

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 letnich  
O arów Mazowiecki, 20- - 21-3-2014

Konkurencja 7  
2014-03-20 - 12:31

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
<b>12 lat</b>											
1.	JASIORSKA, Aleksandra		02	IUKS Muszelka				<b>5:03.09</b>	465		
	50m:	33.52 33.52	150m:	1:49.40	38.68	250m:	3:06.99	38.29	350m:	4:27.23	40.32
	100m:	1:10.72 37.20	200m:	2:28.70	39.30	300m:	3:46.91	39.92	400m:	5:03.09	35.86
2.	BIAŁAS, Aniela		02	UKS JAGIELLONKA Warszawa				<b>5:18.38</b>	401		
	50m:	35.35 35.35	150m:	1:56.38	40.87	250m:	3:17.35	40.18	350m:	4:39.10	40.68
	100m:	1:15.51 40.16	200m:	2:37.17	40.79	300m:	3:58.42	41.07	400m:	5:18.38	39.28
3.	KRAWCZYK, Paulina		02	IKS Konstancin				<b>5:27.28</b>	369		
	50m:	36.54 36.54	150m:	1:59.84	42.06	250m:	3:23.14	41.60	350m:	4:46.76	41.66
	100m:	1:17.78 41.24	200m:	2:41.54	41.70	300m:	4:05.10	41.96	400m:	5:27.28	40.52
4.	BUJAK, Klara		02	UKS Skalar Warszawa				<b>5:29.12</b>	363		
	50m:	37.48 37.48	150m:	2:00.74	42.15	250m:	3:25.99	42.24	350m:	4:50.06	41.96
	100m:	1:18.59 41.11	200m:	2:43.75	43.01	300m:	4:08.10	42.11	400m:	5:29.12	39.06
5.	BIDNIK, Karolina		02	UKS Skalar Warszawa				<b>5:29.96</b>	360		
	50m:	37.58 37.58	150m:	2:00.88	42.31	250m:	3:25.21	42.53	350m:	4:49.36	42.16
	100m:	1:18.57 40.99	200m:	2:42.68	41.80	300m:	4:07.20	41.99	400m:	5:29.96	40.60
6.	MARKOWICZ, Paula		02	UKS G-8 Bielany Warszawa				<b>5:31.07</b>	356		
	50m:	36.77 36.77	150m:	2:00.02	42.36	250m:	3:23.91	42.50	350m:	4:48.49	42.42
	100m:	1:17.66 40.89	200m:	2:41.41	41.39	300m:	4:06.07	42.16	400m:	5:31.07	42.58
7.	ZAJ C, Wiktoria		02	Uks oliborz				<b>5:32.09</b>	353		
	50m:	36.06 36.06	150m:	2:01.08	43.74	250m:	3:27.06	43.16	350m:	4:52.94	42.51
	100m:	1:17.34 41.28	200m:	2:43.90	42.82	300m:	4:10.43	43.37	400m:	5:32.09	39.15
8.	OGNICHA, Maria		02	UKS Victoria Józefów				<b>5:33.87</b>	348		
	50m:	39.13 39.13	150m:	2:05.26	42.75	250m:	3:31.03	42.96	350m:	4:56.07	42.94
	100m:	1:22.51 43.38	200m:	2:48.07	42.81	300m:	4:13.13	42.10	400m:	5:33.87	37.80
9.	WANIC, Klaudia		02	UKS JAGIELLONKA Warszawa				<b>5:34.09</b>	347		
	50m:	38.64 38.64	150m:	2:02.68	42.00	250m:	3:29.20	43.60	350m:	5:34.09	39.65
	100m:	1:20.68 42.04	200m:	2:45.60	42.92	300m:	4:54.44	1:25.24	400m:	5:34.09	
10.	OLEWNICZAK, Aleksandra		02	UKS JAGIELLONKA Warszawa				<b>5:36.15</b>	341		
	50m:	37.66 37.66	150m:	2:04.16	44.11	250m:	3:29.11	42.87	350m:	4:55.54	42.98
