

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat  
Wołomin, 17. - 18.3.2016

Konkurencja 7  
17.03.2016 - 11:40

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.	
<b>12 lat</b>										
1.	KACZOROWSKA, Alicja		04	Buks Warszawa				<b>5:09.13</b>	436	
	50m:	33.35 33.35	150m:	1:51.64	39.93	250m:	3:11.50	39.53	350m:	4:31.45 39.96
	100m:	1:11.71 38.36	200m:	2:31.97	40.33	300m:	3:51.49	39.99	400m:	5:09.13 37.68
2.	BORYS, Zofia		04	UKS oliborz				<b>5:24.89</b>	376	
	50m:	36.59 36.59	150m:	1:59.24	41.73	250m:	3:22.46	41.55	350m:	4:45.15 41.63
	100m:	1:17.51 40.92	200m:	2:40.91	41.67	300m:	4:03.52	41.06	400m:	5:24.89 39.74
3.	BOGACKA, Paulina		04	UKS JAGIELLONKA Warszawa				<b>5:31.29</b>	354	
	50m:	35.99 35.99	150m:	2:01.21	43.71	250m:	3:27.89	43.89	350m:	4:52.18 41.40
	100m:	1:17.50 41.51	200m:	2:44.00	42.79	300m:	4:10.78	42.89	400m:	5:31.29 39.11
4.	ŁOTOWSKA, Maja		04	Uks G-8 Bielany				<b>5:35.39</b>	341	
	50m:	36.77 36.77	150m:			250m:			350m:	
	100m:	2:00.40 1:23.63	200m:			300m:			400m:	5:35.39
5.	TAMBOREK, Kinga		04	UKS JAGIELLONKA Warszawa				<b>5:42.89</b>	319	
	50m:	39.89 39.89	150m:	2:08.51	44.26	250m:	3:37.90	44.34	350m:	5:05.39 43.06
	100m:	1:24.25 44.36	200m:	2:53.56	45.05	300m:	4:22.33	44.43	400m:	5:42.89 37.50
6.	KA MIEROWSKA, Nina		04	UKS oliborz				<b>5:47.87</b>	306	
	50m:	38.88 38.88	150m:	2:07.64	44.50	250m:	3:38.11	44.82	350m:	5:07.07 43.99
	100m:	1:23.14 44.26	200m:	2:53.29	45.65	300m:	4:23.08	44.97	400m:	5:47.87 40.80
7.	BARYŁKA, Małgorzata		04	Buks Warszawa				<b>5:49.66</b>	301	
	50m:	38.44 38.44	150m:	2:08.07	45.59	250m:	3:39.56	45.81	350m:	5:09.75 45.36
	100m:	1:22.48 44.04	200m:	2:53.75	45.68	300m:	4:24.39	44.83	400m:	5:49.66 39.91
8.	BIE , Julia		04	Uks G-8 Bielany				<b>5:49.95</b>	300	
	50m:		150m:	2:53.52		250m:			350m:	
	100m:		200m:			300m:			400m:	5:49.95
9.	ŁUSZCZY SKA, Julia		04	Buks Warszawa				<b>5:50.18</b>	300	
	50m:	38.33 38.33	150m:	2:06.99	44.86	250m:	3:36.41	44.85	350m:	5:06.07 44.39
	100m:	1:22.13 43.80	200m:	2:51.56	44.57	300m:	4:21.68	45.27	400m:	5:50.18 44.11
10.	MUZAL, Martyna		04	UKS oliborz				<b>5:52.35</b>	294	
	50m:	39.39 39.39	150m:	2:09.67	44.85	250m:	3:40.56	44.86	350m:	5:10.53 43.61
	100m:	1:24.82 45.43	200m:	2:55.70	46.03	300m:	4:26.92	46.36	400m:	5:52.35 41.82
11.	KRZEMI SKA, Patrycja		04	UKS oliborz				<b>5:55.60</b>	286	
	50m:	40.73 40.73	150m:	2:12.50	46.14	250m:	3:43.97	45.95	350m:	5:14.84 45.71
	100m:	1:26.36 45.63	200m:	2:58.02	45.52	300m:	4:29.13	45.16	400m:	5:55.60 40.76
12.	SZMYTKE, Karolina		04	UKS oliborz				<b>5:55.72</b>	286	
	50m:	39.53 39.53	150m:	2:10.15	46.13	250m:	3:42.15	45.79	350m:	5:15.04 46.30
	100m:	1:24.02 44.49	200m:	2:56.36	46.21	300m:	4:28.74	46.59	400m:	5:55.72 40.68
13.	DOBCZY SKA, Magdalena		04	UKS JAGIELLONKA Warszawa				<b>5:57.95</b>	281	
	50m:	5:58.21 5:58.21	150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	5:57.95
14.	SOSNOWSKA, Natalia		04	UKS JAGIELLONKA Warszawa				<b>6:00.45</b>	275	
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	6:00.45
15.	D WIL, Emilia		04	UKS oliborz				<b>6:04.59</b>	266	
	50m:		150m:			250m:			350m:	
	100m:		200m:			300m:			400m:	6:04.59
16.	KŁOS, Maja		04	Klub Sportowy "1" O arów Mazow				<b>6:07.22</b>	260	
	50m:	38.73 38.73	150m:	2:11.02	47.85	250m:	3:47.01	47.43	350m:	5:21.84 46.88
	100m:	1:23.17 44.44	200m:	2:59.58	48.56	300m:	4:34.96	47.95	400m:	6:07.22 45.38
17.	ZAWISZA, Amelia		04	luks Muszelka				<b>6:26.74</b>	222	
	50m:	42.97 42.97	150m:	2:21.32	49.93	250m:	4:01.31	50.65	350m:	5:40.44 48.37
	100m:	1:31.39 48.42	200m:	3:10.66	49.34	300m:	4:52.07	50.76	400m:	6:26.74 46.30

