

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 letnich  
Wołomin, 6- - 7-6-2014

Konkurencja 7  
2014-06-06 - 11:52

Dziewcz t, 400m dowolny

12 lat  
Wyniki

Punkty: FINA 2013

Pozycja			Rok ur.					Czas	Pkt.		
1.	JABŁONOWSKA, Nikola		02	UKS G - 8 Bielany				<b>4:59.26</b>	483		
	50m:	32.22 32.22	150m:	1:47.03	37.72	250m:	3:03.24	38.13	350m:	4:20.82	39.04
	100m:	1:09.31 37.09	200m:	2:25.11	38.08	300m:	3:41.78	38.54	400m:	4:59.26	38.44
2.	LUMA, Izabela		02	MZOS Płock				<b>5:04.01</b>	461		
	50m:	35.33 35.33	150m:	1:52.71	39.18	250m:	3:11.18	39.71	350m:	4:28.48	38.36
	100m:	1:13.53 38.20	200m:	2:31.47	38.76	300m:	3:50.12	38.94	400m:	5:04.01	35.53
3.	JASIORSKA, Aleksandra		02	IUKS Muszelka				<b>5:04.61</b>	458		
	50m:	34.69 34.69	150m:	1:51.33	38.57	250m:	3:09.60	39.50	350m:	4:28.05	39.14
	100m:	1:12.76 38.07	200m:	2:30.10	38.77	300m:	3:48.91	39.31	400m:	5:04.61	36.56
4.	KRAWCZYK, Paulina		02	Integracyjny Klub Sportowy Kon				<b>5:11.24</b>	429		
	50m:	35.90 35.90	150m:	1:54.98	39.80	250m:	3:13.01	38.95	350m:	4:32.47	39.65
	100m:	1:15.18 39.28	200m:	2:34.06	39.08	300m:	3:52.82	39.81	400m:	5:11.24	38.77
5.	MARKOWICZ, Paula		02	UKS G - 8 Bielany				<b>5:15.18</b>	413		
	50m:	35.76 35.76	150m:	1:54.52	39.80	250m:	3:15.80	40.86	350m:	4:36.18	40.30
	100m:	1:14.72 38.96	200m:	2:34.94	40.42	300m:	3:55.88	40.08	400m:	5:15.18	39.00
6.	KRYSZKOWSKA, Natalia		02	MZOS Płock				<b>5:17.61</b>	404		
	50m:	35.07 35.07	150m:	1:53.35	39.56	250m:	3:14.33	40.70	350m:	4:37.05	41.58
	100m:	1:13.79 38.72	200m:	2:33.63	40.28	300m:	3:55.47	41.14	400m:	5:17.61	40.56
7.	KRYPA, Marta		02	UKS Manta Warszawa Włochy				<b>5:19.33</b>	397		
	50m:	35.48 35.48	150m:	1:56.18	40.69	250m:	3:19.13	41.56	350m:	4:40.58	40.01
	100m:	1:15.49 40.01	200m:	2:37.57	41.39	300m:	4:00.57	41.44	400m:	5:19.33	38.75
8.	MARUSIK, Lena		02	UKS Manta Warszawa Włochy				<b>5:21.33</b>	390		
	50m:	36.52 36.52	150m:	1:57.93	41.45	250m:	3:21.03	41.39	350m:	4:42.25	40.94
	100m:	1:16.48 39.96	200m:	2:39.64	41.71	300m:	4:01.31	40.28	400m:	5:21.33	39.08
9.	ZAJ C, Wiktoria		02	Uks,, oliborz" Warszawa				<b>5:23.55</b>	382		
	50m:	36.41 36.41	150m:	1:58.24	41.62	250m:	3:21.85	41.77	350m:	4:43.52	40.44
	100m:	1:16.62 40.21	200m:	2:40.08	41.84	300m:	4:03.08	41.23	400m:	5:23.55	40.03
10.	BIDNIK, Karolina		02	UKS Skalar Watsrzawa				<b>5:27.32</b>	369		
	50m:	35.86 35.86	150m:	1:56.20	40.92	250m:	3:19.26	41.67	350m:	4:44.63	42.94
	100m:	1:15.28 39.42	200m:	2:37.59	41.39	300m:	4:01.69	42.43	400m:	5:27.32	42.69
11.	LESIAK, Agata		02	Uks "Gim 92 Ursynów" Warszawa				<b>5:27.80</b>	367		
	50m:	35.70 35.70	150m:	1:59.29	42.55	250m:	3:23.66	41.80	350m:	4:48.04	42.19
	100m:	1:16.74 41.04	200m:	2:41.86	42.57	300m:	4:05.85	42.19	400m:	5:27.80	39.76
12.	WRÓBLEWSKA, Wiktoria		02	UKS GOS Raszyn				<b>5:28.08</b>	366		
	50m:	37.63 37.63	150m:	1:59.58	41.56	250m:	3:22.00	41.40	350m:	4:46.84	41.95
	100m:	1:18.02 40.39	200m:	2:40.60	41.02	300m:	4:04.89	42.89	400m:	5:28.08	41.24
13.	TOMKIEL, Aleksandra		02	MKS Polonia Warszawa				<b>5:28.89</b>	364		
	50m:	36.59 36.59	150m:	2:00.87	42.32	250m:	3:25.77	42.30	350m:	4:49.97	42.25
	100m:	1:18.55 41.96	200m:	2:43.47	42.60	300m:	4:07.72	41.95	400m:	5:28.89	38.92
14.	BARTNIAK, Zuzanna		02	IUKS Muszelka				<b>5:32.63</b>	351		
	50m:	38.38 38.38	150m:	2:01.50	41.75	250m:	3:26.01		350m:	4:52.07	43.83
	100m:	1:19.75 41.37	200m:			300m:	4:08.24	42.23	400m:	5:32.63	40.56
15.	SKRZAT, Natalia		02	UKS JAGIELLONKA Warszawa				<b>5:33.89</b>	347		
	50m:	37.66 37.66	150m:	2:00.78	41.55	250m:	3:25.92	42.67	350m:	4:52.58	43.27
	100m:	1:19.23 41.57	200m:	2:43.25	42.47	300m:	4:09.31	43.39	400m:	5:33.89	41.31
16.	BUŁAWA, Natalia		02	UKS G - 8 Bielany				<b>5:33.93</b>	347		
	50m:	37.98 37.98	150m:	2:02.46	43.17	250m:	3:28.85		350m:	4:51.40	39.94
	100m:	1:19.29 41.31	200m:			300m:	4:11.46	42.61	400m:	5:33.93	42.53
17.	POPŁAWSKA, Barbara		02	Uks,, oliborz" Warszawa				<b>5:35.31</b>	343		
	50m:	38.69 38.69	150m:	2:04.47	43.25	250m:	3:29.47	42.40	350m:	4:53.79	42.54
	100m:	1:21.22 42.53	200m:	2:47.07	42.60	300m:	4:11.25	41.78	400m:	5:35.31	41.52

