

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 4. - 5.12.2015

Konkurencja 20
04.12.2015 - 19:02

Chłopców, 400m dowolny

10 - 15 lat
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.		
10 lat											
1.	PAWŁOWSKI, Michał		05	UKS V Łomianki				5:40.61	269		
	50m:	36.83 36.83	150m:	2:03.42	44.13	250m:	3:31.60	43.65	350m:	4:58.82	43.50
	100m:	1:19.29 42.46	200m:	2:47.95	44.53	300m:	4:15.32	43.72	400m:	5:40.61	41.79
2.	TRYDULSKI, Oskar		05	Uks"Gim 92 Ursynów"Warszawa				6:13.24	204		
	50m:	41.16 41.16	150m:	2:17.14	48.66	250m:	3:53.05	47.68	350m:	5:29.40	47.52
	100m:	1:28.48 47.32	200m:	3:05.37	48.23	300m:	4:41.88	48.83	400m:	6:13.24	43.84
3.	TKACZ, Wiktor		05	MKS Piaseczno				6:15.26	201		
	50m:	41.31 41.31	150m:	2:19.41	49.21	250m:	3:57.80	48.51	350m:	5:32.54	45.82
	100m:	1:30.20 48.89	200m:	3:09.29	49.88	300m:	4:46.72	48.92	400m:	6:15.26	42.72
4.	OKO , Maksymilian		05	UKS Szesnastka				6:35.64	172		
	50m:	42.01 42.01	150m:	2:21.22	50.88	250m:	4:04.25	51.33	350m:	5:47.23	51.75
	100m:	1:30.34 48.33	200m:	3:12.92	51.70	300m:	4:55.48	51.23	400m:	6:35.64	48.41
11 lat											
1.	CHMIELEWSKI, Krzysztof		04	Iuks Muszelka				4:50.91	432		
	50m:	31.91 31.91	150m:	1:45.72	37.44	250m:	3:00.89	37.02	350m:	4:15.06	36.64
	100m:	1:08.28 36.37	200m:	2:23.87	38.15	300m:	3:38.42	37.53	400m:	4:50.91	35.85
2.	KALKAN, Jakub		04	LKS Jedno 32 Przyszowice				5:00.82	391		
	50m:	34.56 34.56	150m:	1:50.43	38.26	250m:	3:07.15	38.49	350m:	4:23.18	37.91
	100m:	1:12.17 37.61	200m:	2:28.66	38.23	300m:	3:45.27	38.12	400m:	5:00.82	37.64
3.	HATŁAS, Michał		04	Iskra Konin				5:23.08	316		
	50m:	35.95 35.95	150m:	1:59.56	42.40	250m:	3:23.65	42.26	350m:	4:46.18	40.64
	100m:	1:17.16 41.21	200m:	2:41.39	41.83	300m:	4:05.54	41.89	400m:	5:23.08	36.90
4.	YRO, Ignacy		04	Uks Wilanowia				5:57.22	233		
	50m:	38.05 38.05	150m:	2:07.89	44.95	250m:	3:41.03	46.81	350m:	5:14.19	46.58
	100m:	1:22.94 44.89	200m:	2:54.22	46.33	300m:	4:27.61	46.58	400m:	5:57.22	43.03
12 lat											
1.	URYNIUK, Paweł		03	Buks Warszawa				4:43.01	470		
	50m:	31.04 31.04	150m:	1:43.10	36.55	250m:	2:56.59	36.91	350m:	4:08.20	36.75
	100m:	1:06.55 35.51	200m:	2:19.68	36.58	300m:	3:31.45	34.86	400m:	4:43.01	34.81
2.	ZIELI SKI, Konrad		03	UKS190 Łód				4:44.14	464		
	50m:	32.52 32.52	150m:	1:44.17	35.59	250m:	2:57.14	36.67	350m:	4:11.36	37.11
	100m:	1:08.58 36.06	200m:	2:20.47	36.30	300m:	3:34.25	37.11	400m:	4:44.14	32.78
3.	RODKIEWICZ, Radosław		03	Iuks Muszelka				4:46.52	453		
	50m:	32.00 32.00	150m:	1:45.41	37.05	250m:	2:58.89	36.54	350m:	4:12.12	36.14
	100m:	1:08.36 36.36	200m:	2:22.35	36.94	300m:	3:35.98	37.09	400m:	4:46.52	34.40
4.	KARPI SKI, Jakub		03	MKS Park Wodny Tarnowskie Góry				4:57.19	406		
	50m:	32.80 32.80	150m:	1:48.78	38.46	250m:	3:06.15	38.47	350m:	4:21.47	37.29
	100m:	1:10.32 37.52	200m:	2:27.68	38.90	300m:	3:44.18	38.03	400m:	4:57.19	35.72
5.	WIEK, Wiktor		03	Buks Warszawa				4:59.95	394		
	50m:	33.14 33.14	150m:	1:48.36	38.30	250m:	3:05.58	38.63	350m:	4:22.54	37.90
	100m:	1:10.06 36.92	200m:	2:26.95	38.59	300m:	3:44.64	39.06	400m:	4:59.95	37.41
6.	DURNA , Filip		03	Buks Warszawa				5:05.32	374		
	50m:	34.74 34.74	150m:	1:53.02	39.37	250m:	3:10.90	39.22	350m:	4:28.17	37.96
	100m:	1:13.65 38.91	200m:	2:31.68	38.66	300m:	3:50.21	39.31	400m:	5:05.32	37.15
7.	KORCZAK, Jakub		03	Buks Warszawa				5:37.35	277		
	50m:	38.90 38.90	150m:	2:04.80	42.94	250m:	3:31.34	43.14	350m:	4:55.85	41.65
	100m:	1:21.86 42.96	200m:	2:48.20	43.40	300m:	4:14.20	42.86	400m:	5:37.35	41.50

