

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Płock, 25. - 26.3.2017

Konkurencja 8  
25.03.2017 - 13:38

Chłopców, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2016

Pozycja			Rok ur.							Czas	Pkt.	
<b>12 lat</b>												
1.	Wiktor Tkacz		05	MKS Piaseczno						<b>5:00.33</b>	352	
	50m:	33.43	33.43	150m:	1:48.69	38.66	250m:	3:05.93	38.30	350m:	4:23.91	38.64
	100m:	1:10.03	36.60	200m:	2:27.63	38.94	300m:	3:45.27	39.34	400m:	5:00.33	36.42
2.	Maksymilian Oko		05	Uks Gim 92 Ursynów Warszawa						<b>5:02.66</b>	344	
	50m:	34.38	34.38	150m:	1:51.94	39.27	250m:	3:10.03	39.23	350m:	4:26.61	38.15
	100m:	1:12.67	38.29	200m:	2:30.80	38.86	300m:	3:48.46	38.43	400m:	5:02.66	36.05
3.	Maksymilian Barnas		05	Buks Warszawa						<b>5:06.34</b>	332	
	50m:	34.15	34.15	150m:	1:52.52	39.52	250m:	3:11.21	39.22	350m:	4:30.17	39.99
	100m:	1:13.00	38.85	200m:	2:31.99	39.47	300m:	3:50.18	38.97	400m:	5:06.34	36.17
4.	Stanisław Bolek		05	UKP Polonia Warszawa						<b>5:08.90</b>	324	
	50m:	34.84	34.84	150m:	1:54.82	40.09	250m:	3:14.06	39.41	350m:	4:32.21	38.38
	100m:	1:14.73	39.89	200m:	2:34.65	39.83	300m:	3:53.83	39.77	400m:	5:08.90	36.69
5.	Mikołaj Bodnar		05	Uks Gim 92 Ursynów Warszawa						<b>5:12.87</b>	312	
	50m:	35.04	35.04	150m:	1:54.22	39.78	250m:	3:15.05	40.79	350m:	4:35.05	39.21
	100m:	1:14.44	39.40	200m:	2:34.26	40.04	300m:	3:55.84	40.79	400m:	5:12.87	37.82
6.	Benjamin Dziewgu		05	MKS Piaseczno						<b>5:18.48</b>	296	
	50m:	35.97	35.97	150m:	1:56.20	40.73	250m:	3:16.89	40.69	350m:	4:39.87	41.76
	100m:	1:15.47	39.50	200m:	2:36.20	40.00	300m:	3:58.11	41.22	400m:	5:18.48	38.61
7.	Wiktor Miłkowski		05	ródmiejski UKS Polna Warszawa						<b>5:19.90</b>	292	
	50m:	35.01	35.01	150m:	1:56.53	41.35	250m:	3:18.22	40.88	350m:	4:40.11	40.83
	100m:	1:15.18	40.17	200m:	2:37.34	40.81	300m:	3:59.28	41.06	400m:	5:19.90	39.79
8.	Szymon Ró ycki		05	Uks Gim 92 Ursynów Warszawa						<b>5:21.62</b>	287	
	50m:	35.33	35.33	150m:	1:56.63	40.78	250m:	3:19.76	41.86	350m:	4:41.80	40.99
	100m:	1:15.85	40.52	200m:	2:37.90	41.27	300m:	4:00.81	41.05	400m:	5:21.62	39.82
9.	Oskar Trydulski		05	Uks Gim 92 Ursynów Warszawa						<b>5:22.29</b>	285	
	50m:	36.84	36.84	150m:	1:58.42	41.17	250m:	3:20.11	40.68	350m:	4:41.74	40.40
	100m:	1:17.25	40.41	200m:	2:39.43	41.01	300m:	4:01.34	41.23	400m:	5:22.29	40.55
10.	Eryk Wenerski		05	Uks Gim 92 Ursynów Warszawa						<b>5:26.56</b>	274	
	50m:	37.09	37.09	150m:	2:00.27	42.13	250m:	3:23.10	41.15	350m:	4:46.36	42.15
	100m:	1:18.14	41.05	200m:	2:41.95	41.68	300m:	4:04.21	41.11	400m:	5:26.56	40.20
11.	Franciszek Pajkowski		05	Uks Gim 92 Ursynów Warszawa						<b>5:26.75</b>	274	
	50m:	36.53	36.53	150m:	1:57.69	41.20	250m:	3:20.44	41.45	350m:	4:44.03	42.26
	100m:	1:16.49	39.96	200m:	2:38.99	41.30	300m:	4:01.77	41.33	400m:	5:26.75	42.72
12.	Szymon Fałek		05	KS Barakuda Mi sk Mazowiecki						<b>5:33.85</b>	256	
	50m:	2:03.29	2:03.29	150m:	5:34.26	2:48.80	250m:			350m:		
	100m:	2:45.46	42.17	200m:			300m:			400m:	5:33.85	
13.	Roch Szewczyk		05	UKP Polonia Warszawa						<b>5:37.36</b>	249	
	50m:	36.21	36.21	150m:	2:01.56	43.24	250m:	3:29.12	44.20	350m:	4:56.96	43.83
	100m:	1:18.32	42.11	200m:	2:44.92	43.36	300m:	4:13.13	44.01	400m:	5:37.36	40.40
14.	Andrzej Grzelewski		05	Buks Warszawa						<b>5:39.18</b>	245	
	50m:	38.25	38.25	150m:	2:03.90	42.84	250m:	3:32.56	45.81	350m:	4:57.43	41.77
	100m:	1:21.06	42.81	200m:	2:46.75	42.85	300m:	4:15.66	43.10	400m:	5:39.18	41.75
15.	Mateusz bikowski		05	Uks Wilanowia						<b>5:39.63</b>	244	
	50m:	37.17	37.17	150m:	2:05.26	43.64	250m:	3:32.98	43.88	350m:	4:58.57	41.41
	100m:	1:21.62	44.45	200m:	2:49.10	43.84	300m:	4:17.16	44.18	400m:	5:39.63	41.06
16.	Tomasz Lis		05	Buks Warszawa						<b>5:46.75</b>	229	
	50m:	38.32	38.32	150m:	2:07.16	44.40	250m:	3:37.84	44.67	350m:	5:46.75	40.08
	100m:	1:22.76	44.44	200m:	2:53.17	46.01	300m:	5:06.67	1:28.83	400m:	5:46.75	
17.	Łukasz Joachimiak		05	Uks Kapry Armexim Pruszków						<b>5:46.85</b>	229	
	50m:	37.16	37.16	150m:	2:07.12	45.15	250m:	3:36.65	44.45	350m:	5:05.21	43.93
	100m:	1:21.97	44.81	200m:	2:52.20	45.08	300m:	4:21.28	44.63	400m:	5:46.85	41.64

