

Otwarte Mistrzostwa Warszawy w pływaniu o puchar Przewodniczego Rady Mokotowskiej Fundacji Warszawianka – Wodny Park
Warszawa, 29- - 30-5-2015

Konkurencja 20
2015-05-29 - 19:09

Chłopców, 400m dowolny

10 - 15 lat
Wyniki

Punkty: FINA 2014

Pozycja	Rok ur.	Czas	Pkt.
10 lat			
1. RÓ YCKI, Szymon	05	6:04.02	220
50m: 41.64 41.64	150m: 2:16.11 47.16	250m: 3:48.57 46.31	350m: 5:21.34 45.80
100m: 1:28.95 47.31	200m: 3:02.26 46.15	300m: 4:35.54 46.97	400m: 6:04.02 42.68
2. GEISNER, Kamil	05	6:08.18	213
50m: 42.75 42.75	150m: 2:18.90 48.59	250m: 3:54.49 47.35	350m: 5:26.46 45.08
100m: 1:30.31 47.56	200m: 3:07.14 48.24	300m: 4:41.38 46.89	400m: 6:08.18 41.72
3. WENERSKI, Eryk	05	6:13.82	204
50m: 40.30 40.30	150m: 2:16.69 48.86	250m: 3:52.13 47.58	350m: 5:27.92 47.43
100m: 1:27.83 47.53	200m: 3:04.55 47.86	300m: 4:40.49 48.36	400m: 6:13.82 45.90
4. OKO , Maksymilian	05	6:58.43	145
50m: 45.78 45.78	150m: 2:31.20 53.81	250m: 4:21.27 55.18	350m: 6:09.74
100m: 1:37.39 51.61	200m: 3:26.09 54.89	300m:	400m: 6:58.43 48.69
11 lat			
1. CHMIELEWSKI, Krzysztof	04	5:01.54	388
50m: 34.13 34.13	150m: 1:51.06 38.70	250m: 3:07.97 38.60	350m: 4:25.60 38.49
100m: 1:12.36 38.23	200m: 2:29.37 38.31	300m: 3:47.11 39.14	400m: 5:01.54 35.94
2. CHMIELEWSKI, Michał	04	5:16.87	334
50m: 34.85 34.85	150m: 1:56.00 41.00	250m: 3:17.97 41.58	350m: 4:38.56 40.61
100m: 1:15.00 40.15	200m: 2:36.39 40.39	300m: 3:57.95 39.98	400m: 5:16.87 38.31
3. KONARSKI, Maciej	04	5:31.09	293
50m: 34.88 34.88	150m: 1:57.90 42.45	250m: 3:23.13 42.59	350m: 4:49.46 42.97
100m: 1:15.45 40.57	200m: 2:40.54 42.64	300m: 4:06.49 43.36	400m: 5:31.09 41.63
4. BEDNAREK, Przemysław	04	5:33.53	287
50m: 37.00 37.00	150m: 2:01.61 43.32	250m: 3:26.37 42.27	350m: 4:52.74 42.99
100m: 1:18.29 41.29	200m: 2:44.10 42.49	300m: 4:09.75 43.38	400m: 5:33.53 40.79
5. IWANICKI, Stanisław	04	5:44.90	259
50m: 41.30 41.30	150m: 2:10.79 44.54	250m: 3:39.77 43.92	350m: 5:05.49 41.70
100m: 1:26.25 44.95	200m: 2:55.85 45.06	300m: 4:23.79 44.02	400m: 5:44.90 39.41
6. CHOROSZEWSKI, Iwo	04	5:53.42	241
50m: 37.76 37.76	150m: 2:07.37 45.30	250m: 3:38.73 45.11	350m: 5:08.27 44.50
100m: 1:22.07 44.31	200m: 2:53.62 46.25	300m: 4:23.77 45.04	400m: 5:53.42 45.15
7. JENDRZEJCZYK, Maxim	04	5:55.63	236
50m: 38.31 38.31	150m: 2:08.19 45.87	250m: 3:40.57 46.45	350m: 5:12.63 44.41
100m: 1:22.32 44.01	200m: 2:54.12 45.93	300m: 4:28.22 47.65	400m: 5:55.63 43.00
8. GŁ BI SKI, Kamil	04	6:15.12	201
50m: 41.91 41.91	150m: 2:17.40 47.66	250m: 3:54.60 48.44	350m: 5:29.34 46.63
100m: 1:29.74 47.83	200m: 3:06.16 48.76	300m: 4:42.71 48.11	400m: 6:15.12 45.78
9. KŁOSI SKI, J drzej	04	7:08.83	135
50m: 48.14 48.14	150m: 2:38.76 55.71	250m: 4:29.51 55.21	350m: 6:17.33
100m: 1:43.05 54.91	200m: 3:34.30 55.54	300m:	400m: 7:08.83 51.50
12 lat			
1. URYNIUK, Paweł	03	4:48.30	444
50m: 31.12 31.12	150m: 1:43.13 36.68	250m: 2:57.43 37.25	350m: 4:12.17 37.39
100m: 1:06.45 35.33	200m: 2:20.18 37.05	300m: 3:34.78 37.35	400m: 4:48.30 36.13
2. RODKIEWICZ, Radosław	03	4:55.95	411
50m: 33.49 33.49	150m: 1:49.54 38.16	250m: 3:06.07 38.40	350m: 4:19.98 36.70
100m: 1:11.38 37.89	200m: 2:27.67 38.13	300m: 3:43.28 37.21	400m: 4:55.95 35.97