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat  
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Pozycja			Rok ur.					Czas	Pkt.
18.	PA KO, Maja		04	Klub Sportowy "1" O arów Mazow				<b>6:29.04</b>	219
	50m: 43.20	43.20	150m: 2:20.94	49.24	250m: 4:01.09	49.76	350m: 6:29.04	49.13	
	100m: 1:31.70	48.50	200m: 3:11.33	50.39	300m: 5:39.91	1:38.82	400m: 6:29.04		
19.	SALONI, Anna		04	UKS oliborz				<b>6:33.29</b>	212
	50m: 42.55	42.55	150m: 2:20.58	49.69	250m: 4:01.34	50.74	350m: 5:44.26	51.28	
	100m: 1:30.89	48.34	200m: 3:10.60	50.02	300m: 4:52.98	51.64	400m: 6:33.29	49.03	
20.	MICHALSKA, Maria		04	Iuks Muszelka				<b>6:40.45</b>	200
	50m: 41.98	41.98	150m: 4:58.31	3:30.51	250m:		350m:		
	100m: 1:27.80	45.82	200m:		300m:		400m: 6:40.45		
21.	MISIAK, Wiktoria		04	UKS oliborz				<b>7:13.56</b>	158
	50m: 47.17	47.17	150m: 2:35.81	54.60	250m: 5:26.48	1:53.95	350m:		
	100m: 1:41.21	54.04	200m: 3:32.53	56.72	300m:		400m: 7:13.56		

