

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-letnich - II RUNDA
Warszawa, 15. - 16.6.2016

Konkurencja 7

15.06.2016 - 11:09

Dziewcząt, 400m dowolny

12 lat
Wyniki

Punkty: FINA 2015

Pozycja			Rok ur.							Czas	Pkt.
1.	MIZIK, Julia		04	MKS Ochota Warszawa						4:54.80	503
	50m:	32.45 32.45	150m:	1:46.04	37.55	250m:	3:01.77	38.24	350m:	4:19.47	38.59
	100m:	1:08.49 36.04	200m:	2:23.53	37.49	300m:	3:40.88	39.11	400m:	4:54.80	35.33
2.	WOJAS, Weronika		04	Uks "Gim 92 Ursynów" Warszawa						4:56.44	495
	50m:	32.82 32.82	150m:	4:56.44	1:53.77	250m:			350m:		
	100m:	3:02.67 2:29.85	200m:			300m:			400m:	4:56.44	
3.	TARASIEWICZ, Klaudia		04	UKP Polonia Warszawa						5:02.39	466
	50m:	33.22 33.22	150m:	1:48.57	38.10	250m:	3:07.32	38.73	350m:	4:26.35	38.99
	100m:	1:10.47 37.25	200m:	2:28.59	40.02	300m:	3:47.36	40.04	400m:	5:02.39	36.04
4.	KACZOROWSKA, Alicja		04	Buks Warszawa						5:04.04	458
	50m:	32.80 32.80	150m:	1:50.05	39.58	250m:	3:08.80	39.50	350m:	4:27.60	39.44
	100m:	1:10.47 37.67	200m:	2:29.30	39.25	300m:	3:48.16	39.36	400m:	5:04.04	36.44
5.	SOCHACKA, Karolina		04	MKS Ochota Warszawa						5:11.70	425
	50m:	36.00 36.00	150m:	1:54.95	39.55	250m:	3:14.22	39.36	350m:	4:34.20	39.64
	100m:	1:15.40 39.40	200m:	2:34.86	39.91	300m:	3:54.56	40.34	400m:	5:11.70	37.50
6.	POTIOPA, Karolina		04	MKS Ochota Warszawa						5:12.40	423
	50m:	33.68 33.68	150m:	1:51.40	39.40	250m:	3:11.97	40.37	350m:	4:33.00	40.65
	100m:	1:12.00 38.32	200m:	2:31.60	40.20	300m:	3:52.35	40.38	400m:	5:12.40	39.40
7.	BRYWCZYŃSKA, Helena		04	UKP Polonia Warszawa						5:15.29	411
	50m:	1:14.99 1:14.99	150m:	2:36.03	40.28	250m:	3:59.01	40.95	350m:	4:37.34	
	100m:	1:55.75 40.76	200m:	3:18.06	42.03	300m:			400m:	5:15.29	37.95
8.	DUBAN, Karolina		04	Uks Kapry Armexim Pruszków						5:15.34	411
	50m:	35.63 35.63	150m:	1:56.13	40.67	250m:	3:16.47	40.17	350m:	4:36.52	39.93
	100m:	1:15.46 39.83	200m:	2:36.30	40.17	300m:	3:56.59	40.12	400m:	5:15.34	38.82
9.	MAJCHRZAK, Kaja		04	Integracyjny Klub Sportowy Kon						5:19.33	396
	50m:	35.55 35.55	150m:	1:56.72	41.12	250m:	3:19.49	41.47	350m:	4:40.73	40.87
	100m:	1:15.60 40.05	200m:	2:38.02	41.30	300m:	3:59.86	40.37	400m:	5:19.33	38.60
10.	BORYS, Zofia		04	UKS oliborz						5:21.25	389
	50m:	35.74 35.74	150m:	1:56.98	40.89	250m:	3:19.78	41.27	350m:	4:42.34	41.33
	100m:	1:16.09 40.35	200m:	2:38.51	41.53	300m:	4:01.01	41.23	400m:	5:21.25	38.91
11.	BOGACKA, Paulina		04	Uks Jagiellonka Warszawa						5:29.26	361
	50m:	35.61 35.61	150m:	1:59.42	42.26	250m:	3:25.05	43.78	350m:	4:49.00	41.75
	100m:	1:17.16 41.55	200m:	2:41.27	41.85	300m:	4:07.25	42.20	400m:	5:29.26	40.26
12.	BIEGUS, Julia		04	Uks G-8 Bielany						5:30.56	357
	50m:	37.82 37.82	150m:	2:02.70	42.49	250m:			350m:		
	100m:	1:20.21 42.39	200m:			300m:	4:08.87		400m:	5:30.56	
13.	TAMBOREK, Kinga		04	Uks Jagiellonka Warszawa						5:30.82	356
	50m:	36.90 36.90	150m:	2:00.11	42.69	250m:	3:24.95	42.38	350m:	4:49.70	41.90
	100m:	1:17.42 40.52	200m:	2:42.57	42.46	300m:	4:07.80	42.85	400m:	5:30.82	41.12
14.	PRZYBYLIŃSKA, Julia		04	UKS 307 Warszawa-Mokotów						5:31.79	353
	50m:	35.25 35.25	150m:	1:58.52	41.94	250m:	3:24.09	42.86	350m:	4:49.92	42.52
	100m:	1:16.58 41.33	200m:	2:41.23	42.71	300m:	4:07.40	43.31	400m:	5:31.79	41.87
15.	DUBSKA, Julia		04	Uks G-8 Bielany						5:34.39	344
	50m:	37.42 37.42	150m:	2:02.82	42.99	250m:	3:28.95	42.58	350m:	4:53.24	42.39
	100m:	1:19.83 42.41	200m:	2:46.37	43.55	300m:	4:10.85	41.90	400m:	5:34.39	41.15
16.	PECYNA, Martyna		04	Integracyjny Klub Sportowy Kon						5:36.32	339
	50m:	37.61 37.61	150m:	2:02.88	43.34	250m:	3:30.07	43.82	350m:	4:56.75	43.04
	100m:	1:19.54 41.93	200m:	2:46.25	43.37	300m:	4:13.71	43.64	400m:	5:36.32	39.57
17.	KAWKA MIEROWSKA, Nina		04	UKS oliborz						5:37.47	335
	50m:	39.05 39.05	150m:	2:05.52	43.39	250m:	4:16.01	42.92	350m:		
	100m:	1:22.13 43.08	200m:	3:33.09	1:27.57	300m:	4:58.00	41.99	400m:	5:37.47	

