

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22	Women, 400m Freestyle				OPEN
20.12.2017 - 11:16					Results Prelim
Rekord Polski Open	4:05.77	BARZYCKA Paulina	00114	Gorzow	26.11.2005
Rekord Polski 14	4:13.34	KNOP Aleksandra	01605	Poznan	25.11.2017
Rekord Polski 15	4:11.12	KILIJA SKA Donata	00612	Lodz	21.11.2010
Rekord Polski 16	4:08.04	KILIJA SKA Donata	00612	Poznan	17.12.2011
Rekord Polski 17	4:08.04	KILIJA SKA Donata	00612	Pozna	17.12.2011
Rekord Polski 18	4:08.04	KILIJA SKA Donata	00612	Pozna	17.12.2011
Rekord Polski 19 - 23	4:05.77	BARZYCKA Paulina	00114	Gorzow	26.11.2005

Points: FINA 2017

Rank			Age					Time	Pts	
1.	POLANSKA Aleksandra		17	UKS GOS Raszyn				4:16.27	766	A
	50m:	30.10 30.10	150m:	1:34.71	32.28	250m:	2:39.67	32.46	350m:	3:44.47 32.36
	100m:	1:02.43 32.33	200m:	2:07.21	32.50	300m:	3:12.11	32.44	400m:	4:16.27 31.80
2.	KARPISZ Milena		20	KU AZS PL				4:17.11	758	A
	50m:	29.95 29.95	150m:	1:34.54	32.42	250m:	2:39.72	32.67	350m:	3:45.16 32.65
	100m:	1:02.12 32.17	200m:	2:07.05	32.51	300m:	3:12.51	32.79	400m:	4:17.11 31.95
3.	ZUKOWSKA Paula		24	AZS AWF Katowice				4:17.20	758	A
	50m:	30.18 30.18	150m:	1:35.64	32.91	250m:	2:40.25	32.23	350m:	3:45.42 32.77
	100m:	1:02.73 32.55	200m:	2:08.02	32.38	300m:	3:12.65	32.40	400m:	4:17.20 31.78
4.	KNOP Aleksandra		14	UKS 190 Lodz				4:17.42	756	A
	50m:	29.98 29.98	150m:	1:35.19	32.62	250m:	2:40.40	32.37	350m:	3:45.54 32.57
	100m:	1:02.57 32.59	200m:	2:08.03	32.84	300m:	3:12.97	32.57	400m:	4:17.42 31.88
5.	PIECHOTA Paulina		18	UKS 190 Lodz				4:17.88	752	A
	50m:	29.93 29.93	150m:	1:34.68	32.50	250m:	2:39.73	32.49	350m:	3:45.54 32.86
	100m:	1:02.18 32.25	200m:	2:07.24	32.56	300m:	3:12.68	32.95	400m:	4:17.88 32.34
6.	MARGULA WERONIKA SSz		17	MKP Szczecin				4:17.95	751	A
	50m:	29.99 29.99	150m:	1:34.92	32.16	250m:	2:40.39	32.63	350m:	3:46.02 32.60
	100m:	1:02.76 32.77	200m:	2:07.76	32.84	300m:	3:13.42	33.03	400m:	4:17.95 31.93
7.	ZABOROWICZ Julia		16	K.S. Gornik Sosnowiec				4:18.03	750	A
	50m:	29.90 29.90	150m:	1:34.35	32.39	250m:	2:40.47	33.13	350m:	3:46.54 33.17
	100m:	1:01.96 32.06	200m:	2:07.34	32.99	300m:	3:13.37	32.90	400m:	4:18.03 31.49
8.	ANDRZEJEWSKA Kamila SL		18	Ku Azs Umcs Lublin				4:19.95	734	A
	50m:	30.98 30.98	150m:	1:36.53	32.91	250m:	2:42.02	32.54	350m:	3:47.51 32.71
	100m:	1:03.62 32.64	200m:	2:09.48	32.95	300m:	3:14.80	32.78	400m:	4:19.95 32.44
9.	BARYLA JULIA SSz		17	MKP Szczecin				4:20.33	731	A
	50m:	30.72 30.72	150m:	1:36.00	32.75	250m:	2:41.90	32.90	350m:	3:48.81 33.44
	100m:	1:03.25 32.53	200m:	2:09.00	33.00	300m:	3:15.37	33.47	400m:	4:20.33 31.52
10.	RAJCA Olivia		15	UKS 190 Lodz				4:20.39	730	A
	50m:	30.98 30.98	150m:	1:36.86	33.01	250m:	2:43.04	33.12	350m:	3:49.37 33.10
	100m:	1:03.85 32.87	200m:	2:09.92	33.06	300m:	3:16.27	33.23	400m:	4:20.39 31.02
11.	PIECHOTA Karolina		16	UKS 190 Lodz				4:20.42	730	B
	50m:	31.14 31.14	150m:	1:36.68	33.00	250m:	2:42.41	32.83	350m:	3:48.14 32.84
	100m:	1:03.68 32.54	200m:	2:09.58	32.90	300m:	3:15.30	32.89	400m:	4:20.42 32.28
12.	ADAMCZYK Julia SL		18	Ku Azs Umcs Lublin				4:22.64	711	B
	50m:	30.13 30.13	150m:	1:36.58	33.28	250m:	2:43.17	33.09	350m:	3:49.65 33.42
	100m:	1:03.30 33.17	200m:	2:10.08	33.50	300m:	3:16.23	33.06	400m:	4:22.64 32.99
13.	KLIMEK Marta SO		14	Unia Oswiecim				4:23.98	701	B
	50m:	30.52 30.52	150m:	1:37.50	33.54	250m:	2:44.00	33.32	350m:	3:51.38 33.80
	100m:	1:03.96 33.44	200m:	2:10.68	33.18	300m:	3:17.58	33.58	400m:	4:23.98 32.60

