

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików
Ciechanów, 28- - 29-3-2015

Konkurencja 7
2015-03-28 - 13:10

Dziewcz t, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.
12 lat									
1.	DUJANI , Iva		03	UKS "GIM 92 URSYNÓW" Warszawa				4:52.39	516
	50m: 33.24	33.24	150m: 1:46.13	36.82	250m: 3:00.23	37.19	350m: 4:15.59	37.59	
	100m: 1:09.31	36.07	200m: 2:23.04	36.91	300m: 3:38.00	37.77	400m: 4:52.39	36.80	
2.	D BROWSKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				4:59.36	480
	50m: 33.11	33.11	150m: 1:47.86	37.98	250m: 3:04.49	38.46	350m: 4:21.51	38.75	
	100m: 1:09.88	36.77	200m: 2:26.03	38.17	300m: 3:42.76	38.27	400m: 4:59.36	37.85	
3.	HERBREder, Gabriela		03	UKS "GIM 92 URSYNÓW" Warszawa				5:02.57	465
	50m: 33.57	33.57	150m: 1:50.29	39.04	250m: 3:08.45	39.24	350m: 4:26.17	38.91	
	100m: 1:11.25	37.68	200m: 2:29.21	38.92	300m: 3:47.26	38.81	400m: 5:02.57	36.40	
4.	BADZIAN, Natalia		03	Iuks Muszelka				5:06.31	448
	50m: 33.37	33.37	150m: 1:48.68	38.22	250m: 3:07.92	39.64	350m: 4:27.22	39.60	
	100m: 1:10.46	37.09	200m: 2:28.28	39.60	300m: 3:47.62	39.70	400m: 5:06.31	39.09	
5.	WOJCIECHOWSKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				5:06.74	446
	50m: 36.39	36.39	150m: 1:53.63	38.33	250m: 3:11.16	38.89	350m: 4:28.77	38.71	
	100m: 1:15.30	38.91	200m: 2:32.27	38.64	300m: 3:50.06	38.90	400m: 5:06.74	37.97	
6.	NOWAK, Maja		03	Mks Ochota Warszawa				5:08.57	439
	50m: 35.28	35.28	150m: 1:53.68	39.44	250m: 3:12.25	39.11	350m: 4:31.73	39.56	
	100m: 1:14.24	38.96	200m: 2:33.14	39.46	300m: 3:52.17	39.92	400m: 5:08.57	36.84	
7.	CYNARSKA, Weronika		03	Iuks Muszelka				5:08.85	437
	50m: 34.85	34.85	150m: 1:52.33	39.23	250m: 3:11.73	39.47	350m: 4:31.27	39.87	
	100m: 1:13.10	38.25	200m: 2:32.26	39.93	300m: 3:51.40	39.67	400m: 5:08.85	37.58	
8.	RYNKIEWICZ, Maria		03	UKS "GIM 92 URSYNÓW" Warszawa				5:13.24	419
	50m: 35.45	35.45	150m: 1:54.26	39.69	250m: 3:13.50	39.50	350m: 4:34.43	40.62	
	100m: 1:14.57	39.12	200m: 2:34.00	39.74	300m: 3:53.81	40.31	400m: 5:13.24	38.81	
9.	PRZYBYSZ, Dominika		03	Buks Warszawa				5:20.40	392
	50m: 36.91	36.91	150m: 1:57.54	40.96	250m: 3:20.01	41.15	350m: 4:41.54	40.65	
	100m: 1:16.58	39.67	200m: 2:38.86	41.32	300m: 4:00.89	40.88	400m: 5:20.40	38.86	
10.	ERA SKA, Ula		03	Buks Warszawa				5:21.30	388
	50m: 36.98	36.98	150m: 1:59.49	41.29	250m: 3:21.46	40.96	350m: 4:42.42	40.14	
