

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 2. - 3.6.2017

Konkurencja 19
02.06.2017 - 18:34

Dziewcz t, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. GRUSZCZY SKA, Aleksandra	06 MKP Warszawianka	5:40.18	335
50m: 38.93 38.93	150m: 2:04.77 42.95	250m: 3:32.91 44.64	350m: 4:59.04 41.68
100m: 1:21.82 42.89	200m: 2:48.27 43.50	300m: 4:17.36 44.45	400m: 5:40.18 41.14
2. OSIAK, Julia	06 MKP Warszawianka	5:41.72	331
50m: 38.56 38.56	150m: 2:06.02 43.62	250m: 3:33.57 43.40	350m: 5:00.80 43.88
100m: 1:22.40 43.84	200m: 2:50.17 44.15	300m: 4:16.92 43.35	400m: 5:41.72 40.92
3. MARCINIAK, Maja	06 MKS Piaseczno	5:45.07	321
50m: 39.50 39.50	150m: 2:07.62 44.88	250m: 3:36.29 44.44	350m: 5:04.05 43.43
100m: 1:22.74 43.24	200m: 2:51.85 44.23	300m: 4:20.62 44.33	400m: 5:45.07 41.02
4. FILIPCZAK, Nikola	06 Klub Sportowy Płetwal Szczytno	5:45.86	319
50m: 39.56 39.56	150m: 2:08.27 44.23	250m: 3:37.11 44.14	350m: 5:05.54 43.49
100m: 1:24.04 44.48	200m: 2:52.97 44.70	300m: 4:22.05 44.94	400m: 5:45.86 40.32
5. M TEWSKA, Zofia	06 MKS Piaseczno	5:55.71	293
50m: 39.40 39.40	150m: 2:10.32 46.18	250m: 3:42.79 46.27	350m: 5:13.21 44.66
100m: 1:24.14 44.74	200m: 2:56.52 46.20	300m: 4:28.55 45.76	400m: 5:55.71 42.50
6. RUCI SKA, Helena	06 MKP Warszawianka	5:55.75	293
50m: 39.76 39.76	150m: 2:13.03 46.99	250m: 3:43.71 44.84	350m: 5:13.83 44.35
100m: 1:26.04 46.28	200m: 2:58.87 45.84	300m: 4:29.48 45.77	400m: 5:55.75 41.92
7. MURAS, Oliwia	06 UKS 307 Warszawa Mokotów	5:57.24	289
50m: 38.70 38.70	150m: 2:10.98 46.29	250m: 3:43.13 45.67	350m: 5:14.37 44.58
100m: 1:24.69 45.99	200m: 2:57.46 46.48	300m: 4:29.79 46.66	400m: 5:57.24 42.87
12 lat			
1. KULIK, Julia	05 UKS GOS Raszyn	5:11.58	437
50m: 33.59 33.59	150m: 1:51.94 39.33	250m: 3:12.21 40.32	350m: 4:32.22 39.60
100m: 1:12.61 39.02	200m: 2:31.89 39.95	300m: 3:52.62 40.41	400m: 5:11.58 39.36
2. SAMORAJ, Oliwia	05 MKS Piaseczno	5:15.22	422
50m: 35.56 35.56	150m: 1:56.51 40.88	250m: 3:17.01 40.01	350m: 4:37.14 39.94
100m: 1:15.63 40.07	200m: 2:37.00 40.49	300m: 3:57.20 40.19	400m: 5:15.22 38.08
3. SKALI SKA, Ewa	05 MKS Piaseczno	5:20.11	403
50m: 35.89 35.89	150m: 1:57.57 40.50	250m: 3:19.98 40.93	350m: 4:41.12 40.36
100m: 1:17.07 41.18	200m: 2:39.05 41.48	300m: 4:00.76 40.78	400m: 5:20.11 38.99
4. KLUSEK, Aleksandra	05 Iuks Muszelka Warszawa	5:21.87	396
50m: 35.50 35.50	150m: 1:57.00 41.27	250m: 3:18.53 41.08	350m: 4:41.88 42.59
100m: 1:15.73 40.23	200m: 2:37.45 40.45	300m: 3:59.29 40.76	400m: 5:21.87 39.99
5. D BROWSKA, Franczeska	05 Uks Wilanowia	5:22.18	395
50m: 35.45 35.45	150m: 1:56.67 41.11	250m: 3:20.29 41.84	350m: 4:44.06 41.63
100m: 1:15.56 40.11	200m: 2:38.45 41.78	300m: 4:02.43 42.14	400m: 5:22.18 38.12
6. KLIMOWICZ, Adrianna	05 Iuks Muszelka Warszawa	5:43.01	327
50m: 38.27 38.27	150m: 2:05.34 43.91	250m: 3:33.67 43.85	350m: 5:02.05 44.25
100m: 1:21.43 43.16	200m: 2:49.82 44.48	300m: 4:17.80 44.13	400m: 5:43.01 40.96
7. KASZYCKA, Natalia	05 Iuks Muszelka Warszawa	6:08.50	264
50m: 41.15 41.15	150m: 2:14.39 46.94	250m: 3:48.79 46.87	350m: 5:23.20 46.43
100m: 1:27.45 46.30	200m: 3:01.92 47.53	300m: 4:36.77 47.98	400m: 6:08.50 45.30

