

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 1. - 2.12.2017

Konkurencja 20
01.12.2017 - 20:26

Chłopców, 400m dowolny

10 - 14 lat
Wyniki

Punkty: FINA 2017

Pozycja	Rok ur.	Czas	Pkt.
10 lat			
1. OŁOWNIA, Ignacy	07	5:21.99	319
50m: 35.84 35.84	150m: 1:58.07 41.23	250m: 3:19.90 40.71	350m: 4:42.44 41.23
100m: 1:16.84 41.00	200m: 2:39.19 41.12	300m: 4:01.21 41.31	400m: 5:21.99 39.55
2. KOZŁOWSKI, Iwo	07	5:37.70	276
50m: 38.01 38.01	150m: 2:04.37 43.39	250m: 3:31.15 43.34	350m: 4:57.51 42.99
100m: 1:20.98 42.97	200m: 2:47.81 43.44	300m: 4:14.52 43.37	400m: 5:37.70 40.19
3. KACZOR, Oskar	07	5:46.66	255
50m: 39.37 39.37	150m: 2:08.03 44.65	250m: 3:38.00 44.85	350m: 5:06.78 44.20
100m: 1:23.38 44.01	200m: 2:53.15 45.12	300m: 4:22.58 44.58	400m: 5:46.66 39.88
4. GARWULEWSKI, Bartłomiej	07	5:48.73	251
50m: 39.67 39.67	150m: 2:11.19 45.59	250m: 3:39.66 44.32	350m: 5:08.49 44.19
100m: 1:25.60 45.93	200m: 2:55.34 44.15	300m: 4:24.30 44.64	400m: 5:48.73 40.24
5. WI NIEWSKI, Jakub	07	5:50.82	246
50m: 38.94 38.94	150m: 2:09.86 45.26	250m: 3:41.60 45.39	350m: 5:10.72 43.90
100m: 1:24.60 45.66	200m: 2:56.21 46.35	300m: 4:26.82 45.22	400m: 5:50.82 40.10
6. FR CZYK, Jakub	07	6:03.19	222
50m: 40.30 40.30	150m: 2:13.55 47.23	250m: 3:48.38 47.80	350m: 5:21.26 46.46
100m: 1:26.32 46.02	200m: 3:00.58 47.03	300m: 4:34.80 46.42	400m: 6:03.19 41.93
7. KULESZA, Jakub	07	6:05.56	218
50m: 39.35 39.35	150m: 2:14.37 47.61	250m: 3:49.65 46.51	350m: 5:23.30 45.74
100m: 1:26.76 47.41	200m: 3:03.14 48.77	300m: 4:37.56 47.91	400m: 6:05.56 42.26
8. KOSZELA, Krzysztof	07	6:14.47	202
50m: 39.84 39.84	150m: 2:15.85 49.13	250m: 3:53.38 49.22	350m: 5:29.59 48.77
100m: 1:26.72 46.88	200m: 3:04.16 48.31	300m: 4:40.82 47.44	400m: 6:14.47 44.88
DYSKW. BIE U SKI, Jakub	07		
<i>O 4 - Start wykonany przed sygnałem (przedwczesny start)</i>			
11 lat			
1. HANDZLIK, Mateusz	06	5:13.30	346
50m: 36.33 36.33	150m: 1:56.51 40.10	250m: 3:15.73 39.01	350m: 4:35.20 39.85
100m: 1:16.41 40.08	200m: 2:36.72 40.21	300m: 3:55.35 39.62	400m: 5:13.30 38.10
2. BRZÓSKA, Jan	06	5:18.94	328
50m: 35.33 35.33	150m: 1:57.42 40.99	250m: 3:19.26 40.66	350m: 4:40.93 40.14
100m: 1:16.43 41.10	200m: 2:38.60 41.18	300m: 4:00.79 41.53	400m: 5:18.94 38.01
3. WRO SKI, Szymon	06	5:34.81	283
50m: 37.20 37.20	150m: 2:02.15 43.51	250m: 3:29.96 43.95	350m: 4:56.09 42.83
100m: 1:18.64 41.44	200m: 2:46.01 43.86	300m: 4:13.26 43.30	400m: 5:34.81 38.72
4. SZPORAK, Kamil	06	5:36.53	279
50m: 36.92 36.92	150m: 2:01.72 43.71	250m: 3:30.10 44.55	350m: 4:56.39 43.20
100m: 1:18.01 41.09	200m: 2:45.55 43.83	300m: 4:13.19 43.09	400m: 5:36.53 40.14
5. GAWENDA, Bartłomiej	06	5:39.27	272
50m: 37.14 37.14	150m: 2:02.59 42.87	250m: 3:31.55 44.86	350m: 4:59.17 43.23
100m: 1:19.72 42.58	200m: 2:46.69 44.10	300m: 4:15.94 44.39	400m: 5:39.27 40.10
6. GAWLIK, Kacper	06	5:41.07	268
50m: 37.56 37.56	150m: 2:07.07 45.02	250m: 3:37.07 45.14	350m: 5:02.95 41.38
100m: 1:22.05 44.49	200m: 2:51.93 44.86	300m: 4:21.57 44.50	400m: 5:41.07 38.12
7. GO , Mikołaj	06	5:43.93	261
50m: 36.32 36.32	150m: 2:02.23 43.75	250m: 3:32.50 44.68	350m: 5:01.97 44.77
100m: 1:18.48 42.16	200m: 2:47.82 45.59	300m: 4:17.20 44.70	400m: 5:43.93 41.96