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Płock, 25. - 26.3.2017

Konkurencja 8, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.			
18.	Mateusz Papiernik		05	MKS Piaseczno			<b>6:02.99</b>	199				
	50m:	39.39	39.39	150m:	2:10.70	46.10	250m:	3:43.93	47.33	350m:	5:18.15	47.58
	100m:	1:24.60	45.21	200m:	2:56.60	45.90	300m:	4:30.57	46.64	400m:	6:02.99	44.84
19.	Michał Goły ski		05	Uks Gim 92 Ursynów Warszawa			<b>6:03.39</b>	199				
	50m:	37.13	37.13	150m:	2:06.65	45.82	250m:	3:40.76	47.53	350m:	5:17.44	48.06
	100m:	1:20.83	43.70	200m:	2:53.23	46.58	300m:	4:29.38	48.62	400m:	6:03.39	45.95
20.	Mikołaj Juchno		05	MKS Piaseczno			<b>6:09.08</b>	190				
	50m:	40.04	40.04	150m:	2:14.48	47.47	250m:	3:49.01	47.19	350m:	5:23.16	45.79
	100m:	1:27.01	46.97	200m:	3:01.82	47.34	300m:	4:37.37	48.36	400m:	6:09.08	45.92
21.	Adam Zebrowski		05	Buks Warszawa			<b>6:10.51</b>	187				
	50m:	40.65	40.65	150m:	2:13.73	47.20	250m:	3:51.10	48.84	350m:		
	100m:	1:26.53	45.88	200m:	3:02.26	48.53	300m:	5:28.47	1:37.37	400m:	6:10.51	
22.	Maksymilian Jablonski		05	Buks Warszawa			<b>6:11.60</b>	186				
	50m:	40.64	40.64	150m:	2:15.37	48.21	250m:	3:51.53	47.90	350m:	5:27.74	48.28
	100m:	1:27.16	46.52	200m:	3:03.63	48.26	300m:	4:39.46	47.93	400m:	6:11.60	43.86
23.	Stanislaw Duchewicz		05	Buks Warszawa			<b>6:37.53</b>	152				
	50m:	42.81	42.81	150m:	3:12.40	1:42.00	250m:	4:57.41	51.70	350m:		
	100m:	1:30.40	47.59	200m:	4:05.71	53.31	300m:	5:48.21	50.80	400m:	6:37.53	
DYSKW.	Michał Górka		05	UKS Gos Raszyn			<b>5:40.57</b>					
	<i>O 4 - Start wykonany przed sygnałem (przedwczesny start)</i>											
	50m:	35.46	35.46	150m:	2:00.01	44.03	250m:	3:29.58	44.86	350m:	4:55.59	42.95
	100m:	1:15.98	40.52	200m:	2:44.72	44.71	300m:	4:12.64	43.06	400m:	5:40.57	44.98