	100m: 1:18.20	41.22	200m: 2:40.50	41.01	300m: 4:02.28	40.82	400m: 5:21.30	38.88	
11.	AMBRO Y, Antonina		03	Mks Ochota Warszawa				5:24.95	375
	50m: 35.74	35.74	150m: 1:58.43	41.94	250m: 3:21.91	41.97	350m: 4:45.80	41.82	
	100m: 1:16.49	40.75	200m: 2:39.94	41.51	300m: 4:03.98	42.07	400m: 5:24.95	39.15	
12.	JABŁO SKA, Martyna		03	MKS Piaseczno				5:25.92	372
	50m: 35.89	35.89	150m: 1:57.03	41.51	250m: 3:21.55	42.51	350m: 4:46.82	42.69	
	100m: 1:15.52	39.63	200m: 2:39.04	42.01	300m: 4:04.13	42.58	400m: 5:25.92	39.10	
13.	OBUCHOWICZ, Natasza		03	Legia Warszawa				5:26.92	369
	50m: 36.27	36.27	150m: 1:58.58	41.85	250m: 3:21.17	41.30	350m: 4:45.46	42.48	
	100m: 1:16.73	40.46	200m: 2:39.87	41.29	300m: 4:02.98	41.81	400m: 5:26.92	41.46	
14.	CIEPAŁ, Natasza		03	UKS "GIM 92 URSYNÓW" Warszawa				5:30.14	358
	50m: 36.34	36.34	150m: 2:01.09	42.74	250m: 3:26.27	42.56	350m: 4:49.92	41.63	
	100m: 1:18.35	42.01	200m: 2:43.71	42.62	300m: 4:08.29	42.02	400m: 5:30.14	40.22	
15.	PRUSZY SKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				5:30.24	358
	50m: 38.73	38.73	150m: 2:03.77	42.43	250m: 3:29.09	42.44	350m: 4:51.64	41.02	
	100m: 1:21.34	42.61	200m: 2:46.65	42.88	300m: 4:10.62	41.53	400m: 5:30.24	38.60	
16.	KASJANIUK, Patrycja		03	Buks Warszawa				5:36.71	337
	50m: 39.03	39.03	150m: 2:04.81	43.01	250m: 3:30.20	42.70	350m: 4:54.68	41.62	
	100m: 1:21.80	42.77	200m: 2:47.50	42.69	300m: 4:13.06	42.86	400m: 5:36.71	42.03	
17.	LOTEK, Klaudia		03	Buks Warszawa				5:36.78	337
	50m: 38.35	38.35	150m: 2:04.75	43.51	250m: 3:30.91	42.87	350m: 4:55.43	41.60	
	100m: 1:21.24	42.89	200m: 2:48.04	43.29	300m: 4:13.83	42.92	400m: 5:36.78	41.35	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików
Ciechanów, 28- - 29-3-2015

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	P KUL, Nela		03	Mks Ochota Warszawa				5:37.15	336
	50m: 37.49	37.49	150m: 2:02.96	43.56	250m: 3:29.36	43.79	350m: 4:54.13	41.14	
	100m: 1:19.40	41.91	200m: 2:45.57	42.61	300m: 4:12.99	43.63	400m: 5:37.15	43.02	
19.	BUSZKA, Kornelia		03	Mks Polonia Warszawa				5:39.48	329
	50m: 38.85	38.85	150m: 2:05.13	43.20	250m: 3:32.71	43.82	350m: 4:59.98	43.28	
	100m: 1:21.93	43.08	200m: 2:48.89	43.76	300m: 4:16.70	43.99	400m: 5:39.48	39.50	
20.	WASZKOWSKA, Wiktoria		03	MKS Piaseczno				5:40.26	327
	50m: 36.05	36.05	150m: 2:01.50	43.36	250m: 3:30.08	45.37	350m: 4:58.27	43.96	
	100m: 1:18.14	42.09	200m: 2:44.71	43.21	300m: 4:14.31	44.23	400m: 5:40.26	41.99	