Otwarte Mistrzostwa Warszawy w pływaniu o puchar Przewodniczego Rady Mokotowskiej Fundacji Warszawianka – Wodny Park
Warszawa, 29 - 30-5-2015

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.			
3.	WIEK, Wiktor		03	Buks Warszawa				5:00.30	393			
	50m:	34.63 34.63	150m:	1:51.75	38.43	250m:	3:08.68	38.22	350m:	4:24.96	37.46	
	100m:	1:13.32	38.69	200m:	2:30.46	38.71	300m:	3:47.50	38.82	400m:	5:00.30	35.34
4.	DURNA, Filip		03	Buks Warszawa				5:08.56	362			
	50m:	34.52 34.52	150m:	1:52.39	39.30	250m:	3:12.00	39.57	350m:	4:30.18	38.85	
	100m:	1:13.09	38.57	200m:	2:32.43	40.04	300m:	3:51.33	39.33	400m:	5:08.56	38.38
5.	ZUBIK, Jan		03	MKS Polonia Warszawa				5:09.82	358			
	50m:	33.60 33.60	150m:	1:53.82	41.00	250m:	3:13.22	39.43	350m:	4:32.24	39.47	
	100m:	1:12.82	39.22	200m:	2:33.79	39.97	300m:	3:52.77	39.55	400m:	5:09.82	37.58
6.	STEFANOWSKI, Bartosz		03	UKS NAWA Skierniewice				5:31.69	292			
	50m:	35.01 35.01	150m:	1:58.75	43.20	250m:	3:24.80	43.34	350m:	4:50.66	42.32	
	100m:	1:15.55	40.54	200m:	2:41.46	42.71	300m:	4:08.34	43.54	400m:	5:31.69	41.03
7.	KORCZAK, Jakub		03	Buks Warszawa				5:34.02	285			
	50m:	38.07 38.07	150m:	2:04.32	43.00	250m:	3:29.95	42.41	350m:	4:54.81	42.88	
	100m:	1:21.32	43.25	200m:	2:47.54	43.22	300m:	4:11.93	41.98	400m:	5:34.02	39.21
8.	ROGUSKI, Mateusz		03	Iuks Muszelka				5:42.29	265			
	50m:	38.08 38.08	150m:	2:04.36	43.99	250m:	3:32.65	44.06	350m:	5:00.46	43.69	
	100m:	1:20.37	42.29	200m:	2:48.59	44.23	300m:	4:16.77	44.12	400m:	5:42.29	41.83
9.	MARTIN-WO NIAK, Wiktor		03	MTKP Delfin Toru				5:44.06	261			
	50m:	37.33 37.33	150m:	2:07.63	45.39	250m:	3:40.13	46.26	350m:	5:06.77	41.08	
	100m:	1:22.24	44.91	200m:	2:53.87	46.24	300m:	4:25.69	45.56	400m:	5:44.06	37.29
10.	MAZURO, Maciej		03	Uks Kapry Armexim Pruszków				6:11.39	208			
	50m:	39.42 39.42	150m:	2:15.68	49.04	250m:	3:51.91	47.93	350m:	5:27.46	46.97	
	100m:	1:26.64	47.22	200m:	3:03.98	48.30	300m:	4:40.49	48.58	400m:	6:11.39	43.93
11.	GŁUCHOWSKI, Mateusz		03	Uks Wawer				6:24.16	187			
	50m:	40.81 40.81	150m:	2:19.55	49.55	250m:	3:57.43		350m:	5:38.07		
	100m:	1:30.00	49.19	200m:	4:47.88	2:28.33	300m:		400m:	6:24.16	46.09	