	100m:	1:20.05 42.39	200m:	2:46.24	42.08	300m:	4:12.56	43.45	400m:	5:36.15	40.61
11.	FUGIEL, Martyna		02	UKS Skalar Warszawa				<b>5:38.33</b>	334		
	50m:	39.87 39.87	150m:	2:07.75	43.85	250m:	3:34.90	43.33	350m:	4:59.83	42.20
	100m:	1:23.90 44.03	200m:	2:51.57	43.82	300m:	4:17.63	42.73	400m:	5:38.33	38.50
12.	BARTNIAK, Zuzanna		02	IUKS Muszelka				<b>5:42.85</b>	321		
	50m:	40.40 40.40	150m:	2:50.84	1:26.97	250m:	3:33.76		350m:		
	100m:	1:23.87 43.47	200m:			300m:	5:02.49	1:28.73	400m:	5:42.85	
13.	SKRZAT, Natalia		02	UKS JAGIELLONKA Warszawa				<b>5:46.23</b>	312		
	50m:	37.38 37.38	150m:	2:06.00	44.72	250m:	3:33.82	44.20	350m:	5:02.95	44.16
	100m:	1:21.28 43.90	200m:	2:49.62	43.62	300m:	4:18.79	44.97	400m:	5:46.23	43.28
14.	DOBOSZ, Kalina		02	Uks oliborz				<b>5:47.58</b>	308		
	50m:	37.16 37.16	150m:	2:03.74	44.59	250m:	3:33.07	44.65	350m:	5:02.56	44.83
	100m:	1:19.15 41.99	200m:	2:48.42	44.68	300m:	4:17.73	44.66	400m:	5:47.58	45.02
15.	POPŁAWSKA, Barbara		02	Uks oliborz				<b>5:49.07</b>	304		
	50m:	38.28 38.28	150m:	2:05.89	44.44	250m:	3:35.27	44.17	350m:	5:05.00	44.93
	100m:	1:21.45 43.17	200m:	2:51.10	45.21	300m:	4:20.07	44.80	400m:	5:49.07	44.07
16.	GORZKOWSKA, Ida		02	UKS Victoria Józefów				<b>5:50.68</b>	300		
	50m:	38.06 38.06	150m:	2:05.37	44.25	250m:	3:36.12	45.54	350m:	5:08.74	45.90
	100m:	1:21.12 43.06	200m:	2:50.58	45.21	300m:	4:22.84	46.72	400m:	5:50.68	41.94
17.	BROJANOWSKA, Zofia		02	UKS G-8 Bielany Warszawa				<b>6:02.83</b>	271		
	50m:	40.20 40.20	150m:	2:12.80	47.18	250m:	3:45.98	46.87	350m:	5:19.11	46.94
	100m:	1:25.62 45.42	200m:	2:59.11	46.31	300m:	4:32.17	46.19	400m:	6:02.83	43.72

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 letnich  
O arów Mazowiecki, 20- - 21-3-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	WRÓBLEWSKA, Amelia		02	Uks Pirania Targówek				<b>6:05.33</b>	265
	50m: 40.28	40.28	150m: 2:14.31	48.22	250m: 3:48.38	46.59	350m: 5:22.95	47.16	
	100m: 1:26.09	45.81	200m: 3:01.79	47.48	300m: 4:35.79	47.41	400m: 6:05.33	42.38	
19.	DZIUBAK, Katarzyna		02	Uks oliborz				<b>6:05.50</b>	265
	50m: 40.54	40.54	150m: 2:14.28	47.16	250m: 3:48.98	47.22	350m: 5:23.89	47.72	
	100m: 1:27.12	46.58	200m: 3:01.76	47.48	300m: 4:36.17	47.19	400m: 6:05.50	41.61	
20.	MAŁA NICKA, Julia		02	Uks oliborz				<b>6:07.94</b>	260
	50m: 38.20	38.20	150m: 2:10.35	48.57	250m: 3:45.88	47.20	350m: 5:22.41	47.73	
	100m: 1:21.78	43.58	200m: 2:58.68	48.33	300m: 4:34.68	48.80	400m: 6:07.94	45.53	
