

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 2. - 3.6.2017

Konkurencja 29
03.06.2017 - 11:31

Dziewcz t, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2017

| Pozycja | Rok ur. | Czas | Pkt. |
|--|---|----------------|------|
| 11 lat | | | |
| 1. GRUSZCZY SKA, Aleksandra | 06 MKP Warszawianka | 6:19.44 | 345 |
| 50m: 44.61 44.61 150m: 2:27.50 50.34 250m: 4:06.92 50.79 350m: 5:39.43 43.00 | 100m: 1:37.16 52.55 200m: 3:16.13 48.63 300m: 4:56.43 49.51 400m: 6:19.44 40.01 | | |
| 2. BASINSKAITE, Elze | 06 Kauno Takas | 6:27.48 | 324 |
| 50m: 40.72 40.72 150m: 2:22.37 52.70 250m: 4:03.68 49.88 350m: 5:42.32 46.93 | 100m: 1:29.67 48.95 200m: 3:13.80 51.43 300m: 4:55.39 51.71 400m: 6:27.48 45.16 | | |
| 3. RUCI SKA, Helena | 06 MKP Warszawianka | 6:45.55 | 283 |
| 50m: 47.72 47.72 150m: 2:35.97 49.41 250m: 4:19.89 55.23 350m: 6:02.99 45.83 | 100m: 1:46.56 58.84 200m: 3:24.66 48.69 300m: 5:17.16 57.27 400m: 6:45.55 42.56 | | |
| 4. BLACHARSKA, Małgorzata | 06 UKS Szesnastka | 7:03.76 | 248 |
| 50m: 52.80 52.80 150m: 2:48.52 55.31 250m: 4:36.55 54.93 350m: 6:18.50 48.10 | 100m: 1:53.21 1:00.41 200m: 3:41.62 53.10 300m: 5:30.40 53.85 400m: 7:03.76 45.26 | | |
| 12 lat | | | |
| 1. PIECHOWICZ, Karolina | 05 Klub Sportowy Płetwal Szczytno | 5:52.66 | 430 |
| 50m: 38.09 38.09 150m: 2:11.64 47.25 250m: 3:44.47 45.84 350m: 5:13.48 42.45 | 100m: 1:24.39 46.30 200m: 2:58.63 46.99 300m: 4:31.03 46.56 400m: 5:52.66 39.18 | | |
| 2. KLUSEK, Aleksandra | 05 Iuks Muszelka Warszawa | 6:22.95 | 336 |
| 50m: 40.51 40.51 150m: 2:19.65 52.17 250m: 4:04.49 56.72 350m: 5:43.82 42.64 | 100m: 1:27.48 46.97 200m: 3:07.77 48.12 300m: 5:01.18 56.69 400m: 6:22.95 39.13 | | |
| 3. KASZYCKA, Natalia | 05 Iuks Muszelka Warszawa | 6:49.20 | 275 |
| 50m: 46.66 46.66 150m: 2:35.19 54.06 250m: 4:24.46 57.15 350m: 6:07.79 45.33 | 100m: 1:41.13 54.47 200m: 3:27.31 52.12 300m: 5:22.46 58.00 400m: 6:49.20 41.41 | | |
| DYSKW. KLIMOWICZ, Adrianna | 05 Iuks Muszelka Warszawa | | |
| <i>K 14 - Praca nóg w płaszczy nie pionowej w dół z wyj tkiem jednego ruchu po starcie i nawrocie/</i> | | | |
| 50m: 46.93 46.93 150m: 2:29.10 49.64 250m: 4:12.78 56.99 350m: 5:52.67 43.65 | 100m: 1:39.46 52.53 200m: 3:15.79 46.69 300m: 5:09.02 56.24 400m: | | |
| 13 lat | | | |
| 1. TARASIEWICZ, Klaudia | 04 UKP Polonia | 5:27.81 | 536 |
| 50m: 34.77 34.77 150m: 1:57.47 41.82 250m: 3:25.75 47.53 350m: 4:52.08 37.27 | 100m: 1:15.65 40.88 200m: 2:38.22 40.75 300m: 4:14.81 49.06 400m: 5:27.81 35.73 | | |
| 2. WO , Weronika | 04 Uks Gim92 Ursynów Warszawa | 5:41.71 | 473 |
| 50m: 32.69 32.69 150m: 1:58.93 45.02 250m: 3:33.96 49.45 350m: 5:02.99 39.17 | 100m: 1:13.91 41.22 200m: 2:44.51 45.58 300m: 4:23.82 49.86 400m: 5:41.71 38.72 | | |
| 3. BIDNIK, Wiktoria | 04 Uks Gim92 Ursynów Warszawa | 5:52.96 | 429 |
| 50m: 37.65 37.65 150m: 2:10.28 45.49 250m: 3:42.71 48.82 350m: 5:12.72 41.07 | 100m: 1:24.79 47.14 200m: 2:53.89 43.61 300m: 4:31.65 48.94 400m: 5:52.96 40.24 | | |
| 4. PRZYBYLI SKA, Julia | 04 UKS 307 Warszawa Mokotów | 5:58.90 | 408 |
| 50m: 37.10 37.10 150m: 2:08.23 46.01 250m: 3:42.40 50.61 350m: 5:18.83 44.22 | 100m: 1:22.22 45.12 200m: 2:51.79 43.56 300m: 4:34.61 52.21 400m: 5:58.90 40.07 | | |
| 5. PA KO, Maja | 04 KS Fenix O arów Mazowiecki | 6:11.27 | 369 |
| 50m: 42.00 42.00 150m: 2:21.98 50.26 250m: 3:59.78 49.76 350m: 5:31.67 43.33 | 100m: 1:31.72 49.72 200m: 3:10.02 48.04 300m: 4:48.34 48.56 400m: 6:11.27 39.60 | | |
| 6. DUBAN, Karolina | 04 Uks Kapry Armexim Pruszków | 6:20.39 | 343 |
| 50m: 42.44 42.44 150m: 2:17.85 48.96 250m: 4:02.12 56.28 350m: 5:39.06 41.98 | 100m: 1:28.89 46.45 200m: 3:05.84 47.99 300m: 4:57.08 54.96 400m: 6:20.39 41.33 | | |

