

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat  
Warszawa, 25- - 26-3-2015

Konkurencja 8  
2015-03-25 - 12:08

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.	
<b>12 lat</b>										
1.	REMBOWSKI, Jan		03	Integracyjny Klub Sportowy Kon				<b>5:03.05</b>	343	
	50m:	33.21 33.21	150m:	1:49.41	38.68	250m:	3:07.98	39.11	350m:	4:26.24 38.81
	100m:	1:10.73 37.52	200m:	2:28.87	39.46	300m:	3:47.43	39.45	400m:	5:03.05 36.81
2.	GROMULSKI, Paweł		03	Uks,, oliborz" Warszawa				<b>5:04.02</b>	340	
	50m:	32.79 32.79	150m:	1:48.89	38.68	250m:	3:07.30	39.20	350m:	4:25.93 39.43
	100m:	1:10.21 37.42	200m:	2:28.10	39.21	300m:	3:46.50	39.20	400m:	5:04.02 38.09
3.	ILCEWICZ, Hubert		03	Uks Victoria Józefów				<b>5:23.77</b>	281	
	50m:	35.92 35.92	150m:	1:58.22	42.12	250m:	3:21.56	41.43	350m:	4:44.73 41.04
	100m:	1:16.10 40.18	200m:	2:40.13	41.91	300m:	4:03.69	42.13	400m:	5:23.77 39.04
4.	ŁUKASZEWICZ, Bła ej		03	Uks Victoria Józefów				<b>5:26.05</b>	275	
	50m:	34.49 34.49	150m:	1:55.88	41.72	250m:	3:20.62	42.60	350m:	4:45.93 42.51
	100m:	1:14.16 39.67	200m:	2:38.02	42.14	300m:	4:03.42	42.80	400m:	5:26.05 40.12
5.	URBANOWSKI, Jakub		03	UKS G - 8 Bielany				<b>5:26.91</b>	273	
	50m:	35.43 35.43	150m:	1:58.25	42.53	250m:	3:23.68	43.22	350m:	4:47.49 42.28
	100m:	1:15.72 40.29	200m:	2:40.46	42.21	300m:	4:05.21	41.53	400m:	5:26.91 39.42
6.	CEGLI SKI, Maciej		03	UKS MANTA Warszawa Włochy				<b>5:30.86</b>	264	
	50m:	37.41 37.41	150m:	2:01.42	42.41	250m:	3:27.09	42.73	350m:	4:51.94 42.06
	100m:	1:19.01 41.60	200m:	2:44.36	42.94	300m:	4:09.88	42.79	400m:	5:30.86 38.92
7.	PARADOWSKI, Olaf		03	UKS G - 8 Bielany				<b>5:42.53</b>	237	
	50m:	38.07 38.07	150m:	2:02.78	42.52	250m:	3:29.33	43.07	350m:	4:58.21 44.53
	100m:	1:20.26 42.19	200m:	2:46.26	43.48	300m:	4:13.68	44.35	400m:	5:42.53 44.32
8.	STRUS, Jan		03	Uks,, oliborz" Warszawa				<b>5:47.56</b>	227	
	50m:	38.39 38.39	150m:	2:04.63	43.76	250m:	3:33.32	44.34	350m:	5:02.72 44.58
	100m:	1:20.87 42.48	200m:	2:48.98	44.35	300m:	4:18.14	44.82	400m:	5:47.56 44.84