21.	SZNAZA, Sandra		02	MKS Polonia Warszawa				<b>6:08.96</b>	257
	50m: 39.75	39.75	150m: 2:14.90	48.88	250m: 4:38.27	48.35	350m:		
	100m: 1:26.02	46.27	200m: 3:49.92	1:35.02	300m: 5:25.15	46.88	400m: 6:08.96		
22.	GRZELAK, Zofia		02	UKS G-8 Bielany Warszawa				<b>6:11.41</b>	252
	50m: 40.20	40.20	150m: 2:13.55	47.58	250m: 3:48.75	46.99	350m: 5:24.29	47.96	
	100m: 1:25.97	45.77	200m: 3:01.76	48.21	300m: 4:36.33	47.58	400m: 6:11.41	47.12	
23.	ZOWCZAK, Marianna		02	UKS Victoria Józefów				<b>6:11.95</b>	251
	50m: 43.60	43.60	150m: 2:18.97	47.88	250m: 3:52.92	46.70	350m: 5:24.80	44.13	
	100m: 1:31.09	47.49	200m: 3:06.22	47.25	300m: 4:40.67	47.75	400m: 6:11.95	47.15	
24.	NOWOSIELSKA, Alicja		02	UKS Victoria Józefów				<b>6:12.25</b>	251
	50m: 42.61	42.61	150m: 2:18.61	47.79	250m: 3:53.35	47.64	350m: 5:27.80	46.88	
	100m: 1:30.82	48.21	200m: 3:05.71	47.10	300m: 4:40.92	47.57	400m: 6:12.25	44.45	
25.	PAKUŁA, Alicja		02	Uks Pirania Targówek				<b>6:15.60</b>	244
	50m: 40.36	40.36	150m: 2:14.09	47.94	250m: 3:51.82	48.92	350m: 5:30.10	49.17	
	100m: 1:26.15	45.79	200m: 3:02.90	48.81	300m: 4:40.93	49.11	400m: 6:15.60	45.50	
26.	KURZEPA, Adrianna		02	Uks Pirania Targówek				<b>6:15.98</b>	243
	50m: 43.81	43.81	150m: 2:19.14	47.31	250m: 3:55.20	47.86	350m: 5:31.48	48.51	
	100m: 1:31.83	48.02	200m: 3:07.34	48.20	300m: 4:42.97	47.77	400m: 6:15.98	44.50	
27.	WA KOWICZ, Aleksandra		02	UKS Skalar Warszawa				<b>6:17.88</b>	240
	50m: 42.96	42.96	150m: 2:21.50	49.91	250m: 3:59.58	48.73	350m: 5:34.71	46.60	
	100m: 1:31.59	48.63	200m: 3:10.85	49.35	300m: 4:48.11	48.53	400m: 6:17.88	43.17	
28.	TUSZY SKA, Nela		02	UKS Victoria Józefów				<b>6:30.08</b>	218
	50m: 42.66	42.66	150m: 3:13.03	50.91	250m:		350m:		
	100m: 2:22.12	1:39.46	200m: 4:04.64	51.61	300m: 4:53.83		400m: 6:30.08		
29.	BANA , Julia		02	UKS JAGIELLONKA Warszawa				<b>6:33.14</b>	213
	50m: 41.80	41.80	150m: 2:18.52	48.81	250m: 3:57.28	49.36	350m: 5:37.18	49.65	
	100m: 1:29.71	47.91	200m: 3:07.92	49.40	300m: 4:47.53	50.25	400m: 6:33.14	55.96	
30.	RUCI SKA, Iza		02	UKS Victoria Józefów				<b>6:42.33</b>	198
	50m: 46.56	46.56	150m: 2:29.36	51.90	250m: 4:15.85	53.66	350m: 6:02.11	53.18	
	100m: 1:37.46	50.90	200m: 3:22.19	52.83	300m: 5:08.93	53.08	400m: 6:42.33	40.22	
31.	MICHALCZYK, Barbara		02	UKS G-8 Bielany Warszawa				<b>6:48.38</b>	190
	50m: 44.92	44.92	150m: 2:26.78	51.59	250m: 4:11.85	53.05	350m: 5:57.41	53.62	