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 1. - 2.12.2017

Konkurencja 20, Chłopców, 400m dowolny, 11 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	NOSAL, Łukasz		06	MKP Warszawianka				5:44.35	261
	50m:	38.09 38.09	150m:	2:06.25 44.78	250m:	3:35.73 44.45	350m:	5:02.90 43.09	
	100m:	1:21.47 43.38	200m:	2:51.28 45.03	300m:	4:19.81 44.08	400m:	5:44.35 41.45	
9.	CIBOROWSKI, Dominik		06	MKP Warszawianka				5:50.72	247
	50m:	39.39 39.39	150m:	2:09.78 45.55	250m:	3:40.19 44.49	350m:	5:08.70 43.89	
	100m:	1:24.23 44.84	200m:	2:55.70 45.92	300m:	4:24.81 44.62	400m:	5:50.72 42.02	
10.	KUBIAK, Olivier		06	UKS G-8 Bielany Warszawa				5:55.64	236
	50m:	40.44 40.44	150m:	2:11.68 46.22	250m:	3:43.20 45.56	350m:	5:13.54 44.79	
	100m:	1:25.46 45.02	200m:	2:57.64 45.96	300m:	4:28.75 45.55	400m:	5:55.64 42.10	
11.	KŁOS, Karol		06	Uks Wilanowia				5:57.29	233
	50m:	39.65 39.65	150m:	2:11.73 45.94	250m:	3:43.78 45.65	350m:	5:14.91 46.60	
	100m:	1:25.79 46.14	200m:	2:58.13 46.40	300m:	4:28.31 44.53	400m:	5:57.29 42.38	
12.	JEDLI SKI, Mateusz		06	Uks Pingwiny				5:57.47	233
	50m:	38.03 38.03	150m:	2:09.32 46.71	250m:	3:42.41 46.23	350m:	5:13.47 45.55	
	100m:	1:22.61 44.58	200m:	2:56.18 46.86	300m:	4:27.92 45.51	400m:	5:57.47 44.00	
13.	GŁASEK, Antoni		06	MKP Warszawianka				6:06.23	216
	50m:	40.69 40.69	150m:	2:14.06 46.95	250m:	3:48.02 47.47	350m:	5:23.09 47.60	
	100m:	1:27.11 46.42	200m:	3:00.55 46.49	300m:	4:35.49 47.47	400m:	6:06.23 43.14	
14.	MADEY, Konrad		06	UKS GOS Raszyn				6:06.88	215
	50m:	38.15 38.15	150m:	2:10.41 46.94	250m:	3:46.00 47.95	350m:	5:21.31 47.70	
	100m:	1:23.47 45.32	200m:	2:58.05 47.64	300m:	4:33.61 47.61	400m:	6:06.88 45.57	
15.	WRONA, Maciej		06	MKP Warszawianka				6:13.20	205
	50m:	41.19 41.19	150m:	2:16.80 48.23	250m:	3:53.80 48.47	350m:	5:29.33 47.42	
	100m:	1:28.57 47.38	200m:	3:05.33 48.53	300m:	4:41.91 48.11	400m:	6:13.20 43.87	
16.	PATEJKO, Kamil		06	Uks Victoria Józefów				6:17.99	197
	50m:	40.60 40.60	150m:	2:16.77 48.99	250m:	3:53.25 47.39	350m:	5:30.93 48.86	
	100m:	1:27.78 47.18	200m:	3:05.86 49.09	300m:	4:42.07 48.82	400m:	6:17.99 47.06	

