

XIII WIOSENNE ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GI YCKA
Gi ycko, 2. - 3.4.2016

Konkurencja 29
03.04.2016 - 13:04

Kobiet, 400m dowolny

12 lat i starsi
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.		
12 lat											
1.	ROGOWICZ, Zuzanna		04	Uks Omega Sokółka				5:33.55	347		
	50m:	37.33 37.33	150m:	2:01.29	42.35	250m:	3:27.11	42.97	350m:	4:53.70	43.13
	100m:	1:18.94 41.61	200m:	2:44.14	42.85	300m:	4:10.57	43.46	400m:	5:33.55	39.85
2.	RAFAŁOWSKA, Maria		04	MKS Juwenia Białystok				5:50.05	300		
	50m:	37.11 37.11	150m:	2:04.61	44.95	250m:	3:35.74	46.06	350m:	5:06.99	46.16
	100m:	1:19.66 42.55	200m:	2:49.68	45.07	300m:	4:20.83	45.09	400m:	5:50.05	43.06
13 lat											
1.	BIEDRZYCKA, Adrianna		03	MKS "Ro " Pisz				5:32.81	349		
	50m:	34.32 34.32	150m:	1:55.23	41.54	250m:	3:22.46	43.97	350m:	4:50.41	43.75
	100m:	1:13.69 39.37	200m:	2:38.49	43.26	300m:	4:06.66	44.20	400m:	5:32.81	42.40
2.	SZYMBORSKA, Patrycja		03	MKS Juwenia Białystok				5:37.46	335		
	50m:	37.13 37.13	150m:	2:01.68	42.89	250m:	3:28.46	43.68	350m:	4:55.79	43.83
	100m:	1:18.79 41.66	200m:	2:44.78	43.10	300m:	4:11.96	43.50	400m:	5:37.46	41.67
3.	NIEWIAROWSKA, Wiktoria		03	Ks Puszcza Hajnówka				6:34.48	210		
	50m:	39.21 39.21	150m:			250m:			350m:	5:43.56	
	100m:		200m:			300m:			400m:	6:34.48	50.92
14 lat											
1.	RAJCA, Olivia		02	UKS 190 Łód				4:48.50	537		
	50m:	33.60 33.60	150m:	1:46.59	36.80	250m:	3:00.29	36.87	350m:	4:13.28	36.31
	100m:	1:09.79 36.19	200m:	2:23.42	36.83	300m:	3:36.97	36.68	400m:	4:48.50	35.22
2.	NOWAKOWSKA, Małgorzata		02	UKS 190 Łód				4:48.69	536		
	50m:	33.77 33.77	150m:	1:47.63	37.05	250m:	3:01.37	36.97	350m:	4:14.99	36.58
	100m:	1:10.58 36.81	200m:	2:24.40	36.77	300m:	3:38.41	37.04	400m:	4:48.69	33.70
3.	MIKSA, Paulina		02	UKS 190 Łód				4:59.98	477		
	50m:	33.82 33.82	150m:	1:48.79	38.03	250m:	3:05.67	38.44	350m:	4:22.73	38.68
	100m:	1:10.76 36.94	200m:	2:27.23	38.44	300m:	3:44.05	38.38	400m:	4:59.98	37.25
4.	MIECZKOWSKA, Wiktoria		02	MKS "Ro " Pisz				5:01.59	470		
	50m:	33.25 33.25	150m:	1:47.88	38.15	250m:	3:05.47	38.57	350m:	4:24.31	39.82
	100m:	1:09.73 36.48	200m:	2:26.90	39.02	300m:	3:44.49	39.02	400m:	5:01.59	37.28
5.	CI , Zuzanna		02	MKS Medyk Gi ycko				5:03.87	459		
	50m:	32.70 32.70	150m:	1:47.60	38.19	250m:	3:05.39	38.79	350m:	4:24.95	40.30
	100m:	1:09.41 36.71	200m:	2:26.60	39.00	300m:	3:44.65	39.26	400m:	5:03.87	38.92
6.	POLASIK, Natalia		02	MKS Medyk Gi ycko				5:08.97	437		
	50m:	33.22 33.22	150m:	1:50.38	39.30	250m:	3:09.97	40.02	350m:	4:29.94	40.00
	100m:	1:11.08 37.86	200m:	2:29.95	39.57	300m:	3:49.94	39.97	400m:	5:08.97	39.03
7.	TYTKO, Wiktoria		02	SMS w Ostroł ce UKS BRATEK				5:40.51	326		
	50m:	37.65 37.65	150m:	2:03.55	43.39	250m:	3:32.20	44.74	350m:	4:59.60	43.19
	100m:	1:20.16 42.51	200m:	2:47.46	43.91	300m:	4:16.41	44.21	400m:	5:40.51	40.91
8.	TYTKO, Aleksandra		02	SMS w Ostroł ce UKS BRATEK				5:52.61	294		
	50m:	39.70 39.70	150m:	2:10.92	46.16	250m:	3:41.92	45.48	350m:	5:11.70	44.29
	100m:	1:24.76 45.06	200m:	2:56.44	45.52	300m:	4:27.41	45.49	400m:	5:52.61	40.91
15 lat i starsi											
1.	FILIPKOWSKA, Dominika		99	MKS "Ro " Pisz				4:46.89	546		
	50m:	32.89 32.89	150m:	1:44.32	36.09	250m:	2:57.77	36.70	350m:	4:11.21	36.53
	100m:	1:08.23 35.34	200m:	2:21.07	36.75	300m:	3:34.68	36.91	400m:	4:46.89	35.68

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Konkurencja 29, Kobiet, 400m dowolny, 15 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
2.	ROGOWICZ,, Aleksandra			00	Uks Omega Sokółka				5:00.98	473		
	50m:	34.26	34.26	150m:	1:48.93	37.78	250m:	3:06.65	39.11	350m:	4:24.88	38.93
	100m:	1:11.15	36.89	200m:	2:27.54	38.61	300m:	3:45.95	39.30	400m:	5:00.98	36.10
3.	RADOMI SKA, Aleksandra			01	KS Barakuda Mi sk Mazowiecki				5:15.70	409		
	50m:	34.16	34.16	150m:	1:52.09	40.04	250m:	3:14.35	41.49	350m:	4:36.86	41.07
	100m:	1:12.05	37.89	200m:	2:32.86	40.77	300m:	3:55.79	41.44	400m:	5:15.70	38.84
4.	SAC, Aleksandra			99	MKP Wodnik Bielsk Podlaski				5:35.77	340		
	50m:	38.16	38.16	150m:	2:00.91	41.44	250m:	3:26.46	43.12	350m:	4:53.16	43.69
	100m:	1:19.47	41.31	200m:	2:43.34	42.43	300m:	4:09.47	43.01	400m:	5:35.77	42.61
PK	GRYGIENCZA, Iga			04	MKS Medyk Gi ycko				5:06.39	448		
	50m:	34.14	34.14	150m:	1:50.45	38.58	250m:	3:09.11	39.40	350m:	4:28.52	39.64
	100m:	1:11.87	37.73	200m:	2:29.71	39.26	300m:	3:48.88	39.77	400m:	5:06.39	37.87