

Polska Liga Pływacka
Warszawa, 17 - 18-4-2015

Konkurencja 36
2015-04-18 - 16:57

Kobiet, 400m zmienny

Open
Wyniki

Punkty: FINA 2014

Pozycja			Rok ur.					Czas	Pkt.		
1.	TCHÓRZ, Alicja		92	Dolno I ski OZP				4:58.83	724	15	
	50m:	30.83 30.83	150m:	1:45.47	39.51	250m:	3:06.67	42.13	350m:	4:24.61	35.44
	100m:	1:05.96 35.13	200m:	2:24.54	39.07	300m:	3:49.17	42.50	400m:	4:58.83	34.22
2.	SIE CZYK, Jowita SK		97	Lubelski OZP				5:07.12	667	13	
	50m:	32.14 32.14	150m:	1:49.75	40.69	250m:	3:12.50	43.28	350m:	4:32.29	36.33
	100m:	1:09.06 36.92	200m:	2:29.22	39.47	300m:	3:55.96	43.46	400m:	5:07.12	34.83
3.	UKOWSKA, Paula		93	Dolno I ski OZP				5:08.24	660	12	
	50m:	32.90 32.90	150m:	1:51.15	40.65	250m:	3:16.92	45.87	350m:	4:35.56	33.84
	100m:	1:10.50 37.60	200m:	2:31.05	39.90	300m:	4:01.72	44.80	400m:	5:08.24	32.68
4.	KUNKA, Kamila		96	Małopolski OZP				5:08.94	655	11	
	50m:	32.28 32.28	150m:	1:49.80	39.79	250m:	3:14.68	46.04	350m:	4:36.41	34.90
	100m:	1:10.01 37.73	200m:	2:28.64	38.84	300m:	4:01.51	46.83	400m:	5:08.94	32.53
5.	MAGNER, Agata		97	Małopolski OZP				5:10.34	647	10	
	50m:	33.30 33.30	150m:	1:51.14	40.44	250m:	3:15.26	45.83	350m:	4:36.54	35.25
	100m:	1:10.70 37.40	200m:	2:29.43	38.29	300m:	4:01.29	46.03	400m:	5:10.34	33.80
6.	ADAMCZYK, Julia		99	Lubelski OZP				5:12.34	634	9	
	50m:	34.41 34.41	150m:	1:54.41	41.25	250m:	3:19.01	45.25	350m:	4:38.45	34.73
	100m:	1:13.16 38.75	200m:	2:33.76	39.35	300m:	4:03.72	44.71	400m:	5:12.34	33.89
7.	FILIPEK, Jagoda		99	Dolno I ski OZP				5:13.78	626		
	50m:	32.88 32.88	150m:	1:52.39	41.60	250m:	3:17.20	44.64	350m:	4:39.11	37.33
	100m:	1:10.79 37.91	200m:	2:32.56	40.17	300m:	4:01.78	44.58	400m:	5:13.78	34.67
8.	MUSIOŁ, Wiktoria		98	Małopolski OZP				5:14.04	624		
	50m:	32.86 32.86	150m:	1:50.69	40.46	250m:	3:16.35	46.50	350m:	4:38.81	36.71
	100m:	1:10.23 37.37	200m:	2:29.85	39.16	300m:	4:02.10	45.75	400m:	5:14.04	35.23
9.	JANISZEWSKA, Dominika		99	Mazowiecki OZP 2				5:16.56	609	8	
	50m:	33.36 33.36	150m:	1:53.66	42.21	250m:	3:18.79	44.18	350m:	4:41.13	36.80
	100m:	1:11.45 38.09	200m:	2:34.61	40.95	300m:	4:04.33	45.54	400m:	5:16.56	35.43
10.	PECYNA, Michalina		00	Mazowiecki OZP 2				5:16.67	609	7	
	50m:	33.69 33.69	150m:	1:54.54	40.34	250m:	3:20.35	46.50	350m:	4:41.93	36.56