12 lat

1.	PAWŁOWSKI, Michał		05	UKS V Łomianki				4:42.37	473
	50m:	32.24 32.24	150m:	1:44.08 35.70	250m:	2:56.58 36.49	350m:	4:08.49 35.80	
	100m:	1:08.38 36.14	200m:	2:20.09 36.01	300m:	3:32.69 36.11	400m:	4:42.37 33.88	
2.	MOCHNAL, Kacper		05	UKS 149 Łódź				4:46.59	452
	50m:	32.98 32.98	150m:	1:45.23 36.17	250m:	2:58.71 36.80	350m:	4:12.05 36.46	
	100m:	1:09.06 36.08	200m:	2:21.91 36.68	300m:	3:35.59 36.88	400m:	4:46.59 34.54	
3.	KUCHARCZYK, Paweł		05	Ukp Polonia Warszawa				4:49.24	440
	50m:	33.26 33.26	150m:	1:46.26 37.40	250m:	3:01.05 37.82	350m:	4:14.69 36.65	
	100m:	1:08.86 35.60	200m:	2:23.23 36.97	300m:	3:38.04 36.99	400m:	4:49.24 34.55	
4.	TKACZ, Wiktor		05	MKS Piaseczno				4:56.85	407
	50m:	32.34 32.34	150m:	1:47.07 37.92	250m:	3:03.61 38.57	350m:	4:19.56 36.97	
	100m:	1:09.15 36.81	200m:	2:25.04 37.97	300m:	3:42.59 38.98	400m:	4:56.85 37.29	
5.	ZAWADZKI, Marek		05	UKS G-8 Bielany Warszawa				4:59.67	396
	50m:	33.45 33.45	150m:	1:50.41 38.45	250m:	3:07.04 38.17	350m:	4:23.32 38.07	
	100m:	1:11.96 38.51	200m:	2:28.87 38.46	300m:	3:45.25 38.21	400m:	4:59.67 36.35	
6.	SZUTER, Maciej		05	Uks Gim 92 Ursynów Warszawa				5:02.01	386
	50m:	33.30 33.30	150m:	1:49.32 38.47	250m:	3:06.87 38.50	350m:	4:24.52 38.30	
	100m:	1:10.85 37.55	200m:	2:28.37 39.05	300m:	3:46.22 39.35	400m:	5:02.01 37.49	
7.	WENERSKI, Eryk		05	Uks Gim 92 Ursynów Warszawa				5:09.69	358
	50m:	34.13 34.13	150m:	1:52.15 39.31	250m:	3:11.91 40.14	350m:	4:32.00 39.96	
	100m:	1:12.84 38.71	200m:	2:31.77 39.62	300m:	3:52.04 40.13	400m:	5:09.69 37.69	
8.	TRYDULSKI, Oskar		05	Uks Gim 92 Ursynów Warszawa				5:09.70	358
	50m:	34.11 34.11	150m:	1:52.35 39.47	250m:	3:11.71 39.83	350m:	4:31.92 39.63	
	100m:	1:12.88 38.77	200m:	2:31.88 39.53	300m:	3:52.29 40.58	400m:	5:09.70 37.78	

