

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
Wołomin, 17. - 18.3.2016

Konkurencja 8
17.03.2016 - 12:34

Chłopców, 400m dowolny

12 - 13 lat
Wyniki

Punkty: FINA 2015

Pozycja	Rok ur.	Czas	Pkt.
12 lat			
1. CHMIELEWSKI, Krzysztof	04	Iuks Muszelka	4:43.29 420
50m: 30.59 30.59	150m: 1:40.88	36.01 250m: 2:53.45	36.67 350m: 4:07.04
100m: 1:04.87 34.28	200m: 2:16.78	35.90 300m: 3:30.06	36.61 400m: 4:43.29
2. ZIEMBOWICZ, Franciszek	04	Uks G-8 Bielany	4:51.32 386
50m: 31.64 31.64	150m: 1:43.11	36.58 250m: 2:58.53	37.70 350m: 4:15.02
100m: 1:06.53 34.89	200m: 2:20.83	37.72 300m: 3:36.72	38.19 400m: 4:51.32
3. BERNER, Szymon	04	Buks Warszawa	5:07.92 327
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:07.92
4. BEDNAREK, Przemysław	04	Iuks Muszelka	5:09.62 322
50m: 34.61 34.61	150m: 1:52.61	39.81 250m: 3:11.85	39.93 350m: 4:31.58
100m: 1:12.80 38.19	200m: 2:31.92	39.31 300m: 3:51.54	39.69 400m: 5:09.62
5. KORDZIAK, Witold	04	Uks G-8 Bielany	5:13.34 310
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:13.34
6. KORONKIEWICZ, Antoni	04	Klub Sportowy "1" O arów Mazow	5:13.57 310
50m: 33.26 33.26	150m: 1:52.66	39.76 250m: 3:14.51	40.94 350m: 4:35.65
100m: 1:12.90 39.64	200m: 2:33.57	40.91 300m: 3:55.26	40.75 400m: 5:13.57
7. KAŁASKA, Patryk	04	UKS JAGIELLONKA Warszawa	5:15.30 305
50m: 35.25 35.25	150m: 1:56.73	41.20 250m: 3:18.99	40.68 350m: 4:38.11
100m: 1:15.53 40.28	200m: 2:38.31	41.58 300m: 3:58.97	39.98 400m: 5:15.30
8. KRAKOWIAK, Tymoteusz	04	UKS JAGIELLONKA Warszawa	5:15.91 303
50m: 35.33 35.33	150m: 1:56.86	41.09 250m: 3:19.01	40.52 350m: 4:38.50
100m: 1:15.77 40.44	200m: 2:38.49	41.63 300m: 3:59.17	40.16 400m: 5:15.91
9. YRO, Ignacy	04	Uks Wilanowia	5:17.67 298
50m: 35.32 35.32	150m: 1:55.84	40.71 250m: 3:18.51	41.66 350m: 4:39.78
100m: 1:15.13 39.81	200m: 2:36.85	41.01 300m: 3:59.55	41.04 400m: 5:17.67
10. SITKIEWICZ, Miłosz	04	Uks G-8 Bielany	5:19.41 293
50m: 37.28 37.28	150m: 1:58.80	40.59 250m: 3:19.74	40.67 350m: 4:41.46
100m: 1:18.21 40.93	200m: 2:39.07	40.27 300m: 4:01.17	41.43 400m: 5:19.41
11. WYTRYKUS, Aleksander	04	Buks Warszawa	5:24.48 279
50m: 36.12 36.12	150m: 1:57.61	41.84 250m: 3:21.60	42.02 350m: 4:45.34
100m: 1:15.77 39.65	200m: 2:39.58	41.97 300m: 4:03.10	41.50 400m: 5:24.48
12. KORDOWSKI, Tymoteusz	04	Buks Warszawa	5:29.00 268
50m:	150m:	250m:	350m:
100m:	200m:	300m:	400m: 5:29.00
13. DUDKIEWICZ, Jan	04	UKS oliborz	5:32.59 259
50m: 1:17.36 1:17.36	150m:	250m:	350m:
100m: 1:59.89 42.53	200m:	300m:	400m: 5:32.59
14. GŁ BI SKI, Kamil	04	Legia Warszawa	5:41.34 240
50m: 38.04 38.04	150m: 2:02.95	42.82 250m: 3:29.85	43.33 350m: 4:58.03
100m: 1:20.13 42.09	200m: 2:46.52	43.57 300m: 4:14.30	44.45 400m: 5:41.34
15. PISKOR, Mateusz	04	Klub Sportowy "1" O arów Mazow	5:41.39 240
50m: 36.13 36.13	150m: 2:02.76	44.19 250m: 3:30.80	43.09 350m: 4:59.95
100m: 1:18.57 42.44	200m: 2:47.71	44.95 300m: 4:15.80	45.00 400m: 5:41.39
16. OLCZAK, Maciej	04	UKS oliborz	5:47.53 227
50m: 38.67 38.67	150m: 2:05.96	43.81 250m: 3:36.28	45.76 350m: 5:05.60
100m: 1:22.15 43.48	200m: 2:50.52	44.56 300m: 4:21.06	44.78 400m: 5:47.53
17. TYCZY SKI, Karol	04	UKS JAGIELLONKA Warszawa	5:51.19 220
50m: 39.21 39.21	150m: 2:11.66	46.81 250m: 3:41.65	45.08 350m: 5:09.35
100m: 1:24.85 45.64	200m: 2:56.57	44.91 300m: 4:26.04	44.39 400m: 5:51.19