13 lat

1.	D BROWSKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				<b>4:34.21</b>	625
	50m: 31.26	31.26	150m: 1:39.55	34.25	250m: 2:49.32	35.21	350m: 4:00.39	35.26	
	100m: 1:05.30	34.04	200m: 2:14.11	34.56	300m: 3:25.13	35.81	400m: 4:34.21	33.82	
2.	BADZIAN, Natalia		03	Iuks Muszelka				<b>4:42.99</b>	569
	50m: 31.27	31.27	150m: 1:41.36	35.40	250m: 2:54.11	36.51	350m: 4:07.42	36.62	
	100m: 1:05.96	34.69	200m: 2:17.60	36.24	300m: 3:30.80	36.69	400m: 4:42.99	35.57	
3.	CYNARSKA, Weronika		03	Iuks Muszelka				<b>4:47.79</b>	541
	50m: 31.81	31.81	150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 4:47.79		
4.	ZIEMACKA, Julia		03	Iuks Muszelka				<b>5:00.25</b>	476
	50m: 33.97	33.97	150m: 1:49.30	37.94	250m: 3:05.85	38.66	350m: 4:22.58	38.44	
	100m: 1:11.36	37.39	200m: 2:27.19	37.89	300m: 3:44.14	38.29	400m: 5:00.25	37.67	
5.	NOWAK, Zofia		03	Iuks Muszelka				<b>5:00.38</b>	475
	50m: 31.57	31.57	150m: 1:44.62	37.41	250m: 3:02.75	39.17	350m: 4:21.32	39.04	
	100m: 1:07.21	35.64	200m: 2:23.58	38.96	300m: 3:42.28	39.53	400m: 5:00.38	39.06	
6.	OBUCHOWICZ, Natasza		03	Legia Warszawa				<b>5:01.88</b>	468
	50m: 33.84	33.84	150m: 1:49.00	38.37	250m: 3:05.78	38.46	350m: 4:24.02	39.29	
	100m: 1:10.63	36.79	200m: 2:27.32	38.32	300m: 3:44.73	38.95	400m: 5:01.88	37.86	
7.	ADAMSKA, Maria		03	UKS oliborz				<b>5:02.72</b>	464
	50m: 33.62	33.62	150m: 1:50.68	39.11	250m: 3:09.09	38.82	350m: 4:27.11	38.83	
	100m: 1:11.57	37.95	200m: 2:30.27	39.59	300m: 3:48.28	39.19	400m: 5:02.72	35.61	
8.	TOPP, Zofia		03	Uks G-8 Bielany				<b>5:02.78</b>	464
	50m: 33.24	33.24	150m: 1:48.65	38.21	250m: 3:07.24	39.49	350m: 4:25.16	38.62	
	100m: 1:10.44	37.20	200m: 2:27.75	39.10	300m: 3:46.54	39.30	400m: 5:02.78	37.62	
9.	KOZACZUK, Klara		03	UKS oliborz				<b>5:03.32</b>	462
	50m: 34.72	34.72	150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 5:03.32		
10.	MATYSIAK, Marta		03	UKS oliborz				<b>5:12.11</b>	424
	50m: 33.96	33.96	150m: 1:50.49	38.95	250m: 3:49.46	1:19.56	350m:		
	100m: 1:11.54	37.58	200m: 2:29.90	39.41	300m: 4:31.00	41.54	400m: 5:12.11		
11.	KOCZYK, Aleksandra		03	UKS oliborz				<b>5:15.01</b>	412
	50m: 35.25	35.25	150m: 1:54.35	39.87	250m: 3:15.62	40.72	350m: 4:35.78	39.41	
	100m: 1:14.48	39.23	200m: 2:34.90	40.55	300m: 3:56.37	40.75	400m: 5:15.01	39.23	
12.	JUREK, Michalina		03	ródmiejski UKS Polna Warszawa				<b>5:15.69</b>	409
	50m: 35.40	35.40	150m: 1:56.32	41.00	250m: 3:19.66	41.22	350m: 4:40.01	38.94	
	100m: 1:15.32	39.92	200m: 2:38.44	42.12	300m: 4:01.07	41.41	400m: 5:15.69	35.68	
13.	ADAMSKA, Julia		03	UKS oliborz				<b>5:16.39</b>	407
	50m: 35.83	35.83	150m: 1:57.13	40.97	250m: 3:18.70	40.83	350m: 4:39.16	40.22	
	100m: 1:16.16	40.33	200m: 2:37.87	40.74	300m: 3:58.94	40.24	400m: 5:16.39	37.23	