13 lat

1.	ORLICZ, Filip		02	Uks G-8 Bielany				4:34.00	518			
	50m:	29.52 29.52	150m:	1:39.20	35.72	250m:	2:51.00	36.05	350m:	4:02.20	34.52	
	100m:	1:03.48	33.96	200m:	2:14.95	35.75	300m:	3:27.68	36.68	400m:	4:34.00	31.80
2.	DOŁOWY, Grzegorz		02	Iuks Muszelka				4:36.77	502			
	50m:	32.17 32.17	150m:	1:41.48	35.04	250m:	2:52.63	35.57	350m:	4:03.98	35.14	
	100m:	1:06.44	34.27	200m:	2:17.06	35.58	300m:	3:28.84	36.21	400m:	4:36.77	32.79
3.	JA KIEWICZ, Adrian		02	Iuks Muszelka				4:37.74	497			
	50m:	31.30 31.30	150m:	1:40.99	35.00	250m:	2:52.40	35.66	350m:	4:03.59	35.04	
	100m:	1:05.99	34.69	200m:	2:16.74	35.75	300m:	3:28.55	36.15	400m:	4:37.74	34.15
4.	LIPOWSKI, Oskar		02	Iuks Muszelka				4:52.98	423			
	50m:	33.64 33.64	150m:	1:48.63	37.84	250m:	3:03.81	37.24	350m:	4:17.57	36.34	
	100m:	1:10.79	37.15	200m:	2:26.57	37.94	300m:	3:41.23	37.42	400m:	4:52.98	35.41
5.	RUTA, Kamil		02	Iuks Muszelka				4:53.22	422			
	50m:	32.16 32.16	150m:	1:45.30	37.22	250m:	3:00.48	37.60	350m:	4:16.23	38.03	
	100m:	1:08.08	35.92	200m:	2:22.88	37.58	300m:	3:38.20	37.72	400m:	4:53.22	36.99
6.	SZABLAŁAK, Franek		02	Stow. Klub Pływacki Legia Wars				4:57.52	404			
	50m:	32.86 32.86	150m:	1:46.77	37.55	250m:	3:03.19	38.44	350m:	4:20.51	38.41	
	100m:	1:09.22	36.36	200m:	2:24.75	37.98	300m:	3:42.10	38.91	400m:	4:57.52	37.01
7.	SOBOLEWSKI, Dawid		02	MKS Medyk Gi ycko				4:57.62	404			
	50m:	32.34 32.34	150m:	1:47.24	38.18	250m:	3:04.84	39.13	350m:	4:21.75	38.14	
	100m:	1:09.06	36.72	200m:	2:25.71	38.47	300m:	3:43.61	38.77	400m:	4:57.62	35.87
8.	KOPICZKO, Maksymilian		02	MKS Medyk Gi ycko				5:00.72	391			
	50m:	31.67 31.67	150m:	1:44.98	37.43	250m:	3:03.32	39.76	350m:	4:22.76	39.28	
	100m:	1:07.55	35.88	200m:	2:23.56	38.58	300m:	3:43.48	40.16	400m:	5:00.72	37.96

Otwarte Mistrzostwa Warszawy w pływaniu o puchar Przewodniczego Rady Mokotowskiej Fundacji Warszawianka – Wodny Park
Warszawa, 29 - 30-5-2015

