

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
Warszawa, 25- - 26-3-2015

Konkurencja 7
2015-03-25 - 11:14

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	KAMI SKA, Inga		03	Sinnet Tennis Warszawa				5:21.34	388
	50m: 33.18	33.18	150m: 1:51.23	40.57	250m: 3:14.90	42.96	350m: 4:41.53	43.00	
	100m: 1:10.66	37.48	200m: 2:31.94	40.71	300m: 3:58.53	43.63	400m: 5:21.34	39.81	
2.	ADAMSKA, Maria		03	Uks,, oliborz" Warszawa				5:21.37	388
	50m: 35.27	35.27	150m: 1:57.00	41.17	250m: 3:19.18	41.19	350m: 4:42.83	41.38	
	100m: 1:15.83	40.56	200m: 2:37.99	40.99	300m: 4:01.45	42.27	400m: 5:21.37	38.54	
3.	ŁUBISZ, Wiktoria		03	UKS G - 8 Bielany				5:23.19	382
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 5:23.19		
4.	PL SEK, Aleksandra		03	UKS MANTA Warszawa Włochy				5:27.42	367
	50m: 36.80	36.80	150m: 2:00.65	42.52	250m: 3:25.05	42.42	350m: 4:49.73	42.08	
	100m: 1:18.13	41.33	200m: 2:42.63	41.98	300m: 4:07.65	42.60	400m: 5:27.42	37.69	
5.	TOPP, Zofia		03	UKS G - 8 Bielany				5:28.14	365
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 5:28.14		
6.	ADAMSKA, Julia		03	Uks,, oliborz" Warszawa				5:30.15	358
	50m: 37.99	37.99	150m: 2:02.58	42.45	250m: 3:27.95	42.71	350m: 4:51.69	41.38	
	100m: 1:20.13	42.14	200m: 2:45.24	42.66	300m: 4:10.31	42.36	400m: 5:30.15	38.46	
7.	MATYSIAK, Marta		03	Uks,, oliborz" Warszawa				5:31.15	355
	50m: 36.41	36.41	150m: 1:59.35	42.32	250m: 3:25.36	43.31	350m: 4:52.19	43.71	
	100m: 1:17.03	40.62	200m: 2:42.05	42.70	300m: 4:08.48	43.12	400m: 5:31.15	38.96	
8.	KARBOWSKA, Julia		03	Uks Victoria Józefów				5:35.90	340
	50m: 37.13	37.13	150m: 2:00.93	43.09	250m: 3:27.18	43.40	350m: 4:54.95	44.11	
	100m: 1:17.84	40.71	200m: 2:43.78	42.85	300m: 4:10.84	43.66	400m: 5:35.90	40.95	
9.	KOZACZUK, Klara		03	Uks,, oliborz" Warszawa				5:37.67	335
	50m: 37.40	37.40	150m: 2:01.62	42.99	250m: 3:28.71	43.61	350m: 4:56.66	44.07	
	100m: 1:18.63	41.23	200m: 2:45.10	43.48	300m: 4:12.59	43.88	400m: 5:37.67	41.01	
10.	JASKUŁOWSKA, Zofia		03	Integracyjny Klub Sportowy Kon				5:39.63	329
	50m: 38.16	38.16	150m: 2:04.73	43.83	250m: 3:31.55	43.64	350m: 4:58.38	43.47	
	100m: 1:20.90	42.74	200m: 2:47.91	43.18	300m: 4:14.91	43.36	400m: 5:39.63	41.25	
11.	SŁOWIK, Martyna		03	Integracyjny Klub Sportowy Kon				5:39.70	329
	50m: 38.55	38.55	150m: 2:04.21	43.22	250m: 3:29.84	42.86	350m: 4:56.81	43.85	
	100m: 1:20.99	42.44	200m: 2:46.98	42.77	300m: 4:12.96	43.12	400m: 5:39.70	42.89	
12.	ADAMIAK, Maria		03	UKS 307 Warszawa-Mokotów				5:41.01	325
	50m: 37.56	37.56	150m: 2:05.52	44.42	250m: 3:35.48	44.77	350m: 5:01.38	41.67	
	100m: 1:21.10	43.54	200m: 2:50.71	45.19	300m: 4:19.71	44.23	400m: 5:41.01	39.63	
13.	KOCZYK, Aleksandra		03	Uks,, oliborz" Warszawa				5:42.68	320
	50m: 37.21	37.21	150m: 2:03.74	44.16	250m: 3:32.13	43.93	350m: 5:01.08	44.26	
	100m: 1:19.58	42.37	200m: 2:48.20	44.46	300m: 4:16.82	44.69	400m: 5:42.68	41.60	
14.	PRZYBYLSKA, Aleksandra		03	UKS 307 Warszawa-Mokotów				5:54.25	290
	50m: 38.93	38.93	150m: 2:07.76	45.71	250m: 3:39.69	46.55	350m: 5:09.14	44.14	
	100m: 1:22.05	43.12	200m: 2:53.14	45.38	300m: 4:25.00	45.31	400m: 5:54.25	45.11	
15.	LASKA, Kornelia		03	UKS MANTA Warszawa Włochy				5:57.72	281
	50m: 40.65	40.65	150m: 3:01.16	1:33.18	250m: 4:34.02	45.87	350m: 5:57.72	40.39	
	100m: 1:27.98	47.33	200m: 3:48.15	46.99	300m: 5:17.33	43.31	400m: 5:57.72		
16.	WRÓBLEWSKA, Aurelia		03	Uks,, oliborz" Warszawa				6:09.51	255
	50m: 42.54	42.54	150m: 2:16.47	46.80	250m: 3:51.33	47.28	350m: 5:26.27	47.60	
	100m: 1:29.67	47.13	200m: 3:04.05	47.58	300m: 4:38.67	47.34	400m: 6:09.51	43.24	
17.	BITKOWSKA, Maria		03	Uks,, oliborz" Warszawa				6:14.47	245
	50m: 40.66	40.66	150m: 2:14.83	48.20	250m: 3:52.76	49.06	350m: 5:29.70	47.93	
	100m: 1:26.63	45.97	200m: 3:03.70	48.87	300m: 4:41.77	49.01	400m: 6:14.47	44.77	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
Warszawa, 25- - 26-3-2015