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14 lat

| | | | | | |
|----|---------------------|---------------|-----------------------------|----------------|-------|
| 1. | CYNARSKA, Weronika | 03 | Iuks Muszelka Warszawa | 5:12.58 | 618 |
| | 50m: 35.02 35.02 | 150m: 1:54.89 | 40.66 250m: 3:18.62 43.86 | 350m: 4:38.03 | 35.30 |
| | 100m: 1:14.23 39.21 | 200m: 2:34.76 | 39.87 300m: 4:02.73 44.11 | 400m: 5:12.58 | 34.55 |
| 2. | CYNARSKA, Natalia | 03 | Iuks Muszelka Warszawa | 5:14.18 | 609 |
| | 50m: 34.98 34.98 | 150m: 1:53.88 | 39.55 250m: 3:18.42 45.48 | 350m: 4:40.19 | 35.90 |
| | 100m: 1:14.33 39.35 | 200m: 2:32.94 | 39.06 300m: 4:04.29 45.87 | 400m: 5:14.18 | 33.99 |
| 3. | HERBREder, Gabriela | 03 | Uks Gim92 Ursynów Warszawa | 5:20.22 | 575 |
| | 50m: 34.41 34.41 | 150m: 1:56.74 | 41.17 250m: 3:23.05 44.75 | 350m: 4:44.67 | 37.32 |
| | 100m: 1:15.57 41.16 | 200m: 2:38.30 | 41.56 300m: 4:07.35 44.30 | 400m: 5:20.22 | 35.55 |
| 4. | BADZIAN, Natalia | 03 | Iuks Muszelka Warszawa | 5:23.06 | 560 |
| | 50m: 33.34 33.34 | 150m: 1:54.37 | 1:32.76 250m: 3:22.63 46.30 | 350m: 4:46.87 | 37.02 |
| | 100m: 21.61 | 200m: 2:36.33 | 41.96 300m: 4:09.85 47.22 | 400m: 5:23.06 | 36.19 |
| 5. | BIDNIK, Karolina | 03 | Uks Gim92 Ursynów Warszawa | 5:39.02 | 484 |
| | 50m: 36.00 36.00 | 150m: 2:00.09 | 42.80 250m: 3:32.71 49.22 | 350m: 4:59.93 | 39.25 |
| | 100m: 1:17.29 41.29 | 200m: 2:43.49 | 43.40 300m: 4:20.68 47.97 | 400m: 5:39.02 | 39.09 |
| 6. | KOSTRZEWSKA, Maria | 03 | UKS190 Łód | 5:42.67 | 469 |
| | 50m: 36.84 36.84 | 150m: 2:05.27 | 45.99 250m: 3:38.43 49.09 | 350m: 5:06.87 | 38.45 |
| | 100m: 1:19.28 42.44 | 200m: 2:49.34 | 44.07 300m: 4:28.42 49.99 | 400m: 5:42.67 | 35.80 |
| 7. | ZIEMACKA, Julia | 03 | Iuks Muszelka Warszawa | 5:45.50 | 458 |
| | 50m: 36.70 36.70 | 150m: 2:02.88 | 42.20 250m: 3:36.61 53.26 | 350m: 5:07.89 | 38.21 |
| | 100m: 1:20.68 43.98 | 200m: 2:43.35 | 40.47 300m: 4:29.68 53.07 | 400m: 5:45.50 | 37.61 |
| 8. | KACPERSKA, Laura | 03 | MKS POLONIA Warszawa | 5:47.79 | 449 |
| | 50m: 35.94 35.94 | 150m: 2:06.62 | 46.60 250m: 3:40.35 49.92 | 350m: 5:10.42 | 38.34 |
| | 100m: 1:20.02 44.08 | 200m: 2:50.43 | 43.81 300m: 4:32.08 51.73 | 400m: 5:47.79 | 37.37 |
| 9. | FR CKIEWICZ, Emilia | 03 | UKS Delfin Garwolin | 6:13.33 | 363 |
| | 50m: 40.29 40.29 | 150m: 2:14.35 | 45.91 250m: 3:54.95 55.25 | 350m: 5:34.07 | 42.56 |
| | 100m: 1:28.44 48.15 | 200m: 2:59.70 | 45.35 300m: 4:51.51 56.56 | 400m: 6:13.33 | 39.26 |
| PK | WOJTANEK, Wiktoria | 01 | UKS GOS Raszyn | 5:18.27 | 586 |
| | 50m: 35.69 35.69 | 150m: 1:58.45 | 41.37 250m: 3:22.73 45.03 | 350m: 4:43.53 | 36.40 |
| | 100m: 1:17.08 41.39 | 200m: 2:37.70 | 39.25 300m: 4:07.13 44.40 | 400m: 5:18.27 | 34.74 |