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-letnich - II RUNDA
Warszawa, 15. - 16.6.2016

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.				Czas	Pkt.
18.	WEPS, Maja		04	Integracyjny Klub Sportowy Kon		5:38.61	332	
	50m: 38.55	38.55	150m: 2:06.20	43.99	250m: 3:34.04	43.77	350m: 5:00.35	42.65
	100m: 1:22.21	43.66	200m: 2:50.27	44.07	300m: 4:17.70	43.66	400m: 5:38.61	38.26
19.	SZEWczyk, Nina		04	UKS Victoria Józefów		5:39.64	329	
	50m: 39.15	39.15	150m: 2:04.73	43.27	250m: 3:31.99	42.93	350m: 4:58.77	43.08
	100m: 1:21.46	42.31	200m: 2:49.06	44.33	300m: 4:15.69	43.70	400m: 5:39.64	40.87
20.	D WIL, Emilia		04	UKS oliborz		5:47.66	306	
	50m: 39.73	39.73	150m: 3:39.33	1:30.90	250m:		350m:	
	100m: 2:08.43	1:28.70	200m: 4:23.31	43.98	300m:		400m: 5:47.66	
21.	MISIAK, Michalina		04	UKS Victoria Józefów		5:47.70	306	
	50m: 39.69	39.69	150m: 2:07.52	44.00	250m: 3:35.91	44.75	350m: 5:06.60	46.12
	100m: 1:23.52	43.83	200m: 2:51.16	43.64	300m: 4:20.48	44.57	400m: 5:47.70	41.10
22.	ŁUSZCZY SKA, Julia		04	Buks Warszawa		5:47.79	306	
	50m: 37.71	37.71	150m: 2:04.69	44.61	250m: 3:34.79	45.78	350m: 5:04.46	44.87
	100m: 1:20.08	42.37	200m: 2:49.01	44.32	300m: 4:19.59	44.80	400m: 5:47.79	43.33
23.	KUCHARSKA, Marta		04	UKS 307 Warszawa-Mokotów		5:48.31	305	
	50m: 38.24	38.24	150m: 2:06.22	44.50	250m: 3:37.11	45.51	350m: 5:05.86	43.26
	100m: 1:21.72	43.48	200m: 2:51.60	45.38	300m: 4:22.60	45.49	400m: 5:48.31	42.45
24.	STANISZEWSKA, Karolina		04	UKS oliborz		5:49.04	303	
	50m: 39.36	39.36	150m: 2:09.25	45.71	250m: 3:39.19	45.05	350m: 5:06.19	42.88
	100m: 1:23.54	44.18	200m: 2:54.14	44.89	300m: 4:23.31	44.12	400m: 5:49.04	42.85
25.	SZMYTKA, Karolina		04	UKS oliborz		5:49.05	303	
	50m: 39.91	39.91	150m: 2:09.38	45.08	250m: 3:40.49	45.73	350m: 5:09.78	44.53
	100m: 1:24.30	44.39	200m: 2:54.76	45.38	300m: 4:25.25	44.76	400m: 5:49.05	39.27
26.	GABRIELA, Głowacka		04	Integracyjny Klub Sportowy Kon		5:49.83	301	
	50m: 40.03	40.03	150m: 2:08.65	45.13	250m: 3:39.42	45.23	350m: 5:09.10	44.64