9.	BRONOWSKI, Aleksander		03	Uks Victoria Józefów				<b>5:51.92</b>	219	
	50m:	37.22 37.22	150m:	2:43.43	1:24.77	250m:	4:07.85	42.10	350m:	5:32.64 41.15
	100m:	1:18.66 41.44	200m:	3:25.75	42.32	300m:	4:51.49	43.64	400m:	5:51.92 19.28
10.	KALETA, Cezary		03	Uks,, oliborz" Warszawa				<b>6:00.19</b>	204	
	50m:	40.27 40.27	150m:	2:09.40	44.94	250m:	3:41.21	46.08	350m:	5:14.91 46.64
	100m:	1:24.46 44.19	200m:	2:55.13	45.73	300m:	4:28.27	47.06	400m:	6:00.19 45.28
11.	KRÓL, Kosma		03	Uks,, oliborz" Warszawa				<b>6:00.32</b>	204	
	50m:	37.07 37.07	150m:	2:08.53	46.69	250m:	3:44.13	47.28	350m:	5:18.58 47.44
	100m:	1:21.84 44.77	200m:	2:56.85	48.32	300m:	4:31.14	47.01	400m:	6:00.32 41.74
12.	MAZURO, Maciej		03	Uks Kapry Armexim Pruszków				<b>6:04.33</b>	197	
	50m:	38.63 38.63	150m:	2:10.49	47.22	250m:	3:45.42	47.74	350m:	5:19.81 47.42
	100m:	1:23.27 44.64	200m:	2:57.68	47.19	300m:	4:32.39	46.97	400m:	6:04.33 44.52
13.	KUJAWSKI, Szymon		03	Uks Victoria Józefów				<b>6:13.83</b>	183	
	50m:	40.77 40.77	150m:	2:14.25	47.31	250m:	3:49.09	47.41	350m:	5:25.78 48.67
	100m:	1:26.94 46.17	200m:	3:01.68	47.43	300m:	4:37.11	48.02	400m:	6:13.83 48.05
14.	PARDEJ, Jeramiasz		03	UKS 307 Warszawa-Mokotów				<b>6:18.72</b>	176	
	50m:	39.31 39.31	150m:	2:12.92	48.50	250m:	3:50.60	49.36	350m:	5:34.05 54.35
	100m:	1:24.42 45.11	200m:	3:01.24	48.32	300m:	4:39.70	49.10	400m:	6:18.72 44.67
15.	PRZYBYTNIAK, Sean		03	Uks,, oliborz" Warszawa				<b>6:22.59</b>	170	
	50m:		150m:			250m:	5:36.04	49.53	350m:	
	100m:	2:17.41	200m:	4:46.51		300m:	6:22.59	46.55	400m:	6:22.59
16.	STRZEMBOSZ, Franciszek		03	Uks Victoria Józefów				<b>6:24.12</b>	168	
	50m:	42.59 42.59	150m:	2:19.83	49.15	250m:	4:50.68	50.80	350m:	
	100m:	1:30.68 48.09	200m:	3:59.88	1:40.05	300m:			400m:	6:24.12
17.	GROCHOWICZ, Jakub		03	UKS Ostrobramska Warszawa				<b>6:30.22</b>	160	
	50m:	42.45 42.45	150m:	2:22.09	50.22	250m:	4:01.40	50.31	350m:	5:43.47 51.79
	100m:	1:31.87 49.42	200m:	3:11.09	49.00	300m:	4:51.68	50.28	400m:	6:30.22 46.75