21.	WŁODARKIEWICZ, Magdalena		03	UKS Pirania Targówek				5:40.74	326
	50m: 40.06	40.06	150m: 2:06.90	43.99	250m: 3:35.25	43.85	350m: 5:01.33	42.66	
	100m: 1:22.91	42.85	200m: 2:51.40	44.50	300m: 4:18.67	43.42	400m: 5:40.74	39.41	
22.	KOZI SKA, Anna		03	UKS "GIM 92 URSYNÓW" Warszawa				5:47.77	306
	50m: 39.51	39.51	150m: 2:09.77	44.64	250m: 3:36.88	42.58	350m: 5:06.26	44.68	
	100m: 1:25.13	45.62	200m: 2:54.30	44.53	300m: 4:21.58	44.70	400m: 5:47.77	41.51	
23.	BOGUSZ, Maja		03	Buks Warszawa				5:48.10	305
	50m: 40.22	40.22	150m: 2:08.36	44.78	250m: 3:37.87	44.86	350m: 5:06.17	43.18	
	100m: 1:23.58	43.36	200m: 2:53.01	44.65	300m: 4:22.99	45.12	400m: 5:48.10	41.93	
24.	BAZYLKO, Kaja		03	UKS JAGIELLONKA Warszawa				5:48.69	304
	50m: 39.49	39.49	150m: 2:05.97	43.70	250m: 3:35.54	45.11	350m: 5:05.36	44.92	
	100m: 1:22.27	42.78	200m: 2:50.43	44.46	300m: 4:20.44	44.90	400m: 5:48.69	43.33	
25.	BOGUSZ, Kaja		03	Buks Warszawa				5:52.01	295
	50m: 39.34	39.34	150m: 2:08.70	45.43	250m: 3:39.32	45.06	350m: 5:09.46	45.27	
	100m: 1:23.27	43.93	200m: 2:54.26	45.56	300m: 4:24.19	44.87	400m: 5:52.01	42.55	
26.	BORKOWSKA, Oliwia		03	UKS JAGIELLONKA Warszawa				5:52.03	295
	50m: 38.94	38.94	150m: 2:07.17	45.30	250m: 3:37.37	45.37	350m: 5:08.12		
	100m: 1:21.87	42.93	200m: 2:52.00	44.83	300m:		400m: 5:52.03	43.91	
27.	MILEWSKA, Maja		03	UKS "GIM 92 URSYNÓW" Warszawa				5:52.05	295
	50m: 39.00	39.00	150m: 2:05.12	43.61	250m: 3:35.45	45.17	350m: 5:05.17	43.93	
	100m: 1:21.51	42.51	200m: 2:50.28	45.16	300m: 4:21.24	45.79	400m: 5:52.05	46.88	
28.	STROI SKA, Amelia		03	Buks Warszawa				5:52.16	295
	50m: 40.71	40.71	150m: 2:09.95	45.41	250m: 3:39.72	44.71	350m: 5:08.29	44.44	
	100m: 1:24.54	43.83	200m: 2:55.01	45.06	300m: 4:23.85	44.13	400m: 5:52.16	43.87	
29.	KRAWCZYK, Michalina		03	Uks Pingwiny				5:57.78	281
	50m: 39.61	39.61	150m: 2:10.23	45.48	250m: 3:41.33	45.81	350m: 5:13.75	46.42	
	100m: 1:24.75	45.14	200m: 2:55.52	45.29	300m: 4:27.33	46.00	400m: 5:57.78	44.03	
30.	BANASIAK, Oliwia		03	Mks Polonia Warszawa				6:06.94	261
	50m: 39.41	39.41	150m: 2:12.68	47.18	250m: 3:48.02	47.64	350m: 5:24.21	48.56	
	100m: 1:25.50	46.09	200m: 3:00.38	47.70	300m: 4:35.65	47.63	400m: 6:06.94	42.73	
31.	SZANIAWSKA, Agata		03	UKS Delfin Garwolin				6:09.30	256
	50m: 41.28	41.28	150m: 2:12.45	46.11	250m: 3:46.97	47.15	350m: 5:21.39	47.28	
	100m: 1:26.34	45.06	200m: 2:59.82	47.37	300m: 4:34.11	47.14	400m: 6:09.30	47.91	
