

XII ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GI YCKA Z OKAZJI WI TA NIEPODLEGŁO CI  
Gi ycko, 5. - 6.11.2016

Konkurencja 29  
06.11.2016 - 12:56

Kobiet, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. WRZESI SKA, Wiktoria	04 UKS 190 Łód	<b>5:04.12</b>	458
50m: 34.66 34.66	150m: 1:51.67 38.82	250m: 3:08.75 38.18	350m: 4:26.76 38.88
100m: 1:12.85 38.19	200m: 2:30.57 38.90	300m: 3:47.88 39.13	400m: 5:04.12 37.36
2. GUTOWSKA, Maria	04 Ukp Jedynka Elbl g	<b>5:24.76</b>	376
50m: 36.30 36.30	150m: 1:57.20 40.96	250m: 3:20.11 41.82	350m: 4:44.94 41.97
100m: 1:16.24 39.94	200m: 2:38.29 41.09	300m: 4:02.97 42.86	400m: 5:24.76 39.82
3. DYMERSKA, Weronika	04 Klub Sportowy Płetwal Szczytno	<b>6:36.52</b>	206
50m: 43.78 43.78	150m: 2:25.03 51.51	250m: 4:08.96 51.61	350m: 5:51.32 50.94
100m: 1:33.52 49.74	200m: 3:17.35 52.32	300m: 5:00.38 51.42	400m: 6:36.52 45.20
<b>13 lat</b>			
1. KNOP, Aleksandra	03 UKS 190 Łód	<b>4:21.04</b>	725
50m: 30.29 30.29	150m: 1:35.87 33.17	250m: 2:42.86 33.43	350m: 3:49.48 33.28
100m: 1:02.70 32.41	200m: 2:09.43 33.56	300m: 3:16.20 33.34	400m: 4:21.04 31.56
2. URBANIAK, Dominika	03 UKS 190 Łód	<b>4:36.30</b>	611
50m: 31.19 31.19	150m: 1:39.29 34.84	250m: 2:50.34 35.70	350m: 4:01.93 35.69
100m: 1:04.45 33.26	200m: 2:14.64 35.35	300m: 3:26.24 35.90	400m: 4:36.30 34.37
3. HAŁADYN, Karolina	03 UKS 190 Łód	<b>4:50.77</b>	524
50m: 33.19 33.19	150m: 1:45.75 36.79	250m: 2:59.62 37.23	350m: 4:15.36 37.76
100m: 1:08.96 35.77	200m: 2:22.39 36.64	300m: 3:37.60 37.98	400m: 4:50.77 35.41
4. ZBOJEWSKA, Zofia	03 MKS Trójka Łód	<b>4:59.32</b>	480
50m: 32.60 32.60	150m: 1:46.84 38.08	250m: 3:04.49 39.30	350m: 4:21.19 38.23
100m: 1:08.76 36.16	200m: 2:25.19 38.35	300m: 3:42.96 38.47	400m: 4:59.32 38.13
5. ZMIERCZAK, Natalia SOL	03 MTP KORMORAN Olsztyn	<b>5:08.81</b>	437
50m: 34.28 34.28	150m: 1:52.74 40.02	250m: 3:11.88 39.58	350m: 4:30.61 39.20
100m: 1:12.72 38.44	200m: 2:32.30 39.56	300m: 3:51.41 39.53	400m: 5:08.81 38.20
6. KIELAK, Julia SOL	03 MTP KORMORAN Olsztyn	<b>5:17.27</b>	403
50m: 35.95 35.95	150m: 1:56.88 40.44	250m: 3:18.43 40.33	350m: 4:37.57 39.46
100m: 1:16.44 40.49	200m: 2:38.10 41.22	300m: 3:58.11 39.68	400m: 5:17.27 39.70
<b>14 lat</b>			
1. RACZEWSKA, Emilia SOL	02 MTP KORMORAN Olsztyn	<b>4:45.77</b>	552
50m: 32.56 32.56	150m: 1:44.24 36.21	250m: 2:57.45 36.18	350m: 4:10.90 36.27
100m: 1:08.03 35.47	200m: 2:21.27 37.03	300m: 3:34.63 37.18	400m: 4:45.77 34.87
2. SIERAK, Kinga	02 Klub Sportowy Płetwal Szczytno	<b>4:50.50</b>	526
50m: 31.65 31.65	150m: 1:44.59 37.50	250m: 3:00.25 38.43	350m: 4:16.06 37.72
100m: 1:07.09 35.44	200m: 2:21.82 37.23	300m: 3:38.34 38.09	400m: 4:50.50 34.44
3. KUKIEŁKA, Liliana	02 SSP Orka ława	<b>5:05.45</b>	452
50m: 33.99 33.99	150m: 1:50.48 39.37	250m: 3:09.18 39.78	350m: 4:28.17 39.36
100m: 1:11.11 37.12	200m: 2:29.40 38.92	300m: 3:48.81 39.63	400m: 5:05.45 37.28
4. MIECZKOWSKA, Wiktoria	02 Mks Ro Pisz	<b>5:10.58</b>	430
50m: 35.31 35.31	150m: 1:53.23 39.20	250m: 3:13.39 39.36	350m: 4:32.72 39.42
100m: 1:14.03 38.72	200m: 2:34.03 40.80	300m: 3:53.30 39.91	400m: 5:10.58 37.86
5. POLASIK, Natalia	02 MKS Medyk Gi ycko	<b>5:13.19</b>	419
50m: 33.10 33.10	150m: 1:51.37 39.99	250m: 3:11.65 40.52	350m: 4:32.97 40.99
100m: 1:11.38 38.28	200m: 2:31.13 39.76	300m: 3:51.98 40.33	400m: 5:13.19 40.22
6. MIJAS, Agata	02 SSP Orka ława	<b>5:22.59</b>	384
50m: 35.46 35.46	150m: 1:55.15 39.99	250m: 3:17.85 41.48	350m: 4:41.63 42.35
100m: 1:15.16 39.70	200m: 2:36.37 41.22	300m: 3:59.28 41.43	400m: 5:22.59 40.96

