

Otwarte mistrzostwa Warszawy
Warszawa, 28 - 29-11-2014

Konkurencja 20
2014-11-28 - 18:44

Chłopców, 400m dowolny

11 - 15 lat
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. URYNIUK, Paweł	03 Buks Warszawa	4:50.21	436
<i>Rekord Polski Dzieci 11 - letnich</i>			
50m: 32.38 32.38	150m: 1:45.85 37.09	250m: 3:00.29 36.69	350m: 4:15.25 36.95
100m: 1:08.76 36.38	200m: 2:23.60 37.75	300m: 3:38.30 38.01	400m: 4:50.21 34.96
2. RODKIEWICZ, Radosław	03 IUKS Muszelka	5:11.62	352
50m: 33.86 33.86	150m: 1:52.13 39.81	250m: 3:13.47 40.56	350m: 4:32.56 39.15
100m: 1:12.32 38.46	200m: 2:32.91 40.78	300m: 3:53.41 39.94	400m: 5:11.62 39.06
3. WIEK, Wiktor	03 Buks Warszawa	5:12.09	350
50m: 35.57 35.57	150m: 1:56.73 40.61	250m: 3:16.55 39.58	350m: 4:35.82 39.33
100m: 1:16.12 40.55	200m: 2:36.97 40.24	300m: 3:56.49 39.94	400m: 5:12.09 36.27
4. REMBOWSKI, Jan	03 IKS Konstancin	5:22.66	317
50m: 34.77 34.77	150m: 1:55.45 41.26	250m: 3:18.79 41.43	350m: 4:42.26 41.62
100m: 1:14.19 39.42	200m: 2:37.36 41.91	300m: 4:00.64 41.85	400m: 5:22.66 40.40
5. KARPI SKI, Jakub	03 MKS Park Wodny Tarnowskie Góry	5:25.66	308
50m: 35.88 35.88	150m: 1:58.89 41.68	250m: 3:23.20 41.98	350m: 4:46.28 41.16
100m: 1:17.21 41.33	200m: 2:41.22 42.33	300m: 4:05.12 41.92	400m: 5:25.66 39.38
6. DURNA, Filip	03 Buks Warszawa	5:29.48	297
50m: 35.92 35.92	150m: 1:58.97 41.93	250m: 3:24.91 42.91	350m: 4:49.55 42.02
100m: 1:17.04 41.12	200m: 2:42.00 43.03	300m: 4:07.53 42.62	400m: 5:29.48 39.93
7. BRONOWSKI, Aleksander	03 UKS Victoria Józefów	5:30.76	294
50m: 37.21 37.21	150m: 2:01.77 42.95	250m: 3:27.46 42.62	350m: 4:51.82 41.59
100m: 1:18.82 41.61	200m: 2:44.84 43.07	300m: 4:10.23 42.77	400m: 5:30.76 38.94
8. ILCEWICZ, Hubert	03 UKS Victoria Józefów	5:34.89	283
50m: 37.05 37.05	150m: 2:01.89 43.81	250m: 3:28.74 43.66	350m: 4:54.63 43.27
100m: 1:18.08 41.03	200m: 2:45.08 43.19	300m: 4:11.36 42.62	400m: 5:34.89 40.26
9. CEGLI SKI, Maciej	03 UKS MANTA Warszawa Włochy	5:35.83	281
50m: 37.71 37.71	150m: 2:04.31 43.06	250m: 3:31.55 43.60	350m: 4:58.24 42.09
100m: 1:21.25 43.54	200m: 2:47.95 43.64	300m: 4:16.15 44.60	400m: 5:35.83 37.59
10. STRZEMBOSZ, Franciszek	03 UKS Victoria Józefów	5:58.66	231
50m: 40.33 40.33	150m: 2:10.49 46.55	250m: 3:42.68 48.00	350m: 5:15.36 45.98
100m: 1:23.94 43.61	200m: 2:54.68 44.19	300m: 4:29.38 46.70	400m: 5:58.66 43.30
11. MAŁOCHA, Filip	03 Mks Polonia Warszawa	6:10.06	210
50m: 40.87 40.87	150m: 2:15.57 48.42	250m: 3:51.42 48.50	350m: 5:26.95 47.23
100m: 1:27.15 46.28	200m: 3:02.92 47.35	300m: 4:39.72 48.30	400m: 6:10.06 43.11
12. KUJAWSKI, Szymon	03 UKS Victoria Józefów	6:17.20	198
50m: 40.15 40.15	150m: 2:14.66 1:41.79	250m: 3:52.37 49.06	350m: 5:30.68 48.92
100m: 32.87	200m: 3:03.31 48.65	300m: 4:41.76 49.39	400m: 6:17.20 46.52
12 lat			
1. RABAN, Maciej	02 IKS Konstancin	4:44.87	461
50m: 31.55 31.55	150m: 1:44.24 37.01	250m: 2:57.11 36.25	350m: 4:10.12 36.51
100m: 1:07.23 35.68	200m: 2:20.86 36.62	300m: 3:33.61 36.50	400m: 4:44.87 34.75
2. JA KIEWICZ, Adrian	02 IUKS Muszelka	4:47.73	447
50m: 31.81 31.81	150m: 1:43.75 36.71	250m: 2:58.08 37.22	350m: 4:12.59 37.44
100m: 1:07.04 35.23	200m: 2:20.86 37.11	300m: 3:35.15 37.07	400m: 4:47.73 35.14
3. DOŁOWY, Grzegorz	02 IUKS Muszelka	4:50.16	436
50m: 32.79 32.79	150m: 1:45.99 37.07	250m: 3:00.80 37.25	350m: 4:15.65 37.19
100m: 1:08.92 36.13	200m: 2:23.55 37.56	300m: 3:38.46 37.66	400m: 4:50.16 34.51