	100m: 1:35.19	50.27	200m: 3:18.80	52.02	300m: 5:03.79	51.94	400m: 6:48.38	50.97	
32.	ADAMCZYK, Zuzanna		02	UKS G-8 Bielany Warszawa				<b>6:55.17</b>	181
	50m: 46.39	46.39	150m: 2:32.78	52.98	250m: 4:20.36	54.90	350m:		
	100m: 1:39.80	53.41	200m: 3:25.46	52.68	300m: 5:13.07	52.71	400m: 6:55.17		
33.	PULTOWICZ, Karolina		02	Uks Pirania Targówek				<b>7:00.01</b>	174
	50m: 46.13	46.13	150m: 2:34.44	54.81	250m: 4:23.20	54.07	350m:		
	100m: 1:39.63	53.50	200m: 3:29.13	54.69	300m: 5:17.75	54.55	400m: 7:00.01		

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 letnich  
O arów Mazowiecki, 20- - 21-3-2014

Konkurencja 7, Dziewcz t, 400m dowolny

13 lat

1.	MAZURKIEWICZ, Barbara	01	IKS Konstancin	<b>4:46.49</b>	550
	50m: 33.22 33.22	150m: 1:45.67	36.63 250m: 2:59.27 36.63	350m: 4:13.11	36.66
	100m: 1:09.04 35.82	200m: 2:22.64	36.97 300m: 3:36.45 37.18	400m: 4:46.49	33.38
2.	BOCHENEK, Anna	01	UKS Skalar Warszawa	<b>4:47.07</b>	547
	50m: 33.13 33.13	150m: 1:46.16	36.73 250m: 2:59.69 36.73	350m: 4:12.76	36.47
	100m: 1:09.43 36.30	200m: 2:22.96	36.80 300m: 3:36.29 36.60	400m: 4:47.07	34.31
3.	SOKÓŁ, Zuzanna	01	IKS Konstancin	<b>4:59.48</b>	482
	50m: 32.89 32.89	150m: 1:48.59	38.15 250m: 3:43.69 1:17.07	350m:	
	100m: 1:10.44 37.55	200m: 2:26.62	38.03 300m: 4:22.86 39.17	400m: 4:59.48	
4.	DMITROCA, Julia	01	KS 1 O arów Mazowiecki	<b>5:02.75</b>	466
	50m: 34.32 34.32	150m: 1:50.93	38.78 250m: 3:09.10 39.08	350m: 4:26.81	38.39
	100m: 1:12.15 37.83	200m: 2:30.02	39.09 300m: 3:48.42 39.32	400m: 5:02.75	35.94
5.	SUDAK, Zuzanna	01	UKS G-8 Bielany Warszawa	<b>5:06.47</b>	449
	50m: 35.22 35.22	150m: 1:52.20	38.66 250m: 3:10.74 39.48	350m: 4:29.66	39.33
	100m: 1:13.54 38.32	200m: 2:31.26	39.06 300m: 3:50.33 39.59	400m: 5:06.47	36.81
6.	TOBIASZ, Anna	01	UKS Victoria Józefów	<b>5:06.63</b>	449
	50m: 33.34 33.34	150m: 1:50.59	39.24 250m: 3:09.27 39.38	350m: 4:28.84	39.94
	100m: 1:11.35 38.01	200m: 2:29.89	39.30 300m: 3:48.90 39.63	400m: 5:06.63	37.79
7.	SOJA, Małgorzata	01	UKS G-8 Bielany Warszawa	<b>5:09.95</b>	435
	50m: 34.19 34.19	150m: 1:51.19	39.48 250m: 3:50.72 40.07	350m: 5:09.95	38.60
	100m: 1:11.71 37.52	200m: 3:10.65	1:19.46 300m: 4:31.35 40.63	400m: 5:09.95	
8.	PEPLAK, Julia	01	KS 1 O arów Mazowiecki	<b>5:10.06</b>	434
	50m: 34.66 34.66	150m: 1:52.15	39.03 250m: 3:11.39 39.55	350m: 4:31.87	40.22
	100m: 1:13.12 38.46	200m: 2:31.84	39.69 300m: 3:51.65 40.26	400m: 5:10.06	38.19
