

**Otwarte Zimowe mistrzostwa Warszawy i Mazowsza w pływaniu roczniki 1998 -2001
Warszawa, 6- - 7-12-2014**

Konkurencja 21
2014-12-07 - 15:45

Kobiet, 400m zmienny

13 lat i starsi
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
13 lat			
1. SUDAK, Zuzanna	01	5:30.93	489
50m: 35.38 35.38	150m: 1:58.74 42.48	250m: 3:27.45 47.50	350m: 4:54.15 38.47
100m: 1:16.26 40.88	200m: 2:39.95 41.21	300m: 4:15.68 48.23	400m: 5:30.93 36.78
2. WOJTANEK, Wiktoria	01	5:33.98	476
50m: 36.34 36.34	150m: 2:02.26 42.47	250m: 3:30.81 47.68	350m: 4:57.10 39.54
100m: 1:19.79 43.45	200m: 2:43.13 40.87	300m: 4:17.56 46.75	400m: 5:33.98 36.88
3. BIENIECKA, Natalia	01	5:35.16	471
50m: 35.35 35.35	150m: 2:01.43 43.93	250m: 3:30.58 45.31	350m: 4:57.42 40.82
100m: 1:17.50 42.15	200m: 2:45.27 43.84	300m: 4:16.60 46.02	400m: 5:35.16 37.74
4. SKRZOS, Agata	01	5:39.67	452
50m: 36.55 36.55	150m: 1:59.97 42.07	250m: 3:28.48 47.33	350m: 4:58.40 41.36
100m: 1:17.90 41.35	200m: 2:41.15 41.18	300m: 4:17.04 48.56	400m: 5:39.67 41.27
5. TOBIASZ, Anna	01	5:40.32	450
50m: 36.03 36.03	150m: 2:03.76 44.44	250m: 3:36.59 48.77	350m: 5:03.34 38.86
100m: 1:19.32 43.29	200m: 2:47.82 44.06	300m: 4:24.48 47.89	400m: 5:40.32 36.98
6. BAKA-BORKOWSKA, Weronika	01	5:54.98	396
50m: 38.93 38.93	150m: 2:08.44 44.99	250m: 3:42.23 48.97	350m:
100m: 1:23.45 44.52	200m: 2:53.26 44.82	300m: 4:33.52 51.29	400m: 5:54.98
14 - 15 lat			
1. GOTOWSKA, Weronika	00	5:08.08	606
50m: 33.22 33.22	150m: 1:47.78 38.79	250m: 3:11.52 45.36	350m: 4:32.47 34.68
100m: 1:08.99 35.77	200m: 2:26.16 38.38	300m: 3:57.79 46.27	400m: 5:08.08 35.61
2. REKS, Aleksandra	00	5:24.31	520
50m: 34.38 34.38	150m: 1:54.38 39.97	250m: 3:23.06 46.63	350m: 4:49.31 36.84
100m: 1:14.41 40.03	200m: 2:36.43 42.05	300m: 4:12.47 49.41	400m: 5:24.31 35.00
3. R CZKA, Marika	99	5:34.16	475
50m: 35.48 35.48	150m: 2:00.66 44.41	250m: 3:31.15 47.16	350m: 4:56.97 37.65
100m: 1:16.25 40.77	200m: 2:43.99 43.33	300m: 4:19.32 48.17	400m: 5:34.16 37.19
16 lat i starsi			
1. GRALEWSKA, KALINA SWwa	96	4:56.06	683
50m: 30.94 30.94	150m: 1:44.42 36.71	250m: 3:04.38 43.58	350m: 4:22.59 34.50
100m: 1:07.71 36.77	200m: 2:20.80 36.38	300m: 3:48.09 43.71	400m: 4:56.06 33.47