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22, Women, 400m Freestyle, Prelim, OPEN

Rank					Age					Time	Pts	
14.	BAKUNIAK Hanna				21	MKP Szczecin				4:24.11	700 B	
	50m:	30.80	30.80	150m:	1:37.60	33.31	250m:	2:44.35	33.67	350m:	3:51.96	33.71
	100m:	1:04.29	33.49	200m:	2:10.68	33.08	300m:	3:18.25	33.90	400m:	4:24.11	32.15
15.	GUSC Wiktoria				13	Delfin Piotrkow Trybunalski				4:24.32	698 B	
	50m:	29.32	29.32	150m:	1:36.58	33.74	250m:	2:43.80	33.72	350m:	3:51.67	33.36
	100m:	1:02.84	33.52	200m:	2:10.08	33.50	300m:	3:18.31	34.51	400m:	4:24.32	32.65
16.	WARDZINSKA Martyna				19	AZS AWF Warszawa				4:24.51	696 B	
	50m:	31.13	31.13	150m:	1:37.89	33.52	250m:	2:45.43	33.78	350m:	3:52.54	33.60
	100m:	1:04.37	33.24	200m:	2:11.65	33.76	300m:	3:18.94	33.51	400m:	4:24.51	31.97
17.	SZAFRANSKA Julia Soc				17	KS KSZO Ostrowiec Sw				4:24.55	696 B	
	50m:	30.50	30.50	150m:	1:36.22	33.06	250m:	2:43.39	33.85	350m:	3:51.68	34.17
	100m:	1:03.16	32.66	200m:	2:09.54	33.32	300m:	3:17.51	34.12	400m:	4:24.55	32.87
18.	JASZCZUK Ewa SOL				15	MTP Kormoran Olsztyn				4:25.27	690 B	
	50m:	30.81	30.81	150m:	1:37.13	33.35	250m:	2:44.53	33.67	350m:	3:52.40	33.98
	100m:	1:03.78	32.97	200m:	2:10.86	33.73	300m:	3:18.42	33.89	400m:	4:25.27	32.87
19.	JANISZEWSKA Dominika				18	AZS AWF Warszawa				4:25.29	690 B	
	50m:	30.75	30.75	150m:	1:37.63	33.30	250m:	2:46.73	34.78	350m:	3:52.98	33.58
	100m:	1:04.33	33.58	200m:	2:11.95	34.32	300m:	3:19.40	32.67	400m:	4:25.29	32.31
20.	RABINIAK Zuzanna SL				16	Ku Azs Umcs Lublin				4:25.73	687 B	
	50m:	29.40	29.40	150m:	1:36.41	33.89	250m:	2:45.00	34.32	350m:	3:53.63	34.01
	100m:	1:02.52	33.12	200m:	2:10.68	34.27	300m:	3:19.62	34.62	400m:	4:25.73	32.10
21.	POGORZELSKA Inez				17	UKS GOS Raszyn				4:25.77	687 R	
