

Ogólnopolskie Zawody Pływackie o Puchar Burmistrza Miasta Pułtusk
Pułtusk, 16.4.2016

Konkurencja 16
16.04.2016 - 13:52

Chłopców, 400m dowolny

11 - 17 lat
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.					Czas	Pkt.
11 lat									
1.	BOLEK, Stanisław		05	UKP Polonia Warszawa				5:32.68	259
	50m:	38.16 38.16	150m:	2:03.69 43.28	250m:	3:30.70 43.50	350m:	4:54.64 41.95	
	100m:	1:20.41 42.25	200m:	2:47.20 43.51	300m:	4:12.69 41.99	400m:	5:32.68 38.04	
2.	TKACZ, Wiktor		05	MKS Piaseczno				5:43.78	235
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:43.78	
3.	SZEWCZYK, Roch		05	UKP Polonia Warszawa				6:30.05	161
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:30.05	
4.	JANKOWSKI, Mateusz		05	Squatina Ostroł ka				7:26.59	107
	50m:	45.45 45.45	150m:	2:39.51 57.98	250m:	5:35.37 57.98	350m:	7:26.59 53.17	
	100m:	1:41.53 56.08	200m:	4:37.39 1:57.88	300m:	6:33.42 58.05	400m:	7:26.59	
12 lat									
1.	CHOROSZEWSKI, Iwo		04	Klub Sportowy Płetwal Szczytno				5:04.41	338
	50m:	33.56 33.56	150m:	1:50.98 39.53	250m:	3:10.25 39.40	350m:	4:27.47 37.27	
	100m:	1:11.45 37.89	200m:	2:30.85 39.87	300m:	3:50.20 39.95	400m:	5:04.41 36.94	
2.	YRO, Ignacy		04	Uks Wilanowia				5:16.04	302
	50m:	35.02 35.02	150m:	1:54.33 40.26	250m:	3:15.74 40.51	350m:	4:37.17 40.82	
	100m:	1:14.07 39.05	200m:	2:35.23 40.90	300m:	3:56.35 40.61	400m:	5:16.04 38.87	
3.	GR DZIK, Bła ej		04	MPKS Orka Ciechanów				5:19.55	293
	50m:	35.98 35.98	150m:	1:56.04 40.13	250m:	3:16.75 40.86	350m:	4:39.27 41.24	
	100m:	1:15.91 39.93	200m:	2:35.89 39.85	300m:	3:58.03 41.28	400m:	5:19.55 40.28	
4.	ANISIEWICZ, Dominik		04	MUKP Warszawianka				6:04.01	198
	50m:	39.41 39.41	150m:	2:13.95 47.48	250m:	3:47.96 47.83	350m:	5:20.45 45.25	
	100m:	1:26.47 47.06	200m:	3:00.13 46.18	300m:	4:35.20 47.24	400m:	6:04.01 43.56	
5.	KŁOSI SKI, J drzej		04	Klub Sportowy Płetwal Szczytno				7:15.49	115
	50m:	47.99 47.99	150m:	2:39.02 57.26	250m:	5:27.70 56.47	350m:		
	100m:	1:41.76 53.77	200m:	4:31.23 1:52.21	300m:		400m:	7:15.49	
13 lat									
1.	RODKIEWICZ, Radosław		03	Iuks Muszelka				4:42.60	423
	50m:	31.64 31.64	150m:	1:42.38 35.79	250m:	2:54.81 36.20	350m:	4:07.39 36.14	
	100m:	1:06.59 34.95	200m:	2:18.61 36.23	300m:	3:31.25 36.44	400m:	4:42.60 35.21	
2.	WALAT, Sebastian		03	UKS Pirania Targówek				4:46.60	406
	50m:	32.36 32.36	150m:	1:45.40 36.88	250m:	2:59.66 36.89	350m:	4:13.15 36.39	
	100m:	1:08.52 36.16	200m:	2:22.77 37.37	300m:	3:36.76 37.10	400m:	4:46.60 33.45	
3.	ROGUSKI, Mateusz		03	Iuks Muszelka				4:50.94	388
	50m:	32.38 32.38	150m:	1:46.16 37.25	250m:	3:00.83 37.58	350m:	4:14.68 36.67	
	100m:	1:08.91 36.53	200m:	2:23.25 37.09	300m:	3:38.01 37.18	400m:	4:50.94 36.26	
4.	KOWALEWSKI, Paweł		03	MKS Juvenia Białystok				5:01.23	349
	50m:	32.07 32.07	150m:	1:48.73 39.04	250m:	3:07.59 39.70	350m:	4:25.46 38.60	
	100m:	1:09.69 37.62	200m:	2:27.89 39.16	300m:	3:46.86 39.27	400m:	5:01.23 35.77	
5.	SKIBA, Jakub		03	UKP Polonia Warszawa				5:05.47	335
	50m:	33.12 33.12	150m:	1:49.92 38.95	250m:	3:08.48 39.16	350m:	4:27.58 39.25	
	100m:	1:10.97 37.85	200m:	2:29.32 39.40	300m:	3:48.33 39.85	400m:	5:05.47 37.89	
6.	ANTCZAK, Bartosz		03	UKP Polonia Warszawa				5:06.84	330
	50m:	33.91 33.91	150m:	1:50.23 38.99	250m:	3:09.44 39.69	350m:	4:28.73 39.20	
	100m:	1:11.24 37.33	200m:	2:29.75 39.52	300m:	3:49.53 40.09	400m:	5:06.84 38.11	

