

Konkurencja 20
02.12.2016 - 18:21

Chłopców, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.					Czas	Pkt.		
10 lat											
1.	HANDZLIK, Mateusz		06	MKP Warszawianka				5:39.32	272		
	50m:	38.49 38.49	150m:	2:05.35	44.40	250m:	3:32.63	43.53	350m:	4:59.29	42.52
	100m:	1:20.95 42.46	200m:	2:49.10	43.75	300m:	4:16.77	44.14	400m:	5:39.32	40.03
2.	KIEREJEWSKI, Igor		06	Iskra Konin				5:47.94	253		
	50m:	37.73 37.73	150m:	2:05.58	44.64	250m:	3:34.77	43.96	350m:	5:05.51	45.60
	100m:	1:20.94 43.21	200m:	2:50.81	45.23	300m:	4:19.91	45.14	400m:	5:47.94	42.43
11 lat											
1.	PAWŁOWSKI, Michał		05	UKS V Łomianki				5:04.13	378		
	50m:	33.82 33.82	150m:	1:51.08	38.92	250m:	3:09.40	39.70	350m:	4:26.63	38.61
	100m:	1:12.16 38.34	200m:	2:29.70	38.62	300m:	3:48.02	38.62	400m:	5:04.13	37.50
2.	ZAWADZKI, Marek		05	Uks G-8 Bielany				5:21.42	320		
	50m:	35.45 35.45	150m:	1:57.50	41.74	250m:	3:20.36	41.09	350m:	4:43.66	41.15
	100m:	1:15.76 40.31	200m:	2:39.27	41.77	300m:	4:02.51	42.15	400m:	5:21.42	37.76
3.	KASPRZAK, Krzysztof		05	UKS OLIMIC Warka				5:27.44	303		
	50m:	35.30 35.30	150m:	1:58.47	42.91	250m:	3:22.73	42.16	350m:	4:47.08	41.57
	100m:	1:15.56 40.26	200m:	2:40.57	42.10	300m:	4:05.51	42.78	400m:	5:27.44	40.36
4.	MIŁKOWSKI, Wiktor		05	ródmiejski UKS Polna Warszawa				5:30.35	295		
	50m:	37.06 37.06	150m:	2:00.71	42.32	250m:	3:25.38	42.42	350m:	4:50.14	42.01
	100m:	1:18.39 41.33	200m:	2:42.96	42.25	300m:	4:08.13	42.75	400m:	5:30.35	40.21
5.	BIKOWSKI, Mateusz		05	Uks Wilanowia				5:51.65	245		
	50m:	38.56 38.56	150m:	2:07.38	45.29	250m:	3:38.49	44.80	350m:	5:08.80	44.69
	100m:	1:22.09 43.53	200m:	2:53.69	46.31	300m:	4:24.11	45.62	400m:	5:51.65	42.85
6.	PIENI EK, Wojciech		05	luks Muszelka				5:56.31	235		
	50m:	37.41 37.41	150m:	2:07.13	45.71	250m:	3:43.08	48.13	350m:	5:14.14	45.72
	100m:	1:21.42 44.01	200m:	2:54.95	47.82	300m:	4:28.42	45.34	400m:	5:56.31	42.17
7.	ABD EL RAZEK, Kamil		05	MKP Warszawianka				6:12.84	205		
	50m:	40.58 40.58	150m:	2:14.85	47.18	250m:	3:50.05	47.85	350m:	5:28.68	49.43
	100m:	1:27.67 47.09	200m:	3:02.20	47.35	300m:	4:39.25	49.20	400m:	6:12.84	44.16
12 lat											
1.	CHMIELEWSKI, Krzysztof		04	luks Muszelka				4:36.79	502		
	50m:	30.73 30.73	150m:	1:40.00	35.57	250m:	2:51.69	35.79	350m:	4:02.31	34.86
	100m:	1:04.43 33.70	200m:	2:15.90	35.90	300m:	3:27.45	35.76	400m:	4:36.79	34.48
2.	CHMIELEWSKI, Michał		04	luks Muszelka				4:49.01	441		
	50m:	33.16 33.16	150m:	1:46.17	36.89	250m:	2:59.37	36.83	350m:	4:13.00	36.76
	100m:	1:09.28 36.12	200m:	2:22.54	36.37	300m:	3:36.24	36.87	400m:	4:49.01	36.01
3.	KONARSKI, Maciej		04	Uks Wawer				4:54.40	417		
	50m:	32.14 32.14	150m:	1:47.58	38.50	250m:	3:01.61	36.29	350m:	4:18.56	37.23
	100m:	1:09.08 36.94	200m:	2:25.32	37.74	300m:	3:41.33	39.72	400m:	4:54.40	35.84
4.	BEDNAREK, Przemysław		04	luks Muszelka				4:55.25	414		
	50m:	33.77 33.77	150m:	1:48.48	37.69	250m:	3:04.04	37.97	350m:	4:18.85	37.23
	100m:	1:10.79 37.02	200m:	2:26.07	37.59	300m:	3:41.62	37.58	400m:	4:55.25	36.40
5.	RAFAŁ, Kacper		04	UKS V Łomianki				5:00.34	393		
	50m:	33.54 33.54	150m:	1:49.43	38.09	250m:	3:06.58	38.65	350m:	4:23.59	38.41
	100m:	1:11.34 37.80	200m:	2:27.93	38.50	300m:	3:45.18	38.60	400m:	5:00.34	36.75
6.	LE NIAK, Maksymilian		04	UKS 190 Łódź				5:05.50	373		
	50m:	34.12 34.12	150m:	1:51.94	39.82	250m:	3:10.99	39.85	350m:	4:29.71	38.80
	100m:	1:12.12 38.00	200m:	2:31.14	39.20	300m:	3:50.91	39.92	400m:	5:05.50	35.79