Mi dzywojewództkie Dru ynowe Mistrzostwa Młodzików 12 letnich  
Wołomin, 6- - 7-6-2014

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	GORZKOWSKA, Ida		02	UKS Victoria Józefów				<b>5:37.61</b>	336		
	50m:	36.98 36.98	150m:	2:00.77	42.19	250m:	3:27.81	43.66	350m:	4:56.14	43.86
	100m:	1:18.58 41.60	200m:	2:44.15	43.38	300m:	4:12.28	44.47	400m:	5:37.61	41.47
19.	CIEMIECKA, Zuzanna		02	Uks "Gim 92 Ursynów" Warszawa				<b>5:39.62</b>	330		
	50m:	37.10 37.10	150m:	2:01.76	43.02	250m:	3:28.85	43.33	350m:	4:57.66	43.67
	100m:	1:18.74 41.64	200m:	2:45.52	43.76	300m:	4:13.99	45.14	400m:	5:39.62	41.96
20.	GRZELAK, Zofia		02	UKS G - 8 Bielany				<b>5:42.09</b>	323		
	50m:	37.52 37.52	150m:	2:03.51	42.59	250m:	3:31.53	43.27	350m:	5:00.14	43.27
	100m:	1:20.92 43.40	200m:	2:48.26	44.75	300m:	4:16.87	45.34	400m:	5:42.09	41.95
21.	SZNAZA, Sandra		02	MKS Polonia Warszawa				<b>5:43.99</b>	318		
	50m:	36.64 36.64	150m:	2:03.19	44.44	250m:	3:33.28	44.80	350m:	5:02.78	44.16
	100m:	1:18.75 42.11	200m:	2:48.48	45.29	300m:	4:18.62	45.34	400m:	5:43.99	41.21
22.	GRZESIUK, Angela		02	UKS JAGIELLONKA Warszawa				<b>5:44.17</b>	317		
	50m:	38.89 38.89	150m:	2:05.28	43.38	250m:	3:32.63	42.77	350m:	4:56.39	40.62
	100m:	1:21.90 43.01	200m:	2:49.86	44.58	300m:	4:15.77	43.14	400m:	5:44.17	47.78
23.	FIEDORUK, Katarzyna		02	BARRACUDA Białystok				<b>5:44.79</b>	316		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:44.79	
24.	OLEWNICZAK, Aleksandra		02	UKS JAGIELLONKA Warszawa				<b>5:46.77</b>	310		
	50m:	39.87 39.87	150m:	2:07.72	44.36	250m:	3:37.54	44.38	350m:	5:06.33	44.03
	100m:	1:23.36 43.49	200m:	2:53.16	45.44	300m:	4:22.30	44.76	400m:	5:46.77	40.44
25.	KRYPA, Oliwia		02	UKS Manta Warszawa Włochy				<b>5:48.59</b>	305		
	50m:	37.76 37.76	150m:	2:05.70	44.89	250m:	3:36.30	45.31	350m:	5:03.60	42.95
	100m:	1:20.81 43.05	200m:	2:50.99	45.29	300m:	4:20.65	44.35	400m:	5:48.59	44.99
26.	BROJANOWSKA, Zofia		02	UKS G - 8 Bielany				<b>5:49.01</b>	304		
	50m:	38.39 38.39	150m:	2:08.44	45.55	250m:	3:38.70	44.97	350m:	5:07.49	44.34
	100m:	1:22.89 44.50	200m:	2:53.73	45.29	300m:	4:23.15	44.45	400m:	5:49.01	41.52
27.	FIGURSKA, Natalia		02	UKS G - 8 Bielany				<b>5:54.05</b>	291		
	50m:	39.02 39.02	150m:	2:09.15	44.67	250m:	3:40.42	45.32	350m:	5:10.86	45.07
	100m:	1:24.48 45.46	200m:	2:55.10	45.95	300m:	4:25.79	45.37	400m:	5:54.05	43.19
28.	JAWORSKA, Maja		02	MZOS Płock				<b>5:57.44</b>	283		