	50m:	30.14	30.14	150m:	1:37.06	34.04	250m:	2:45.53	34.12	350m:	3:53.76	34.01
	100m:	1:03.02	32.88	200m:	2:11.41	34.35	300m:	3:19.75	34.22	400m:	4:25.77	32.01
22.	KAWKA Nina				14	Uks Gim92 Ursynow Warszawa				4:26.03	685 R	
	50m:	30.57	30.57	150m:	1:38.78	34.24	250m:	2:46.24	33.59	350m:	3:54.61	34.14
	100m:	1:04.54	33.97	200m:	2:12.65	33.87	300m:	3:20.47	34.23	400m:	4:26.03	31.42
23.	KRAUZE Alicja SO				16	Malborskie WOPR				4:26.59	680	
	50m:	30.80	30.80	150m:	1:38.39	33.84	250m:	2:45.95	33.63	350m:	3:53.08	33.15
	100m:	1:04.55	33.75	200m:	2:12.32	33.93	300m:	3:19.93	33.98	400m:	4:26.59	33.51
24.	JANKOWSKA Klaudia				19	Uks Gim92 Ursynow Warszawa				4:26.94	678	
	50m:	30.02	30.02	150m:	1:35.76	33.15	250m:	2:42.32	33.59	350m:	3:51.97	35.25
	100m:	1:02.61	32.59	200m:	2:08.73	32.97	300m:	3:16.72	34.40	400m:	4:26.94	34.97
25.	GORNICKA ALEKSANDRA SSz				15	MKP Szczecin				4:27.05	677	
	50m:	30.56	30.56	150m:	1:38.59	34.32	250m:	2:46.89	34.24	350m:	3:54.74	33.95
	100m:	1:04.27	33.71	200m:	2:12.65	34.06	300m:	3:20.79	33.90	400m:	4:27.05	32.31
26.	KUCHTA Maria				15	Dwojka Tczew				4:27.12	676	
	50m:	31.11	31.11	150m:	1:39.07	34.17	250m:	2:47.49	34.35	350m:	3:55.23	33.50
	100m:	1:04.90	33.79	200m:	2:13.14	34.07	300m:	3:21.73	34.24	400m:	4:27.12	31.89
27.	LYSAKOWSKA Julia SL				16	Ku Azs Umcs Lublin				4:28.57	665	
	50m:	31.27	31.27	150m:	1:38.12	33.70	250m:	2:46.80	34.47	350m:	3:55.14	34.32
	100m:	1:04.42	33.15	200m:	2:12.33	34.21	300m:	3:20.82	34.02	400m:	4:28.57	33.43
28.	CERLICH Oliwia				15	MKS Ikar Mielec				4:29.47	659	
	50m:	31.10	31.10	150m:	1:37.87	32.73	250m:	2:46.35	34.56	350m:	3:55.14	34.54
	100m:	1:05.14	34.04	200m:	2:11.79	33.92	300m:	3:20.60	34.25	400m:	4:29.47	34.33

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22, Women, 400m Freestyle, Prelim, OPEN