Warszawa, 2. - 3.12.2016

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	YRO, Ignacy		04	Uks Wilanowia				5:05.83	372
	50m:	33.33 33.33	150m:	1:49.91 38.90	250m:	3:08.95 39.42	350m:	4:27.94 39.30	
	100m:	1:11.01 37.68	200m:	2:29.53 39.62	300m:	3:48.64 39.69	400m:	5:05.83 37.89	
8.	ROZMYŚLÓWSKI, Filip		04	UKS GOS Razyn				5:08.90	361
	50m:	33.92 33.92	150m:	1:51.19 39.20	250m:	3:10.26 39.91	350m:	4:30.39 39.97	
	100m:	1:11.99 38.07	200m:	2:30.35 39.16	300m:	3:50.42 40.16	400m:	5:08.90 38.51	
9.	GŁ BI SKI, Kamil		04	UKS Ostrobramska Warszawa				5:25.64	308
	50m:	37.20 37.20	150m:	2:00.06 42.04	250m:	3:23.48 41.84	350m:	4:46.25 41.46	
	100m:	1:18.02 40.82	200m:	2:41.64 41.58	300m:	4:04.79 41.31	400m:	5:25.64 39.39	
10.	SITKIEWICZ, Miłosz		04	Uks G-8 Bielany				5:28.09	301
	50m:	37.02 37.02	150m:	2:00.13 41.69	250m:	3:26.71 43.69	350m:	4:51.98 42.96	
	100m:	1:18.44 41.42	200m:	2:43.02 42.89	300m:	4:09.02 42.31	400m:	5:28.09 36.11	
11.	KOWALSKI, Jan		04	Uks Wilanowia				6:35.44	172
	50m:	41.52 41.52	150m:	2:21.36 51.41	250m:	4:05.65 52.71	350m:	5:47.08 50.90	
	100m:	1:29.95 48.43	200m:	3:12.94 51.58	300m:	4:56.18 50.53	400m:	6:35.44 48.36	