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 1. - 2.12.2017

Konkurencja 20, Chłopców, 400m dowolny, 12 lat

Pozycja			Rok ur.						Czas	Pkt.
9.	BODNAR, Mikołaj		05				Uks Gim 92 Ursynów Warszawa		5:11.50	352
	50m:	33.56 33.56	150m:	1:51.63 39.84	250m:	3:11.67 39.89	350m:	4:32.57 40.13		
	100m:	1:11.79 38.23	200m:	2:31.78 40.15	300m:	3:52.44 40.77	400m:	5:11.50 38.93		
10.	BETA, Szymon		05				UKS G-8 Bielany Warszawa		5:14.06	344
	50m:	34.86 34.86	150m:	1:54.87 40.12	250m:	3:15.85 40.04	350m:	4:36.96 39.75		
	100m:	1:14.75 39.89	200m:	2:35.81 40.94	300m:	3:57.21 41.36	400m:	5:14.06 37.10		
11.	BIKOWSKI, Mateusz		05				Uks Wilanowia		5:15.36	339
	50m:	35.71 35.71	150m:	1:56.76 40.43	250m:	3:17.48 40.24	350m:	4:37.61 39.42		
	100m:	1:16.33 40.62	200m:	2:37.24 40.48	300m:	3:58.19 40.71	400m:	5:15.36 37.75		
12.	ZÓŁTOWSKI, Rafał		05				UKS G-8 Bielany Warszawa		5:35.73	281
	50m:	38.16 38.16	150m:	2:04.68 43.55	250m:	3:31.15 42.90	350m:	4:57.52 42.59		
	100m:	1:21.13 42.97	200m:	2:48.25 43.57	300m:	4:14.93 43.78	400m:	5:35.73 38.21		
13.	GOŁY SKI, Michał		05				Uks Gim 92 Ursynów Warszawa		5:38.98	273
	50m:	36.34 36.34	150m:	2:03.75 44.20	250m:	3:33.01 45.16	350m:	4:59.84 42.70		
	100m:	1:19.55 43.21	200m:	2:47.85 44.10	300m:	4:17.14 44.13	400m:	5:38.98 39.14		
14.	MATOFIJ, Mikołaj		05				Uczniowski Klub Sportowy "Siód		5:42.19	265
	50m:	38.61 38.61	150m:	2:07.44 44.44	250m:	3:36.84 44.80	350m:	5:03.86 43.41		
	100m:	1:23.00 44.39	200m:	2:52.04 44.60	300m:	4:20.45 43.61	400m:	5:42.19 38.33		
15.	BALTRAMIEJUNAS, Jogaila		05				Klaipedos Gintaro SC		5:45.79	257
	50m:	35.85 35.85	150m:	2:02.05 44.30	250m:	3:31.69 44.07	350m:	5:02.98 44.39		
	100m:	1:17.75 41.90	200m:	2:47.62 45.57	300m:	4:18.59 46.90	400m:	5:45.79 42.81		
16.	WI NIEWSKI, Maksym		05				UKS G-8 Bielany Warszawa		5:53.00	242
	50m:	40.32 40.32	150m:	2:11.35 46.51	250m:	3:42.43 45.14	350m:	5:11.80 44.23		
	100m:	1:24.84 44.52	200m:	2:57.29 45.94	300m:	4:27.57 45.14	400m:	5:53.00 41.20		
17.	MIKUŁA, Jakub		05				Legia Warszawa		6:01.28	226
	50m:	39.41 39.41	150m:	2:11.32 46.83	250m:	3:44.48 46.93	350m:	5:20.13 47.39		
	100m:	1:24.49 45.08	200m:	2:57.55 46.23	300m:	4:32.74 48.26	400m:	6:01.28 41.15		

