

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 2. - 3.6.2017

Konkurencja 30
03.06.2017 - 11:52

Chłopców, 400m zmienny

11 - 14 lat
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
11 lat			
1. HANDZLIK, Mateusz	06 MKP Warszawianka	6:08.97	288
50m: 40.00 40.00	150m: 2:17.35 47.63	250m: 3:55.35 52.10	350m: 5:29.05 40.55
100m: 1:29.72 49.72	200m: 3:03.25 45.90	300m: 4:48.50 53.15	400m: 6:08.97 39.92
2. LUCOW, Jan	06 Uks Wilanowia	6:30.76	242
50m: 38.82 38.82	150m: 2:20.08 49.76	250m: 4:04.92 57.48	350m: 5:46.81 43.54
100m: 1:30.32 51.50	200m: 3:07.44 47.36	300m: 5:03.27 58.35	400m: 6:30.76 43.95
DYSKW. STARZY SKI, Franciszek	06 UKS Szesnastka		
<i>M 7 - Nieprzenoszenie ramion do przodu nad lustrem wody</i>			
50m: 51.83 51.83	150m: 2:58.58 1:02.20	250m: 4:54.76 59.91	350m: 6:43.42 50.98
100m: 1:56.38 1:04.55	200m: 3:54.85 56.27	300m: 5:52.44 57.68	400m:
12 lat			
1. ZAWADZKI, Marek	05 G-8 Bielany Warszawa	5:43.73	356
50m: 37.29 37.29	150m: 2:04.28 43.90	250m: 3:38.01 50.93	350m: 5:07.62 39.03
100m: 1:20.38 43.09	200m: 2:47.08 42.80	300m: 4:28.59 50.58	400m: 5:43.73 36.11
2. BOLEK, Stanisław	05 UKP Polonia	5:43.92	356
50m: 37.02 37.02	150m: 2:06.13 45.98	250m: 3:40.19 50.15	350m: 5:09.42 38.15
100m: 1:20.15 43.13	200m: 2:50.04 43.91	300m: 4:31.27 51.08	400m: 5:43.92 34.50
3. TKACZ, Wiktor	05 MKS Piaseczno	5:45.38	351
50m: 35.50 35.50	150m: 2:07.64 46.06	250m: 3:40.86 49.12	350m: 5:08.02 37.88
100m: 1:21.58 46.08	200m: 2:51.74 44.10	300m: 4:30.14 49.28	400m: 5:45.38 37.36
4. CZERNIAWSKI, Tobiasz	05 Klub Sportowy Płetwał Szczytno	6:40.39	225
50m: 44.65 44.65	150m: 2:30.17 51.42	250m: 4:15.55 55.91	350m: 5:56.93 46.37
100m: 1:38.75 54.10	200m: 3:19.64 49.47	300m: 5:10.56 55.01	400m: 6:40.39 43.46
DYSKW. AMBROZIAK, Witold	05 Uks Pingwiny		
<i>M 9 - Naprzemienna lub nierównoczesna praca nóg</i>			
50m: 44.84 44.84	150m: 2:36.50 57.93	250m: 4:28.42 56.88	350m: 6:11.62 46.15
100m: 1:38.57 53.73	200m: 3:31.54 55.04	300m: 5:25.47 57.05	400m:
13 lat			
1. CHMIELEWSKI, Krzysztof	04 Iuks Muszelka Warszawa	5:05.83	506
50m: 31.51 31.51	150m: 1:45.59 38.32	250m: 3:10.89 47.04	350m: 4:32.49 33.09
100m: 1:07.27 35.76	200m: 2:23.85 38.26	300m: 3:59.40 48.51	400m: 5:05.83 33.34
2. CHMIELEWSKI, Michał	04 Iuks Muszelka Warszawa	5:07.69	497
50m: 32.71 32.71	150m: 1:48.47 37.97	250m: 3:13.28 47.19	350m: 4:34.97 34.03
100m: 1:10.50 37.79	200m: 2:26.09 37.62	300m: 4:00.94 47.66	400m: 5:07.69 32.72
3. BEDNAREK, Przemysław	04 Iuks Muszelka Warszawa	5:28.82	407
50m: 35.13 35.13	150m: 1:57.47 41.47	250m: 3:27.28 48.55	350m: 4:53.20 36.77
100m: 1:16.00 40.87	200m: 2:38.73 41.26	300m: 4:16.43 49.15	400m: 5:28.82 35.62
4. YRO, Ignacy	04 Uks Wilanowia	5:32.61	394
50m: 35.25 35.25	150m: 2:00.75 43.77	250m: 3:31.43 48.44	350m: 4:57.03 37.18
100m: 1:16.98 41.73	200m: 2:42.99 42.24	300m: 4:19.85 48.42	400m: 5:32.61 35.58
5. LASKI, Filip	04 KS Fenix O arów Mazowiecki	5:34.07	388
50m: 35.40 35.40	150m: 2:00.63 43.23	250m: 3:29.67 46.43	350m: 4:57.05 39.00
100m: 1:17.40 42.00	200m: 2:43.24 42.61	300m: 4:18.05 48.38	400m: 5:34.07 37.02
6. TARASEWICZ, Marcel	04 Kormoran Olsztyn	5:37.95	375
50m: 34.31 34.31	150m: 2:02.40 44.68	250m: 3:32.33 47.16	350m: 5:00.46 39.56
100m: 1:17.72 43.41	200m: 2:45.17 42.77	300m: 4:20.90 48.57	400m: 5:37.95 37.49