13 lat

1.	ZIELI SKI, Konrad		03	UKS 190 Łód				4:22.12	591
	50m:	29.70 29.70	150m:	1:35.48 33.43	250m:	2:43.63 34.42	350m:	3:50.67 33.35	
	100m:	1:02.05 32.35	200m:	2:09.21 33.73	300m:	3:17.32 33.69	400m:	4:22.12 31.45	
2.	URYNIUK, Paweł		03	Uks G-8 Bielany				4:25.33	570
	50m:	29.36 29.36	150m:	1:36.20 33.46	250m:	2:44.10 33.76	350m:	3:52.62 34.33	
	100m:	1:02.74 33.38	200m:	2:10.34 34.14	300m:	3:18.29 34.19	400m:	4:25.33 32.71	
3.	RODKIEWICZ, Radosław		03	Iuks Muszelka				4:34.33	516
	50m:	30.84 30.84	150m:	1:42.40 36.32	250m:	2:53.51 35.04	350m:	4:01.07 33.22	
	100m:	1:06.08 35.24	200m:	2:18.47 36.07	300m:	3:27.85 34.34	400m:	4:34.33 33.26	
4.	ROGUSKI, Mateusz		03	Iuks Muszelka				4:35.24	511
	50m:	31.71 31.71	150m:	1:41.19 35.41	250m:	2:51.83 35.24	350m:	4:02.31 35.27	
	100m:	1:05.78 34.07	200m:	2:16.59 35.40	300m:	3:27.04 35.21	400m:	4:35.24 32.93	
5.	ZALEWSKI, Sebastian		03	UKS Pirania Targówek				4:42.43	473
	50m:	32.28 32.28	150m:	1:44.28 36.13	250m:	2:56.41 35.70	350m:	4:08.20 35.95	
	100m:	1:08.15 35.87	200m:	2:20.71 36.43	300m:	3:32.25 35.84	400m:	4:42.43 34.23	
6.	MARKOWSKI, Kacper		03	Uks G-8 Bielany				4:49.66	438
	50m:	32.26 32.26	150m:	1:45.01 36.71	250m:	2:59.51 37.47	350m:	4:13.70 36.99	
	100m:	1:08.30 36.04	200m:	2:22.04 37.03	300m:	3:36.71 37.20	400m:	4:49.66 35.96	
7.	WALAT, Sebastian		03	UKS Pirania Targówek				4:54.89	415
	50m:	32.19 32.19	150m:	1:46.97 37.74	250m:	3:03.19 37.61	350m:	4:19.18 37.39	
	100m:	1:09.23 37.04	200m:	2:25.58 38.61	300m:	3:41.79 38.60	400m:	4:54.89 35.71	
8.	ILCEWICZ, Hubert		03	Uks Victoria Józefów				4:54.98	415
	50m:	32.67 32.67	150m:	1:47.99 38.09	250m:	3:04.21 38.36	350m:	4:20.52 37.67	
	100m:	1:09.90 37.23	200m:	2:25.85 37.86	300m:	3:42.85 38.64	400m:	4:54.98 34.46	
9.	NOSARZEWSKI, Kornel		03	MUKP Warszawianka				5:03.34	381
	50m:	32.42 32.42	150m:	1:47.94 39.02	250m:	3:06.26 39.75	350m:	4:25.94 40.09	
	100m:	1:08.92 36.50	200m:	2:26.51 38.57	300m:	3:45.85 39.59	400m:	5:03.34 37.40	
10.	NIEDU AK, Maurycy		03	UKS Pirania Targówek				5:06.93	368
	50m:	32.05 32.05	150m:	1:48.08 38.95	250m:	3:08.26 40.42	350m:	4:28.32 40.00	
	100m:	1:09.13 37.08	200m:	2:27.84 39.76	300m:	3:48.32 40.06	400m:	5:06.93 38.61	
11.	LANDSBERG, Natan		03	UKS GOS Razyn				5:13.19	346
	50m:	33.82 33.82	150m:	1:51.45 39.22	250m:	3:12.12 40.10	350m:	4:34.11 41.18	
	100m:	1:12.23 38.41	200m:	2:32.02 40.57	300m:	3:52.93 40.81	400m:	5:13.19 39.08	