9.	KACZKOWSKA, Anna	01	UKS Skalar Warszawa	<b>5:10.40</b>	433
	50m: 36.05 36.05	150m: 1:54.83	39.67 250m: 3:14.03 39.39	350m: 4:32.77	38.84
	100m: 1:15.16 39.11	200m: 2:34.64	39.81 300m: 3:53.93 39.90	400m: 5:10.40	37.63
10.	SKRZOS, Agata	01	UKS G-8 Bielany Warszawa	<b>5:10.80</b>	431
	50m: 34.06 34.06	150m: 1:52.25	39.66 250m: 3:11.42 39.33	350m: 4:31.64	40.32
	100m: 1:12.59 38.53	200m: 2:32.09	39.84 300m: 3:51.32 39.90	400m: 5:10.80	39.16
11.	MICHNIEWSKA, Anna	01	UKS G-8 Bielany Warszawa	<b>5:13.61</b>	419
	50m: 35.34 35.34	150m: 1:54.51	39.75 250m: 3:15.09 39.84	350m: 4:35.20	39.90
	100m: 1:14.76 39.42	200m: 2:35.25	40.74 300m: 3:55.30 40.21	400m: 5:13.61	38.41
12.	KOWALEWSKA, Nadia	01	UKS G-8 Bielany Warszawa	<b>5:15.51</b>	412
	50m: 35.79 35.79	150m: 1:55.02	40.14 250m: 3:15.30 40.08	350m: 4:36.08	40.55
	100m: 1:14.88 39.09	200m: 2:35.22	40.20 300m: 3:55.53 40.23	400m: 5:15.51	39.43
13.	KALETA, Oliwia	01	Uks oliborz	<b>5:17.97</b>	402
	50m: 34.67 34.67	150m: 1:55.10	40.61 250m: 3:17.61 41.52	350m: 4:39.96	40.83
	100m: 1:14.49 39.82	200m: 2:36.09	40.99 300m: 3:59.13 41.52	400m: 5:17.97	38.01
14.	PEPLAK, Aleksandra	01	KS 1 O arów Mazowiecki	<b>5:22.91</b>	384
	50m: 36.28 36.28	150m: 1:57.09	41.16 250m: 3:20.14 41.64	350m: 4:43.08	41.22
	100m: 1:15.93 39.65	200m: 2:38.50	41.41 300m: 4:01.86 41.72	400m: 5:22.91	39.83
15.	GAJDA, Zofia	01	IKS Konstancin	<b>5:22.93</b>	384
	50m: 36.48 36.48	150m: 1:57.89	40.86 250m: 3:18.93 40.94	350m: 4:42.64	40.84
	100m: 1:17.03 40.55	200m: 2:37.99	40.10 300m: 4:01.80 42.87	400m: 5:22.93	40.29
16.	BIENIECKA, Natalia	01	MKS Polonia Warszawa	<b>5:25.56</b>	375
	50m: 35.27 35.27	150m: 1:56.48	41.64 250m: 3:21.96 42.71	350m: 4:46.54	41.88
	100m: 1:14.84 39.57	200m: 2:39.25	42.77 300m: 4:04.66 42.70	400m: 5:25.56	39.02
17.	WASZCZUK, Pola	01	UKS Skalar Warszawa	<b>5:27.47</b>	368
	50m: 36.20 36.20	150m: 1:58.37	41.51 250m: 3:21.63 41.50	350m: 4:46.55	42.53
	100m: 1:16.86 40.66	200m: 2:40.13	41.76 300m: 4:04.02 42.39	400m: 5:27.47	40.92
18.	J DRYCH, Julia	01	Uks oliborz	<b>5:28.13</b>	366
	50m: 34.82 34.82	150m: 1:56.93	41.92 250m: 3:23.00 42.93	350m: 4:48.07	42.09
	100m: 1:15.01 40.19	200m: 2:40.07	43.14 300m: 4:05.98 42.98	400m: 5:28.13	40.06

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 letnich  
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Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.						Czas	Pkt.
