

Otwarte Mistrzostwa Warszawy w pływaniu  
Warszawa, 4. - 5.12.2015

Konkurencja 29  
05.12.2015 - 11:49

Dziewcz t, 400m zmienny

11 - 15 lat  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
<b>12 lat</b>									
1.	KNOP, Aleksandra		03	UKS190 Łód				<b>5:22.10</b>	578
	50m:	34.51 34.51	150m:	1:54.61 40.15	250m:	3:20.54 46.91	350m:	4:46.64 37.36	
	100m:	1:14.46 39.95	200m:	2:33.63 39.02	300m:	4:09.28 48.74	400m:	5:22.10 35.46	
2.	CYNARSKA, Natalia		03	Iuks Muszelka				<b>5:37.62</b>	502
	50m:	36.08 36.08	150m:	2:01.53 42.68	250m:	3:30.91 47.28	350m:	4:58.43 38.71	
	100m:	1:18.85 42.77	200m:	2:43.63 42.10	300m:	4:19.72 48.81	400m:	5:37.62 39.19	
3.	NOWAK, Zofia		03	Iuks Muszelka				<b>5:46.33</b>	465
	50m:	34.17 34.17	150m:	2:00.30 46.35	250m:	3:35.02 50.40	350m:	5:06.04 40.13	
	100m:	1:13.95 39.78	200m:	2:44.62 44.32	300m:	4:25.91 50.89	400m:	5:46.33 40.29	
4.	MACIOŁA, Maja		03	Mks Rokita Brzeg Dolny				<b>6:11.95</b>	375
	50m:	38.74 38.74	150m:	2:11.39 46.28	250m:	3:53.36 56.51	350m:	5:31.32 41.89	
	100m:	1:25.11 46.37	200m:	2:56.85 45.46	300m:	4:49.43 56.07	400m:	6:11.95 40.63	
<b>13 lat</b>									
1.	D BROWSKA, Tatiana		02	UKS"Pi tka"Konstantynów Łódzki				<b>5:34.99</b>	514
	50m:	34.28 34.28	150m:	2:01.00 45.34	250m:	3:31.53 47.45	350m:	4:58.70 38.75	
	100m:	1:15.66 41.38	200m:	2:44.08 43.08	300m:	4:19.95 48.42	400m:	5:34.99 36.29	
2.	RAJCA, Olivia		02	UKS190 Łód				<b>5:35.97</b>	510
	50m:	35.67 35.67	150m:	2:03.63 45.96	250m:	3:33.97 48.61	350m:	5:01.62 39.62	
	100m:	1:17.67 42.00	200m:	2:45.36 41.73	300m:	4:22.00 48.03	400m:	5:35.97 34.35	
3.	PAWŁOWSKA, Barbara		02	UKS190 Łód				<b>5:53.59</b>	437
	50m:	36.18 36.18	150m:	2:06.10 47.42	250m:	3:43.47 50.70	350m:	5:15.05 39.83	
	100m:	1:18.68 42.50	200m:	2:52.77 46.67	300m:	4:35.22 51.75	400m:	5:53.59 38.54	
4.	JASIORSKA, Aleksandra		02	Iuks Muszelka				<b>6:01.47</b>	409
	50m:	39.74 39.74	150m:	2:14.34 46.28	250m:	3:49.91 51.23	350m:	5:21.88 40.25	
	100m:	1:28.06 48.32	200m:	2:58.68 44.34	300m:	4:41.63 51.72	400m:	6:01.47 39.59	
<b>15 lat</b>									
1.	GRIEGER, Weronika		00	Buks Warszawa				<b>6:12.18</b>	375
	50m:	35.48 35.48	150m:	2:07.30 47.20	250m:	3:48.16 55.41	350m:	5:29.46 44.20	
	100m:	1:20.10 44.62	200m:	2:52.75 45.45	300m:	4:45.26 57.10	400m:	6:12.18 42.72	