13 lat

1.	CHMIELEWSKI, Krzysztof		04				Iuks Muszelka Warszawa		4:19.93	606
	50m:	29.68 29.68	150m:	1:34.80 32.90	250m:	2:41.37 33.15	350m:	3:47.82 33.04		
	100m:	1:01.90 32.22	200m:	2:08.22 33.42	300m:	3:14.78 33.41	400m:	4:19.93 32.11		
2.	CHMIELEWSKI, Michał		04				Iuks Muszelka Warszawa		4:22.19	591
	50m:	29.82 29.82	150m:	1:35.66 33.36	250m:	2:42.49 33.48	350m:	3:49.18 33.36		
	100m:	1:02.30 32.48	200m:	2:09.01 33.35	300m:	3:15.82 33.33	400m:	4:22.19 33.01		
3.	GOŁACKI, Sergiusz		04				Uks 190 Łód		4:27.36	557
	50m:	29.97 29.97	150m:	1:37.82 34.18	250m:	2:46.28 34.56	350m:	3:53.97 33.68		
	100m:	1:03.64 33.67	200m:	2:11.72 33.90	300m:	3:20.29 34.01	400m:	4:27.36 33.39		
4.	KORONKIEWICZ, Antoni		04				KS Fenix O arów Mazowiecki		4:32.91	524
	50m:	30.06 30.06	150m:	1:38.15 34.71	250m:	2:47.67 34.53	350m:	3:58.46 35.36		
	100m:	1:03.44 33.38	200m:	2:13.14 34.99	300m:	3:23.10 35.43	400m:	4:32.91 34.45		
5.	LE NIAK, Maksymilian		04				Uks 190 Łód		4:33.60	520
	50m:	30.58 30.58	150m:	1:39.89 35.07	250m:	2:50.58 35.69	350m:	4:01.19 34.97		
	100m:	1:04.82 34.24	200m:	2:14.89 35.00	300m:	3:26.22 35.64	400m:	4:33.60 32.41		
6.	YRO, Ignacy		04				UKS 307 Warszawa-Mokotów		4:36.34	505
	50m:	30.88 30.88	150m:	1:40.29 35.04	250m:	2:51.89 35.98	350m:	4:02.77 35.28		
	100m:	1:05.25 34.37	200m:	2:15.91 35.62	300m:	3:27.49 35.60	400m:	4:36.34 33.57		
7.	BEDNAREK, Przemysław		04				Iuks Muszelka Warszawa		4:41.12	479
	50m:	32.31 32.31	150m:	1:43.01 35.75	250m:	2:54.54 35.74	350m:	4:06.29 35.96		
	100m:	1:07.26 34.95	200m:	2:18.80 35.79	300m:	3:30.33 35.79	400m:	4:41.12 34.83		
8.	RAFAŁ, Kacper		04				UKS V Łomianki		4:43.36	468
	50m:	32.37 32.37	150m:	1:44.27 36.08	250m:	2:56.22 36.09	350m:	4:08.78 35.98		
	100m:	1:08.19 35.82	200m:	2:20.13 35.86	300m:	3:32.80 36.58	400m:	4:43.36 34.58		