19.	ROMAN, Magdalena		01	IKS Konstancin				<b>5:37.69</b>	336	
	50m:	37.00 37.00	150m:	2:01.78 43.21	250m:	3:28.65 43.50	350m:	4:56.56 43.58		
	100m:	1:18.57 41.57	200m:	2:45.15 43.37	300m:	4:12.98 44.33	400m:	5:37.69 41.13		
20.	MAZUR, Barbara		01	Uks oliborz				<b>5:41.23</b>	326	
	50m:	37.21 37.21	150m:	2:04.13 44.09	250m:	3:33.25 44.29	350m:	5:00.10 43.24		
	100m:	1:20.04 42.83	200m:	2:48.96 44.83	300m:	4:16.86 43.61	400m:	5:41.23 41.13		
21.	TAWREL, Maja		01	Uks oliborz				<b>5:41.24</b>	325	
	50m:	38.30 38.30	150m:	2:05.67 44.20	250m:	3:33.59 44.08	350m:	5:00.87 43.69		
	100m:	1:21.47 43.17	200m:	2:49.51 43.84	300m:	4:17.18 43.59	400m:	5:41.24 40.37		
22.	BIELI SKA, Klara		01	Buks Warszawa				<b>5:44.46</b>	316	
	50m:	39.24 39.24	150m:	2:07.22 43.97	250m:	3:35.28 44.19	350m:	5:02.51 43.44		
	100m:	1:23.25 44.01	200m:	2:51.09 43.87	300m:	4:19.07 43.79	400m:	5:44.46 41.95		
23.	RUDNICKA, Ewa		01	Uks Mg-Sports				<b>5:44.62</b>	316	
	50m:	37.13 37.13	150m:	2:04.54 44.81	250m:	3:33.46 44.40	350m:	5:01.85 43.69		
	100m:	1:19.73 42.60	200m:	2:49.06 44.52	300m:	4:18.16 44.70	400m:	5:44.62 42.77		
24.	SKIBA, Joanna		01	Buks Warszawa				<b>5:44.95</b>	315	
	50m:	35.43 35.43	150m:	2:01.80 44.83	250m:	3:31.62 45.19	350m:	5:01.88 45.40		
	100m:	1:16.97 41.54	200m:	2:46.43 44.63	300m:	4:16.48 44.86	400m:	5:44.95 43.07		
25.	B K, Julia		01	UKS Victoria Józefów				<b>5:49.24</b>	304	
	50m:	38.33 38.33	150m:	2:05.43 44.17	250m:	3:36.26 45.55	350m:	5:08.92 46.08		
	100m:	1:21.26 42.93	200m:	2:50.71 45.28	300m:	4:22.84 46.58	400m:	5:49.24 40.32		
26.	MUSIAŁOWICZ, Barbara		01	MKS Polonia Warszawa				<b>6:42.56</b>	198	
	50m:	41.79 41.79	150m:	2:22.79 51.25	250m:	4:06.67 52.53	350m:	5:53.52 52.88		
	100m:	1:31.54 49.75	200m:	3:14.14 51.35	300m:	5:00.64 53.97	400m:	6:42.56 49.04		
27.	DZIENIOWSKA, Joanna		01	MKS Polonia Warszawa				<b>6:51.71</b>	185	
	50m:	45.78 45.78	150m:	2:30.09 53.14	250m:	4:17.63 54.34	350m:	6:02.23 52.19		
	100m:	1:36.95 51.17	200m:	3:23.29 53.20	300m:	5:10.04 52.41	400m:	6:51.71 49.48		
NIE UK.	BŁASZCZYK, Klaudia		01	MKS Polonia Warszawa						
	50m:	32.87 32.87	150m:	1:51.09 40.25	250m:	3:15.97 42.66	350m:			
	100m:	1:10.84 37.97	200m:	2:33.31 42.22	300m:		400m:			
PK D	BROWSKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				<b>5:07.16</b>	446	
	50m:	34.26 34.26	150m:	2:32.26 39.06	250m:	3:50.83 39.26	350m:	5:07.33 37.48		
	100m:	1:53.20 1:18.94	200m:	3:11.57 39.31	300m:	4:29.85 39.02	400m:	5:07.16		