13 lat

1.	Krzysztof Chmielewski		04	Iuks Muszelka Warszawa			<b>4:17.99</b>	556				
	50m:	29.60	29.60	150m:	1:35.18	33.14	250m:	2:41.41	33.08	350m:	3:46.66	32.66
	100m:	1:02.04	32.44	200m:	2:08.33	33.15	300m:	3:14.00	32.59	400m:	4:17.99	31.33
2.	Michał Chmielewski		04	Iuks Muszelka Warszawa			<b>4:25.87</b>	508				
	50m:	30.93	30.93	150m:	1:37.90	33.66	250m:	2:45.42	34.01	350m:	3:53.23	33.84
	100m:	1:04.24	33.31	200m:	2:11.41	33.51	300m:	3:19.39	33.97	400m:	4:25.87	32.64
3.	Szymon Berner		04	Buks Warszawa			<b>4:42.36</b>	424				
	50m:	30.74	30.74	150m:	1:40.22	35.70	250m:	2:54.48	37.27	350m:	4:08.29	36.61
	100m:	1:04.52	33.78	200m:	2:17.21	36.99	300m:	3:31.68	37.20	400m:	4:42.36	34.07
4.	Ignacy yro		04	Uks Wilanowia			<b>4:43.93</b>	417				
	50m:	31.87	31.87	150m:	1:42.86	36.17	250m:	2:55.34	36.41	350m:		
	100m:	1:06.69	34.82	200m:	2:18.93	36.07	300m:	4:08.63	1:13.29	400m:	4:43.93	
5.	Jakub Grabowski		04	MZOS Płock			<b>4:50.34</b>	390				
	50m:	32.31	32.31	150m:	1:45.49	37.06	250m:	3:00.01	37.09	350m:	4:15.07	36.84
	100m:	1:08.43	36.12	200m:	2:22.92	37.43	300m:	3:38.23	38.22	400m:	4:50.34	35.27
6.	Filip Rozmyslowski		04	UKS Gos Raszyn			<b>5:00.14</b>	353				
	50m:	33.43	33.43	150m:	1:48.64	37.72	250m:	3:05.12	38.29	350m:	4:21.95	38.10
	100m:	1:10.92	37.49	200m:	2:26.83	38.19	300m:	3:43.85	38.73	400m:	5:00.14	38.19
7.	Kacper Jarosz		04	MZOS Płock			<b>5:03.24</b>	342				
	50m:	34.44	34.44	150m:	1:51.84	38.89	250m:	3:09.72	38.69	350m:	4:27.16	38.36
	100m:	1:12.95	38.51	200m:	2:31.03	39.19	300m:	3:48.80	39.08	400m:	5:03.24	36.08
8.	Tymoteusz Kordowski		04	Buks Warszawa			<b>5:05.13</b>	336				
	50m:	34.01	34.01	150m:	1:52.11	39.32	250m:	3:11.16	39.30	350m:	4:30.32	39.47
	100m:	1:12.79	38.78	200m:	2:31.86	39.75	300m:	3:50.85	39.69	400m:	5:05.13	34.81
9.	Aleksander Wytrykus		04	Buks Warszawa			<b>5:05.67</b>	334				
	50m:	34.43	34.43	150m:	1:53.89	40.14	250m:	3:12.24	38.46	350m:	4:29.87	38.89
	100m:	1:13.75	39.32	200m:	2:33.78	39.89	300m:	3:50.98	38.74	400m:	5:05.67	35.80
10.	Hubert Iwankowski		04	UKP Polonia Warszawa			<b>5:07.38</b>	329				
	50m:	33.62	33.62	150m:	1:51.78	39.55	250m:	3:11.06	39.40	350m:	4:30.29	39.16
	100m:	1:12.23	38.61	200m:	2:31.66	39.88	300m:	3:51.13	40.07	400m:	5:07.38	37.09