Rank					Age					Time	Pts	
29.	SLOWIK Martyna				14	IKSKonstancin				4:29.70	657	
	50m:	30.99	30.99	150m:	1:39.57	34.46	250m:	2:48.20	34.34	350m:	3:56.58	34.26
	100m:	1:05.11	34.12	200m:	2:13.86	34.29	300m:	3:22.32	34.12	400m:	4:29.70	33.12
30.	PISAREK Justyna SO				17	Unia Oswiecim				4:29.73	657	
	50m:	30.80	30.80	150m:	1:37.49	33.73	250m:	2:46.03	34.22	350m:	3:55.68	34.86
	100m:	1:03.76	32.96	200m:	2:11.81	34.32	300m:	3:20.82	34.79	400m:	4:29.73	34.05
31.	ZAWADZKA Anna				17	MKP Wodnik 29 Tychy				4:29.76	657	
	50m:	31.20	31.20	150m:	1:37.64	33.39	250m:	2:45.44	33.95	350m:	3:55.28	34.96
	100m:	1:04.25	33.05	200m:	2:11.49	33.85	300m:	3:20.32	34.88	400m:	4:29.76	34.48
32.	WOJCIECHOWSKA Joanna SL				19	Ku Azs Umcs Lublin				4:30.08	654	
	50m:	30.42	30.42	150m:	1:37.15	33.35	250m:	2:45.34	34.30	350m:	3:55.51	35.46
	100m:	1:03.80	33.38	200m:	2:11.04	33.89	300m:	3:20.05	34.71	400m:	4:30.08	34.57
33.	MICIĄK Agata				15	M.K.P. "Słowianka" Gorzow Wlkp.				4:30.21	653	
	50m:	29.98	29.98	150m:	1:37.01	34.12	250m:	2:46.01	34.68	350m:	3:55.74	35.22
	100m:	1:02.89	32.91	200m:	2:11.33	34.32	300m:	3:20.52	34.51	400m:	4:30.21	34.47
34.	GANCARZ Julia				14	MKS Ikar Mielec				4:30.64	650	
	50m:	30.39	30.39	150m:	1:37.80	33.86	250m:	2:46.44	34.34	350m:	3:56.27	34.91
	100m:	1:03.94	33.55	200m:	2:12.10	34.30	300m:	3:21.36	34.92	400m:	4:30.64	34.37
35.	URBAN Karolina				14	UKS Osemka Starogard Gdanski				4:31.05	647	
	50m:	30.96	30.96	150m:	1:38.54	34.21	250m:	2:47.61	34.49	350m:	3:57.28	34.82
	100m:	1:04.33	33.37	200m:	2:13.12	34.58	300m:	3:22.46	34.85	400m:	4:31.05	33.77
36.	DABROWSKA Tatiana				15	UKS 190 Lodz				4:32.57	636	
	50m:	29.53	29.53	150m:	1:35.73	33.55	250m:	2:45.85	35.79	350m:	3:57.66	35.90
	100m:	1:02.18	32.65	200m:	2:10.06	34.33	300m:	3:21.76	35.91	400m:	4:32.57	34.91
37.	KRUSZEWSKA Kaja				17	MKS JUVENIA Bialystok				4:32.64	636	
	50m:	31.71	31.71	150m:	1:39.85	34.40	250m:	2:49.14	34.53	350m:	3:58.85	34.95
	100m:	1:05.45	33.74	200m:	2:14.61	34.76	300m:	3:23.90	34.76	400m:	4:32.64	33.79
38.	PAWLOWSKA Barbara				15	UKS 190 Lodz				4:32.88	634	
	50m:	31.01	31.01	150m:	1:40.00	35.21	250m:	2:49.60	34.60	350m:	3:59.23	34.79
	100m:	1:04.79	33.78	200m:	2:15.00	35.00	300m:	3:24.44	34.84	400m:	4:32.88	33.65
39.	KOSINSKA Dominika				16	AZS AWF Katowice				4:33.77	628	
	50m:	31.14	31.14	150m:	1:40.65	34.87	250m:	2:51.13	35.37	350m:	4:00.98	34.93
	100m:	1:05.78	34.64	200m:	2:15.76	35.11	300m:	3:26.05	34.92	400m:	4:33.77	32.79
40.	DOMZOL Zuzanna				15	KKS Wloknierz 1925 Kalisz				4:33.85	628	
	50m:	30.57	30.57	150m:	1:39.80	35.00	250m:	2:50.15	35.22	350m:	4:00.30	35.00
	100m:	1:04.80	34.23	200m:	2:14.93	35.13	300m:	3:25.30	35.15	400m:	4:33.85	33.55
41.	SKIBCZAK Natalia				17	UKS G - 8 Bielany				4:34.35	624	
	50m:	30.32	30.32	150m:	1:38.60	34.49	250m:	2:48.22	35.01	350m:	3:59.24	35.64
	100m:	1:04.11	33.79	200m:	2:13.21	34.61	300m:	3:23.60	35.38	400m:	4:34.35	35.11
42.	WEGRZYNOWSKA Aleksandra				16	WKS Slask Wroclaw				4:34.36	624	
	50m:	30.87	30.87	150m:	1:38.90	34.36	250m:	2:48.43	34.70	350m:	3:59.71	35.56
	100m:	1:04.54	33.67	200m:	2:13.73	34.83	300m:	3:24.15	35.72	400m:	4:34.36	34.65
43.	PAKULA Alicja				15	UKS G - 8 Bielany				4:34.75	621	
	50m:	31.48	31.48	150m:	1:39.70	34.41	250m:	2:49.13	34.76	350m:	3:59.58	35.23
	100m:	1:05.29	33.81	200m:	2:14.37	34.67	300m:	3:24.35	35.22	400m:	4:34.75	35.17