32.	GOŁ BIEWSKA, Aleksandra		03	UKS "POLONEZ" Wyszaków				6:10.49	253
	50m: 40.84	40.84	150m: 2:14.68	48.00	250m: 3:51.45	48.59	350m: 5:27.69	49.16	
	100m: 1:26.68	45.84	200m: 3:02.86	48.18	300m: 4:38.53	47.08	400m: 6:10.49	42.80	
33.	CH CIAK, Sandra		03	UKS "GIM 92 URSYNÓW" Warszawa				6:11.03	252
	50m: 39.96	39.96	150m: 2:17.46	48.83	250m: 3:55.15	49.28	350m: 5:29.34	47.08	
	100m: 1:28.63	48.67	200m: 3:05.87	48.41	300m: 4:42.26	47.11	400m: 6:11.03	41.69	
34.	PLEWNIA, Aleksandra		03	Mks Polonia Warszawa				6:12.31	249
	50m: 38.94	38.94	150m: 2:17.29	49.27	250m: 3:54.63	48.63	350m: 5:29.81	47.85	
	100m: 1:28.02	49.08	200m: 3:06.00	48.71	300m: 4:41.96	47.33	400m: 6:12.31	42.50	
35.	BUTRYN, Paulina		03	Klub Pływacki Płetwal Mława				6:15.49	243
	50m: 39.15	39.15	150m: 2:10.20	47.18	250m: 3:47.86	49.72	350m: 5:27.43	50.44	
	100m: 1:23.02	43.87	200m: 2:58.14	47.94	300m: 4:36.99	49.13	400m: 6:15.49	48.06	

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Pozycja			Rok ur.							Czas	Pkt.
36.	KRUSI	SKA, Milena	03	Uks Pingwiny						6:31.49	214
	50m:	43.81 43.81	150m:	2:24.05	50.15	250m:	4:04.45	49.95	350m:	5:46.09	50.52
	100m:	1:33.90 50.09	200m:	3:14.50	50.45	300m:	4:55.57	51.12	400m:	6:31.49	45.40
37.	ANDRUSZKIEWICZ,	Zuzanna	03	Mks Polonia Warszawa						6:44.41	195
	50m:	43.83 43.83	150m:	2:24.55	50.72	250m:	4:09.36	53.25	350m:	5:56.20	54.20
	100m:	1:33.83 50.00	200m:	3:16.11	51.56	300m:	5:02.00	52.64	400m:	6:44.41	48.21
38.	WIERK,	Nina	03	UKS Pirania Targówek						6:44.67	194
	50m:		150m:	2:28.92		250m:	4:12.05	51.27	350m:		
	100m:		200m:	3:20.78	51.86	300m:	5:04.43	52.38	400m:	6:44.67	
39.	FR CKIEWICZ,	Emilia	03	UKS Delfin Garwolin						6:52.49	183
	50m:	45.25 45.25	150m:	2:30.94	53.62	250m:	4:17.97	54.01	350m:	6:03.26	52.51
	100m:	1:37.32 52.07	200m:	3:23.96	53.02	300m:	5:10.75	52.78	400m:	6:52.49	49.23

13 lat

1.	ZAR	BA-PARADOWSKA, Julia	02	Buks Warszawa						4:50.30	527
	50m:	33.09 33.09	150m:	1:45.12	36.47	250m:	2:58.47	36.69	350m:	4:13.76	37.81
	100m:	1:08.65 35.56	200m:	2:21.78	36.66	300m:	3:35.95	37.48	400m:	4:50.30	36.54
2.	SZCZUKIEWICZ,	Laura	02	Mks Polonia Warszawa						4:52.05	517
	50m:	32.15 32.15	150m:	1:44.62	37.44	250m:	3:00.20	37.50	350m:	4:16.59	37.98
	100m:	1:07.18 35.03	200m:	2:22.70	38.08	300m:	3:38.61	38.41	400m:	4:52.05	35.46
3.	BIAŁAS,	Aniela	02	UKS JAGIELLONKA Warszawa						4:55.79	498