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 1. - 2.12.2017

Konkurencja 20, Chłopców, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
9.	OSZCZAK, Norbert		04	KS Fenix O arów Mazowiecki				4:46.57	452		
	50m:	31.87 31.87	150m:	1:45.56	37.15	250m:	2:59.64	37.07	350m:	4:12.31	36.11
	100m:	1:08.41 36.54	200m:	2:22.57	37.01	300m:	3:36.20	36.56	400m:	4:46.57	34.26
10.	ROZMYŚLÓWSKI, Filip		04	UKS GOS Raszyn				4:47.08	450		
	50m:	32.38 32.38	150m:	1:44.86	36.49	250m:	2:58.26	36.79	350m:	4:12.03	36.97
	100m:	1:08.37 35.99	200m:	2:21.47	36.61	300m:	3:35.06	36.80	400m:	4:47.08	35.05
11.	ROGACKI, Michał		04	UKS 149 Łódź				4:47.72	447		
	50m:	32.76 32.76	150m:	1:47.27	37.35	250m:	3:01.28	37.00	350m:	4:13.86	35.61
	100m:	1:09.92 37.16	200m:	2:24.28	37.01	300m:	3:38.25	36.97	400m:	4:47.72	33.86
12.	KWIATKOWSKI, Tymoteusz		04	Uczniowski Klub Sportowy "Siód"				4:55.97	411		
	50m:	32.02 32.02	150m:	1:46.40	37.46	250m:	3:02.92	38.83	350m:	4:20.02	38.52
	100m:	1:08.94 36.92	200m:	2:24.09	37.69	300m:	3:41.50	38.58	400m:	4:55.97	35.95
13.	LITEWSKI, Mikołaj		04	UKS 307 Warszawa-Mokotów				5:00.13	394		
	50m:	32.97 32.97	150m:	1:48.43	38.43	250m:	3:06.77	39.12	350m:	4:23.50	37.80
	100m:	1:10.00 37.03	200m:	2:27.65	39.22	300m:	3:45.70	38.93	400m:	5:00.13	36.63
14.	LASKI, Filip		04	KS Fenix O arów Mazowiecki				5:02.17	386		
	50m:	34.11 34.11	150m:	1:50.01	38.16	250m:	3:06.96	38.60	350m:	4:24.31	37.91
	100m:	1:11.85 37.74	200m:	2:28.36	38.35	300m:	3:46.40	39.44	400m:	5:02.17	37.86
15.	PISKOR, Mateusz		04	KS Fenix O arów Mazowiecki				5:11.83	351		
	50m:	33.89 33.89	150m:	1:52.67	40.15	250m:	3:14.41	40.88	350m:	4:33.71	39.81
	100m:	1:12.52 38.63	200m:	2:33.53	40.86	300m:	3:53.90	39.49	400m:	5:11.83	38.12
16.	DULNIAK, Ryszard		04	UKS G-8 Bielany Warszawa				5:38.37	275		
	50m:	36.07 36.07	150m:	2:03.38	43.89	250m:	3:30.62	43.50	350m:	4:57.96	43.30
	100m:	1:19.49 43.42	200m:	2:47.12	43.74	300m:	4:14.66	44.04	400m:	5:38.37	40.41
17.	PIEKU, Michał		04	ródmiejski UKS Polna Warszawa				5:50.77	246		
	50m:	35.41 35.41	150m:	2:03.91	45.89	250m:	3:37.67	47.13	350m:	5:09.12	45.92
	100m:	1:18.02 42.61	200m:	2:50.54	46.63	300m:	4:23.20	45.53	400m:	5:50.77	41.65
18.	ZACHARJASIEWICZ, Antoni		04	Uks Gim 92 Ursynów Warszawa				5:58.18	231		
	50m:	37.28 37.28	150m:	2:09.35	46.73	250m:	3:42.49	47.44	350m:	5:15.39	45.95
	100m:	1:22.62 45.34	200m:	2:55.05	45.70	300m:	4:29.44	46.95	400m:	5:58.18	42.79