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22, Women, 400m Freestyle, Prelim, OPEN

Rank					Age					Time	Pts	
44.	POGON Milena				14	CSIR MOS Dabrowa Gornicza				4:35.97	613	
	50m:	31.41	31.41	150m:	1:40.30	34.54	250m:	2:50.16	35.01	350m:	4:01.61	35.93
	100m:	1:05.76	34.35	200m:	2:15.15	34.85	300m:	3:25.68	35.52	400m:	4:35.97	34.36
45.	ZIEMACKA Julia				14	Iuks Muszelka Warszawa				4:36.09	612	
	50m:	30.93	30.93	150m:	1:39.43	34.73	250m:	2:49.95	35.28	350m:	4:01.48	35.84
	100m:	1:04.70	33.77	200m:	2:14.67	35.24	300m:	3:25.64	35.69	400m:	4:36.09	34.61
46.	SZUSTER Aleksandra SO				17	Unia Oswiecim				4:36.25	611	
	50m:	30.47	30.47	150m:	1:38.55	34.69	250m:	2:49.56	35.68	350m:	4:00.94	35.64
	100m:	1:03.86	33.39	200m:	2:13.88	35.33	300m:	3:25.30	35.74	400m:	4:36.25	35.31
47.	WOJTOWICZ Julia SL				17	UKS Skarpa Lublin				4:36.33	611	
	50m:	31.92	31.92	150m:	1:41.65	35.15	250m:	2:51.49	34.40	350m:	4:01.99	35.70
	100m:	1:06.50	34.58	200m:	2:17.09	35.44	300m:	3:26.29	34.80	400m:	4:36.33	34.34
48.	SERAFIN Barbara				15	UKS G - 8 Bielany				4:36.70	608	
	50m:	31.54	31.54	150m:	1:41.41	35.33	250m:	2:52.17	35.26	350m:	4:03.28	35.41
	100m:	1:06.08	34.54	200m:	2:16.91	35.50	300m:	3:27.87	35.70	400m:	4:36.70	33.42
49.	MACIEJEWSKA Beata				14	UKS SP 149 Lodz				4:36.77	608	
	50m:	31.70	31.70	150m:	1:41.34	35.24	250m:	2:51.86	35.44	350m:	4:02.71	35.35
	100m:	1:06.10	34.40	200m:	2:16.42	35.08	300m:	3:27.36	35.50	400m:	4:36.77	34.06
50.	LUTKIEWICZ Gabriela				14	Ks Wisla Pulawy				4:36.90	607	
	50m:	31.50	31.50	150m:	1:40.67	34.80	250m:	2:50.83	35.39	350m:	4:01.94	35.19
	100m:	1:05.87	34.37	200m:	2:15.44	34.77	300m:	3:26.75	35.92	400m:	4:36.90	34.96
51.	RUTKOWSKA Wiktoria SB				18	MUKS Pietnastka Bydgoszcz				4:37.05	606	
	50m:	31.99	31.99	150m:	1:40.91	34.86	250m:	2:51.42	35.24	350m:	4:02.73	35.70
