

V OTWARTE MISTRZOSTWA OSTROŁKI w PŁYWANIU  
Ostrołka, 29.10.2016

Konkurencja 18  
29.10.2016 - 13:00

Chłopców, 400m dowolny

14 - 16 lat  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.
<b>14 lat</b>									
1.	GR DZIK, Bartosz		02	MPKS Orka Ciechanów				<b>4:44.52</b>	415
	50m:	32.09 32.09	150m:	1:46.09 37.28	250m:	2:59.21 36.08	350m:	4:10.52 35.74	
	100m:	1:08.81 36.72	200m:	2:23.13 37.04	300m:	3:34.78 35.57	400m:	4:44.52 34.00	
2.	CYBULSKI, Cyprian		02	UKS"Pi tka"Konstantynów Łódzki				<b>4:48.12</b>	399
	50m:	31.97 31.97	150m:	1:44.81 37.09	250m:	3:00.49 37.05	350m:	4:13.96 36.53	
	100m:	1:07.72 35.75	200m:	2:23.44 38.63	300m:	3:37.43 36.94	400m:	4:48.12 34.16	
3.	ADAMOWSKI, Mateusz		02	UKS Pi tka Ostrołka				<b>4:54.48</b>	374
	50m:	33.32 33.32	150m:	1:48.78 38.06	250m:	3:05.32 38.82	350m:	4:20.97 37.32	
	100m:	1:10.72 37.40	200m:	2:26.50 37.72	300m:	3:43.65 38.33	400m:	4:54.48 33.51	
4.	WENCEL, Adrian		02	UKS"Pi tka"Konstantynów Łódzki				<b>5:10.21</b>	320
	50m:	34.80 34.80	150m:	1:52.85 39.93	250m:	3:12.92 40.11	350m:	4:32.00 39.37	
	100m:	1:12.92 38.12	200m:	2:32.81 39.96	300m:	3:52.63 39.71	400m:	5:10.21 38.21	
<b>15 lat</b>									
1.	KŁAK, Marcin		01	Klub Sportowy Płetwal Szczytno				<b>4:21.53</b>	534
	50m:	28.94 28.94	150m:	1:34.28 33.06	250m:	2:41.47 33.70	350m:	3:49.19 33.90	
	100m:	1:01.22 32.28	200m:	2:07.77 33.49	300m:	3:15.29 33.82	400m:	4:21.53 32.34	
2.	STERNICZUK, Wojciech		01	UKS"Pi tka"Konstantynów Łódzki				<b>4:51.64</b>	385
	50m:	31.06 31.06	150m:	1:45.70 37.93	250m:	3:01.21 37.72	350m:	4:16.01 37.11	
	100m:	1:07.77 36.71	200m:	2:23.49 37.79	300m:	3:38.90 37.69	400m:	4:51.64 35.63	
3.	CIAK, Bernard		01	Uks Posejdon Pułtusk				<b>4:53.55</b>	378
	50m:	32.26 32.26	150m:	1:47.75 38.39	250m:	3:04.42 38.09	350m:	4:20.88 37.33	
	100m:	1:09.36 37.10	200m:	2:26.33 38.58	300m:	3:43.55 39.13	400m:	4:53.55 32.67	
4.	KUCHARSKI, Jakub		01	UKS"Pi tka"Konstantynów Łódzki				<b>5:07.73</b>	328
	50m:	33.39 33.39	150m:	1:50.47 39.51	250m:	3:09.67 39.37	350m:	4:28.74 39.41	
	100m:	1:10.96 37.57	200m:	2:30.30 39.83	300m:	3:49.33 39.66	400m:	5:07.73 38.99	
<b>16 lat</b>									
1.	GALAS, Daniel		00	Uks Posejdon Pułtusk				<b>4:54.24</b>	375
	50m:	32.17 32.17	150m:	1:48.09 38.80	250m:	3:03.04 38.48	350m:	4:20.08 37.68	
	100m:	1:09.29 37.12	200m:	2:24.56 36.47	300m:	3:42.40 39.36	400m:	4:54.24 34.16	
PK	STEFANOWSKI, Bartosz		03	UKS Nawa Skierniewice				<b>4:48.02</b>	400
	50m:	31.88 31.88	150m:	1:44.78 36.93	250m:	3:00.40 37.26	350m:	4:13.46 36.11	
	100m:	1:07.85 35.97	200m:	2:23.14 38.36	300m:	3:37.35 36.95	400m:	4:48.02 34.56	