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Warszawa, 28 - 29-11-2014

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
4.	LIPOWSKI, Oskar		02	IUKS Muszelka				4:59.94	394
	50m:	33.67 33.67	150m:	1:50.20	38.91	250m:	3:07.71 38.79	350m:	4:24.68 38.54
	100m:	1:11.29 37.62	200m:	2:28.92	38.72	300m:	3:46.14 38.43	400m:	4:59.94 35.26
5.	J DRZEJEWSKI, Albert		02	UKS GOS Raszyn				5:00.99	390
	50m:	32.23 32.23	150m:	1:47.51	37.89	250m:	3:05.32 38.72	350m:	4:23.59 38.59
	100m:	1:09.62 37.39	200m:	2:26.60	39.09	300m:	3:45.00 39.68	400m:	5:00.99 37.40
6.	J DRYŚ, Igor		02	UKS "Gim 92 Ursynów" Warszawa				5:04.41	377
	50m:	33.30 33.30	150m:	1:51.09	39.30	250m:	3:10.15 39.70	350m:	4:27.69 38.71
	100m:	1:11.79 38.49	200m:	2:30.45	39.36	300m:	3:48.98 38.83	400m:	5:04.41 36.72
7.	SZABŁAK, Franek		02	Legia warszawa				5:11.42	352
	50m:	34.59 34.59	150m:	1:52.76	39.12	250m:	3:12.65 39.85	350m:	4:32.21 39.60
	100m:	1:13.64 39.05	200m:	2:32.80	40.04	300m:	3:52.61 39.96	400m:	5:11.42 39.21
8.	MIESZKUNIEC, Szymon		02	UKS Victoria Józefów				5:19.64	326
	50m:	34.46 34.46	150m:	1:54.96	40.75	250m:	3:17.34 41.57	350m:	4:40.65 41.66
	100m:	1:14.21 39.75	200m:	2:35.77	40.81	300m:	3:58.99 41.65	400m:	5:19.64 38.99
9.	WORONKO, Krzysztof		02	MKS Medyk Gi ycko				5:20.47	323
	50m:	34.94 34.94	150m:	1:56.00	41.58	250m:	3:18.27 41.25	350m:	4:40.86 41.57
	100m:	1:14.42 39.48	200m:	2:37.02	41.02	300m:	3:59.29 41.02	400m:	5:20.47 39.61
10.	ZAJ CZKOWSKI, Filip		02	Uks Kapry Armexim Pruszków				5:29.59	297
	50m:	36.35 36.35	150m:	2:01.87	43.37	250m:	3:27.44 42.89	350m:	4:51.07 40.91
	100m:	1:18.50 42.15	200m:	2:44.55	42.68	300m:	4:10.16 42.72	400m:	5:29.59 38.52
11.	KOPUT, Antoni		02	UKS MANTA Warszawa Włochy				5:33.57	287
	50m:	36.04 36.04	150m:	2:01.12	43.14	250m:	3:26.82 42.75	350m:	4:53.56 42.24
	100m:	1:17.98 41.94	200m:	2:44.07	42.95	300m:	4:11.32 44.50	400m:	5:33.57 40.01
12.	ROZMYŚŁOWSKI, Eryk		02	UKS GOS Raszyn				5:33.71	286
	50m:	36.67 36.67	150m:	2:01.11	42.70	250m:	3:26.68 42.12	350m:	4:51.80 42.07
	100m:	1:18.41 41.74	200m:	2:44.56	43.45	300m:	4:09.73 43.05	400m:	5:33.71 41.91
13.	BORUCKI, Jan		02	Uks Posejdon Pułtusk				5:35.60	281
	50m:	37.43 37.43	150m:	2:04.87	43.05	250m:	3:32.47 43.50	350m:	4:57.96 43.18
	100m:	1:21.82 44.39	200m:	2:48.97	44.10	300m:	4:14.78 42.31	400m:	5:35.60 37.64
14.	SOKOŁOWSKI, Marcin		02	IUKS Muszelka				5:35.76	281
	50m:	38.24 38.24	150m:	2:03.04	42.38	250m:	3:28.75 42.82	350m:	4:55.03 43.34
	100m:	1:20.66 42.42	200m:	2:45.93	42.89	300m:	4:11.69 42.94	400m:	5:35.76 40.73

