

XII ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GI YCKA Z OKAZJI WI TA NIEPODLEGŁO CI  
Gi ycko, 5. - 6.11.2016

Konkurencja 30  
06.11.2016 - 13:20

M czyzn, 400m dowolny

12 lat i starsi  
Wyniki

Punkty: FINA 2016

Pozycja	Rok ur.	Czas	Pkt.
<b>12 lat</b>			
1. CHOROSZEWSKI, Iwo	04 Klub Sportowy Płetwal Szczytno	<b>4:58.08</b>	361
50m: 32.93 32.93	150m: 1:48.55 38.68	250m: 3:05.08 38.44	350m: 4:22.28 38.44
100m: 1:09.87 36.94	200m: 2:26.64 38.09	300m: 3:43.84 38.76	400m: 4:58.08 35.80
2. LE NIAK, Maksymilian	04 UKS 190 Łód	<b>5:01.06</b>	350
50m: 33.68 33.68	150m: 1:48.94 37.88	250m: 3:05.49 38.36	350m: 4:23.11 38.55
100m: 1:11.06 37.38	200m: 2:27.13 38.19	300m: 3:44.56 39.07	400m: 5:01.06 37.95
3. GAVENAS, Gabrielius	04 Alytus SRC - 1	<b>5:20.34</b>	290
50m: 34.77 34.77	150m: 1:56.62 41.54	250m: 3:20.02 41.20	350m: 4:42.90 41.03
100m: 1:15.08 40.31	200m: 2:38.82 42.20	300m: 4:01.87 41.85	400m: 5:20.34 37.44
4. PAULIUKAS, Titas	04 Alytus SRC - 1	<b>5:26.54</b>	274
50m: 36.25 36.25	150m: 1:58.67 41.50	250m: 3:22.39 42.46	350m: 4:46.76 42.14
100m: 1:17.17 40.92	200m: 2:39.93 41.26	300m: 4:04.62 42.23	400m: 5:26.54 39.78
5. PASIECZNY, Bartłomiej	04 Ukp Jedyńka Elbl g	<b>5:44.77</b>	233
50m: 40.86 40.86	150m: 2:07.82 44.29	250m: 3:36.43 44.46	350m: 5:05.27 44.45
100m: 1:23.53 42.67	200m: 2:51.97 44.15	300m: 4:20.82 44.39	400m: 5:44.77 39.50
6. NIEWIADOMSKI, Oliwier	04 Ukp Jedyńka Elbl g	<b>6:02.37</b>	200
50m: 38.81 38.81	150m: 2:10.13 45.81	250m: 3:44.58 47.05	350m: 5:18.17 45.99
100m: 1:24.32 45.51	200m: 2:57.53 47.40	300m: 4:32.18 47.60	400m: 6:02.37 44.20
7. KŁOSI SKI, J drzej	04 Klub Sportowy Płetwal Szczytno	<b>6:34.55</b>	155
50m: 41.82 41.82	150m: 2:19.74 50.06	250m: 4:01.94 50.98	350m: 5:45.65 51.61
100m: 1:29.68 47.86	200m: 3:10.96 51.22	300m: 4:54.04 52.10	400m: 6:34.55 48.90
<b>13 lat</b>			
1. ZIELI SKI, Konrad	03 UKS 190 Łód	<b>4:21.95</b>	531
50m: 29.24 29.24	150m: 1:33.86 32.71	250m: 2:40.59 33.67	350m: 3:48.88 33.84
100m: 1:01.15 31.91	200m: 2:06.92 33.06	300m: 3:15.04 34.45	400m: 4:21.95 33.07
2. JAKIMIĄK, Jakub	03 Huragan Mi dzyrzec Podlaski	<b>4:32.08</b>	474
50m: 30.29 30.29	150m: 1:38.42 34.40	250m: 2:48.77 35.32	350m: 3:59.01 34.82
100m: 1:04.02 33.73	200m: 2:13.45 35.03	300m: 3:24.19 35.42	400m: 4:32.08 33.07
3. STEFANOWSKI, Bartosz	03 NAWA Skierniewice	<b>4:48.46</b>	398
50m: 31.03 31.03	150m: 1:42.01 36.24	250m: 2:55.28 36.62	350m: 4:10.79 38.44
100m: 1:05.77 34.74	200m: 2:18.66 36.65	300m: 3:32.35 37.07	400m: 4:48.46 37.67
4. NIEDZIAŁEK, Michał SOL	03 MTP KORMORAN Olsztyn	<b>4:52.35</b>	382
50m: 34.19 34.19	150m: 1:48.86 37.74	250m: 3:03.76 37.56	350m: 4:17.81 36.69
100m: 1:11.12 36.93	200m: 2:26.20 37.34	300m: 3:41.12 37.36	400m: 4:52.35 34.54
5. COLEMAN, Alan	03 Jedyńka Łód	<b>4:53.36</b>	378
50m: 33.81 33.81	150m: 1:48.65 37.90	250m: 3:04.67 37.01	350m: 4:19.67 37.58
100m: 1:10.75 36.94	200m: 2:27.66 39.01	300m: 3:42.09 37.42	400m: 4:53.36 33.69
6. KRAJEWSKI, Mateusz	03 SSP Orka Iława	<b>5:26.68</b>	274
50m: 35.50 35.50	150m: 1:58.04 42.10	250m: 3:23.11 42.97	350m: 4:47.60 42.18
100m: 1:15.94 40.44	200m: 2:40.14 42.10	300m: 4:05.42 42.31	400m: 5:26.68 39.08
<b>14 lat</b>			
1. KOMAR, Rafał SOL	02 MTP KORMORAN Olsztyn	<b>4:31.37</b>	478
50m: 31.65 31.65	150m: 1:40.63 35.02	250m:	350m: 3:59.56 33.32
100m: 1:05.61 33.96	200m:	300m: 3:26.24	400m: 4:31.37 31.81
2. KURDZIEKO, Nikodem SOL	02 MTP KORMORAN Olsztyn	<b>4:34.34</b>	463
50m: 31.13 31.13	150m: 1:40.71 35.19	250m: 2:50.69 35.03	350m: 4:01.04 34.84
100m: 1:05.52 34.39	200m: 2:15.66 34.95	300m: 3:26.20 35.51	400m: 4:34.34 33.30