	50m:	34.04 34.04	150m:	1:48.42	37.65	250m:	3:04.82	38.27	350m:	4:20.37	37.65
	100m:	1:10.77 36.73	200m:	2:26.55	38.13	300m:	3:42.72	37.90	400m:	4:55.79	35.42
4.	GAJDZI	SKA, Amelia	02	UKP Wodnik						4:55.91	497
	50m:	33.13 33.13	150m:	1:47.21	37.42	250m:	3:02.79	38.30	350m:	4:55.91	1:15.44
	100m:	1:09.79 36.66	200m:	2:24.49	37.28	300m:	3:40.47	37.68	400m:	4:55.91	
5.	KRYSZKOWSKA,	Natalia	02	MZOS Płock						4:57.31	490
	50m:	33.50 33.50	150m:	2:25.07	1:15.00	250m:	3:03.13		350m:	4:19.83	38.48
	100m:	1:10.07 36.57	200m:			300m:	3:41.35	38.22	400m:	4:57.31	37.48
6.	WYTRYKUS,	Maria	02	Buks Warszawa						5:00.33	476
	50m:	33.79 33.79	150m:	1:48.92	38.03	250m:	3:05.70	38.72	350m:	4:24.55	39.33
	100m:	1:10.89 37.10	200m:	2:26.98	38.06	300m:	3:45.22	39.52	400m:	5:00.33	35.78
7.	MIECHOWSKA,	Patrycja	02	Buks Warszawa						5:01.85	468
	50m:	34.07 34.07	150m:	1:50.64	38.54	250m:	3:07.79	38.73	350m:	4:25.07	38.31
	100m:	1:12.10 38.03	200m:	2:29.06	38.42	300m:	3:46.76	38.97	400m:	5:01.85	36.78
8.	JASIORSKA,	Aleksandra	02	Iuks Muszelka						5:04.90	455
	50m:	32.92 32.92	150m:	1:47.34	38.03	250m:	3:05.82	39.47	350m:	4:25.37	39.79
	100m:	1:09.31 36.39	200m:	2:26.35	39.01	300m:	3:45.58	39.76	400m:	5:04.90	39.53
9.	PAKUŁA,	Alicja	02	UKS Pirania Targówek						5:08.01	441
	50m:	33.78 33.78	150m:	1:52.08	39.94	250m:	3:12.24	40.19	350m:	4:31.84	39.29
	100m:	1:12.14 38.36	200m:	2:32.05	39.97	300m:	3:52.55	40.31	400m:	5:08.01	36.17
10.	SZNAZA,	Sandra	02	Mks Polonia Warszawa						5:10.85	429
	50m:	32.92 32.92	150m:	1:50.15	39.07	250m:	3:10.50	40.18	350m:	4:31.41	40.53
	100m:	1:11.08 38.16	200m:	2:30.32	40.17	300m:	3:50.88	40.38	400m:	5:10.85	39.44
11.	WANIC,	Klaudia	02	UKS JAGIELLONKA Warszawa						5:12.20	423
	50m:	35.20 35.20	150m:	1:53.07	39.34	250m:	3:13.16	40.10	350m:	4:33.03	40.05
	100m:	1:13.73 38.53	200m:	2:33.06	39.99	300m:	3:52.98	39.82	400m:	5:12.20	39.17
12.	SKRZAT,	Natalia	02	UKS JAGIELLONKA Warszawa						5:12.93	420
	50m:	34.47 34.47	150m:	1:53.50	40.51	250m:	3:13.79	40.33	350m:	4:34.78	39.95
	100m:	1:12.99 38.52	200m:	2:33.46	39.96	300m:	3:54.83	41.04	400m:	5:12.93	38.15
13.	LESIAK,	Agata	02	UKS "GIM 92 URSYNÓW" Warszawa						5:15.56	410
	50m:	35.76 35.76	150m:	1:55.88	40.76	250m:	3:16.54	39.91	350m:	4:37.48	39.97
	100m:	1:15.12 39.36	200m:	2:36.63	40.75	300m:	3:57.51	40.97	400m:	5:15.56	38.08

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Pozycja			Rok ur.					Czas	Pkt.		