Otwarte Mistrzostwa Warszawy w pływaniu
Warszawa, 2. - 3.6.2017

Konkurencja 30, Chłopców, 400m zmienny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.
7.	CIUBA, Mikołaj		04	G-8 Bielany Warszawa				5:46.09	349
	50m:	35.52 35.52	150m:	2:04.14 46.29	250m:	3:37.16 47.73	350m:	5:06.90 40.63	
	100m:	1:17.85 42.33	200m:	2:49.43 45.29	300m:	4:26.27 49.11	400m:	5:46.09 39.19	
14 lat									
1.	URYNIUK, Paweł		03	G-8 Bielany Warszawa				4:50.47	591
	50m:	29.96 29.96	150m:	1:42.90 38.32	250m:	3:03.09 42.11	350m:	4:19.29 33.71	
	100m:	1:04.58 34.62	200m:	2:20.98 38.08	300m:	3:45.58 42.49	400m:	4:50.47 31.18	
2.	WIEK, Wiktor		03	Buks Warszawa				4:58.18	546
	50m:	30.54 30.54	150m:	1:46.47 41.20	250m:	3:10.43 44.22	350m:	4:25.94 32.41	
	100m:	1:05.27 34.73	200m:	2:26.21 39.74	300m:	3:53.53 43.10	400m:	4:58.18 32.24	
3.	PRZYBYSZ, Mateusz		03	Buks Warszawa				5:03.66	517
	50m:	31.44 31.44	150m:	1:45.41 37.82	250m:	3:09.46 45.55	350m:	4:29.22 34.74	
	100m:	1:07.59 36.15	200m:	2:23.91 38.50	300m:	3:54.48 45.02	400m:	5:03.66 34.44	
4.	RODKIEWICZ, Radosław		03	Iuks Muszelka Warszawa				5:05.86	506
	50m:	32.93 32.93	150m:	1:50.73 39.08	250m:	3:14.33 45.63	350m:	4:33.14 33.44	
	100m:	1:11.65 38.72	200m:	2:28.70 37.97	300m:	3:59.70 45.37	400m:	5:05.86 32.72	
5.	K DZIERSKI, Tomasz		03	UKS190 Łódź				5:07.20	500
	50m:	33.29 33.29	150m:	1:52.07 40.59	250m:	3:15.03 44.19	350m:	4:34.34 35.43	
	100m:	1:11.48 38.19	200m:	2:30.84 38.77	300m:	3:58.91 43.88	400m:	5:07.20 32.86	
6.	ROGUSKI, Mateusz		03	Iuks Muszelka Warszawa				5:16.30	458
	50m:	33.25 33.25	150m:	1:52.97 41.92	250m:	3:19.70 46.28	350m:	4:42.04 35.25	
	100m:	1:11.05 37.80	200m:	2:33.42 40.45	300m:	4:06.79 47.09	400m:	5:16.30 34.26	
7.	MARKOWSKI, Kacper		03	G-8 Bielany Warszawa				5:16.36	457
	50m:	32.64 32.64	150m:	1:50.72 39.73	250m:	3:16.89 46.57	350m:	4:40.62 37.50	