	100m: 1:23.52	43.49	200m: 2:54.19	45.54	300m: 4:24.46	45.04	400m: 5:49.83	40.73
27.	NAGRABA, Oliwia		04	UKS 307 Warszawa-Mokotów		5:52.65	294	
	50m: 38.71	38.71	150m: 2:07.92	45.07	250m: 3:38.36	45.59	350m: 5:08.47	44.35
	100m: 1:22.85	44.14	200m: 2:52.77	44.85	300m: 4:24.12	45.76	400m: 5:52.65	44.18
28.	KRZEMI SKA, Patrycja		04	UKS oliborz		5:54.67	289	
	50m: 38.79	38.79	150m: 2:08.41	45.38	250m: 3:39.99	45.50	350m: 5:11.66	46.06
	100m: 1:23.03	44.24	200m: 2:54.49	46.08	300m: 4:25.60	45.61	400m: 5:54.67	43.01
29.	BARYŁKA, Małgorzata		04	Buks Warszawa		5:55.15	287	
	50m: 38.83	38.83	150m: 2:08.90	45.43	250m: 3:40.13	45.25	350m: 5:10.15	44.35
	100m: 1:23.47	44.64	200m: 2:54.88	45.98	300m: 4:25.80	45.67	400m: 5:55.15	45.00
30.	D BROWSKA, Pol		04	UKS 307 Warszawa-Mokotów		6:00.88	274	
	50m: 40.81	40.81	150m: 2:11.23	46.00	250m: 3:43.08	45.08	350m: 5:15.99	46.80
	100m: 1:25.23	44.42	200m: 2:58.00	46.77	300m: 4:29.19	46.11	400m: 6:00.88	44.89
31.	TABOR, Anastazja		04	MKS Piaseczno		6:02.00	271	
	50m: 39.97	39.97	150m: 2:11.24	46.09	250m: 3:43.82	46.85	350m: 5:16.44	46.37
	100m: 1:25.15	45.18	200m: 2:56.97	45.73	300m: 4:30.07	46.25	400m: 6:02.00	45.56
32.	NOWAK, Oliwia		04	Uks"Gim 92 Ursynów"Warszawa		6:06.37	262	
	50m: 40.32	40.32	150m: 3:48.43	1:33.70	250m:		350m:	
	100m: 2:14.73	1:34.41	200m:		300m:		400m: 6:06.37	
33.	MOSPINEK, Izabela		04	Klub Sportowy "1" Oarów Mazow		6:06.78	261	
	50m: 39.90	39.90	150m: 2:12.77	47.07	250m: 6:54.71	47.93	350m:	
	100m: 1:25.70	45.80	200m: 6:06.78	3:54.01	300m:		400m: 6:06.78	
34.	NOWACKA, Wiktoria		04	Psp Swim Płock		6:06.88	261	
	50m: 41.06	41.06	150m: 2:13.60	47.94	250m: 3:47.18	46.88	350m: 5:20.92	47.27
	100m: 1:25.66	44.60	200m: 3:00.30	46.70	300m: 4:33.65	46.47	400m: 6:06.88	45.96
35.	KŁOS, Maja		04	Klub Sportowy "1" Oarów Mazow		6:07.15	260	
	50m: 38.09	38.09	150m: 2:10.18	46.79	250m: 3:47.51	48.29	350m: 5:18.92	46.01
	100m: 1:23.39	45.30	200m: 2:59.22	49.04	300m: 4:32.91	45.40	400m: 6:07.15	48.23