Konkurencja 20, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
9.	SZERMUSZYN, Hubert		02	BARRACUDA Białystok				5:01.59	388		
	50m:	33.76 33.76	150m:	1:51.89	39.38	250m:	3:10.86	39.18	350m:	4:27.22	37.79
	100m:	1:12.51 38.75	200m:	2:31.68	39.79	300m:	3:49.43	38.57	400m:	5:01.59	34.37
10.	WORONKO, Krzysztof		02	MKS Medyk Giżycko				5:02.08	386		
	50m:	33.53 33.53	150m:	1:51.01	39.50	250m:	3:08.85	38.80	350m:	4:26.05	38.80
	100m:	1:11.51 37.98	200m:	2:30.05	39.04	300m:	3:47.25	38.40	400m:	5:02.08	36.03
11.	LIS, Paweł		02	Bukś Warszawa				5:04.95	375		
	50m:	34.27 34.27	150m:	1:52.40	39.02	250m:	3:11.34	39.11	350m:	4:28.90	37.78
	100m:	1:13.38 39.11	200m:	2:32.23	39.83	300m:	3:51.12	39.78	400m:	5:04.95	36.05
12.	CZAJKA, Marcel		02	IuKS Muszelka				5:05.02	375		
	50m:	33.63 33.63	150m:	1:49.57	38.92	250m:	3:07.89	39.09	350m:	4:26.68	39.31
	100m:	1:10.65 37.02	200m:	2:28.80	39.23	300m:	3:47.37	39.48	400m:	5:05.02	38.34
13.	SZUTKIEWICZ, Szymon		02	BARRACUDA Białystok				5:05.31	374		
	50m:	35.21 35.21	150m:	1:53.75	39.64	250m:	3:12.56	39.11	350m:	4:29.67	37.27
	100m:	1:14.11 38.90	200m:	2:33.45	39.70	300m:	3:52.40	39.84	400m:	5:05.31	35.64
14.	BIELAS, Jakub		02	Uks Ruch Grudziądz				5:08.01	364		
	50m:	33.73 33.73	150m:	1:53.48	40.67	250m:	3:14.23	40.62	350m:	4:33.04	38.76
	100m:	1:12.81 39.08	200m:	2:33.61	40.13	300m:	3:54.28	40.05	400m:	5:08.01	34.97
15.	BURCZYŃSKI, Piotr		02	IuKS Muszelka				5:15.91	338		
	50m:	35.15 35.15	150m:	1:54.39	40.22	250m:	3:15.42	40.50	350m:	4:36.86	40.53
	100m:	1:14.17 39.02	200m:	2:34.92	40.53	300m:	3:56.33	40.91	400m:	5:15.91	39.05
16.	POPŁONYK, Jakub		02	Bukś Warszawa				5:31.22	293		
	50m:	36.77 36.77	150m:	2:01.82	42.86	250m:	3:26.49	42.24	350m:	4:51.92	41.96
	100m:	1:18.96 42.19	200m:	2:44.25	42.43	300m:	4:09.96	43.47	400m:	5:31.22	39.30
17.	STWORZYJANEK, Marek		02	IuKS Muszelka				5:31.85	291		
	50m:	37.77 37.77	150m:	2:02.02	42.37	250m:	3:25.85	41.87	350m:	4:51.26	43.35
	100m:	1:19.65 41.88	200m:	2:43.98	41.96	300m:	4:07.91	42.06	400m:	5:31.85	40.59

