

III runda Klubowego Pucharu Polski w pływaniu w płetwach  
Toru , 15. - 16.10.2016

Konkurencja 7  
15.10.2016 - 15:07

Kobiet, 800m.SF

12 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.	Czas	Pkt.
<b>12 - 13 lat</b>			
1. DREGER, Maria	04 UKS Delfinek SP1 Chodzie	<b>9:17.71</b>	
100m: 1:05.38 1:05.38	300m: 3:24.45 1:09.68	500m: 5:46.28 1:11.31	700m: 8:06.51 1:09.25
200m: 2:14.77 1:09.39	400m: 4:34.97 1:10.52	600m: 6:57.26 1:10.98	800m: 9:17.71 1:11.20
2. WOLNIEWICZ, Weronika	04 UKS Delfinek SP1 Chodzie	<b>9:23.77</b>	
100m: 1:04.00 1:04.00	300m: 3:26.81 1:11.95	500m: 5:49.25 1:11.25	700m: 8:12.70 1:11.21
200m: 2:14.86 1:10.86	400m: 4:38.00 1:11.19	600m: 7:01.49 1:12.24	800m: 9:23.77 1:11.07
3. MACIAK, Natalia	03 UKS Wodniacy Garczyn	<b>11:40.34</b>	
100m: 1:11.56 1:11.56	300m: 4:56.64 1:32.51	500m: 8:41.06 2:15.52	700m: 11:40.34 1:27.71
200m: 3:24.13 2:12.57	400m: 6:25.54 1:28.90	600m: 10:12.63 1:31.57	800m: 11:40.34
<b>14 - 15 lat</b>			
1. NOWAK, Julia	01 UKS Delfinek SP1 Chodzie	<b>8:04.85</b>	
100m: 53.17 53.17	300m: 2:53.03 1:00.43	500m: 4:57.14 1:02.06	700m: 7:02.94 1:02.74
200m: 1:52.60 59.43	400m: 3:55.08 1:02.05	600m: 6:00.20 1:03.06	800m: 8:04.85 1:01.91
2. PŁA I SKA, Wiktoria	01 OSN AMFIPRION Olecko	<b>8:19.46</b>	
100m: 54.27 54.27	300m: 2:57.93 1:02.83	500m: 5:06.40 1:04.22	700m: 7:15.66 1:04.29
200m: 1:55.10 1:00.83	400m: 4:02.18 1:04.25	600m: 6:11.37 1:04.97	800m: 8:19.46 1:03.80
3. GOSTKOWSKA, Marta	01 UKS Delfin Jastarnia	<b>10:33.38</b>	
100m: 1:08.88 1:08.88	300m: 3:43.25 1:18.60	500m: 6:27.27 1:22.21	700m: 9:12.82 1:23.39
200m: 2:24.65 1:15.77	400m: 5:05.06 1:21.81	600m: 7:49.43 1:22.16	800m: 10:33.38 1:20.56
<b>16 - 17 lat</b>			
1. RETTIG, Agata	00 UKS Delfinek SP1 Chodzie	<b>7:32.21</b>	
100m: 50.20 50.20	300m: 2:43.39 57.87	500m: 4:39.22 57.69	700m: 6:34.43 57.43
200m: 1:45.52 55.32	400m: 3:41.53 58.14	600m: 5:37.00 57.78	800m: 7:32.21 57.78
2. STRACHANOWSKA, Helena	99 UKS Delfin Jastarnia	<b>8:42.74</b>	
100m: 58.05 58.05	300m: 3:09.07 1:06.37	500m: 5:23.72 1:08.02	700m: 7:41.02 1:09.05
200m: 2:02.70 1:04.65	400m: 4:15.70 1:06.63	600m: 6:31.97 1:08.25	800m: 8:42.74 1:01.72
<b>18 lat i starsi</b>			
1. LENARCZYK, Wiktoria	97 GKP NEPTUN Gda sk	<b>10:56.24</b>	
100m: 1:07.81 1:07.81	300m: 3:52.95 1:24.75	500m: 6:41.35 1:23.72	700m: 9:30.47 1:24.49
200m: 2:28.20 1:20.39	400m: 5:17.63 1:24.68	600m: 8:05.98 1:24.63	800m: 10:56.24 1:25.77
2. DOBROSIELSKA, Ismena	95 Uks Aurus Ursynów Warszawa	<b>12:36.79</b>	
100m: 1:19.53 1:19.53	300m: 4:26.61 1:36.87	500m: 7:47.87 1:41.57	700m: 11:06.08 1:37.74
200m: 2:49.74 1:30.21	400m: 6:06.30 1:39.69	600m: 9:28.34 1:40.47	800m: 12:36.79 1:30.71