Konkurencja 20, Chłopców, 400m dowolny

14 lat

1.	JA KIEWICZ, Adrian	02	Iuks Muszelka	4:18.85	614
	50m: 29.47 29.47	150m: 1:34.40	32.78 250m: 2:40.72	33.24 350m: 3:47.09	33.08
	100m: 1:01.62 32.15	200m: 2:07.48	33.08 300m: 3:14.01	33.29 400m: 4:18.85	31.76
2.	J DRYŚ, Igor	02	MUKP Warszawianka	4:27.20	558
	50m: 29.87 29.87	150m: 1:37.99	34.37 250m: 2:46.82	34.51 350m: 3:54.81	33.73
	100m: 1:03.62 33.75	200m: 2:12.31	34.32 300m: 3:21.08	34.26 400m: 4:27.20	32.39
3.	DOŁOWY, Grzegorz	02	Iuks Muszelka	4:27.30	558
	50m: 30.66 30.66	150m: 1:38.07	33.96 250m: 2:46.81	34.45 350m: 3:54.92	33.96
	100m: 1:04.11 33.45	200m: 2:12.36	34.29 300m: 3:20.96	34.15 400m: 4:27.30	32.38
4.	RUTA, Kamil	02	Iuks Muszelka	4:30.72	537
	50m: 30.50 30.50	150m: 1:38.90	34.80 250m: 2:48.18	34.54 350m: 3:57.16	34.28
	100m: 1:04.10 33.60	200m: 2:13.64	34.74 300m: 3:22.88	34.70 400m: 4:30.72	33.56
5.	R PAŁA, Tomasz	02	UKS GOS Razyn	4:37.18	500
	50m: 31.51 31.51	150m: 1:40.35	34.86 250m: 2:50.98	35.37 350m: 4:02.93	35.79
	100m: 1:05.49 33.98	200m: 2:15.61	35.26 300m: 3:27.14	36.16 400m: 4:37.18	34.25
6.	BIAŁECKI, Jan	02	Uks Victoria Józefów	4:37.59	498
	50m: 29.50 29.50	150m: 1:38.31	34.74 250m: 2:50.71	36.45 350m: 4:03.09	36.26
	100m: 1:03.57 34.07	200m: 2:14.26	35.95 300m: 3:26.83	36.12 400m: 4:37.59	34.50
7.	ROZMYŚŁOWSKI, Eryk	02	UKS GOS Razyn	4:37.87	496
	50m: 30.24 30.24	150m: 1:40.45	35.21 250m: 2:52.21	36.15 350m: 4:04.25	35.93
	100m: 1:05.24 35.00	200m: 2:16.06	35.61 300m: 3:28.32	36.11 400m: 4:37.87	33.62
8.	KOPUĆ, Antoni	02	UKS Manta Warszawa Włochy	4:42.21	474
	50m: 30.17 30.17	150m: 1:40.85	36.10 250m: 2:54.04	36.74 350m: 4:07.27	36.50
	100m: 1:04.75 34.58	200m: 2:17.30	36.45 300m: 3:30.77	36.73 400m: 4:42.21	34.94
9.	PYCZOT, Paweł	02	UKS Pirania Targówek	4:42.56	472
	50m: 31.66 31.66	150m: 1:44.26	36.68 250m: 2:56.65	35.99 350m: 4:08.46	36.15
	100m: 1:07.58 35.92	200m: 2:20.66	36.40 300m: 3:32.31	35.66 400m: 4:42.56	34.10
10.	TETERIUKOVAS, Rejus	02	Kaunas Swimming School	4:56.64	408
	50m: 34.03 34.03	150m: 1:50.07	37.77 250m: 3:06.34	37.82 350m: 4:21.52	36.61
	100m: 1:12.30 38.27	200m: 2:28.52	38.45 300m: 3:44.91	38.57 400m: 4:56.64	35.12
11.	WRZE NIEWSKI, Damian	02	UKS Manta Warszawa Włochy	5:09.01	361
	50m: 34.74 34.74	150m: 1:53.23	39.30 250m: 3:12.60	39.64 350m: 4:31.65	38.89
	100m: 1:13.93 39.19	200m: 2:32.96	39.73 300m: 3:52.76	40.16 400m: 5:09.01	37.36
PK	ROWI SKI, Aleksander	01	MUKP Warszawianka	4:55.25	414
	50m: 31.07 31.07	150m: 1:45.24	37.94 250m: 3:00.97	37.51 350m: 4:18.24	38.83
	100m: 1:07.30 36.23	200m: 2:23.46	38.22 300m: 3:39.41	38.44 400m: 4:55.25	37.01