XII ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GI YCKA Z OKAZJI WITANIA NIEPODLEGŁOŚCI  
Gi ycko, 5. - 6.11.2016

Konkurencja 30, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.		
3.	WORONKO, Krzysztof		02	MKS Medyk Gi ycko				<b>4:35.47</b>	457		
	50m:	30.72 30.72	150m:	1:39.58	34.86	250m:	2:50.09	35.13	350m:	4:00.90	34.87
	100m:	1:04.72 34.00	200m:	2:14.96	35.38	300m:	3:26.03	35.94	400m:	4:35.47	34.57
4.	KOPICZKO, Maksymilian		02	MKS Medyk Gi ycko				<b>4:38.81</b>	441		
	50m:	30.55 30.55	150m:	1:40.48	35.59	250m:	2:52.50	36.12	350m:	4:04.40	36.12
	100m:	1:04.89 34.34	200m:	2:16.38	35.90	300m:	3:28.28	35.78	400m:	4:38.81	34.41
5.	MIERZEJEK, Igor SOL		02	MTP KORMORAN Olsztyn				<b>4:46.86</b>	405		
	50m:	32.85 32.85	150m:	1:43.82	35.69	250m:	2:56.12	36.33	350m:	4:08.69	35.50
	100m:	1:08.13 35.28	200m:	2:19.79	35.97	300m:	3:33.19	37.07	400m:	4:46.86	38.17
6.	NOWAK, Radosław SOL		02	MTP KORMORAN Olsztyn				<b>4:47.54</b>	402		
	50m:	33.02 33.02	150m:	1:45.42	36.33	250m:	2:59.11	36.66	350m:	4:13.65	37.15
	100m:	1:09.09 36.07	200m:	2:22.45	37.03	300m:	3:36.50	37.39	400m:	4:47.54	33.89
7.	GRZEGORCZYK, Wiktor		02	Uks Mos Elk				<b>4:47.97</b>	400		
	50m:	32.04 32.04	150m:	1:44.70	36.70	250m:	2:59.62	37.87	350m:	4:14.02	37.06
	100m:	1:08.00 35.96	200m:	2:21.75	37.05	300m:	3:36.96	37.34	400m:	4:47.97	33.95
8.	KLIMASAUSKAS, Titas		02	Alytus SRC - 1				<b>4:51.38</b>	386		
	50m:	31.07 31.07	150m:	1:42.42	36.72	250m:	2:58.03	38.21	350m:	4:14.81	38.13
	100m:	1:05.70 34.63	200m:	2:19.82	37.40	300m:	3:36.68	38.65	400m:	4:51.38	36.57
9.	SOLOVJOV, Vladislav		02	Klaipeda Gintaras SC				<b>5:05.49</b>	335		
	50m:	33.86 33.86	150m:	1:49.23	38.43	250m:	3:07.78	39.94	350m:	4:27.42	39.26
	100m:	1:10.80 36.94	200m:	2:27.84	38.61	300m:	3:48.16	40.38	400m:	5:05.49	38.07
10.	DELEKAS, Naglis		02	Klaipeda Gintaras SC				<b>5:09.00</b>	324		
	50m:	32.94 32.94	150m:	1:49.77	39.31	250m:	3:10.40	40.40	350m:	4:31.59	40.41
	100m:	1:10.46 37.52	200m:	2:30.00	40.23	300m:	3:51.18	40.78	400m:	5:09.00	37.41