XII ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GIYCKA Z OKAZJI WITANIA NIEPODLEGŁOŚCI  
Giyccko, 5. - 6.11.2016

Konkurencja 29, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.			
7.	GAVENAITE, Gabija		02	Alytus SRC - 1				<b>5:51.38</b>	297			
	50m:	38.10	38.10	150m:	2:08.46	46.51	250m:	3:39.75	45.61	350m:	5:10.30	45.02
	100m:	1:21.95	43.85	200m:	2:54.14	45.68	300m:	4:25.28	45.53	400m:	5:51.38	41.08

15 lat i starsi

1.	URBA SKA, Natalia		01	SSP Orka Iława				<b>5:32.56</b>	350			
	50m:	36.04	36.04	150m:	1:57.23	41.52	250m:	3:22.55	42.80	350m:	4:49.41	43.74
	100m:	1:15.71	39.67	200m:	2:39.75	42.52	300m:	4:05.67	43.12	400m:	5:32.56	43.15
2.	SAC, Aleksandra		99	MKP Wodnik Bielsk Podlaski				<b>5:53.18</b>	292			
	50m:	40.01	40.01	150m:	2:08.55	44.24	250m:	3:39.40	45.06	350m:	5:09.54	44.88
	100m:	1:24.31	44.30	200m:	2:54.34	45.79	300m:	4:24.66	45.26	400m:	5:53.18	43.64
PK	KARWOWSKA, Wiktoria		04	Huragan Mi dzyrzec Podlaski				<b>5:22.94</b>	382			
	50m:	35.73	35.73	150m:	1:57.41	41.10	250m:	3:20.45	41.66	350m:	4:44.11	41.66
	100m:	1:16.31	40.58	200m:	2:38.79	41.38	300m:	4:02.45	42.00	400m:	5:22.94	38.83