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
Wołomin, 17. - 18.3.2016

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	PARNOWSKI, Jan		04	UKS oliborz				5:52.64	218
	50m:	40.19 40.19	150m:	2:10.78	46.40	250m:	3:42.07 45.83	350m:	5:11.78 44.68
	100m:	1:24.38 44.19	200m:	2:56.24	45.46	300m:	4:27.10 45.03	400m:	5:52.64 40.86
19.	LASKI, Filip		04	Klub Sportowy "1" O arów Mazow				5:52.71	217
	50m:	39.10 39.10	150m:	2:08.28	45.09	250m:	3:38.08 44.03	350m:	5:09.37 45.80
	100m:	1:23.19 44.09	200m:	2:54.05	45.77	300m:	4:23.57 45.49	400m:	5:52.71 43.34
20.	SZYMA SKI, Mateusz		04	Uks"Polonez" Wyszaków				5:53.23	216
	50m:	35.45 35.45	150m:	2:06.09	46.02	250m:	3:39.85 46.95	350m:	5:12.71 46.30
	100m:	1:20.07 44.62	200m:	2:52.90	46.81	300m:	4:26.41 46.56	400m:	5:53.23 40.52
21.	STELMACH, Bartłomiej		04	Uks Wilanowia				5:57.29	209
	50m:	37.45 37.45	150m:	2:07.44	45.67	250m:	3:40.00 47.10	350m:	5:13.08 46.94
	100m:	1:21.77 44.32	200m:	2:52.90	45.46	300m:	4:26.14 46.14	400m:	5:57.29 44.21
22.	W GIEŁEK, Julian		04	UKS oliborz				5:58.22	208
	50m:	38.57 38.57	150m:	2:09.79	46.46	250m:	3:42.40 46.41	350m:	5:15.34 46.42
	100m:	1:23.33 44.76	200m:	2:55.99	46.20	300m:	4:28.92 46.52	400m:	5:58.22 42.88
23.	NOGAS, Olivier		04	Buks Warszawa				5:58.31	207
	50m:	38.99 38.99	150m:	2:10.85	46.18	250m:	3:44.30 46.49	350m:	5:17.26 46.13
	100m:	1:24.67 45.68	200m:	2:57.81	46.96	300m:	4:31.13 46.83	400m:	5:58.31 41.05
24.	BEDNARCZUK, Hubert		04	UKS oliborz				6:03.32	199
	50m:	40.25 40.25	150m:	2:12.66	46.53	250m:	4:32.64 1:33.09	350m:	
	100m:	1:26.13 45.88	200m:	2:59.55	46.89	300m:	5:19.07 46.43	400m:	6:03.32
25.	PODPORA, Piotr		04	Buks Warszawa				6:19.09	175
	50m:	42.33 42.33	150m:	2:17.77	48.51	250m:	3:55.99 49.87	350m:	5:33.78 48.66
	100m:	1:29.26 46.93	200m:	3:06.12	48.35	300m:	4:45.12 49.13	400m:	6:19.09 45.31
26.	SIWEK, Piotr		04	UKS oliborz				6:23.17	169
	50m:	40.18 40.18	150m:	2:16.60	49.52	250m:		350m:	
	100m:	1:27.08 46.90	200m:			300m:		400m:	6:23.17
27.	KARPUNIN, Michał		04	Uks Wilanowia				6:38.87	150
	50m:	43.10 43.10	150m:	2:22.40	50.91	250m:	4:07.13 53.06	350m:	5:50.78 51.05
	100m:	1:31.49 48.39	200m:	3:14.07	51.67	300m:	4:59.73 52.60	400m:	6:38.87 48.09
28.	BARTOSIEWICZ, Eryk		04	UKS oliborz				6:39.51	149
	50m:		150m:			250m:		350m:	
	100m:		200m:			300m:		400m:	6:39.51
29.	KOWALSKI, Jan		04	Uks Wilanowia				6:53.66	135
	50m:	46.63 46.63	150m:	2:33.58	54.33	250m:	4:20.36 53.65	350m:	
	100m:	1:39.25 52.62	200m:	3:26.71	53.13	300m:	5:13.51 53.15	400m:	6:53.66
30.	JURKOWSKI, Michał		04	UKS oliborz				7:14.31	116
	50m:	46.13 46.13	150m:			250m:		350m:	
	100m:	5:25.15 4:39.02	200m:			300m:		400m:	7:14.31

