

XXIII Ogólnopolska Olimpiada Młodzieży - MAZOWSZE 2017  
Warszawa, 19. - 21.7.2017

Konkurencja 11  
19.07.2017 - 10:32

Kobiet, 400m zmienny

17 - 18 lat  
Wyniki Eliminacje

Rekord Polski Open	4:36.95	BARANOWSKA, Katarzyna	00116	Beijing (CHN)	09.08.2008
Rekord Polski 17	4:45.13	SZCZEPANIAK, Karolina	00114	Rome (ITA)	02.08.2009
Rekord Polski 18	4:43.39	BARANOWSKA, Katarzyna	00116	Debica	20.05.2005

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.		
1.	JANISZEWSKA, Dominika		99	Azs Awf Warszawa				<b>5:16.24</b>	597 A		
	50m:	32.48 32.48	150m:	1:52.86	43.10	250m:	3:17.77	43.36	350m:	4:40.48	37.35
	100m:	1:09.76 37.28	200m:	2:34.41	41.55	300m:	4:03.13	45.36	400m:	5:16.24	35.76
2.	ADAMCZYK, Julia SL		99	KU AZS UMCS Lublin				<b>5:16.89</b>	593 A		
	50m:	33.96 33.96	150m:	1:54.94	41.57	250m:	3:21.16	45.86	350m:	4:41.25	36.96
	100m:	1:13.37 39.41	200m:	2:35.30	40.36	300m:	4:04.29	43.13	400m:	5:16.89	35.64
3.	DZWONNIK, Zuzanna		00	Azs Uł Pł				<b>5:17.97</b>	587 A		
	50m:	33.79 33.79	150m:	1:53.79	41.13	250m:	3:19.18	43.83	350m:	4:40.66	37.29
	100m:	1:12.66 38.87	200m:	2:35.35	41.56	300m:	4:03.37	44.19	400m:	5:17.97	37.31
4.	OSINIAK, Ewa SL		00	KU AZS UMCS Lublin				<b>5:18.13</b>	586 A		
	50m:	33.25 33.25	150m:	1:52.67	40.53	250m:	3:18.23	45.70	350m:	4:41.82	37.49
	100m:	1:12.14 38.89	200m:	2:32.53	39.86	300m:	4:04.33	46.10	400m:	5:18.13	36.31
5.	SAMUŁA, Wiktoria SL		99	KU AZS UMCS Lublin				<b>5:18.29</b>	586 A		
	50m:	32.92 32.92	150m:	1:55.77	44.21	250m:	3:21.59	43.13	350m:	4:42.92	36.77
	100m:	1:11.56 38.64	200m:	2:38.46	42.69	300m:	4:06.15	44.56	400m:	5:18.29	35.37
6.	ZAWISZA, Alina SO		00	UKP Unia O wi cim				<b>5:18.68</b>	583 A		
	50m:	34.06 34.06	150m:	1:53.15	40.21	250m:	3:18.85	46.10	350m:	4:41.79	37.56
	100m:	1:12.94 38.88	200m:	2:32.75	39.60	300m:	4:04.23	45.38	400m:	5:18.68	36.89
7.	KUJAWSKA, Katarzyna		00	MTKP Delfin Toru				<b>5:21.91</b>	566 A		
	50m:	34.16 34.16	150m:	1:55.95	42.56	250m:	3:23.05	45.77	350m:	4:45.95	37.48
	100m:	1:13.39 39.23	200m:	2:37.28	41.33	300m:	4:08.47	45.42	400m:	5:21.91	35.96
8.	BORCZYK, Martyna		00	Ks Rekin wiebodzice				<b>5:25.73</b>	546 A		
	50m:	33.82 33.82	150m:	1:53.75	40.51	250m:	3:21.12	47.25	350m:	4:47.92	39.41
	100m:	1:13.24 39.42	200m:	2:33.87	40.12	300m:	4:08.51	47.39	400m:	5:25.73	37.81
9.	NOWAK, Marta		99	MMKS K dzierzyn-Ko le				<b>5:28.78</b>	531 A		
	50m:	34.20 34.20	150m:	1:56.39	43.09	250m:	3:25.16	46.04	350m:	4:50.43	39.26
	100m:	1:13.30 39.10	200m:	2:39.12	42.73	300m:	4:11.17	46.01	400m:	5:28.78	38.35
10.	PROCHOWNIK, Olimpia SL		99	KU AZS UMCS Lublin				<b>5:31.68</b>	517 A		
	50m:	34.56 34.56	150m:	1:59.83	45.37	250m:	3:28.02	45.17	350m:	4:53.42	40.47
	100m:	1:14.46 39.90	200m:	2:42.85	43.02	300m:	4:12.95	44.93	400m:	5:31.68	38.26
11.	NIZIOŁEK, Kinga SMS		00	MKS Ikar Mielec				<b>5:46.14</b>	455 B		
	50m:	35.82 35.82	150m:	2:03.83	45.82	250m:	3:38.29	51.46	350m:	5:08.42	39.39
	100m:	1:18.01 42.19	200m:	2:46.83	43.00	300m:	4:29.03	50.74	400m:	5:46.14	37.72