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Płock, 25. - 26.3.2017

Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
11.	Tomasz Zakrzewicz		04	MZOS Płock				<b>5:07.69</b>	328		
	50m:	34.71 34.71	150m:	1:53.02	39.38	250m:	3:12.14	39.40	350m:	4:30.69	39.29
	100m:	1:13.64 38.93	200m:	2:32.74	39.72	300m:	3:51.40	39.26	400m:	5:07.69	37.00
12.	Ignacy J drzejkiwicz		04	Uks Gim 92 Ursynów Warszawa				<b>5:15.99</b>	303		
	50m:	35.14 35.14	150m:	1:56.88	40.87	250m:	3:18.25	40.62	350m:	4:37.55	39.62
	100m:	1:16.01 40.87	200m:	2:37.63	40.75	300m:	3:57.93	39.68	400m:	5:15.99	38.44
13.	Antoni Kucharski		04	MKS Piaseczno				<b>5:18.18</b>	296		
	50m:	35.96 35.96	150m:	1:56.73	40.63	250m:	3:19.09	40.79	350m:	4:40.18	40.05
	100m:	1:16.10 40.14	200m:	2:38.30	41.57	300m:	4:00.13	41.04	400m:	5:18.18	38.00
14.	Jakub Maszaro		04	MKS Piaseczno				<b>5:21.76</b>	287		
	50m:	36.03 36.03	150m:	1:57.81	41.61	250m:	3:19.45	40.14	350m:	4:42.55	41.52
	100m:	1:16.20 40.17	200m:	2:39.31	41.50	300m:	4:01.03	41.58	400m:	5:21.76	39.21
15.	Gabriel Kowalski		04	Psp Swim Płock				<b>5:26.84</b>	273		
	50m:	33.36 33.36	150m:	1:54.87	41.37	250m:	3:19.79	42.89	350m:	4:46.35	43.68
	100m:	1:13.50 40.14	200m:	2:36.90	42.03	300m:	4:02.67	42.88	400m:	5:26.84	40.49
16.	Mikołaj Dominowski		04	KS Barakuda Mi sk Mazowiecki				<b>5:30.69</b>	264		
	50m:	33.45 33.45	150m:	1:58.83	43.26	250m:	3:26.08	43.99	350m:	4:51.68	42.54
	100m:	1:15.57 42.12	200m:	2:42.09	43.26	300m:	4:09.14	43.06	400m:	5:30.69	39.01
17.	Kacper Puławski		04	Iuks Muszelka Warszawa				<b>5:31.88</b>	261		
	50m:	34.52 34.52	150m:	1:57.33	41.80	250m:	3:24.86	44.20	350m:	4:51.59	43.65
	100m:	1:15.53 41.01	200m:	2:40.66	43.33	300m:	4:07.94	43.08	400m:	5:31.88	40.29
18.	Julian Paradowski		04	MZOS Płock				<b>5:32.54</b>	260		
	50m:	37.28 37.28	150m:	2:01.83	42.35	250m:	3:26.78	42.34	350m:	4:51.91	42.13
	100m:	1:19.48 42.20	200m:	2:44.44	42.61	300m:	4:09.78	43.00	400m:	5:32.54	40.63
19.	Piotr Podpora		04	Buks Warszawa				<b>5:34.29</b>	255		
	50m:	36.57 36.57	150m:	2:00.07	42.20	250m:	3:25.67	43.29	350m:	4:52.89	43.41
	100m:	1:17.87 41.30	200m:	2:42.38	42.31	300m:	4:09.48	43.81	400m:	5:34.29	41.40
20.	Oskar Roszkowski		04	MKS Piaseczno				<b>5:37.25</b>	249		
	50m:	36.16 36.16	150m:	2:00.34	42.68	250m:	3:27.68	44.05	350m:	4:55.66	43.83