	100m:	1:14.20 40.51	200m:	2:33.85	39.31	300m:	4:05.37	45.02	400m:	5:16.67	34.74
11.	SPROSKA, Magdalena		97	Opolski OZP				5:17.71	603	6	
	50m:	33.05 33.05	150m:	1:52.71	40.96	250m:	3:18.97	45.65	350m:	4:42.43	37.49
	100m:	1:11.75 38.70	200m:	2:33.32	40.61	300m:	4:04.94	45.97	400m:	5:17.71	35.28
12.	SAJECKA, Zofia		98	Mazowiecki OZP 1				5:19.64	592	5	
	50m:	34.29 34.29	150m:	1:55.40	41.06	250m:	3:21.19	45.83	350m:	4:44.28	37.21
	100m:	1:14.34 40.05	200m:	2:35.36	39.96	300m:	4:07.07	45.88	400m:	5:19.64	35.36
13.	OSINIAK, Ewa		00	Lubelski OZP				5:20.08	589		
	50m:	34.60 34.60	150m:	1:56.80	41.10	250m:	3:23.05	46.48	350m:	4:46.77	36.36
	100m:	1:15.70 41.10	200m:	2:36.57	39.77	300m:	4:10.41	47.36	400m:	5:20.08	33.31
14.	DZWONNIK, Zuzanna		00	Łódzki OZP				5:20.51	587	4	
	50m:	34.97 34.97	150m:	1:55.87	41.08	250m:	3:22.50	46.33	350m:	4:45.21	36.05
	100m:	1:14.79 39.82	200m:	2:36.17	40.30	300m:	4:09.16	46.66	400m:	5:20.51	35.30
15.	MAZURKIEWICZ, Barbara		01	Mazowiecki OZP 2				5:24.56	565		
	50m:	33.66 33.66	150m:	1:56.68	44.07	250m:	3:25.63	45.78	350m:	4:48.85	37.24
	100m:	1:12.61 38.95	200m:	2:39.85	43.17	300m:	4:11.61	45.98	400m:	5:24.56	35.71
16.	MUDA, Weronika		00	Lubelski OZP				5:25.06	563		
	50m:	33.61 33.61	150m:	1:57.45	44.45	250m:	3:26.54	46.07	350m:	4:49.38	37.58
	100m:	1:13.00 39.39	200m:	2:40.47	43.02	300m:	4:11.80	45.26	400m:	5:25.06	35.68
17.	NIESZPOREK, Wiktoria		99	Łódzki OZP				5:26.04	558	3	
	50m:	35.43 35.43	150m:	2:00.66	44.10	250m:	3:28.07	44.62	350m:	4:49.99	37.74
	100m:	1:16.56 41.13	200m:	2:43.45	42.79	300m:	4:12.25	44.18	400m:	5:26.04	36.05

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18.	SOLAK, Anna			00	Mazowiecki OZP 1				5:32.36	526	2	
	50m:	34.41	34.41	150m:	1:57.44	43.38	250m:	3:27.39	46.33	350m:	4:54.59	39.19
	100m:	1:14.06	39.65	200m:	2:41.06	43.62	300m:	4:15.40	48.01	400m:	5:32.36	37.77
19.	WALZ, Kornelia			00	Łódzki OZP				5:50.11	450		
	50m:	38.38	38.38	150m:	2:08.20	44.36	250m:	3:41.04	48.48	350m:	5:10.81	41.60
	100m:	1:23.84	45.46	200m:	2:52.56	44.36	300m:	4:29.21	48.17	400m:	5:50.11	39.30
20.	NOWAK, Marta			99	Opolski OZP				5:52.35	442	1	
	50m:	38.07	38.07	150m:	2:07.37	46.55	250m:	3:39.22	46.07	350m:	5:09.62	43.20
	100m:	1:20.82	42.75	200m:	2:53.15	45.78	300m:	4:26.42	47.20	400m:	5:52.35	42.73