13 lat

1.	ZALEWSKI, Sebastian		03	UKS Pirania Targówek				4:33.33	468
	50m:	1:05.13 1:05.13	150m:	2:14.66	34.99	250m:	3:59.05 1:09.57	350m:	
	100m:	1:39.67 34.54	200m:	2:49.48	34.82	300m:		400m:	4:33.33
2.	RODKIEWICZ, Radosław		03	Iuks Muszelka				4:33.92	465
	50m:	30.20 30.20	150m:	1:38.70	35.09	250m:	2:49.97 35.73	350m:	3:59.48 34.15
	100m:	1:03.61 33.41	200m:	2:14.24	35.54	300m:	3:25.33 35.36	400m:	4:33.92 34.44
3.	WI NIEWSKI, Adam		03	AQUA yradów				4:36.75	451
	50m:	29.88 29.88	150m:	1:37.99	34.49	250m:	2:49.08 35.65	350m:	4:01.47 36.35
	100m:	1:03.50 33.62	200m:	2:13.43	35.44	300m:	3:25.12 36.04	400m:	4:36.75 35.28
4.	GROMULSKI, Paweł		03	UKS oliborz				4:41.81	427
	50m:	30.92 30.92	150m:	1:42.98	36.67	250m:	2:55.07 35.93	350m:	4:07.12 35.88
	100m:	1:06.31 35.39	200m:	2:19.14	36.16	300m:	3:31.24 36.17	400m:	4:41.81 34.69