15 lat i starsi

1.	TOWAREK, Sebastian		93	Ukp Jedyńka Elbl g				<b>4:03.86</b>	659		
	50m:	27.66 27.66	150m:	1:27.99	30.58	250m:	2:29.78	31.03	350m:	3:33.12	31.97
	100m:	57.41 29.75	200m:	1:58.75	30.76	300m:	3:01.15	31.37	400m:	4:03.86	30.74
2.	KŁAK, Marcin		01	Klub Sportowy Płetwał Szczytno				<b>4:24.61</b>	516		
	50m:	28.71 28.71	150m:	1:34.02	33.15	250m:	2:41.98	34.13	350m:	3:51.37	34.52
	100m:	1:00.87 32.16	200m:	2:07.85	33.83	300m:	3:16.85	34.87	400m:	4:24.61	33.24
3.	KRAWCZAK, Patryk		00	MKS " AK" Biała Podlaska				<b>4:27.78</b>	497		
	50m:	29.92 29.92	150m:	1:36.57	34.10	250m:	2:46.15	34.85	350m:	3:55.49	34.23
	100m:	1:02.47 32.55	200m:	2:11.30	34.73	300m:	3:21.26	35.11	400m:	4:27.78	32.29
4.	JURCZAK, Kacper SOL		01	MTP KORMORAN Olsztyn				<b>4:28.21</b>	495		
	50m:	29.64 29.64	150m:	1:37.15	34.36	250m:	2:45.97	34.32	350m:	3:54.14	34.12
	100m:	1:02.79 33.15	200m:	2:11.65	34.50	300m:	3:20.02	34.05	400m:	4:28.21	34.07
5.	BAŁDYGA, Marcei SOL		01	MTP KORMORAN Olsztyn				<b>4:28.31</b>	495		
	50m:	30.14 30.14	150m:	1:38.23	34.44	250m:	2:47.22	33.96	350m:	3:55.77	34.19
	100m:	1:03.79 33.65	200m:	2:13.26	35.03	300m:	3:21.58	34.36	400m:	4:28.31	32.54
6.	LINDE, Miłosz SOL		01	MTP KORMORAN Olsztyn				<b>4:31.91</b>	475		
	50m:	30.80 30.80	150m:	1:38.58	34.13	250m:	2:47.40	34.34	350m:	3:56.90	35.20
	100m:	1:04.45 33.65	200m:	2:13.06	34.48	300m:	3:21.70	34.30	400m:	4:31.91	35.01
7.	JEDNASZEWSKI, Mikołaj SOL		01	MTP KORMORAN Olsztyn				<b>4:33.20</b>	468		
	50m:	30.59 30.59	150m:	1:38.31	34.36	250m:	2:48.35	35.14	350m:	3:58.94	35.34
	100m:	1:03.95 33.36	200m:	2:13.21	34.90	300m:	3:23.60	35.25	400m:	4:33.20	34.26
8.	ZIELSKI, Oliwier		01	SSP Orka ława				<b>4:33.24</b>	468		
	50m:	29.48 29.48	150m:	1:36.76	34.29	250m:	2:47.68	35.83	350m:	3:58.95	35.42
	100m:	1:02.47 32.99	200m:	2:11.85	35.09	300m:	3:23.53	35.85	400m:	4:33.24	34.29
9.	BUTRYKIEWICZ, Kuba		01	SSP Orka ława				<b>4:41.04</b>	430		
	50m:	29.45 29.45	150m:	1:38.82	35.38	250m:	2:52.39	37.08	350m:	4:06.52	37.19
	100m:	1:03.44 33.99	200m:	2:15.31	36.49	300m:	3:29.33	36.94	400m:	4:41.04	34.52

XII ZAWODY PŁYWACKIE O PUCHAR BURMISTRZA MIASTA GIYCKA Z OKAZJI WITANIA NIEPODLEGŁOŚCI  
Giyccko, 5. - 6.11.2016

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Konkurencja 30, Mężczyźni, 400m dowolny, 15 lat i starsi

Pozycja				Rok ur.					Czas	Pkt.		
10.	CIEKA, Patryk			93	Ks Azs Awf Biała Podlaska				<b>4:44.45</b>	415		
	50m:	29.49	29.49	150m:	1:43.02	37.79	250m:	3:00.51	38.72	350m:	4:12.26	34.89
	100m:	1:05.23	35.74	200m:	2:21.79	38.77	300m:	3:37.37	36.86	400m:	4:44.45	32.19
11.	CIARCZYŃSKI, Janusz			01	SSP Orka Iława				<b>5:00.26</b>	353		
	50m:	32.53	32.53	150m:	1:45.75	37.56	250m:	3:02.67	39.24	350m:	4:21.60	39.22
	100m:	1:08.19	35.66	200m:	2:23.43	37.68	300m:	3:42.38	39.71	400m:	5:00.26	38.66