13 lat

1.	PAJ K, Bartek		01	Buks Warszawa				4:39.23	489
	50m:	30.88 30.88	150m:	1:41.17	35.42	250m:	2:52.94 35.87	350m:	4:04.67 35.71
	100m:	1:05.75 34.87	200m:	2:17.07	35.90	300m:	3:28.96 36.02	400m:	4:39.23 34.56
2.	CZERWI SKI, Łukasz		01	UKS JAGIELLONKA Warszawa				5:02.83	383
	50m:	32.54 32.54	150m:	1:48.98	38.49	250m:	3:07.75 38.71	350m:	4:26.24 38.21
	100m:	1:10.49 37.95	200m:	2:29.04	40.06	300m:	3:48.03 40.28	400m:	5:02.83 36.59
3.	ROWI SKI, Aleksander		01	MUKP Warszawianka				5:13.64	345
	50m:	34.78 34.78	150m:	1:55.53	40.46	250m:	3:17.87 40.60	350m:	4:36.09 38.13
	100m:	1:15.07 40.29	200m:	2:37.27	41.74	300m:	3:57.96 40.09	400m:	5:13.64 37.55
4.	MATUSIAK, Adrian		01	Uks Posejdon Pułtusk				5:31.25	293
	50m:	36.08 36.08	150m:	2:02.47	43.27	250m:	3:27.61 41.61	350m:	4:52.56 43.33
	100m:	1:19.20 43.12	200m:	2:46.00	43.53	300m:	4:09.23 41.62	400m:	5:31.25 38.69
5.	CIAK, Bernard		01	Uks Posejdon Pułtusk				5:35.25	282
	50m:	36.48 36.48	150m:	2:04.99	45.34	250m:	3:33.27 44.61	350m:	4:57.63 42.66
	100m:	1:19.65 43.17	200m:	2:48.66	43.67	300m:	4:14.97 41.70	400m:	5:35.25 37.62

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14 lat

1.	GONTARCZYK, Kamil	00	Uks Kapry Armexim Pruszków	4:48.18	445
	50m: 31.01 31.01	150m: 1:43.65 37.18	250m: 2:57.92 37.31	350m: 4:12.50 37.30	
	100m: 1:06.47 35.46	200m: 2:20.61 36.96	300m: 3:35.20 37.28	400m: 4:48.18 35.68	
2.	WIATR, Krzysztof	00	Legia warszawa	4:50.13	436
	50m: 33.41 33.41	150m: 1:47.65 37.45	250m: 3:02.43 37.28	350m: 4:16.91 36.92	
	100m: 1:10.20 36.79	200m: 2:25.15 37.50	300m: 3:39.99 37.56	400m: 4:50.13 33.22	
3.	JOBDA, Ryszard	00	UKS Victoria Józefów	4:55.35	413
	50m: 30.95 30.95	150m: 1:44.25 37.52	250m: 3:01.00 38.38	350m: 4:19.10 38.55	
	100m: 1:06.73 35.78	200m: 2:22.62 38.37	300m: 3:40.55 39.55	400m: 4:55.35 36.25	
4.	KARPI SKI, Dominik	00	ks Pi tka Chorzów	5:07.93	365
	50m: 34.19 34.19	150m: 1:51.41 39.13	250m: 3:11.76 40.70	350m: 4:30.02 39.03	
	100m: 1:12.28 38.09	200m: 2:31.06 39.65	300m: 3:50.99 39.23	400m: 5:07.93 37.91	

15 lat

1.	PECYNA, Maciej	99	IKS Konstancin	4:16.65	630
	50m: 28.62 28.62	150m: 1:33.46 32.86	250m: 2:39.06 32.88	350m: 3:44.84 32.89	
	100m: 1:00.60 31.98	200m: 2:06.18 32.72	300m: 3:11.95 32.89	400m: 4:16.65 31.81	
2.	LENARTOWICZ, Kacper	99	IKS Konstancin	4:26.75	561
	50m: 29.41 29.41	150m: 1:35.90 33.65	250m: 2:44.60 34.59	350m: 3:53.60 34.37	
	100m: 1:02.25 32.84	200m: 2:10.01 34.11	300m: 3:19.23 34.63	400m: 4:26.75 33.15	
PK	DURAJCZYK, Michał	97	IKS Konstancin	4:20.31	604
	50m: 29.27 29.27	150m: 1:34.15 32.78	250m: 2:41.02 33.42	350m: 3:48.08 33.07	
	100m: 1:01.37 32.10	200m: 2:07.60 33.45	300m: 3:15.01 33.99	400m: 4:20.31 32.23	
PK B	CZKOWSKI, Bartosz	97	MUKP Warszawianka	4:37.61	498
	50m: 31.21 31.21	150m: 1:39.73 34.69	250m: 2:50.71 35.27	350m: 4:02.50 35.69	
	100m: 1:05.04 33.83	200m: 2:15.44 35.71	300m: 3:26.81 36.10	400m: 4:37.61 35.11	