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12-letnich - II RUNDA
Warszawa, 15. - 16.6.2016

Konkurencja 7, Dziewcząt, 400m dowolny, 12 lat

Pozycja			Rok ur.							Czas	Pkt.
36.	KOSTRZEWSKA, Gabriela		04	Uks"Gim 92 Ursynów"Warszawa						6:09.10	256
	50m:	40.63 40.63	150m:	2:03.70	36.08	250m:	3:50.22	47.09	350m:	5:26.87	48.83
	100m:	1:27.62 46.99	200m:	3:03.13	59.43	300m:	4:38.04	47.82	400m:	6:09.10	42.23
37.	LASKOWSKA, Maja		04	Klub Sportowy "1" Oarów Mazow						6:12.47	249
	50m:	39.91 39.91	150m:	2:15.67	48.44	250m:	3:52.44	48.65	350m:	5:29.58	47.83
	100m:	1:27.23 47.32	200m:	3:03.79	48.12	300m:	4:41.75	49.31	400m:	6:12.47	42.89
38.	HAR, Zofia		04	MKS Piaseczno						6:14.44	245
	50m:	2:15.18 2:15.18	150m:			250m:	4:41.00	1:37.39	350m:		
	100m:		200m:	3:03.61		300m:	6:14.44	1:33.44	400m:	6:14.44	
39.	PAKO, Maja		04	Klub Sportowy "1" Oarów Mazow						6:17.50	239
	50m:	1:30.77 1:30.77	150m:			250m:	3:56.45	48.81	350m:	5:32.24	49.34
	100m:	2:19.00 48.23	200m:	3:07.64		300m:	4:42.90	46.45	400m:	6:17.50	45.26
40.	SALONI, Anna		04	UKS oliborz						6:28.80	219
	50m:	42.42 42.42	150m:	2:20.13	49.78	250m:	4:00.26	50.12	350m:	5:42.30	50.99
	100m:	1:30.35 47.93	200m:	3:10.14	50.01	300m:	4:51.31	51.05	400m:	6:28.80	46.50
41.	ZAWISZA, Amelia		04	Iuks Muszelka						6:29.81	217
	50m:	41.22 41.22	150m:	2:17.27	49.22	250m:	4:47.33	50.52	350m:		
	100m:	1:28.05 46.83	200m:	3:56.81	1:39.54	300m:			400m:	6:29.81	
42.	SKALDAWSKA, Julia		04	MKS Piaseczno						6:34.36	210
	50m:	42.36 42.36	150m:	2:22.33	51.17	250m:			350m:	5:46.56	50.51
	100m:	1:31.16 48.80	200m:	4:05.36	1:43.03	300m:	4:56.05		400m:	6:34.36	47.80
43.	DUSZYŃSKA, Sandra		04	Uks Jagiellonka Warszawa						6:47.04	191
	50m:	45.02 45.02	150m:	2:26.33	51.55	250m:	4:09.17	53.35	350m:	5:56.93	53.45
	100m:	1:34.78 49.76	200m:	3:15.82	49.49	300m:	5:03.48	54.31	400m:	6:47.04	50.11
44.	IDZIOR, Aleksandra		04	Klub Sportowy "1" Oarów Mazow						6:53.43	182
	50m:	42.58 42.58	150m:	2:27.05	53.60	250m:	4:14.65	54.16	350m:	6:03.04	53.92
	100m:	1:33.45 50.87	200m:	3:20.49	53.44	300m:	5:09.12	54.47	400m:	6:53.43	50.39
45.	RUTKOWSKA, Gabriela		04	Psp Swim Płock						6:57.28	177
	50m:	43.03 43.03	150m:	2:27.25	53.14	250m:	4:16.97	54.70	350m:	6:04.93	54.86
	100m:	1:34.11 51.08	200m:	3:22.27	55.02	300m:	5:10.07	53.10	400m:	6:57.28	52.35