Ogólnopolskie Zawody Pływackie o Puchar Burmistrza Miasta Pułtusk
Pułtusk, 16.4.2016

Konkurencja 16, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	CIERNIAK, Franek		03	Uks Delfin Legionowo				5:16.00	303
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	5:16.00	
8.	PIECHOWSKI, Krzysztof		03	MKS Juwenia Białystok				5:24.67	279
	50m:	35.72 35.72	150m:	1:59.07 42.57	250m:	3:22.02 40.91	350m:	4:46.06 41.85	
	100m:	1:16.50 40.78	200m:	2:41.11 42.04	300m:	4:04.21 42.19	400m:	5:24.67 38.61	
9.	RADECKI, Mikołaj		03	UKS Posejdon Pułtusk				5:33.54	257
	50m:	38.50 38.50	150m:	2:05.81 44.25	250m:	3:31.90 43.21	350m:	4:56.33 42.69	
	100m:	1:21.56 43.06	200m:	2:48.69 42.88	300m:	4:13.64 41.74	400m:	5:33.54 37.21	

14 lat

1.	DOŁOWY, Grzegorz		02	Iuks Muszelka				4:21.05	537
	50m:	30.17 30.17	150m:	1:35.21 32.93	250m:	2:42.06 33.38	350m:	3:49.12 33.25	
	100m:	1:02.28 32.11	200m:	2:08.68 33.47	300m:	3:15.87 33.81	400m:	4:21.05 31.93	
2.	RUTA, Kamil		02	Iuks Muszelka				4:29.13	490
	50m:	30.75 30.75	150m:	1:37.96 34.09	250m:	2:46.53 34.13	350m:	3:55.84 34.44	
	100m:	1:03.87 33.12	200m:	2:12.40 34.44	300m:	3:21.40 34.87	400m:	4:29.13 33.29	
3.	MOLENDĄ, Dominik		02	UKS Pirania Targówek				4:41.21	429
	50m:	31.92 31.92	150m:	1:44.63 36.44	250m:	2:56.65 35.20	350m:	4:07.29 35.24	
	100m:	1:08.19 36.27	200m:	2:21.45 36.82	300m:	3:32.05 35.40	400m:	4:41.21 33.92	
4.	PYCZOT, Paweł		02	UKS Pirania Targówek				4:41.67	427
	50m:	31.65 31.65	150m:	1:43.94 36.54	250m:	2:56.47 36.16	350m:	4:08.43 35.80	
	100m:	1:07.40 35.75	200m:	2:20.31 36.37	300m:	3:32.63 36.16	400m:	4:41.67 33.24	
5.	GR DZIK, Bartosz		02	MPKS Orka Ciechanów				4:48.77	397
	50m:	32.29 32.29	150m:	1:45.43 37.10	250m:	2:59.65 36.91	350m:	4:13.52 36.88	
	100m:	1:08.33 36.04	200m:	2:22.74 37.31	300m:	3:36.64 36.99	400m:	4:48.77 35.25	
6.	ADAMOWSKI, Mateusz		02	UKS Piłka Ostrołęka				5:09.33	323
	50m:	32.86 32.86	150m:	1:49.84 39.53	250m:	3:09.65 40.34	350m:	4:30.28 40.03	
	100m:	1:10.31 37.45	200m:	2:29.31 39.47	300m:	3:50.25 40.60	400m:	5:09.33 39.05	