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	GUTKOWSKA, Paulina		03	UKS G - 8 Bielany				6:14.98	244
	50m:		150m:	250m:	350m:				
	100m:		200m:	300m:	400m:		6:14.98		
19.	MOLIK, Maria		03	Uks,, oliborz" Warszawa				6:15.28	244
	50m:	41.75 41.75	150m:	2:19.34 49.50	250m:	3:54.71 48.79	350m:	5:30.04 46.83	
	100m:	1:29.84 48.09	200m:	3:05.92 46.58	300m:	4:43.21 48.50	400m:	6:15.28 45.24	
20.	HRYCIUK, Urszula		03	Uks,, oliborz" Warszawa				6:26.26	223
	50m:	41.20 41.20	150m:	2:19.11 49.70	250m:	3:58.59 50.17	350m:	5:38.52 49.50	
	100m:	1:29.41 48.21	200m:	3:08.42 49.31	300m:	4:49.02 50.43	400m:	6:26.26 47.74	
21.	WOJTYŁA, Magdalena		03	Uks,, oliborz" Warszawa				6:39.84	201
	50m:	41.88 41.88	150m:	2:23.41 50.50	250m:	4:08.50 52.30	350m:	5:52.90 51.11	
	100m:	1:32.91 51.03	200m:	3:16.20 52.79	300m:	5:01.79 53.29	400m:	6:39.84 46.94	
22.	KRAWCZYK, Ewa		03	UKS GOS Raszyn				6:48.90	188
	50m:	42.03 42.03	150m:	2:23.41 51.64	250m:	4:08.47 52.44	350m:	5:51.97 51.18	
	100m:	1:31.77 49.74	200m:	3:16.03 52.62	300m:	5:00.79 52.32	400m:	6:48.90 56.93	
23.	BUDEK, Helena		03	Uks,, oliborz" Warszawa				7:05.86	167
	50m:	44.90 44.90	150m:	3:28.95 55.11	250m:	5:22.24 56.74	350m:	6:14.72	
	100m:	2:33.84 1:48.94	200m:	4:25.50 56.55	300m:		400m:	7:05.86 51.14	