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-13 lat
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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
5.	WI CKOWSKI, Jakub		03	UKS JAGIELLONKA Warszawa				4:44.57	414
	50m: 31.02	31.02	150m: 1:41.41	35.91	250m: 2:55.13	37.02	350m: 4:08.46	37.16	
	100m: 1:05.50	34.48	200m: 2:18.11	36.70	300m: 3:31.30	36.17	400m: 4:44.57	36.11	
6.	ROGUSKI, Mateusz		03	Iuks Muszelka				4:53.93	376
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 4:53.93		
7.	WALAT, Sebastian		03	UKS Pirania Targówek				4:55.13	371
	50m: 1:09.27	1:09.27	150m: 2:25.54	38.33	250m: 3:42.12	38.53	350m: 4:55.13	35.33	
	100m: 1:47.21	37.94	200m: 3:03.59	38.05	300m: 4:19.80	37.68	400m: 4:55.13		
8.	OŁ D , Stanisław		03	UKS oliborz				4:56.79	365
	50m: 32.23	32.23	150m: 1:46.47	37.76	250m: 3:02.57	38.21	350m: 4:19.29	38.26	
	100m: 1:08.71	36.48	200m: 2:24.36	37.89	300m: 3:41.03	38.46	400m: 4:56.79	37.50	
9.	KALETA, Cezary		03	UKS oliborz				5:01.14	350
	50m: 32.70	32.70	150m: 1:48.29	38.03	250m: 3:04.88	37.75	350m: 4:23.17	39.84	
	100m: 1:10.26	37.56	200m: 2:27.13	38.84	300m: 3:43.33	38.45	400m: 5:01.14	37.97	
10.	PARADOWSKI, Olaf		03	Uks G-8 Bielany				5:02.61	345
	50m: 34.24	34.24	150m: 1:50.82	38.84	250m: 3:08.55	39.21	350m: 4:25.92	38.32	
	100m: 1:11.98	37.74	200m: 2:29.34	38.52	300m: 3:47.60	39.05	400m: 5:02.61	36.69	
11.	ZIELI SKI, Maksymilian		03	Uks G-8 Bielany				5:06.76	331
	50m: 33.03	33.03	150m: 1:51.69	39.43	250m: 3:11.04	39.86	350m:		
	100m: 1:12.26	39.23	200m: 2:31.18	39.49	300m:		400m: 5:06.76		
12.	PODGÓRSKI, Oskar		03	UKS JAGIELLONKA Warszawa				5:10.33	319
	50m: 34.80	34.80	150m: 1:53.75	39.53	250m: 3:12.70	39.85	350m: 4:32.12	39.00	
	100m: 1:14.22	39.42	200m: 2:32.85	39.10	300m: 3:53.12	40.42	400m: 5:10.33	38.21	
13.	NIEDU AK, Maurycy		03	UKS Pirania Targówek				5:11.53	316
	50m: 34.26	34.26	150m: 1:52.52	39.48	250m: 3:13.08	39.82	350m: 4:33.07	39.93	
	100m: 1:13.04	38.78	200m: 2:33.26	40.74	300m: 3:53.14	40.06	400m: 5:11.53	38.46	
14.	STRUS, Jan		03	UKS oliborz				5:24.16	280
	50m: 35.08	35.08	150m: 1:56.31	40.74	250m: 3:19.50	42.10	350m: 4:43.11	42.16	
	100m: 1:15.57	40.49	200m: 2:37.40	41.09	300m: 4:00.95	41.45	400m: 5:24.16	41.05	
15.	FLORCZUK, Aleksander		03	UKS oliborz				5:45.00	232
	50m: 35.79	35.79	150m: 2:01.29	43.50	250m: 3:29.85	44.65	350m: 5:00.07	44.77	
	100m: 1:17.79	42.00	200m: 2:45.20	43.91	300m: 4:15.30	45.45	400m: 5:45.00	44.93	
16.	GRUCHAŁA, Mikołaj		03	UKS oliborz				6:00.97	203
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m: 6:00.97		
DYSKW.	BRZE NICKI, Filip		03	Iuks Muszelka					
	<i>O4 - Start wykonany przed sygnałem (przedwczesny start)</i>								
	50m: 37.87	37.87	150m: 2:09.79	47.50	250m: 3:44.11	46.77	350m:		
	100m: 1:22.29	44.42	200m: 2:57.34	47.55	300m: 5:23.19	1:39.08	400m:		