

Otwarte mistrzostwa Warszawy  
Warszawa, 28- - 29-11-2014

Konkurencja 29  
2014-11-29 - 11:26

Dziewcz t, 400m zmienny

12 - 15 lat  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
<b>12 lat</b>									
1.	WILCZEWSKA, Aleksandra		02	KS OLIMPIA Lublin				<b>5:45.63</b>	468
	50m:	36.63 36.63	150m:	2:04.43 44.73	250m:	3:37.52 50.02	350m:	5:07.94 39.96	
	100m:	1:19.70 43.07	200m:	2:47.50 43.07	300m:	4:27.98 50.46	400m:	5:45.63 37.69	
2.	MIELCZAREK, Sandra		02	Buks Warszawa				<b>5:49.10</b>	454
	50m:	34.03 34.03	150m:	2:03.08 45.97	250m:	3:37.30 49.48	350m:	5:09.39 39.69	
	100m:	1:17.11 43.08	200m:	2:47.82 44.74	300m:	4:29.70 52.40	400m:	5:49.10 39.71	
3.	RAJCA, Olivia		02	UKS190 Łód				<b>5:54.22</b>	435
	50m:	38.86 38.86	150m:	2:16.58 49.13	250m:	3:49.13 48.45	350m:	5:19.04 40.60	
	100m:	1:27.45 48.59	200m:	3:00.68 44.10	300m:	4:38.44 49.31	400m:	5:54.22 35.18	
4.	MIKSA, Paulina		02	UKS190 Łód				<b>6:03.17</b>	403
	50m:	37.81 37.81	150m:	2:11.04 47.56	250m:	3:48.54 53.03	350m:	5:22.67 41.44	
	100m:	1:23.48 45.67	200m:	2:55.51 44.47	300m:	4:41.23 52.69	400m:	6:03.17 40.50	
5.	ZIENTARSKA, Karolina		02	IKS Konstancin				<b>6:23.60</b>	342
	50m:	46.08 46.08	150m:	2:28.35 48.62	250m:	4:04.85 50.26	350m:	5:40.18 44.68	
	100m:	1:39.73 53.65	200m:	3:14.59 46.24	300m:	4:55.50 50.65	400m:	6:23.60 43.42	
6.	REZNER, Julia		02	Uks Kapry Armexim Pruszków				<b>7:07.60</b>	247
	50m:	47.20 47.20	150m:	2:37.56 52.96	250m:	4:31.96 1:02.62	350m:	6:21.62 47.57	
	100m:	1:44.60 57.40	200m:	3:29.34 51.78	300m:	5:34.05 1:02.09	400m:	7:07.60 45.98	
<b>13 lat</b>									
1.	MAZURKIEWICZ, Barbara		01	IKS Konstancin				<b>5:29.80</b>	539
	50m:	34.28 34.28	150m:	1:57.14 44.21	250m:	3:26.81 47.63	350m:	4:53.03 38.41	
	100m:	1:12.93 38.65	200m:	2:39.18 42.04	300m:	4:14.62 47.81	400m:	5:29.80 36.77	
2.	TOBIASZ, Anna		01	UKS Victoria Józefów				<b>5:55.54</b>	430
	50m:	38.63 38.63	150m:	2:11.68 46.23	250m:	3:48.50 50.59	350m:	5:17.45 40.58	
	100m:	1:25.45 46.82	200m:	2:57.91 46.23	300m:	4:36.87 48.37	400m:	5:55.54 38.09	
3.	CIEPLAK, Aleksandra		01	UKS OLIMPIC Warka				<b>5:56.94</b>	425
	50m:	35.49 35.49	150m:	2:06.17 48.26	250m:	3:42.02 50.47	350m:	5:15.61 41.89	
	100m:	1:17.91 42.42	200m:	2:51.55 45.38	300m:	4:33.72 51.70	400m:	5:56.94 41.33	
<b>14 lat</b>									
1.	PECYNA, Michalina		00	IKS Konstancin				<b>5:18.59</b>	598
	50m:	34.09 34.09	150m:	1:52.99 39.86	250m:	3:20.33 46.81	350m:	4:43.52 37.15	
	100m:	1:13.13 39.04	200m:	2:33.52 40.53	300m:	4:06.37 46.04	400m:	5:18.59 35.07	
PK	KNOP, Aleksandra		03	UKS190 Łód				<b>5:36.50</b>	507
	50m:	36.60 36.60	150m:	2:02.23 43.48	250m:	3:32.81 47.97	350m:	5:00.67 38.92	
	100m:	1:18.75 42.15	200m:	2:44.84 42.61	300m:	4:21.75 48.94	400m:	5:36.50 35.83	