	50m:	38.73 38.73	150m:	2:06.57	44.37	250m:	3:39.18	46.74	350m:	5:13.81	47.42
	100m:	1:22.20 43.47	200m:	2:52.44	45.87	300m:	4:26.39	47.21	400m:	5:57.44	43.63
29.	LESSNAU, Klaudia		02	Psp Swim Płock				<b>5:57.84</b>	282		
	50m:	40.69 40.69	150m:	2:11.57	45.56	250m:	3:42.67	45.26	350m:	5:13.73	46.11
	100m:	1:26.01 45.32	200m:	2:57.41	45.84	300m:	4:27.62	44.95	400m:	5:57.84	44.11
30.	WI NIEWSKA, Lidia		02	Uks,, oliborz" Warszawa				<b>5:59.99</b>	277		
	50m:	38.02 38.02	150m:	2:07.61	45.60	250m:	3:40.61	46.88	350m:	5:14.24	46.15
	100m:	1:22.01 43.99	200m:	2:53.73	46.12	300m:	4:28.09	47.48	400m:	5:59.99	45.75
31.	POPŁAWSKA, Julia		02	MKS Polonia Warszawa				<b>6:06.54</b>	263		
	50m:	41.12 41.12	150m:	2:14.32	47.01	250m:	3:48.26	46.24	350m:	5:21.31	46.44
	100m:	1:27.31 46.19	200m:	3:02.02	47.70	300m:	4:34.87	46.61	400m:	6:06.54	45.23
32.	WRÓBLEWSKA, Amelia		02	UKS Pirania Targówek				<b>6:07.82</b>	260		
	50m:	40.14 40.14	150m:	2:12.71	47.37	250m:	3:46.75	46.99	350m:	5:22.24	47.75
	100m:	1:25.34 45.20	200m:	2:59.76	47.05	300m:	4:34.49	47.74	400m:	6:07.82	45.58
33.	REZNER, Julia		02	UKS Kapry-Armexim Pruszków				<b>6:10.59</b>	254		
	50m:	41.72 41.72	150m:	2:14.70	46.80	250m:	3:49.52	47.53	350m:	5:24.84	47.97
	100m:	1:27.90 46.18	200m:	3:01.99	47.29	300m:	4:36.87	47.35	400m:	6:10.59	45.75
34.	KOPA, Aleksandra		02	MZOS Płock				<b>6:15.83</b>	244		
	50m:	40.70 40.70	150m:	2:18.22	50.36	250m:			350m:	4:43.50	46.09
	100m:	1:27.86 47.16	200m:	3:06.94	48.72	300m:	3:57.41		400m:	6:15.83	1:32.33
35.	TUSZY SKA, Nela		02	UKS Victoria Józefów				<b>6:16.46</b>	242		
	50m:	41.82 41.82	150m:	2:17.66	48.64	250m:	3:52.61	47.75	350m:	5:29.27	48.75
	100m:	1:29.02 47.20	200m:	3:04.86	47.20	300m:	4:40.52	47.91	400m:	6:16.46	47.19

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-letnich  
Wołomin, 6- - 7-6-2014

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Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja				Rok ur.					Czas	Pkt.		
36.	NOWOSIELSKA, Alicja			02	UKS Victoria Józefów				<b>6:30.67</b>	217		
	50m:	43.66	43.66	150m:	2:22.87	50.09	250m:	4:04.51	50.50	350m:	5:43.73	
	100m:	1:32.78	49.12	200m:	3:14.01	51.14	300m:			400m:	6:30.67	46.94
DYSKW.	WANIC, Klaudia			02	UKS JAGIELLONKA Warszawa				<b>5:17.29</b>			
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>											
	50m:	35.81	35.81	150m:	1:55.52	40.21	250m:	3:17.12	40.67	350m:	4:38.32	40.51
	100m:	1:15.31	39.50	200m:	2:36.45	40.93	300m:	3:57.81	40.69	400m:	5:17.29	38.97