	100m:	1:10.99 38.35	200m:	2:30.32 39.60	300m:	4:03.12 46.23	400m:	5:16.36 35.74	
8.	ZUBIK, Jan		03	MKS POLONIA Warszawa				5:24.06	426
	50m:	32.75 32.75	150m:	1:50.42 38.55	250m:	3:21.26 52.12	350m:	4:48.46 36.59	
	100m:	1:11.87 39.12	200m:	2:29.14 38.72	300m:	4:11.87 50.61	400m:	5:24.06 35.60	
9.	SKRZYPEK, Piotr		03	ródmiejski UKS Polna Warszawa				5:28.55	408
	50m:	34.26 34.26	150m:	2:00.77 44.09	250m:	3:28.40 44.64	350m:	4:52.32 38.49	
	100m:	1:16.68 42.42	200m:	2:43.76 42.99	300m:	4:13.83 45.43	400m:	5:28.55 36.23	
10.	MICHALAK, Jan		03	Uks Nawa Skierniewice				5:41.87	362
	50m:	34.16 34.16	150m:	1:59.84 45.03	250m:	3:32.05 49.16	350m:	5:01.95 41.81	
	100m:	1:14.81 40.65	200m:	2:42.89 43.05	300m:	4:20.14 48.09	400m:	5:41.87 39.92	
PK	JA KIEWICZ, Adrian		02	Iuks Muszelka Warszawa				4:50.81	589
	50m:	29.49 29.49	150m:	1:41.11 37.90	250m:	3:02.64 43.87	350m:	4:19.81 32.79	
	100m:	1:03.21 33.72	200m:	2:18.77 37.66	300m:	3:47.02 44.38	400m:	4:50.81 31.00	
PK	RUTA, Kamil		02	Iuks Muszelka Warszawa				5:04.57	513
	50m:	31.23 31.23	150m:	1:48.17 39.71	250m:	3:11.11 43.33	350m:	4:30.24 34.62	
	100m:	1:08.46 37.23	200m:	2:27.78 39.61	300m:	3:55.62 44.51	400m:	5:04.57 34.33	
PK	DOŁOWY, Grzegorz		02	Iuks Muszelka Warszawa				5:11.66	478
	50m:	31.61 31.61	150m:	1:49.42 41.01	250m:	3:15.85 46.75	350m:	4:38.20 34.93	
	100m:	1:08.41 36.80	200m:	2:29.10 39.68	300m:	4:03.27 47.42	400m:	5:11.66 33.46	
PK	WA KO, Adam		00	KS Fenix O arów Mazowiecki				5:13.77	469
	50m:	31.83 31.83	150m:	1:51.32 42.28	250m:	3:18.15 46.97	350m:	4:40.91 35.45	
	100m:	1:09.04 37.21	200m:	2:31.18 39.86	300m:	4:05.46 47.31	400m:	5:13.77 32.86	
PK	BURCZY SKI, Piotr		02	MKS POLONIA Warszawa				5:19.90	442
	50m:	32.05 32.05	150m:	1:49.94 41.21	250m:	3:18.24 47.14	350m:	4:41.95 35.35	
	100m:	1:08.73 36.68	200m:	2:31.10 41.16	300m:	4:06.60 48.36	400m:	5:19.90 37.95	