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 4. - 5.12.2015

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	MAZURO, Maciej		03	Uks Kapry Armexim Pruszków				5:54.90	238
	50m:	38.01 38.01	150m:	2:08.38 46.45	250m:	3:41.03 46.03	350m:	5:12.45 45.16	
	100m:	1:21.93 43.92	200m:	2:55.00 46.62	300m:	4:27.29 46.26	400m:	5:54.90 42.45	
9.	GIERCZAK, Filip		03	Buks Warszawa				6:13.79	204
	50m:	41.12 41.12	150m:	2:19.09 48.91	250m:	3:54.68 47.45	350m:	5:29.82 46.70	
	100m:	1:30.18 49.06	200m:	3:07.23 48.14	300m:	4:43.12 48.44	400m:	6:13.79 43.97	

13 lat

1.	JA KIEWICZ, Adrian		02	Iuks Muszelka				4:31.50	532
	50m:	30.06 30.06	150m:	1:38.20 34.44	250m:	2:48.21 35.13	350m:	3:58.08 34.86	
	100m:	1:03.76 33.70	200m:	2:13.08 34.88	300m:	3:23.22 35.01	400m:	4:31.50 33.42	
2.	DOŁOWY, Grzegorz		02	Iuks Muszelka				4:38.36	494
	50m:	30.65 30.65	150m:	1:39.53 34.75	250m:	2:51.47 35.96	350m:	4:03.99 36.33	
	100m:	1:04.78 34.13	200m:	2:15.51 35.98	300m:	3:27.66 36.19	400m:	4:38.36 34.37	
3.	KOPUT, Antoni		02	UKS Manta Warszawa Włochy				5:09.18	360
	50m:	33.13 33.13	150m:	1:52.04 39.78	250m:	3:12.10 40.16	350m:	4:31.94 39.89	
	100m:	1:12.26 39.13	200m:	2:31.94 39.90	300m:	3:52.05 39.95	400m:	5:09.18 37.24	
4.	KUCHARSKI, Jan		02	Uks Kapry Armexim Pruszków				5:09.33	360
	50m:	34.03 34.03	150m:	1:52.55 39.63	250m:	3:12.12 39.48	350m:	4:31.99 38.81	
	100m:	1:12.92 38.89	200m:	2:32.64 40.09	300m:	3:53.18 41.06	400m:	5:09.33 37.34	
5.	WENCEL, Adrian		02	UKS"Pi tka"Konstantynów Łódzki				5:15.87	338
	50m:	34.23 34.23	150m:	1:54.91 40.71	250m:	3:17.01 41.07	350m:	4:37.44 39.76	
	100m:	1:14.20 39.97	200m:	2:35.94 41.03	300m:	3:57.68 40.67	400m:	5:15.87 38.43	
6.	ZADUMI SKI, Olgierd		02	Uks G-8 Bielany				5:17.99	331
	50m:	34.08 34.08	150m:	1:55.21 41.32	250m:	3:17.56 41.44	350m:	4:38.77 40.35	
	100m:	1:13.89 39.81	200m:	2:36.12 40.91	300m:	3:58.42 40.86	400m:	5:17.99 39.22	
7.	SŁOWIKOWSKI, Bartosz		02	Uks Kapry Armexim Pruszków				5:18.06	331
	50m:	34.19 34.19	150m:	1:53.92 40.66	250m:	3:16.27 41.33	350m:	4:38.34 40.99	
	100m:	1:13.26 39.07	200m:	2:34.94 41.02	300m:	3:57.35 41.08	400m:	5:18.06 39.72	
8.	R PAŁA, Tomasz		02	UKS GOS Raszyn				5:21.45	320
	50m:	35.10 35.10	150m:	1:56.10 40.64	250m:	3:19.08 41.41	350m:	4:41.57 40.96	
	100m:	1:15.46 40.36	200m:	2:37.67 41.57	300m:	4:00.61 41.53	400m:	5:21.45 39.88	
9.	GALSTYAN, Konrad		02	UKS Manta Warszawa Włochy				5:31.80	291
	50m:	36.85 36.85	150m:	2:01.06 42.44	250m:	3:26.30 42.77	350m:	4:52.63 43.82	
	100m:	1:18.62 41.77	200m:	2:43.53 42.47	300m:	4:08.81 42.51	400m:	5:31.80 39.17	