13 lat

1.	JABŁONOWSKA, Nikola		02	UKS G - 8 Bielany				4:54.72	503
	50m:	32.12 32.12	150m:	1:44.62 36.79	250m:	2:59.64 37.84	350m:	4:16.38 38.74	
	100m:	1:07.83 35.71	200m:	2:21.80 37.18	300m:	3:37.64 38.00	400m:	4:54.72 38.34	
2.	KRYPA, Marta		02	UKS MANTA Warszawa Włochy				4:56.73	493
	50m:	32.85 32.85	150m:	1:46.88 37.78	250m:	3:02.84 38.29	350m:	4:19.63 38.44	
	100m:	1:09.10 36.25	200m:	2:24.55 37.67	300m:	3:41.19 38.35	400m:	4:56.73 37.10	
3.	WRÓBLEWSKA, Wiktoria		02	UKS GOS Raszyn				5:01.15	472
	50m:	33.87 33.87	150m:	1:48.89 38.11	250m:	3:06.96 39.36	350m:	4:23.81 39.05	
	100m:	1:10.78 36.91	200m:	2:27.60 38.71	300m:	3:44.76 37.80	400m:	5:01.15 37.34	
4.	MARUSIK, Lena		02	UKS MANTA Warszawa Włochy				5:02.00	468
	50m:	34.14 34.14	150m:	1:50.07 38.43	250m:	3:07.58 38.71	350m:	4:25.55 38.83	
	100m:	1:11.64 37.50	200m:	2:28.87 38.80	300m:	3:46.72 39.14	400m:	5:02.00 36.45	
5.	KRAWCZYK, Paulina		02	Integracyjny Klub Sportowy Kon				5:02.47	466
	50m:	34.44 34.44	150m:	1:50.48 38.57	250m:	3:06.70 37.77	350m:	4:24.45 38.85	
	100m:	1:11.91 37.47	200m:	2:28.93 38.45	300m:	3:45.60 38.90	400m:	5:02.47 38.02	
6.	ZAJ C, Wiktoria		02	Uks,, oliborz" Warszawa				5:02.83	464
	50m:	33.59 33.59	150m:	1:50.51 38.83	250m:	3:08.53 39.07	350m:	4:26.29 39.10	
	100m:	1:11.68 38.09	200m:	2:29.46 38.95	300m:	3:47.19 38.66	400m:	5:02.83 36.54	
7.	BUJAK, Klara		02	UKS Skalar Warszawa				5:04.43	457
	50m:	33.80 33.80	150m:	1:49.91 38.80	250m:	3:08.51 39.23	350m:	4:27.59 39.61	
	100m:	1:11.11 37.31	200m:	2:29.28 39.37	300m:	3:47.98 39.47	400m:	5:04.43 36.84	
8.	MOZOŁOWSKA, Emilia		02	Uks,, oliborz" Warszawa				5:05.76	451
	50m:	34.63 34.63	150m:	1:52.23 39.24	250m:	3:10.98 39.25	350m:	4:29.10 38.63	
	100m:	1:12.99 38.36	200m:	2:31.73 39.50	300m:	3:50.47 39.49	400m:	5:05.76 36.66	
9.	DOBOSZ, Kalina		02	Uks,, oliborz" Warszawa				5:11.30	427
	50m:	35.23 35.23	150m:	1:54.24 40.10	250m:	3:13.97 39.71	350m:	4:33.13 39.47	
	100m:	1:14.14 38.91	200m:	2:34.26 40.02	300m:	3:53.66 39.69	400m:	5:11.30 38.17	
10.	DUDA, Paulina		02	UKS G - 8 Bielany				5:11.80	425
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:11.80	
11.	BIDNIK, Karolina		02	UKS MANTA Warszawa Włochy				5:16.85	405
	50m:	34.60 34.60	150m:	1:52.28 39.50	250m:	3:13.88 41.22	350m:	4:36.66 41.41	
	100m:	1:12.78 38.18	200m:	2:32.66 40.38	300m:	3:55.25 41.37	400m:	5:16.85 40.19	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
Warszawa, 25- - 26-3-2015

