:56.68	41.66	250m:	3:21.25	42.37	350m:	4:43.21	39.84
	100m:	1:15.02 39.82	200m:	2:38.88	42.20	300m:	4:03.37	42.12	400m:	5:23.95	40.74
2.	BIDNIK, Karolina		02	UKS Skalar Warszawa						<b>5:30.70</b>	358
	50m:	37.18 37.18	150m:	2:00.89	42.68	250m:	3:26.66	43.38	350m:	4:51.65	41.62
	100m:	1:18.21 41.03	200m:	2:43.28	42.39	300m:	4:10.03	43.37	400m:	5:30.70	39.05
3.	WILCZY SKA, Matylda		02	Mks Ochota Warszawa						<b>5:38.98</b>	332
	50m:	38.40 38.40	150m:	2:05.49	43.64	250m:	3:32.56	44.23	350m:	4:57.68	42.36
	100m:	1:21.85 43.45	200m:	2:48.33	42.84	300m:	4:15.32	42.76	400m:	5:38.98	41.30
4.	JASIORSKA, Aleksandra		02	Iuks Muszelka						<b>5:39.67</b>	330
	50m:	36.53 36.53	150m:	2:03.62	42.26	250m:	3:29.87	43.50	350m:	4:57.16	43.55
	100m:	1:21.36 44.83	200m:	2:46.37	42.75	300m:	4:13.61	43.74	400m:	5:39.67	42.51
5.	BUJAK, Klara		02	UKS Sparta Grodzisk Mazowiecki						<b>5:47.22</b>	309
	50m:	38.01 38.01	150m:	2:04.01	44.50	250m:	3:34.16	44.68	350m:	5:05.26	45.14
	100m:	1:19.51 41.50	200m:	2:49.48	45.47	300m:	4:20.12	45.96	400m:	5:47.22	41.96
6.	FUGIEL, Martyna		02	UKS Skalar Warszawa						<b>5:49.75</b>	302
	50m:	39.88 39.88	150m:	2:09.41	45.40	250m:	3:40.29	45.36	350m:	5:08.78	43.79
	100m:	1:24.01 44.13	200m:	2:54.93	45.52	300m:	4:24.99	44.70	400m:	5:49.75	40.97
7.	BORUCKA, Alicja		02	Uks Posejdon Pułtusk						<b>6:01.82</b>	273
	50m:	38.93 38.93	150m:	2:09.75	45.60	250m:	3:43.96	47.01	350m:	5:14.48	44.65
	100m:	1:24.15 45.22	200m:	2:56.95	47.20	300m:	4:29.83	45.87	400m:	6:01.82	47.34
8.	LESSNAU, Klaudia		02	Psp Swim Płock						<b>6:14.46</b>	246
	50m:	41.59 41.59	150m:	2:15.13	47.72	250m:	3:53.42	49.47	350m:	5:29.63	48.71
	100m:	1:27.41 45.82	200m:	3:03.95	48.82	300m:	4:40.92	47.50	400m:	6:14.46	44.83
9.	PURGACZ, Emilia		02	UKS "Polonez" Wyszaków						<b>6:19.72</b>	236
	50m:	42.50 42.50	150m:	2:16.71	47.86	250m:	3:55.05	48.53	350m:	5:33.39	48.09
	100m:	1:28.85 46.35	200m:	3:06.52	49.81	300m:	4:45.30	50.25	400m:	6:19.72	46.33
10.	D BROWSKA, Alicja		02	UKS "Polonez" Wyszaków						<b>6:20.12</b>	235
	50m:	40.45 40.45	150m:	2:15.69	47.74	250m:	3:52.68	48.60	350m:	5:32.12	48.81
	100m:	1:27.95 47.50	200m:	3:04.08	48.39	300m:	4:43.31	50.63	400m:	6:20.12	48.00
11.	DROZDOWSKA, Wiktoria		02	MpkS Orka Ciechanow						<b>6:31.92</b>	215
	50m:	41.11 41.11	150m:	2:18.77	49.47	250m:	3:59.95	50.95	350m:	5:41.91	50.96
	100m:	1:29.30 48.19	200m:	3:09.00	50.23	300m:	4:50.95	51.00	400m:	6:31.92	50.01
12.	KORO , Michalina		02	UKS Skalar Warszawa						<b>6:44.40</b>	195
	50m:	45.17 45.17	150m:	2:27.11	51.90	250m:	4:12.11	52.47	350m:	5:56.06	51.38
	100m:	1:35.21 50.04	200m:	3:19.64	52.53	300m:	5:04.68	52.57	400m:	6:44.40	48.34
13.	WA KOWICZ, Aleksandra		02	UKS Skalar Warszawa						<b>6:45.99</b>	193
	50m:	46.95 46.95	150m:	2:31.74	53.54	250m:	4:17.27	52.92	350m:	5:59.82	49.68
	100m:	1:38.20 51.25	200m:	3:24.35	52.61	300m:	5:10.14	52.87	400m:	6:45.99	46.17
14.	POW ZKA, Anna		02	Klub Pływacki Płetwal Mława						<b>6:46.42</b>	192
	50m:	43.39 43.39	150m:	2:25.06	52.07	250m:	4:10.68	52.76	350m:	5:56.25	52.12
	100m:	1:32.99 49.60	200m:	3:17.92	52.86	300m:	5:04.13	53.45	400m:	6:46.42	50.17
15.	SZELUGA, Zuzanna		02	KP MZOS Płock						<b>6:47.15</b>	191
	50m:	44.13 44.13	150m:	2:24.95	51.80	250m:	4:09.10		350m:	5:56.11	53.45
	100m:	1:33.15 49.02	200m:			300m:	5:02.66	53.56	400m:	6:47.15	51.04
16.	LI KIEWICZ, Olga		02	UKS "Polonez" Wyszaków						<b>6:48.98</b>	189
	50m:	43.77 43.77	150m:	2:26.63	52.35	250m:	4:12.27	52.94	350m:	5:56.88	51.44
	100m:	1:34.28 50.51	200m:	3:19.33	52.70	300m:	5:05.44	53.17	400m:	6:48.98	52.10
17.	KO SKA, Małgorzata		02	UKS "Polonez" Wyszaków						<b>7:04.60</b>	169
	50m:	47.61 47.61	150m:	2:35.61	54.36	250m:	4:20.88	51.70	350m:	6:09.82	54.47
	100m:	1:41.25 53.64	200m:	3:29.18	53.57	300m:	5:15.35	54.47	400m:	7:04.60	54.78

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Pozycja		Rok ur.			Czas	Pkt.	