14 lat

1.	WOJCIECHOWSKI, Jakub		01	KS Warta Poznań				4:35.68	508		
	50m:	30.48 30.48	150m:	1:40.00	35.05	250m:	2:51.89	36.18	350m:	4:02.16	34.62
	100m:	1:04.95 34.47	200m:	2:15.71	35.71	300m:	3:27.54	35.65	400m:	4:35.68	33.52
2.	ZAGRZEJEWSKI, Tomasz		01	UKS Manta Warszawa Włochy				4:40.75	481		
	50m:	29.96 29.96	150m:	1:40.56	36.08	250m:	2:53.21	36.37	350m:	4:06.31	36.45
	100m:	1:04.48 34.52	200m:	2:16.84	36.28	300m:	3:29.86	36.65	400m:	4:40.75	34.44
3.	ELGALAL, Sami		01	Uks Sp 149				4:43.24	469		
	50m:	31.65 31.65	150m:	1:44.39	36.97	250m:	2:57.76	36.40	350m:	4:09.81	35.21
	100m:	1:07.42 35.77	200m:	2:21.36	36.97	300m:	3:34.60	36.84	400m:	4:43.24	33.43
4.	KŁAK, Marcin		01	Klub Sportowy Płetwał Szczytno				4:43.83	466		
	50m:	31.75 31.75	150m:	1:42.91	36.05	250m:	2:56.64	37.22	350m:	4:09.50	35.92
	100m:	1:06.86 35.11	200m:	2:19.42	36.51	300m:	3:33.58	36.94	400m:	4:43.83	34.33
5.	CZERWIŃSKI, Łukasz		01	UKS JAGIELLONKA Warszawa				4:47.50	448		
	50m:	32.03 32.03	150m:	1:45.39	36.98	250m:	2:59.27	36.55	350m:	4:13.14	36.71
	100m:	1:08.41 36.38	200m:	2:22.72	37.33	300m:	3:36.43	37.16	400m:	4:47.50	34.36
6.	JUSKOWIAK, Jakub		01	KS Warta Poznań				4:49.96	437		
	50m:	31.92 31.92	150m:	1:43.53	35.90	250m:	2:58.56	38.00	350m:	4:15.19	38.16
	100m:	1:07.63 35.71	200m:	2:20.56	37.03	300m:	3:37.03	38.47	400m:	4:49.96	34.77
7.	NOWAK, Aleksander		01	UKS NAWA Skierniewice				4:53.90	419		
	50m:	32.96 32.96	150m:	1:47.59	37.71	250m:	3:03.39	37.71	350m:	4:18.30	37.14
	100m:	1:09.88 36.92	200m:	2:25.68	38.09	300m:	3:41.16	37.77	400m:	4:53.90	35.60
8.	WIECIŃSKI, Andrzej		01	MTKP Delfin Toruń				4:58.47	400		
	50m:	32.21 32.21	150m:	1:46.91	37.75	250m:	3:04.69	38.99	350m:	4:22.48	39.06
	100m:	1:09.16 36.95	200m:	2:25.70	38.79	300m:	3:43.42	38.73	400m:	4:58.47	35.99

Otwarte Mistrzostwa Warszawy w pływaniu o puchar Przewodniczego Rady Mokotowskiej Fundacji Warszawianka – Wodny Park
Warszawa, 29- - 30-5-2015

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
9.	BORKOWSKI, Bertek		01	Buks Warszawa				5:04.75	376		
	50m:	31.76 31.76	150m:	1:49.50	40.17	250m:	3:08.03	39.73	350m:	4:27.97	40.08
	100m:	1:09.33 37.57	200m:	2:28.30	38.80	300m:	3:47.89	39.86	400m:	5:04.75	36.78
10.	CISEŁ, Olaf		01	Uks Kapry Armexim Pruszków				5:07.24	367		
	50m:	32.98 32.98	150m:	1:51.55	39.90	250m:	3:10.89	39.58	350m:	4:29.74	39.09
	100m:	1:11.65 38.67	200m:	2:31.31	39.76	300m:	3:50.65	39.76	400m:	5:07.24	37.50
11.	KALINOWSKI, Michał		01	MTKP Delfin Toru				5:16.89	334		
	50m:	33.22 33.22	150m:	1:53.53	41.30	250m:	3:16.59	41.76	350m:	4:38.36	41.10
	100m:	1:12.23 39.01	200m:	2:34.83	41.30	300m:	3:57.26	40.67	400m:	5:16.89	38.53
12.	PERZANKOWSKI, Maciej		01	UKS NAWA Skierniewice				5:18.13	331		
	50m:	33.47 33.47	150m:	1:52.54	40.40	250m:	3:14.56	41.04	350m:	4:37.52	41.70
	100m:	1:12.14 38.67	200m:	2:33.52	40.98	300m:	3:55.82	41.26	400m:	5:18.13	40.61
13.	BUSZ, Krystian		01	MTKP Delfin Toru				5:21.97	319		
	50m:	34.33 34.33	150m:	1:55.95	41.51	250m:	3:19.03	40.98	350m:	4:43.91	41.89
	100m:	1:14.44 40.11	200m:	2:38.05	42.10	300m:	4:02.02	42.99	400m:	5:21.97	38.06
14.	WARDAK, Michał		01	UKS GIM 92 Ursynów				5:22.25	318		
	50m:	34.63 34.63	150m:	1:57.92	42.73	250m:	3:19.40	40.97	350m:	4:43.22	41.15
	100m:	1:15.19 40.56	200m:	2:38.43	40.51	300m:	4:02.07	42.67	400m:	5:22.25	39.03
15.	LIBERA, Daniel		01	UKS NAWA Skierniewice				5:36.95	278		
	50m:	38.09 38.09	150m:	2:04.95	42.59	250m:	3:31.05	42.44	350m:	4:58.07	42.94
	100m:	1:22.36 44.27	200m:	2:48.61	43.66	300m:	4:15.13	44.08	400m:	5:36.95	38.88