Otwarte Mistrzostwa Warszawy w pływaniu
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Konkurencja 19, Dziewcz t, 400m dowolny

13 lat

1.	TARASIEWICZ, Klaudia	04	UKP Polonia	4:39.83	603
	50m: 32.22 32.22	150m: 1:43.04	35.61 250m: 2:54.03	35.43 350m: 4:05.41	35.93
	100m: 1:07.43 35.21	200m: 2:18.60	35.56 300m: 3:29.48	35.45 400m: 4:39.83	34.42
2.	ROMANIUK, Matylda	04	Uks Wawer	5:07.39	455
	50m: 34.10 34.10	150m: 1:52.03	39.46 250m: 3:09.98	38.99 350m: 4:29.16	39.70
	100m: 1:12.57 38.47	200m: 2:30.99	38.96 300m: 3:49.46	39.48 400m: 5:07.39	38.23
3.	CATI, Lidia	04	ródmiejski UKS Polna Warszawa	5:08.56	450
	50m: 33.31 33.31	150m: 1:50.88	39.74 250m: 3:10.72	39.75 350m: 4:30.12	39.64
	100m: 1:11.14 37.83	200m: 2:30.97	40.09 300m: 3:50.48	39.76 400m: 5:08.56	38.44
4.	ZAKRZEWSKA, Oliwia	04	UKS Ostrobramska Warszawa	5:12.91	431
	50m: 35.01 35.01	150m: 1:54.61	40.00 250m: 3:14.18	39.42 350m: 4:34.32	39.77
	100m: 1:14.61 39.60	200m: 2:34.76	40.15 300m: 3:54.55	40.37 400m: 5:12.91	38.59
5.	GÓRSKA, Julia	04	Uks Nawa Skierniewice	5:21.84	396
	50m: 35.15 35.15	150m: 1:58.96	42.31 250m: 3:21.48	41.28 350m: 4:43.40	40.50
	100m: 1:16.65 41.50	200m: 2:40.20	41.24 300m: 4:02.90	41.42 400m: 5:21.84	38.44
6.	SKOCZYLAS, Zuzanna	04	UKS Fala Niepor t	5:23.95	388
	50m: 36.63 36.63	150m: 1:56.69	40.82 250m: 3:19.69	41.93 350m: 4:43.91	42.00
	100m: 1:15.87 39.24	200m: 2:37.76	41.07 300m: 4:01.91	42.22 400m: 5:23.95	40.04
7.	SUSKIEWICZ, Maja	04	Uks Gim92 Ursynów Warszawa	5:27.31	377
	50m: 35.21 35.21	150m: 1:58.03	41.75 250m: 3:22.97	42.42 350m: 4:47.35	42.08
	100m: 1:16.28 41.07	200m: 2:40.55	42.52 300m: 4:05.27	42.30 400m: 5:27.31	39.96
8.	TABOR, Anastazja	04	MKS Piaseczno	5:40.21	335
	50m: 37.19 37.19	150m: 2:03.59	43.82 250m: 3:30.90	43.50 350m: 4:58.10	43.30
	100m: 1:19.77 42.58	200m: 2:47.40	43.81 300m: 4:14.80	43.90 400m: 5:40.21	42.11