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat  
Warszawa, 25- - 26-3-2015

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja	Rok ur.	Czas	Pkt.
DYSKW. FLORCZUK, Aleksander	03 Uks,, oliborz" Warszawa	<b>6:01.29</b>	
50m: 38.56 38.56	150m: 2:12.20 47.82	250m: 3:47.06 47.73	350m: 5:19.94 45.40
100m: 1:24.38 45.82	200m: 2:59.33 47.13	300m: 4:34.54 47.48	400m: 6:01.29 41.35
NIE UK. JAKUBOWSKI, Jakub	03 UKS MANTA Warszawa Włochy		
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m:

13 lat

1. ORLICZ, Filip	02 UKS G - 8 Bielany	<b>4:23.78</b>	520
50m: 28.92 28.92	150m: 1:35.13 33.32	250m: 2:43.85 34.67	350m: 3:49.93 31.27
100m: 1:01.81 32.89	200m: 2:09.18 34.05	300m: 3:18.66 34.81	400m: 4:23.78 33.85
2. RABAN, Maciej	02 Integracyjny Klub Sportowy Kon	<b>4:33.70</b>	466
50m: 30.46 30.46	150m: 1:38.23 34.31	250m: 2:47.71 34.49	350m: 3:58.52 35.81
100m: 1:03.92 33.46	200m: 2:13.22 34.99	300m: 3:22.71 35.00	400m: 4:33.70 35.18
3. GOTOWSKI, Dominik	02 UKS G - 8 Bielany	<b>4:47.04</b>	404
50m: 31.75 31.75	150m: 1:43.24 36.08	250m: 2:56.44 36.91	350m: 4:11.35 37.26
100m: 1:07.16 35.41	200m: 2:19.53 36.29	300m: 3:34.09 37.65	400m: 4:47.04 35.69
4. TRACZEWSKI, Gustaw	02 Uks,, oliborz" Warszawa	<b>4:50.07</b>	391
50m: 31.09 31.09	150m: 1:43.34 37.05	250m: 2:59.22 38.28	350m: 4:14.07 36.87
100m: 1:06.29 35.20	200m: 2:20.94 37.60	300m: 3:37.20 37.98	400m: 4:50.07 36.00
5. ZADUMI SKI, Olgierd	02 Uks,, oliborz" Warszawa	<b>5:02.59</b>	345
50m: 34.97 34.97	150m: 1:52.36 38.75	250m: 3:09.44 38.71	350m: 4:24.98 37.78
100m: 1:13.61 38.64	200m: 2:30.73 38.37	300m: 3:47.20 37.76	400m: 5:02.59 37.61
6. DUDKIEWICZ, Kacper	02 Uks,, oliborz" Warszawa	<b>5:08.76</b>	324
50m: 34.80 34.80	150m: 1:52.37 38.94	250m: 3:13.52 40.23	350m: 4:31.60 37.92
100m: 1:13.43 38.63	200m: 2:33.29 40.92	300m: 3:53.68 40.16	400m: 5:08.76 37.16
7. SAPALSKI, Maciej	02 UKS G - 8 Bielany	<b>5:10.60</b>	319
50m: 35.09 35.09	150m: 1:52.85 39.31	250m: 3:12.48 40.18	350m: 4:32.27 39.63
100m: 1:13.54 38.45	200m: 2:32.30 39.45	300m: 3:52.64 40.16	400m: 5:10.60 38.33
8. BIEGA SKI, Marcin	02 Uks,, oliborz" Warszawa	<b>5:12.22</b>	314
50m: 34.86 34.86	150m: 1:52.43 39.08	250m: 3:12.69 40.31	350m: 4:32.99 39.41
100m: 1:13.35 38.49	200m: 2:32.38 39.95	300m: 3:53.58 40.89	400m: 5:12.22 39.23
9. BORZYMEK, Hubert	02 UKS 307 Warszawa-Mokotów	<b>5:18.91</b>	294
50m: 37.19 37.19	150m: 1:58.65 40.99	250m: 3:21.29 40.80	350m: 4:41.15 39.22
100m: 1:17.66 40.47	200m: 2:40.49 41.84	300m: 4:01.93 40.64	400m: 5:18.91 37.76
10. KOWALCZYK, Michał	02 Uks,, oliborz" Warszawa	<b>5:19.63</b>	292
50m: 34.38 34.38	150m: 1:54.90 40.96	250m: 3:17.14 40.24	350m: 4:40.61 41.31
100m: 1:13.94 39.56	200m: 2:36.90 42.00	300m: 3:59.30 42.16	400m: 5:19.63 39.02
11. ROZMYSŁOWSKI, Eryk	02 UKS GOS Raszyn	<b>5:23.16</b>	283
50m: 35.23 35.23	150m: 1:56.19 41.44	250m: 3:18.82 41.49	350m: 4:42.41 42.10
100m: 1:14.75 39.52	200m: 2:37.33 41.14	300m: 4:00.31 41.49	400m: 5:23.16 40.75
12. HOMIK, Mateusz	02 UKS 307 Warszawa-Mokotów	<b>5:28.40</b>	269
50m: 37.16 37.16	150m: 2:00.27 41.73	250m: 3:24.20 41.50	350m: 4:48.04 41.89
100m: 1:18.54 41.38	200m: 2:42.70 42.43	300m: 4:06.15 41.95	400m: 5:28.40 40.36
13. TROJAN, Andrzej	02 Uks,, oliborz" Warszawa	<b>5:28.87</b>	268
50m: 34.11 34.11	150m: 1:56.77 42.34	250m: 3:23.13 43.58	350m: 4:48.50 42.21
100m: 1:14.43 40.32	200m: 2:39.55 42.78	300m: 4:06.29 43.16	400m: 5:28.87 40.37
14. KOPUT, Antoni	02 UKS MANTA Warszawa Włochy	<b>5:29.44</b>	267
50m: 33.74 33.74	150m: 1:58.44 43.46	250m: 3:23.09 42.28	350m: 4:47.68 42.61
100m: 1:14.98 41.24	200m: 2:40.81 42.37	300m: 4:05.07 41.98	400m: 5:29.44 41.76
15. R PAŁA, Tomasz	02 UKS GOS Raszyn	<b>5:33.08</b>	258
50m: 38.71 38.71	150m: 2:02.33 42.63	250m: 3:27.32 42.43	350m: 4:51.55 41.65
100m: 1:19.70 40.99	200m: 2:44.89 42.56	300m: 4:09.90 42.58	400m: 5:33.08 41.53