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
12.	FIGURSKA, Natalia		02	UKS G - 8 Bielany				5:18.09	400		
	50m:	35.18 35.18	150m:	1:54.49	40.26	250m:	3:15.89	41.10	350m:	4:38.09	40.98
	100m:	1:14.23 39.05	200m:	2:34.79	40.30	300m:	3:57.11	41.22	400m:	5:18.09	40.00
13.	ZIENTARSKA, Karolina		02	Integracyjny Klub Sportowy Kon				5:18.19	400		
	50m:	36.26 36.26	150m:	1:56.39	40.34	250m:	3:17.48	40.47	350m:	4:39.21	41.12
	100m:	1:16.05 39.79	200m:	2:37.01	40.62	300m:	3:58.09	40.61	400m:	5:18.19	38.98
14.	POPLAWSKA, Barbara		02	Uks,, oliborz" Warszawa				5:29.73	359		
	50m:	36.74 36.74	150m:	1:59.77	42.08	250m:	3:24.22	42.23	350m:	4:48.46	41.89
	100m:	1:17.69 40.95	200m:	2:41.99	42.22	300m:	4:06.57	42.35	400m:	5:29.73	41.27
15.	TASKA, Joanna		02	Uks Kapry Armexim Pruszków				5:30.15	358		
	50m:	37.58 37.58	150m:	2:02.07	42.82	250m:	3:27.42	42.58	350m:	4:51.50	41.53
	100m:	1:19.25 41.67	200m:	2:44.84	42.77	300m:	4:09.97	42.55	400m:	5:30.15	38.65
16.	BROJANOWSKA, Zofia		02	UKS G - 8 Bielany				5:32.66	350		
	50m:	36.41 36.41	150m:	1:57.43	41.23	250m:	3:23.88	43.38	350m:	4:50.09	42.95
	100m:	1:16.20 39.79	200m:	2:40.50	43.07	300m:	4:07.14	43.26	400m:	5:32.66	42.57
17.	GORZKOWSKA, Ida		02	Uks Victoria Józefów				5:34.01	346		
	50m:	36.27 36.27	150m:	1:58.76	42.00	250m:	3:25.50	43.79	350m:	4:52.09	42.99
	100m:	1:16.76 40.49	200m:	2:41.71	42.95	300m:	4:09.10	43.60	400m:	5:34.01	41.92
18.	GOLLER, Klaudia		02	UKS Ostrobramska Warszawa				5:34.10	345		
	50m:	37.00 37.00	150m:	1:59.91	42.45	250m:	3:26.07	42.73	350m:	4:51.63	42.51
	100m:	1:17.46 40.46	200m:	2:43.34	43.43	300m:	4:09.12	43.05	400m:	5:34.10	42.47
19.	REZNER, Julia		02	Uks Kapry Armexim Pruszków				5:50.25	300		
	50m:	39.21 39.21	150m:	2:07.23	44.62	250m:	3:36.65	44.49	350m:	5:06.59	44.96
	100m:	1:22.61 43.40	200m:	2:52.16	44.93	300m:	4:21.63	44.98	400m:	5:50.25	43.66
20.	BOJARSKA, Zuzanna		02	UKS MANTA Warszawa Włochy				5:55.48	287		
	50m:	39.50 39.50	150m:	2:09.83	45.45	250m:	3:42.39	45.55	350m:	5:14.04	45.45
	100m:	1:24.38 44.88	200m:	2:56.84	47.01	300m:	4:28.59	46.20	400m:	5:55.48	41.44
21.	ZAGÓRSKA, Agata		02	UKS G - 8 Bielany				5:59.09	278		
	50m:		150m:			250m:			350m:		
	100m:		200m:			300m:			400m:	5:59.09	
22.	DZIUBAK, Katarzyna		02	Uks,, oliborz" Warszawa				6:02.20	271		
	50m:	40.46 40.46	150m:	2:10.40	45.70	250m:	3:43.46	46.73	350m:	5:17.92	47.57
	100m:	1:24.70 44.24	200m:	2:56.73	46.33	300m:	4:30.35	46.89	400m:	6:02.20	44.28
23.	WI NIEWSKA, Lidia		02	Uks,, oliborz" Warszawa				6:14.47	245		
	50m:	41.04 41.04	150m:	2:14.10	47.55	250m:	3:50.93	48.60	350m:	5:28.24	48.60
	100m:	1:26.55 45.51	200m:	3:02.33	48.23	300m:	4:39.64	48.71	400m:	6:14.47	46.23
PK	DUBAN, Karolina		04	Uks Kapry Armexim Pruszków				5:48.84	303		
	50m:	40.24 40.24	150m:	2:10.03	44.74	250m:	3:39.09	43.97	350m:	5:08.22	44.14
	100m:	1:25.29 45.05	200m:	2:55.12	45.09	300m:	4:24.08	44.99	400m:	5:48.84	40.62