14 lat

1.	CYNARSKA, Weronika	03	Iuks Muszelka Warszawa	4:34.46	639
	50m: 31.44 31.44	150m: 1:39.70	34.70 250m: 2:50.29	35.20 350m: 4:00.79	34.94
	100m: 1:05.00 33.56	200m: 2:15.09	35.39 300m: 3:25.85	35.56 400m: 4:34.46	33.67
2.	HERBREder, Gabriela	03	Uks Gim92 Ursynów Warszawa	4:45.38	568
	50m: 32.32 32.32	150m: 1:44.26	35.96 250m: 2:57.30	36.44 350m: 4:10.75	36.45
	100m: 1:08.30 35.98	200m: 2:20.86	36.60 300m: 3:34.30	37.00 400m: 4:45.38	34.63
3.	KAWKA, Nina	03	Uks Gim92 Ursynów Warszawa	4:46.75	560
	50m: 32.64 32.64	150m: 1:46.43	37.15 250m: 3:00.21	36.97 350m: 4:12.21	35.56
	100m: 1:09.28 36.64	200m: 2:23.24	36.81 300m: 3:36.65	36.44 400m: 4:46.75	34.54
4.	ZIEMACKA, Julia	03	Iuks Muszelka Warszawa	4:47.75	554
	50m: 32.93 32.93	150m: 1:46.21	37.02 250m: 3:00.16	37.04 350m: 4:12.71	36.27
	100m: 1:09.19 36.26	200m: 2:23.12	36.91 300m: 3:36.44	36.28 400m: 4:47.75	35.04
5.	NOWAK, Zofia	03	G-8 Bielany Warszawa	4:50.38	539
	50m: 32.62 32.62	150m: 1:45.08	36.67 250m: 2:59.32	37.22 350m: 4:13.88	37.04
	100m: 1:08.41 35.79	200m: 2:22.10	37.02 300m: 3:36.84	37.52 400m: 4:50.38	36.50
6.	KOZANECKA, Laura	03	UKS190 Łód	4:52.51	528
	50m: 33.99 33.99	150m: 1:47.80	37.25 250m: 3:02.26	37.37 350m: 4:16.48	37.28
	100m: 1:10.55 36.56	200m: 2:24.89	37.09 300m: 3:39.20	36.94 400m: 4:52.51	36.03
7.	BADZIAN, Natalia	03	Iuks Muszelka Warszawa	4:53.14	524
	50m: 33.68 33.68	150m: 1:48.30	37.46 250m: 3:03.40	37.55 350m: 4:17.72	37.02
	100m: 1:10.84 37.16	200m: 2:25.85	37.55 300m: 3:40.70	37.30 400m: 4:53.14	35.42
8.	MOTYL, Sara	03	UKS190 Łód	4:54.03	520
	50m: 34.02 34.02	150m: 1:48.94	37.87 250m: 3:05.01	37.84 350m: 4:18.64	36.77
	100m: 1:11.07 37.05	200m: 2:27.17	38.23 300m: 3:41.87	36.86 400m: 4:54.03	35.39
9.	KOSTRZEWSKA, Maria	03	UKS190 Łód	4:54.94	515
	50m: 34.49 34.49	150m: 1:49.95	38.00 250m: 3:04.69	37.51 350m: 4:19.36	37.16
	100m: 1:11.95 37.46	200m: 2:27.18	37.23 300m: 3:42.20	37.51 400m: 4:54.94	35.58