14 lat

1.	RODKIEWICZ, Radosław		03	Iuks Muszelka Warszawa				4:23.61	581		
	50m:	30.96 30.96	150m:	1:37.50	33.70	250m:	2:44.40	33.60	350m:	3:51.52	33.64
	100m:	1:03.80 32.84	200m:	2:10.80	33.30	300m:	3:17.88	33.48	400m:	4:23.61	32.09
2.	ROGUSKI, Mateusz		03	Iuks Muszelka Warszawa				4:28.98	547		
	50m:	30.22 30.22	150m:	1:37.76	34.31	250m:	2:46.67	34.51	350m:	3:55.32	34.22
	100m:	1:03.45 33.23	200m:	2:12.16	34.40	300m:	3:21.10	34.43	400m:	4:28.98	33.66
3.	PASZKOWSKI, Konstanty		03	Uks Gim 92 Ursynów Warszawa				4:35.75	508		
	50m:	31.08 31.08	150m:	1:40.80	35.22	250m:	2:50.72	34.58	350m:	4:01.19	35.20
	100m:	1:05.58 34.50	200m:	2:16.14	35.34	300m:	3:25.99	35.27	400m:	4:35.75	34.56
4.	SKRZYPEK, Piotr		03	ródmiejski UKS Polna Warszawa				4:45.28	459		
	50m:	31.08 31.08	150m:	1:42.62	36.21	250m:	2:55.97	37.03	350m:	4:09.41	36.58
	100m:	1:06.41 35.33	200m:	2:18.94	36.32	300m:	3:32.83	36.86	400m:	4:45.28	35.87
5.	NIEDU AK, Maurycy		03	UKS Pirania Targówek				4:51.77	429		
	50m:	32.10 32.10	150m:	1:45.75	37.68	250m:	3:00.30	37.39	350m:	4:15.99	38.05
	100m:	1:08.07 35.97	200m:	2:22.91	37.16	300m:	3:37.94	37.64	400m:	4:51.77	35.78
6.	WALAT, Sebastian		03	UKS Pirania Targówek				4:53.80	420		
	50m:	31.87 31.87	150m:	1:46.37	37.97	250m:	3:02.69	38.95	350m:	4:18.39	37.42
	100m:	1:08.40 36.53	200m:	2:23.74	37.37	300m:	3:40.97	38.28	400m:	4:53.80	35.41
7.	BRZEZI SKI, Rafał		03	ródmiejski UKS Polna Warszawa				5:29.44	298		
	50m:	34.09 34.09	150m:	1:55.85	42.09	250m:	3:23.56	43.94	350m:	4:49.90	43.33
	100m:	1:13.76 39.67	200m:	2:39.62	43.77	300m:	4:06.57	43.01	400m:	5:29.44	39.54