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat  
Warszawa, 25- - 26-3-2015

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
16.	MICHALCZYK, Bartosz		02	UKS G - 8 Bielany				<b>5:38.72</b>	246
	50m: 36.17 36.17	150m: 2:00.22	43.26	250m: 3:29.75	45.43	350m: 4:58.31	44.02		
	100m: 1:16.96 40.79	200m: 2:44.32	44.10	300m: 4:14.29	44.54	400m: 5:38.72	40.41		
17.	BRU DZIAK, Olaf		02	Uks,, oliborz" Warszawa				<b>5:43.67</b>	235
	50m: 35.85 35.85	150m: 2:02.44	45.08	250m: 3:32.27	44.51	350m: 5:01.08	44.53		
	100m: 1:17.36 41.51	200m: 2:47.76	45.32	300m: 4:16.55	44.28	400m: 5:43.67	42.59		
18.	BIEGAJ, Karol		02	UKS 307 Warszawa-Mokotów				<b>5:47.29</b>	228
	50m: 38.56 38.56	150m: 2:06.00	44.03	250m: 3:36.00	44.38	350m: 5:03.54	43.74		
	100m: 1:21.97 43.41	200m: 2:51.62	45.62	300m: 4:19.80	43.80	400m: 5:47.29	43.75		
19.	DOBROMISKI, Jan		02	Uks,, oliborz" Warszawa				<b>5:50.62</b>	221
	50m: 37.10 37.10	150m: 2:05.03	44.67	250m: 3:34.61	45.02	350m: 5:05.20	45.70		
	100m: 1:20.36 43.26	200m: 2:49.59	44.56	300m: 4:19.50	44.89	400m: 5:50.62	45.42		
20.	PAŁDYNA, Marcin		02	UKS 307 Warszawa-Mokotów				<b>5:51.22</b>	220
	50m: 37.03 37.03	150m: 2:03.85	45.05	250m: 3:35.80	46.43	350m: 5:06.85	44.30		
	100m: 1:18.80 41.77	200m: 2:49.37	45.52	300m: 4:22.55	46.75	400m: 5:51.22	44.37		
21.	ALEKSIEWICZ, Mateusz		02	UKS G - 8 Bielany				<b>5:52.69</b>	217
	50m: 39.08 39.08	150m: 2:08.42	45.12	250m: 3:39.14	43.82	350m: 5:10.61	46.01		
	100m: 1:23.30 44.22	200m: 2:55.32	46.90	300m: 4:24.60	45.46	400m: 5:52.69	42.08		
22.	LE NIEWSKI, Nikodem		02	UKS GOS Raszyn				<b>7:26.48</b>	107
	50m: 48.36 48.36	150m: 2:41.22	56.35	250m: 4:37.95	59.02	350m: 6:30.93	55.63		
	100m: 1:44.87 56.51	200m: 3:38.93	57.71	300m: 5:35.30	57.35	400m: 7:26.48	55.55		