

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 30- - 31-5-2014

Konkurencja 29
2014-05-31 - 12:41

Dziewcz t, 400m zmienny

12 - 15 lat
Wyniki

Punkty: FINA 2014

| Pozycja | Rok ur. | Czas | Pkt. |
|---|---------------------------------|-----------------------|---------------------|
| 12 lat | | | |
| 1. WILCZEWSKA, Aleksandra | 02 KS OLIMPIA Lublin | 5:56.29 | 427 |
| 50m: 40.20 40.20 | 150m: 2:11.87 44.25 | 250m: 3:45.80 50.83 | 350m: 5:18.63 41.69 |
| 100m: 1:27.62 47.42 | 200m: 2:54.97 43.10 | 300m: 4:36.94 51.14 | 400m: 5:56.29 37.66 |
| 2. RAJCA, Olivia | 02 UKS190 Łódź | 6:01.49 | 409 |
| 50m: 38.47 38.47 | 150m: 2:15.86 47.33 | 250m: 3:52.33 52.50 | 350m: 5:25.71 42.10 |
| 100m: 1:28.53 50.06 | 200m: 2:59.83 43.97 | 300m: 4:43.61 51.28 | 400m: 6:01.49 35.78 |
| 3. JASIORSKA, Aleksandra | 02 IUKS Muszelka | 6:11.55 | 377 |
| 50m: 39.97 39.97 | 150m: 2:19.02 49.05 | 250m: 3:56.55 50.44 | 350m: 5:30.95 40.00 |
| 100m: 1:29.97 50.00 | 200m: 3:06.11 47.09 | 300m: 4:50.95 54.40 | 400m: 6:11.55 40.60 |
| 4. ORŁOWSKA, Zuzanna | 02 UKS NAWA Skierniewice | 6:24.71 | 339 |
| 50m: 43.99 43.99 | 150m: 2:21.82 48.62 | 250m: 4:01.76 53.44 | 350m: 5:40.52 46.19 |
| 100m: 1:33.20 49.21 | 200m: 3:08.32 46.50 | 300m: 4:54.33 52.57 | 400m: 6:24.71 44.19 |
| 5. BARTNIAK, Zuzanna | 02 IUKS Muszelka | 6:27.03 | 333 |
| 50m: 44.16 44.16 | 150m: 2:30.09 51.77 | 250m: 4:08.78 48.89 | 350m: 5:44.73 44.00 |
| 100m: 1:38.32 54.16 | 200m: 3:19.89 49.80 | 300m: 5:00.73 51.95 | 400m: 6:27.03 42.30 |
| 13 lat | | | |
| 1. PEPLAK, Julia | 01 KS 1 O arów Mazowiecki | 6:04.17 | 400 |
| 50m: 38.06 38.06 | 150m: 2:10.87 46.91 | 250m: 3:48.87 53.46 | 350m: 5:23.85 41.07 |
| 100m: 1:23.96 45.90 | 200m: 2:55.41 44.54 | 300m: 4:42.78 53.91 | 400m: 6:04.17 40.32 |
| 14 lat | | | |
| 1. PECYNA, Michalina | 00 IKS Konstancin | 5:23.89 | 569 |
| 50m: 34.33 34.33 | 150m: 1:56.89 41.74 | 250m: 3:24.73 48.24 | 350m: 4:48.60 36.73 |
| 100m: 1:15.15 40.82 | 200m: 2:36.49 39.60 | 300m: 4:11.87 47.14 | 400m: 5:23.89 35.29 |
| 2. KLESSA, Helena | 00 MKS Nielba W growiec 04015 | 5:32.89 | 524 |
| 50m: 36.22 36.22 | 150m: 2:00.06 41.60 | 250m: 3:28.96 48.82 | 350m: 4:55.15 38.27 |
| 100m: 1:18.46 42.24 | 200m: 2:40.14 40.08 | 300m: 4:16.88 47.92 | 400m: 5:32.89 37.74 |
