

Otwarte Mistrzostwa Warszawy w pływaniu  
Warszawa, 4. - 5.12.2015

Konkurencja 30  
05.12.2015 - 11:56

Chłopców, 400m zmienny

11 - 15 lat  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.	
<b>11 lat</b>										
1.	CHMIELEWSKI, Krzysztof		04	Iuks Muszelka				<b>5:34.93</b>	385	
	50m:	33.13 33.13	150m:	1:55.23	42.50	250m:	3:28.82	51.83	350m:	4:58.87 37.24
	100m:	1:12.73 39.60	200m:	2:36.99	41.76	300m:	4:21.63	52.81	400m:	5:34.93 36.06
<b>12 lat</b>										
1.	URYNIUK, Paweł		03	Buks Warszawa				<b>5:24.46</b>	424	
	50m:	31.46 31.46	150m:	1:53.66	44.29	250m:	3:25.07	47.45	350m:	4:48.79 37.03
	100m:	1:09.37 37.91	200m:	2:37.62	43.96	300m:	4:11.76	46.69	400m:	5:24.46 35.67
2.	KARPI SKI, Jakub		03	MKS Park Wodny Tarnowskie Góry				<b>5:44.20</b>	355	
	50m:	36.88 36.88	150m:	2:03.28	44.38	250m:	3:36.68	50.95	350m:	5:07.27 38.85
	100m:	1:18.90 42.02	200m:	2:45.73	42.45	300m:	4:28.42	51.74	400m:	5:44.20 36.93
3.	ZIELI SKI, Konrad		03	UKS190 Łódź				<b>5:46.26</b>	349	
	50m:	35.82 35.82	150m:	2:05.05	46.32	250m:	3:38.08	48.41	350m:	5:10.40 41.24
	100m:	1:18.73 42.91	200m:	2:49.67	44.62	300m:	4:29.16	51.08	400m:	5:46.26 35.86
<b>13 lat</b>										
1.	JA KIEWICZ, Adrian		02	Iuks Muszelka				<b>5:03.38</b>	519	
	50m:	30.28 30.28	150m:	1:44.64	39.11	250m:	3:07.79	44.65	350m:	4:29.67 35.65
	100m:	1:05.53 35.25	200m:	2:23.14	38.50	300m:	3:54.02	46.23	400m:	5:03.38 33.71
2.	RAJCA, Wiktor		02	UKS190 Łódź				<b>5:13.55</b>	470	
	50m:	32.89 32.89	150m:	1:51.44	41.30	250m:	3:16.40	45.40	350m:	4:38.35 37.45
	100m:	1:10.14 37.25	200m:	2:31.00	39.56	300m:	4:00.90	44.50	400m:	5:13.55 35.20
3.	RUTA, Kamil		02	Iuks Muszelka				<b>5:22.34</b>	432	
	50m:	33.59 33.59	150m:	1:54.88	40.91	250m:	3:22.08	47.46	350m:	4:46.76 35.64
	100m:	1:13.97 40.38	200m:	2:34.62	39.74	300m:	4:11.12	49.04	400m:	5:22.34 35.58
4.	KRUTOWICZ, Bartłomiej		02	Mks Polonia Warszawa				<b>5:28.53</b>	408	
	50m:	33.44 33.44	150m:	1:57.29	44.16	250m:	3:26.97	47.44	350m:	4:53.29 37.03
	100m:	1:13.13 39.69	200m:	2:39.53	42.24	300m:	4:16.26	49.29	400m:	5:28.53 35.24
5.	BURCZY SKI, Piotr		02	Iuks Muszelka				<b>5:32.99</b>	392	
	50m:	32.88 32.88	150m:	1:53.13	42.91	250m:	3:23.65	48.26	350m:	4:53.87 39.82
	100m:	1:10.22 37.34	200m:	2:35.39	42.26	300m:	4:14.05	50.40	400m:	5:32.99 39.12
6.	KOT, Kacper		02	UKS Delfin Garwolin				<b>6:25.13</b>	253	
	50m:	39.80 39.80	150m:	2:20.23	48.20	250m:	4:00.26	53.11	350m:	5:41.89 44.88
	100m:	1:32.03 52.23	200m:	3:07.15	46.92	300m:	4:57.01	56.75	400m:	6:25.13 43.24
7.	WYSOKI SKI, Olaf		02	UKS Delfin Garwolin				<b>6:42.22</b>	222	
	50m:	44.16 44.16	150m:	2:24.26	45.97	250m:	4:13.98	1:03.11	350m:	6:00.02 45.05
	100m:	1:38.29 54.13	200m:	3:10.87	46.61	300m:	5:14.97	1:00.99	400m:	6:42.22 42.20
8.	MATEJKO, Maciej		02	UKS Delfin Garwolin				<b>7:09.43</b>	183	
	50m:	43.14 43.14	150m:	2:33.05	56.28	250m:	4:30.50	1:02.98	350m:	6:23.34 49.79
	100m:	1:36.77 53.63	200m:	3:27.52	54.47	300m:	5:33.55	1:03.05	400m:	7:09.43 46.09
<b>14 lat</b>										
1.	STERNICZUK, Wojciech		01	UKS"Pi tka"Konstantynów Łódzki				<b>5:29.70</b>	404	
	50m:	33.31 33.31	150m:	1:57.91	45.92	250m:	3:31.25	48.45	350m:	4:55.93 36.88
	100m:	1:11.99 38.68	200m:	2:42.80	44.89	300m:	4:19.05	47.80	400m:	5:29.70 33.77
DYSKW.	KUCHARSKI, Jakub		01	UKS"Pi tka"Konstantynów Łódzki				<b>5:57.55</b>		
	<i>M6 - Nierównoczesne przenoszenie ramion do przodu</i>									
	50m:	40.59 40.59	150m:	2:15.10	47.86	250m:	3:49.59	49.74	350m:	5:19.81 39.95
	100m:	1:27.24 46.65	200m:	2:59.85	44.75	300m:	4:39.86	50.27	400m:	5:57.55 37.74