	100m:	1:17.66 41.50	200m:	2:43.63	43.29	300m:	4:11.83	44.15	400m:	5:37.25	41.59
21.	Jakub El Ghamarii		04	Iuks Muszelka Warszawa				<b>5:43.00</b>	236		
	50m:	35.28 35.28	150m:	2:01.13	43.99	250m:	3:30.87	45.06	350m:	5:01.02	44.68
	100m:	1:17.14 41.86	200m:	2:45.81	44.68	300m:	4:16.34	45.47	400m:	5:43.00	41.98
22.	Oliwier Grzybowski		04	Buks Warszawa				<b>5:43.85</b>	235		
	50m:	37.52 37.52	150m:	2:04.99	44.74	250m:	3:33.08	44.34	350m:		
	100m:	1:20.25 42.73	200m:	2:48.74	43.75	300m:	4:18.04	44.96	400m:	5:43.85	
23.	Alan Sieradzki		04	Psp Swim Płock				<b>5:44.20</b>	234		
	50m:	37.45 37.45	150m:	2:48.47	42.70	250m:	5:03.44	43.85	350m:		
	100m:	2:05.77 1:28.32	200m:	4:19.59	1:31.12	300m:			400m:	5:44.20	
24.	Patryk Walerczak		04	Klub Pływacki Zotow				<b>5:46.87</b>	229		
	50m:	37.25 37.25	150m:	2:06.18	44.23	250m:	3:33.24	43.75	350m:	4:53.53	41.58
	100m:	1:21.95 44.70	200m:	2:49.49	43.31	300m:	4:11.95	38.71	400m:	5:46.87	53.34
25.	Michał Pieku		04	ródmiejski UKS Polna Warszawa				<b>5:47.03</b>	228		
	50m:	37.02 37.02	150m:	2:04.64	44.52	250m:	4:24.07	46.84	350m:		
	100m:	1:20.12 43.10	200m:	3:37.23	1:32.59	300m:	5:06.33	42.26	400m:	5:47.03	
26.	Kacper Kurpisz		04	UKP Polonia Warszawa				<b>5:50.22</b>	222		
	50m:	37.82 37.82	150m:	2:06.79	45.16	250m:	3:35.46	45.08	350m:	5:05.87	45.73
	100m:	1:21.63 43.81	200m:	2:50.38	43.59	300m:	4:20.14	44.68	400m:	5:50.22	44.35
27.	Olivier Nogas		04	Buks Warszawa				<b>5:50.44</b>	222		
	50m:	35.59 35.59	150m:	2:04.49	45.52	250m:	3:34.67	45.15	350m:	5:07.49	46.37
	100m:	1:18.97 43.38	200m:	2:49.52	45.03	300m:	4:21.12	46.45	400m:	5:50.44	42.95
28.	Łukasz Wola ski		04	MKS Piaseczno				<b>5:51.02</b>	221		
	50m:	36.92 36.92	150m:	2:04.38	44.91	250m:	3:34.93	45.59	350m:	5:06.49	46.04
	100m:	1:19.47 42.55	200m:	2:49.34	44.96	300m:	4:20.45	45.52	400m:	5:51.02	44.53

Międzywojewódzkie Drużynowe Mistrzostwa Młodzików 12 -13 lat – I runda  
Płock, 25. - 26.3.2017

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Konkurencja 8, Chłopców, 400m dowolny, 13 lat

Pozycja				Rok ur.					Czas	Pkt.	
29.	Dawid Szymaniak			04	Psp Swim Płock				<b>6:04.48</b>	197	
	50m:	39.26	39.26	150m:	2:08.22	46.55	250m:	3:43.01	47.82	350m:	
	100m:	1:21.67	42.41	200m:	2:55.19	46.97	300m:	5:18.51	1:35.50	400m:	6:04.48