14 lat

1.	ZAGRZEJEWSKI, Tomasz		01	UKS Manta Warszawa Włochy				4:29.66	543
	50m:	29.64 29.64	150m:	1:38.26 34.58	250m:	2:48.16 35.01	350m:	3:57.14 34.38	
	100m:	1:03.68 34.04	200m:	2:13.15 34.89	300m:	3:22.76 34.60	400m:	4:29.66 32.52	
2.	LECH, Filip		01	KP AVIA widnik				4:31.76	531
	50m:	29.48 29.48	150m:	1:37.44 34.33	250m:	2:47.14 34.56	350m:	3:57.88 35.42	
	100m:	1:03.11 33.63	200m:	2:12.58 35.14	300m:	3:22.46 35.32	400m:	4:31.76 33.88	
3.	CZERWI SKI, Łukasz		01	Uks JAGIELLONKA Warszawa				4:38.36	494
	50m:	30.88 30.88	150m:	1:42.66 36.12	250m:	2:54.20 35.47	350m:	4:05.19 35.43	
	100m:	1:06.54 35.66	200m:	2:18.73 36.07	300m:	3:29.76 35.56	400m:	4:38.36 33.17	
4.	ROWI SKI, Aleksander		01	MUKP Warszawianka				4:50.39	435
	50m:	31.56 31.56	150m:	1:44.63 37.22	250m:	2:58.53 36.88	350m:	4:13.23 36.67	
	100m:	1:07.41 35.85	200m:	2:21.65 37.02	300m:	3:36.56 38.03	400m:	4:50.39 37.16	
5.	MICHALAK, Jacek		01	Uks Kapry Armexim Pruszków				4:50.51	434
	50m:	32.47 32.47	150m:	1:46.05 37.27	250m:	3:01.44 37.56	350m:	4:15.41 36.44	
	100m:	1:08.78 36.31	200m:	2:23.88 37.83	300m:	3:38.97 37.53	400m:	4:50.51 35.10	

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 4. - 5.12.2015

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja				Rok ur.					Czas	Pkt.		
6.	CISEŁ, Olaf			01	Uks Kapry Armexim Pruszków				4:54.83	415		
	50m:	31.92	31.92	150m:	1:46.43	38.23	250m:	3:02.81	38.39	350m:	4:18.37	37.59
	100m:	1:08.20	36.28	200m:	2:24.42	37.99	300m:	3:40.78	37.97	400m:	4:54.83	36.46
7.	KRZYKAŁA, Emil			01	KP AVIA widnik				4:58.69	399		
	50m:	27.36	27.36	150m:	1:28.26	31.03	250m:	2:52.88	53.77	350m:	4:20.20	43.61
	100m:	57.23	29.87	200m:	1:59.11	30.85	300m:	3:36.59	43.71	400m:	4:58.69	38.49
8.	SZULIERZ, Michał			01	KP AVIA widnik				5:00.98	390		
	50m:	33.07	33.07	150m:	1:47.22	37.83	250m:	3:03.73	37.03	350m:	4:23.19	39.54
	100m:	1:09.39	36.32	200m:	2:26.70	39.48	300m:	3:43.65	39.92	400m:	5:00.98	37.79
9.	BORKOWSKI, Bartek			01	Buks Warszawa				5:07.54	366		
	50m:	31.54	31.54	150m:	1:49.38	40.41	250m:	3:08.72	39.73	350m:	4:28.65	39.69
	100m:	1:08.97	37.43	200m:	2:28.99	39.61	300m:	3:48.96	40.24	400m:	5:07.54	38.89

15 lat

1.	GONTARCZYK, Kamil			00	Uks Kapry Armexim Pruszków				4:42.03	475		
	50m:	30.67	30.67	150m:	1:41.45	35.81	250m:	2:53.42	35.72	350m:	4:06.25	36.27
	100m:	1:05.64	34.97	200m:	2:17.70	36.25	300m:	3:29.98	36.56	400m:	4:42.03	35.78