14.	BORUCKA, Alicja		02	Uks Posejdon Pułtusk				5:17.28	403		
	50m:	33.90 33.90	150m:	1:53.45	41.16	250m:	3:16.84	42.08	350m:	4:39.76	41.91
	100m:	1:12.29 38.39	200m:	2:34.76	41.31	300m:	3:57.85	41.01	400m:	5:17.28	37.52
15.	JAWORSKA, Maja		02	MZOS Płock				5:21.19	389		
	50m:	33.49 33.49	150m:	1:53.15	41.00	250m:	3:17.46	42.32	350m:	4:41.75	42.20
	100m:	1:12.15 38.66	200m:	2:35.14	41.99	300m:	3:59.55	42.09	400m:	5:21.19	39.44
16.	GŁOWACZ, Klaudia		02	UKS JAGIELLONKA Warszawa				5:22.00	386		
	50m:	33.99 33.99	150m:	1:54.18	40.27	250m:	3:19.29	42.45	350m:	4:43.37	41.44
	100m:	1:13.91 39.92	200m:	2:36.84	42.66	300m:	4:01.93	42.64	400m:	5:22.00	38.63
17.	PICHOLA, Weronika		02	MKS Piaseczno				5:23.18	382		
	50m:	35.33 35.33	150m:	1:57.69	41.66	250m:	3:21.67	42.44	350m:	4:45.33	41.80
	100m:	1:16.03 40.70	200m:	2:39.23	41.54	300m:	4:03.53	41.86	400m:	5:23.18	37.85
18.	CHOMICKA, Zofia		02	UKS Pirania Targówek				5:23.63	380		
	50m:	36.64 36.64	150m:	1:58.58	41.28	250m:	3:21.80	41.73	350m:	4:44.37	40.71
	100m:	1:17.30 40.66	200m:	2:40.07	41.49	300m:	4:03.66	41.86	400m:	5:23.63	39.26
19.	CIEMIECKA, Zuzanna		02	UKS "GIM 92 URSYNÓW" Warszawa				5:32.97	349		
	50m:	35.73 35.73	150m:	2:00.30	43.29	250m:	3:26.83	42.88	350m:	4:52.76	43.12
	100m:	1:17.01 41.28	200m:	2:43.95	43.65	300m:	4:09.64	42.81	400m:	5:32.97	40.21
20.	WRÓBLEWSKA, Amelia		02	UKS Pirania Targówek				5:36.46	338		
	50m:	35.29 35.29	150m:	1:59.34	43.30	250m:	3:27.04	44.36	350m:	4:54.89	43.76
	100m:	1:16.04 40.75	200m:	2:42.68	43.34	300m:	4:11.13	44.09	400m:	5:36.46	41.57
21.	PURGACZ, Emilia		02	UKS "POLONEZ" Wyszaków				5:41.05	325		
	50m:	37.79 37.79	150m:	2:03.18	43.09	250m:	3:30.50	42.98	350m:	4:59.11	44.70
	100m:	1:20.09 42.30	200m:	2:47.52	44.34	300m:	4:14.41	43.91	400m:	5:41.05	41.94
22.	D BROWSKA, Alicja		02	UKS "POLONEZ" Wyszaków				5:59.35	277		
	50m:	38.74 38.74	150m:	2:07.68	46.15	250m:	3:40.16	46.56	350m:	5:14.29	46.76
	100m:	1:21.53 42.79	200m:	2:53.60	45.92	300m:	4:27.53	47.37	400m:	5:59.35	45.06
23.	WO NIAK, Julia		02	UKS Delfin Garwolin				6:16.63	241		
	50m:	41.25 41.25	150m:	2:17.38	49.09	250m:	3:54.52	48.52	350m:	5:32.66	49.61
	100m:	1:28.29 47.04	200m:	3:06.00	48.62	300m:	4:43.05	48.53	400m:	6:16.63	43.97
24.	LI KIEWICZ, Olga		02	UKS "POLONEZ" Wyszaków				6:24.53	226		
	50m:	41.29 41.29	150m:	2:17.37	49.61	250m:	3:58.98	51.87	350m:	5:39.70	49.97
	100m:	1:27.76 46.47	200m:	3:07.11	49.74	300m:	4:49.73	50.75	400m:	6:24.53	44.83
PK	WO , Weronika		04	UKS "GIM 92 URSYNÓW" Warszawa				5:24.46	377		
	50m:	35.49 35.49	150m:	1:55.33	40.76	250m:	3:18.85	41.96	350m:	4:43.45	41.54
	100m:	1:14.57 39.08	200m:	2:36.89	41.56	300m:	4:01.91	43.06	400m:	5:24.46	41.01