

**Otwarte Zimowe mistrzostwa Warszawy i Mazowsza w pływaniu roczniki 1998 -2001  
Warszawa, 6- - 7-12-2014**

Konkurencja 22  
2014-12-07 - 15:58

M czyzn, 400m zmienny

13 lat i starsi  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.	
<b>13 lat</b>										
1.	<b>KAROLCZAK, Jan</b>		01	<b>Buks Warszawa</b>				<b>4:57.84</b>	494	
	50m:	31.49 31.49	150m:	1:45.19	36.26	250m:	3:05.80	44.54	350m:	4:24.60 34.02
	100m:	1:08.93 37.44	200m:	2:21.26	36.07	300m:	3:50.58	44.78	400m:	4:57.84 33.24
2.	<b>POTOCKI, Mikołaj</b>		01	<b>UKS oliborz</b>				<b>6:08.33</b>	261	
	50m:	38.33 38.33	150m:	2:19.13		250m:	3:56.56	51.11	350m:	5:30.70 42.19
	100m:		200m:	3:05.45	46.32	300m:	4:48.51	51.95	400m:	6:08.33 37.63
3.	<b>SZCZ SNY, Antoni</b>		01	<b>Mks Polonia Warszawa</b>				<b>6:08.49</b>	261	
	50m:	38.86 38.86	150m:	2:13.70	47.17	250m:	3:52.06	52.21	350m:	5:28.48 43.96
	100m:	1:26.53 47.67	200m:	2:59.85	46.15	300m:	4:44.52	52.46	400m:	6:08.49 40.01
<b>14 - 15 lat</b>										
1.	<b>LENARTOWICZ, Kacper</b>		99	<b>IKS Konstancin</b>				<b>4:53.32</b>	517	
	50m:	30.67 30.67	150m:	2:22.04	1:16.02	250m:	3:03.61		350m:	4:20.55 33.85
	100m:	1:06.02 35.35	200m:			300m:	3:46.70	43.09	400m:	4:53.32 32.77
2.	<b>GONTARCZYK, Kamil</b>		00	<b>Uks Kapry Armexim Pruszków</b>				<b>5:19.77</b>	399	
	50m:	33.36 33.36	150m:	1:53.67	41.56	250m:	3:20.65	46.88	350m:	4:44.64 36.13
	100m:	1:12.11 38.75	200m:	2:33.77	40.10	300m:	4:08.51	47.86	400m:	5:19.77 35.13
<b>16 lat i starsi</b>										
1.	<b>WIEK, KACPER SWwa</b>		95	<b>Mks Polonia Warszawa</b>				<b>4:27.34</b>	683	
	50m:	28.56 28.56	150m:	1:34.96	33.70	250m:	2:46.67	38.40	350m:	3:56.68 31.18
	100m:	1:01.26 32.70	200m:	2:08.27	33.31	300m:	3:25.50	38.83	400m:	4:27.34 30.66
2.	<b>ST PIE , KONRAD SWwa</b>		96	<b>Mks Polonia Warszawa</b>				<b>4:30.20</b>	662	
	50m:	28.91 28.91	150m:	1:36.45	35.10	250m:	2:49.71	38.50	350m:	3:59.92 31.99
	100m:	1:01.35 32.44	200m:	2:11.21	34.76	300m:	3:27.93	38.22	400m:	4:30.20 30.28
3.	<b>DOBRZY SKI, TOMASZ SWwa</b>		98	<b>UKS G - 8 Bielany</b>				<b>4:40.59</b>	591	
	50m:	29.23 29.23	150m:	1:40.69	37.65	250m:	2:56.05	38.01	350m:	4:09.21 33.15
	100m:	1:03.04 33.81	200m:	2:18.04	37.35	300m:	3:36.06	40.01	400m:	4:40.59 31.38
4.	<b>DURAJCZYK, Michał</b>		97	<b>IKS Konstancin</b>				<b>4:49.96</b>	535	
	50m:	29.54 29.54	150m:	1:39.95	36.62	250m:	2:59.41	43.70	350m:	4:17.19 33.09
	100m:	1:03.33 33.79	200m:	2:15.71	35.76	300m:	3:44.10	44.69	400m:	4:49.96 32.77
5.	<b>WACHNIK, Jakub</b>		98	<b>Uks Pirania Targówek</b>				<b>4:56.78</b>	499	
	50m:	31.11 31.11	150m:	1:45.61	39.42	250m:	3:07.37	43.20	350m:	4:23.99 33.15
	100m:	1:06.19 35.08	200m:	2:24.17	38.56	300m:	3:50.84	43.47	400m:	4:56.78 32.79