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Warszawa, 2. - 3.6.2017

Konkurencja 19, Dziewcz t, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
10.	TOPP, Zofia		03	G-8 Bielany Warszawa				4:56.73	506
	50m:	33.92 33.92	150m:	1:48.71 37.76	250m:	3:04.53 37.91	350m:	4:19.92 37.48	
	100m:	1:10.95 37.03	200m:	2:26.62 37.91	300m:	3:42.44 37.91	400m:	4:56.73 36.81	
11.	ADAMSKA, Maria		03	G-8 Bielany Warszawa				5:02.18	479
	50m:	34.01 34.01	150m:	1:50.28 38.63	250m:	3:07.10 38.49	350m:	4:24.69 38.89	
	100m:	1:11.65 37.64	200m:	2:28.61 38.33	300m:	3:45.80 38.70	400m:	5:02.18 37.49	
12.	ADAMSKA, Julia		03	G-8 Bielany Warszawa				5:10.49	441
	50m:	34.28 34.28	150m:	1:52.71 39.57	250m:	3:12.90 41.00	350m:	4:32.92 40.01	
	100m:	1:13.14 38.86	200m:	2:31.90 39.19	300m:	3:52.91 40.01	400m:	5:10.49 37.57	
13.	LIWOWSKA, Maria		03	UKS"Pi tka"Konstantynów Łódzki				5:19.93	403
	50m:	35.42 35.42	150m:	1:56.95 41.29	250m:	3:20.02 40.93	350m:	4:42.35 40.74	
	100m:	1:15.66 40.24	200m:	2:39.09 42.14	300m:	4:01.61 41.59	400m:	5:19.93 37.58	
PK	PAKUŁA, Alicja		02	G-8 Bielany Warszawa				4:40.05	601
	50m:	31.36 31.36	150m:	1:42.68 36.34	250m:	2:54.80 35.70	350m:	4:06.15 35.50	
	100m:	1:06.34 34.98	200m:	2:19.10 36.42	300m:	3:30.65 35.85	400m:	4:40.05 33.90	
PK	JABŁONOWSKA, Nikola		02	G-8 Bielany Warszawa				4:43.76	578
	50m:	32.49 32.49	150m:	1:43.28 35.74	250m:	2:54.91 35.58	350m:	4:08.29 36.49	
	100m:	1:07.54 35.05	200m:	2:19.33 36.05	300m:	3:31.80 36.89	400m:	4:43.76 35.47	
PK	JASIORSKA, Aleksandra		02	MKS POLONIA Warszawa				4:44.35	575
	50m:	32.72 32.72	150m:	1:43.45 35.71	250m:	2:55.71 35.98	350m:	4:09.16 36.66	
	100m:	1:07.74 35.02	200m:	2:19.73 36.28	300m:	3:32.50 36.79	400m:	4:44.35 35.19	
PK	WOJTANEK, Wiktoria		01	UKS GOS Raszyn				4:45.11	570
	50m:	33.37 33.37	150m:	1:45.60 36.30	250m:	2:58.44 36.35	350m:	4:10.33 35.62	
	100m:	1:09.30 35.93	200m:	2:22.09 36.49	300m:	3:34.71 36.27	400m:	4:45.11 34.78	
PK	SERAFIN, Barbara		02	G-8 Bielany Warszawa				4:48.10	552
	50m:	32.32 32.32	150m:	1:45.03 36.61	250m:	2:58.52 36.96	350m:	4:12.56 36.98	
	100m:	1:08.42 36.10	200m:	2:21.56 36.53	300m:	3:35.58 37.06	400m:	4:48.10 35.54	
PK	BIAŁAS, Aniela SWwa		02	MKS POLONIA Warszawa				4:51.37	534
	50m:	32.69 32.69	150m:	1:46.15 36.90	250m:	3:00.70 37.12	350m:	4:15.71 37.02	
	100m:	1:09.25 36.56	200m:	2:23.58 37.43	300m:	3:38.69 37.99	400m:	4:51.37 35.66	
PK	KOPICZY SKA, Agata		02	G-8 Bielany Warszawa				4:56.64	506
	50m:	33.21 33.21	150m:	1:46.68 37.44	250m:	3:01.49 37.46	350m:	4:18.36 38.72	
	100m:	1:09.24 36.03	200m:	2:24.03 37.35	300m:	3:39.64 38.15	400m:	4:56.64 38.28	
PK	EGNAŁEK, Zofia		02	MKS Piaseczno				4:58.00	499
	50m:	33.46 33.46	150m:	1:49.00 38.59	250m:	3:05.53 38.37	350m:	4:21.21 37.64	
	100m:	1:10.41 36.95	200m:	2:27.16 38.16	300m:	3:43.57 38.04	400m:	4:58.00 36.79	