18.	DEPTA, Aleksandra	02	UKS "Polonez" Wyszaków		<b>7:07.15</b>	166	
	50m: 44.44 44.44	150m: 2:31.38	54.97	250m: 4:22.16	54.91	350m: 6:11.60	54.29
	100m: 1:36.41 51.97	200m: 3:27.25	55.87	300m: 5:17.31	55.15	400m: 7:07.15	55.55
19.	SZYMANOWSKA, Emilia	02	UKS "Polonez" Wyszaków		<b>7:15.36</b>	156	
	50m: 48.21 48.21	150m: 2:38.49	55.76	250m: 4:29.30		350m: 6:21.10	55.38
	100m: 1:42.73 54.52	200m:		300m: 5:25.72	56.42	400m: 7:15.36	54.26
20.	BRYKAŁA, Joanna	02	KS Barakuda Mi sk Mazowiecki		<b>7:17.75</b>	154	
	50m: 46.24 46.24	150m: 2:34.69	54.70	250m: 4:28.02	56.49	350m: 6:21.68	56.15
	100m: 1:39.99 53.75	200m: 3:31.53	56.84	300m: 5:25.53	57.51	400m: 7:17.75	56.07
21.	NIZI SKA, Wiktoria	02	UKS "Polonez" Wyszaków		<b>7:21.12</b>	150	
	50m: 47.64 47.64	150m: 2:40.74	56.18	250m: 4:34.96	57.98	350m: 6:30.25	56.71
	100m: 1:44.56 56.92	200m: 3:36.98	56.24	300m: 5:33.54	58.58	400m: 7:21.12	50.87
22.	ARANOWSKA, Julia	02	UKS "Polonez" Wyszaków		<b>7:48.40</b>	126	
	50m: 50.61 50.61	150m: 2:46.76	58.94	250m: 4:46.01	59.43	350m: 6:46.95	1:01.64
	100m: 1:47.82 57.21	200m: 3:46.58	59.82	300m: 5:45.31	59.30	400m: 7:48.40	1:01.45
23.	KALINOWSKA, aklina	02	UKS "Polonez" Wyszaków		<b>7:53.05</b>	122	
	50m: 49.42 49.42	150m: 2:47.35	59.77	250m: 4:50.16	1:02.46	350m: 6:56.75	1:02.66
	100m: 1:47.58 58.16	200m: 3:47.70	1:00.35	300m: 5:54.09	1:03.93	400m: 7:53.05	56.30
PK	TRACZYK, Marta	99	UKS "Polonez" Wyszaków		<b>5:11.71</b>	427	
	50m: 35.98 35.98	150m: 1:54.70	39.42	250m: 3:14.10	39.68	350m: 4:34.31	39.91
	100m: 1:15.28 39.30	200m: 2:34.42	39.72	300m: 3:54.40	40.30	400m: 5:11.71	37.40
PK	SZYMCZUK, Paulina	98	UKS "Polonez" Wyszaków		<b>5:30.49</b>	358	
	50m: 36.51 36.51	150m: 2:00.38	42.39	250m: 3:24.80	42.56	350m: 4:44.30	38.57
	100m: 1:17.99 41.48	200m: 2:42.24	41.86	300m: 4:05.73	40.93	400m: 5:30.49	46.19
PK	TRYC, Wiktoria	99	UKS "Polonez" Wyszaków		<b>5:31.38</b>	355	
	50m: 37.56 37.56	150m: 2:01.04	42.03	250m: 3:26.49	42.43	350m: 4:50.76	42.42
	100m: 1:19.01 41.45	200m: 2:44.06	43.02	300m: 4:08.34	41.85	400m: 5:31.38	40.62
PK	MAJEWSKA, Kinga	99	UKS "Polonez" Wyszaków		<b>5:33.57</b>	348	
	50m: 36.63 36.63	150m: 1:59.16	42.07	250m: 3:25.49	43.38	350m: 4:49.93	41.62
	100m: 1:17.09 40.46	200m: 2:42.11	42.95	300m: 4:08.31	42.82	400m: 5:33.57	43.64
PK	SZYMCZUK, Ewelina	00	UKS "Polonez" Wyszaków		<b>5:49.56</b>	303	
	50m: 39.62 39.62	150m: 2:07.21	43.35	250m: 3:37.74	45.11	350m: 5:08.24	46.10
	100m: 1:23.86 44.24	200m: 2:52.63	45.42	300m: 4:22.14	44.40	400m: 5:49.56	41.32