Otwarte Zimowe Mistrzostwa Warszawy w pływaniu
Warszawa, 1. - 2.12.2017

Konkurencja 20, Chłopców, 400m dowolny, 14 lat

Pozycja			Rok ur.					Czas	Pkt.
8.	SITNIK, Jakub		03	UKS Delfin Garwolin				5:37.09	278
	50m:	35.53 35.53	150m:	2:00.37 42.79	250m:	3:27.17 43.61	350m:	4:56.28 44.10	
	100m:	1:17.58 42.05	200m:	2:43.56 43.19	300m:	4:12.18 45.01	400m:	5:37.09 40.81	
PK	JA KIEWICZ, Adrian		02	Iuks Muszelka Warszawa				4:12.84	659
	50m:	28.81 28.81	150m:	1:32.15 31.92	250m:	2:36.87 32.42	350m:	3:41.73 32.13	
	100m:	1:00.23 31.42	200m:	2:04.45 32.30	300m:	3:09.60 32.73	400m:	4:12.84 31.11	
PK	DOŁOWY, Grzegorz		02	Iuks Muszelka Warszawa				4:18.84	614
	50m:	29.54 29.54	150m:	1:33.88 32.43	250m:	2:40.48 33.39	350m:	3:47.13 33.33	
	100m:	1:01.45 31.91	200m:	2:07.09 33.21	300m:	3:13.80 33.32	400m:	4:18.84 31.71	
PK	RUTA, Kamil		02	Iuks Muszelka Warszawa				4:24.20	577
	50m:	30.03 30.03	150m:	1:36.43 33.94	250m:	2:43.81 33.55	350m:	3:51.28 33.82	
	100m:	1:02.49 32.46	200m:	2:10.26 33.83	300m:	3:17.46 33.65	400m:	4:24.20 32.92	
PK	PAWŁOWSKI, Bogusław		02	UKS G-8 Bielany Warszawa				4:24.53	575
	50m:	29.72 29.72	150m:	1:35.00 32.85	250m:	2:41.76 32.79	350m:	3:50.75 34.66	
	100m:	1:02.15 32.43	200m:	2:08.97 33.97	300m:	3:16.09 34.33	400m:	4:24.53 33.78	
PK	ROZMYŚŁOWSKI, Eryk		02	UKS GOS Raszyn				4:27.27	558
	50m:	29.93 29.93	150m:	1:37.63 34.24	250m:	2:46.80 34.73	350m:	3:54.94 34.10	
	100m:	1:03.39 33.46	200m:	2:12.07 34.44	300m:	3:20.84 34.04	400m:	4:27.27 32.33	
PK	R PAŁA, Tomasz		02	UKS GOS Raszyn				4:32.00	529
	50m:	31.39 31.39	150m:	1:39.55 34.53	250m:	2:49.39 34.96	350m:	3:59.09 34.76	
	100m:	1:05.02 33.63	200m:	2:14.43 34.88	300m:	3:24.33 34.94	400m:	4:32.00 32.91	
PK	PYCZOT, Paweł		02	UKS Pirania Targówek				4:32.27	528
	50m:	30.21 30.21	150m:	1:39.98 35.81	250m:	2:50.54 34.99	350m:	4:00.43 34.49	
	100m:	1:04.17 33.96	200m:	2:15.55 35.57	300m:	3:25.94 35.40	400m:	4:32.27 31.84	
PK	KOWALCZYK, Michał		02	Ukp Polonia Warszawa				4:33.81	519
	50m:	31.13 31.13	150m:	1:40.30 34.86	250m:	2:51.50 36.00	350m:	4:01.72 35.04	
	100m:	1:05.44 34.31	200m:	2:15.50 35.20	300m:	3:26.68 35.18	400m:	4:33.81 32.09	
PK	BORZYMEK, Hubert		02	UKS 307 Warszawa-Mokotów				4:33.85	518
	50m:	31.13 31.13	150m:	1:40.83 35.04	250m:	2:51.70 35.68	350m:	4:02.51 35.22	
	100m:	1:05.79 34.66	200m:	2:16.02 35.19	300m:	3:27.29 35.59	400m:	4:33.85 31.34	
PK	TETERIUKOVAS, Rejus		02	Kauno Pm				4:39.07	490
	50m:	31.70 31.70	150m:	1:42.84 35.56	250m:	2:54.60 36.15	350m:	4:05.07 35.06	
	100m:	1:07.28 35.58	200m:	2:18.45 35.61	300m:	3:30.01 35.41	400m:	4:39.07 34.00	
PK	SULIGA, Jeremi		00	Ukp Polonia Warszawa				4:43.54	467
	50m:	30.79 30.79	150m:	1:40.90 35.72	250m:	2:52.99 36.16	350m:	4:07.64 37.28	
	100m:	1:05.18 34.39	200m:	2:16.83 35.93	300m:	3:30.36 37.37	400m:	4:43.54 35.90	
PK	MOLENDĄ, Dominik		02	UKS Pirania Targówek				4:50.66	434
	50m:	32.16 32.16	150m:	1:45.12 37.26	250m:	2:59.51 37.12	350m:	4:14.38 37.37	
	100m:	1:07.86 35.70	200m:	2:22.39 37.27	300m:	3:37.01 37.50	400m:	4:50.66 36.28	