15 lat

1.	JABŁO SKI, Mateusz		00	UKS JAGIELLONKA Warszawa				4:46.75	452		
	50m:	31.59 31.59	150m:	1:45.19	36.86	250m:	2:58.97	36.99	350m:	4:12.09	36.16
	100m:	1:08.33 36.74	200m:	2:21.98	36.79	300m:	3:35.93	36.96	400m:	4:46.75	34.66
2.	GONTARCZYK, Kamil		00	Uks Kapry Armexim Pruszków				4:50.32	435		
	50m:	31.59 31.59	150m:	1:45.03	36.84	250m:	2:59.68	37.52	350m:	4:14.80	36.95
	100m:	1:08.19 36.60	200m:	2:22.16	37.13	300m:	3:37.85	38.17	400m:	4:50.32	35.52
3.	CHMIELEWSKI, Jakub		00	Uks Ruch Grudzi dz				4:50.76	433		
	50m:	33.31 33.31	150m:	1:46.62	37.11	250m:	3:01.99	37.76	350m:	4:16.56	36.82
	100m:	1:09.51 36.20	200m:	2:24.23	37.61	300m:	3:39.74	37.75	400m:	4:50.76	34.20
PK	HODUR, Dawid SWwa		99	MKS Polonia Warszawa				4:19.55	609		
	50m:	29.10 29.10	150m:	1:33.81	32.73	250m:	2:40.56	33.35	350m:	3:47.59	33.38
	100m:	1:01.08 31.98	200m:	2:07.21	33.40	300m:	3:14.21	33.65	400m:	4:19.55	31.96
PK	SIECZEK, Adrian SWwa		99	MKS Polonia Warszawa				4:24.37	576		
	50m:	29.21 29.21	150m:	1:35.46	33.83	250m:	2:43.46	34.01	350m:	3:51.51	33.54
	100m:	1:01.63 32.42	200m:	2:09.45	33.99	300m:	3:17.97	34.51	400m:	4:24.37	32.86
PK	PAWEŁEK, Paweł		99	MKS Polonia Warszawa				4:26.63	562		
	50m:	30.03 30.03	150m:	1:38.13	34.43	250m:	2:45.80	33.34	350m:	3:53.71	33.91
	100m:	1:03.70 33.67	200m:	2:12.46	34.33	300m:	3:19.80	34.00	400m:	4:26.63	32.92
PK	SZYMON, Awruk		99	MKS Juvenia Białystok				5:00.38	393		
	50m:	31.80 31.80	150m:	1:46.27	38.28	250m:	3:04.69	39.67	350m:	4:22.61	38.66
	100m:	1:07.99 36.19	200m:	2:25.02	38.75	300m:	3:43.95	39.26	400m:	5:00.38	37.77
PK	LUBA SKI PK., Sebastian		99	Buks Warszawa				5:07.95	364		
	50m:	33.72 33.72	150m:	1:53.03	39.93	250m:	3:12.53	39.27	350m:	4:31.48	39.00
	100m:	1:13.10 39.38	200m:	2:33.26	40.23	300m:	3:52.48	39.95	400m:	5:07.95	36.47