15 lat

1.	KŁAK, Marcin		01	Klub Sportowy Płetwał Szczytno				4:26.92	502
	50m:	29.93 29.93	150m:	1:37.07 33.69	250m:	2:45.66 34.48	350m:	3:53.88 33.90	
	100m:	1:03.38 33.45	200m:	2:11.18 34.11	300m:	3:19.98 34.32	400m:	4:26.92 33.04	
2.	SIEMEK, Damian		01	UKS Posejdon Pułtusk				4:40.52	433
	50m:	31.40 31.40	150m:	1:43.34 36.30	250m:	2:56.00 36.51	350m:	4:07.91 35.90	
	100m:	1:07.04 35.64	200m:	2:19.49 36.15	300m:	3:32.01 36.01	400m:	4:40.52 32.61	
3.	MATUSIAK, Adrian		01	UKS Posejdon Pułtusk				4:41.20	430
	50m:	31.54 31.54	150m:	1:43.22 36.32	250m:	2:55.21 35.94	350m:	4:06.81 35.41	
	100m:	1:06.90 35.36	200m:	2:19.27 36.05	300m:	3:31.40 36.19	400m:	4:41.20 34.39	
4.	CIAK, Bernard		01	UKS Posejdon Pułtusk				4:45.35	411
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	4:45.35	

16 - 17 lat

1.	GALAS, Daniel		00	UKS Posejdon Pułtusk				4:53.82	376
	50m:	32.07 32.07	150m:	1:46.78 38.00	250m:	3:03.35 38.27	350m:	4:17.78 36.79	
	100m:	1:08.78 36.71	200m:	2:25.08 38.30	300m:	3:40.99 37.64	400m:	4:53.82 36.04	
2.	SALAMO CZYK, Przemysław		99	UKS Posejdon Pułtusk				5:21.84	286
	50m:	33.85 33.85	150m:	1:54.15 40.83	250m:	3:16.63 41.52	350m:	4:41.52 42.80	
	100m:	1:13.32 39.47	200m:	2:35.11 40.96	300m:	3:58.72 42.09	400m:	5:21.84 40.32	

Ogólnopolskie Zawody Pływackie o Puchar Burmistrza Miasta Pułtusk
Pułtusk, 16.4.2016

Konkurencja 16, Chłopców, 400m dowolny

PK	KOWALCZYK, Kacper	02	UKS Posejdon Pułtusk	4:37.97	445
	50m: 30.77 30.77	150m: 1:40.71 35.43	250m: 2:53.02 36.52	350m: 4:05.60 36.14	
	100m: 1:05.28 34.51	200m: 2:16.50 35.79	300m: 3:29.46 36.44	400m: 4:37.97 32.37	
PK	HERMANOWSKI, Oskar	01	UKS Posejdon Pułtusk	4:40.43	433
	50m: 30.58 30.58	150m: 1:40.28 35.28	250m: 2:53.07 36.73	350m: 4:05.76 36.25	
	100m: 1:05.00 34.42	200m: 2:16.34 36.06	300m: 3:29.51 36.44	400m: 4:40.43 34.67	