| 3. WALZ, Kornelia | 00 UKS NAWA Skierniewice | 5:51.78 | 444 |
| 50m: 39.41 39.41 | 150m: 2:13.88 45.26 | 250m: 3:47.00 47.92 | 350m: 5:13.96 40.05 |
| 100m: 1:28.62 49.21 | 200m: 2:59.08 45.20 | 300m: 4:33.91 46.91 | 400m: 5:51.78 37.82 |
| 4. STUPNICKA, Sylwia | 00 KS Barakuda Mi sk Mazowiecki | 6:24.53 | 340 |
| 50m: 42.69 42.69 | 150m: 2:23.21 49.30 | 250m: 4:07.31 55.49 | 350m: 5:45.33 42.85 |
| 100m: 1:33.91 51.22 | 200m: 3:11.82 48.61 | 300m: 5:02.48 55.17 | 400m: 6:24.53 39.20 |
| DYSKW. PRZYGODA, Julia | 00 KS 1 O arów Mazowiecki | 6:06.08 | |
| <i>G7 - Brak pozycji na plecach przy opuszczaniu ciany nawrotowej</i> | | | |
| 50m: 36.70 36.70 | 150m: 2:11.49 49.71 | 250m: 3:48.35 49.52 | 350m: 5:23.17 43.53 |
| 100m: 1:21.78 45.08 | 200m: 2:58.83 47.34 | 300m: 4:39.64 51.29 | 400m: 6:06.08 42.91 |
| 15 lat | | | |
| 1. JANISZEWSKA, Dominika | 99 MKS Polonia Warszawa | 5:13.17 | 629 |
| 50m: 31.82 31.82 | 150m: 1:50.61 42.39 | 250m: 3:14.75 42.50 | 350m: 4:37.16 38.08 |
| 100m: 1:08.22 36.40 | 200m: 2:32.25 41.64 | 300m: 3:59.08 44.33 | 400m: 5:13.17 36.01 |
| 2. ZDUNEK, Klaudia | 99 Polonez Wyszaków | 5:44.67 | 472 |
| 50m: 35.65 35.65 | 150m: 2:06.14 47.81 | 250m: 3:38.95 47.46 | 350m: 5:07.54 41.03 |
| 100m: 1:18.33 42.68 | 200m: 2:51.49 45.35 | 300m: 4:26.51 47.56 | 400m: 5:44.67 37.13 |
| 3. RADOMSKA, Karolina | 99 UKS "Sklalar" Góra Kalwaria | 7:21.61 | 224 |
| 50m: 43.62 43.62 | 150m: 2:36.78 1:01.76 | 250m: 4:37.10 1:02.28 | 350m: 6:35.54 52.72 |
| 100m: 1:35.02 51.40 | 200m: 3:34.82 58.04 | 300m: 5:42.82 1:05.72 | 400m: 7:21.61 46.07 |

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Warszawa, 30- - 31-5-2014

Konkurencja 29, Dziewcz t, 400m zmienny, 15 lat

| Pozycja | | | | Rok ur. | | | | | Czas | Pkt. | | |
|---------|---|--------------|-------|---------|----------------------|-------|-------|---------|----------------|-------|---------|-------|
| DYSKW. | WYSZY | SKA, Malwina | | 99 | ródmiejski UKS Polna | | | | 7:14.52 | | | |
| | <i>M8 - Przenoszenie ramion do przodu pod powierzchnią wody</i> | | | | | | | | | | | |
| | 50m: | 41.78 | 41.78 | 150m: | 2:34.38 | 59.31 | 250m: | 4:31.38 | 59.33 | 350m: | 6:24.56 | 51.40 |
| | 100m: | 1:35.07 | 53.29 | 200m: | 3:32.05 | 57.67 | 300m: | 5:33.16 | 1:01.78 | 400m: | 7:14.52 | 49.96 |