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Pozycja			Rok ur.					Czas	Pkt.
14.	TYNDZIK, Eleonora		03	UKS JAGIELLONKA Warszawa				<b>5:16.62</b>	406
	50m:	35.48 35.48	150m:	1:55.36	39.84	250m:	3:16.74 40.30	350m:	4:37.29 40.14
	100m:	1:15.52 40.04	200m:	2:36.44	41.08	300m:	3:57.15 40.41	400m:	5:16.62 39.33
15.	PRUSZY SKA, Wiktoria		03	UKS JAGIELLONKA Warszawa				<b>5:20.65</b>	391
	50m:	36.04 36.04	150m:	1:56.54	40.56	250m:	3:18.89 40.94	350m:	4:40.08 40.74
	100m:	1:15.98 39.94	200m:	2:37.95	41.41	300m:	3:59.34 40.45	400m:	5:20.65 40.57
16.	TYNDZIK, Maria		03	UKS JAGIELLONKA Warszawa				<b>5:22.82</b>	383
	50m:	36.66 36.66	150m:	1:58.36	41.37	250m:	3:20.24 41.09	350m:	4:42.13 40.04
	100m:	1:16.99 40.33	200m:	2:39.15	40.79	300m:	4:02.09 41.85	400m:	5:22.82 40.69
17.	ŁUBISZ, Wiktoria		03	Uks G-8 Bielany				<b>5:26.49</b>	370
	50m:	34.19 34.19	150m:	1:54.30	41.11	250m:	3:19.28 42.73	350m:	4:45.19 42.91
	100m:	1:13.19 39.00	200m:	2:36.55	42.25	300m:	4:02.28 43.00	400m:	5:26.49 41.30
18.	MIEGO , Jagoda		03	UKS oliborz				<b>5:37.65</b>	335
	50m:	36.48 36.48	150m:	2:00.22	42.26	250m:	3:27.97 44.13	350m:	4:55.81 44.14
	100m:	1:17.96 41.48	200m:	2:43.84	43.62	300m:	4:11.67 43.70	400m:	5:37.65 41.84
19.	MILEWSKA, Zofia		03	Uks G-8 Bielany				<b>5:38.08</b>	333
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	5:38.08
20.	BITKOWSKA, Maria		03	UKS oliborz				<b>5:47.02</b>	308
	50m:	35.92 35.92	150m:	2:01.87	44.10	250m:	3:33.01 45.85	350m:	5:05.11 46.49
	100m:	1:17.77 41.85	200m:	2:47.16	45.29	300m:	4:18.62 45.61	400m:	5:47.02 41.91
21.	WRÓBLEWSKA, Aurelia		03	UKS oliborz				<b>5:48.12</b>	305
	50m:	38.51 38.51	150m:	2:06.71	44.84	250m:	3:37.35 45.13	350m:	5:07.28 44.78
	100m:	1:21.87 43.36	200m:	2:52.22	45.51	300m:	4:22.50 45.15	400m:	5:48.12 40.84
22.	WOJTYŁA, Magdalena		03	UKS oliborz				<b>5:57.66</b>	281
	50m:	40.14 40.14	150m:	2:11.99	47.03	250m:	3:44.68 46.24	350m:	5:16.50 45.56
	100m:	1:24.96 44.82	200m:	2:58.44	46.45	300m:	4:30.94 46.26	400m:	5:57.66 41.16
23.	HRYCIUK, Urszula		03	UKS oliborz				<b>6:01.76</b>	272
	50m:	39.74 39.74	150m:	2:13.40	48.30	250m:	3:44.87 45.41	350m:	5:17.19 46.57
	100m:	1:25.10 45.36	200m:	2:59.46	46.06	300m:	4:30.62 45.75	400m:	6:01.76 44.57