	100m:	1:06.05	34.06	200m:	2:16.18	35.27	300m:	3:27.03	35.61	400m:	4:37.05	34.32
52.	BEDNAREK Aleksandra				19	UKS SP 149 Lodz				4:37.39	604	
	50m:	31.96	31.96	150m:	1:41.54	34.98	250m:	2:51.72	35.05	350m:	4:03.01	35.74
	100m:	1:06.56	34.60	200m:	2:16.67	35.13	300m:	3:27.27	35.55	400m:	4:37.39	34.38
53.	HALADYN Karolina				14	UKS 190 Lodz				4:37.66	602	
	50m:	31.18	31.18	150m:	1:40.90	35.08	250m:	2:52.23	35.23	350m:	4:03.71	35.71
	100m:	1:05.82	34.64	200m:	2:17.00	36.10	300m:	3:28.00	35.77	400m:	4:37.66	33.95
54.	TOMON Martyna SL				17	UKS Skarpa Lublin				4:37.86	601	
	50m:	32.03	32.03	150m:	1:41.68	35.13	250m:	2:52.36	35.35	350m:	4:03.00	35.21
	100m:	1:06.55	34.52	200m:	2:17.01	35.33	300m:	3:27.79	35.43	400m:	4:37.86	34.86
55.	SZYMANSKA Julia				14	UKS 190 Lodz				4:38.08	599	
	50m:	32.09	32.09	150m:	1:42.04	35.08	250m:	2:52.87	35.49	350m:	4:03.70	35.66
	100m:	1:06.96	34.87	200m:	2:17.38	35.34	300m:	3:28.04	35.17	400m:	4:38.08	34.38
56.	GORSKA Julia				17	MUKP Warszawianka Wodny Park				4:38.26	598	
	50m:	29.42	29.42	150m:	1:36.99	34.48	250m:	2:47.31	35.36	350m:	4:00.89	37.05
	100m:	1:02.51	33.09	200m:	2:11.95	34.96	300m:	3:23.84	36.53	400m:	4:38.26	37.37
57.	FUKS Aleksandra				14	MUKS Gilus Gilowice				4:38.37	597	
	50m:	31.80	31.80	150m:	1:41.94	35.36	250m:	2:52.99	35.69	350m:	4:04.27	35.82
	100m:	1:06.58	34.78	200m:	2:17.30	35.36	300m:	3:28.45	35.46	400m:	4:38.37	34.10
58.	TRAMBOWICZ Zuzanna				15	MKS SP-63 Bydgoszcz				4:38.41	597	
	50m:	30.76	30.76	150m:	1:38.00	33.47	250m:	2:46.08	34.38	350m:	4:00.25	38.03
	100m:	1:04.53	33.77	200m:	2:11.70	33.70	300m:	3:22.22	36.14	400m:	4:38.41	38.16

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22, Women, 400m Freestyle, Prelim, OPEN

Rank					Age					Time	Pts	
59.	MOLENDĄ Dominika SG				14	UKS Zabianka Gdansk				4:38.73	595	
	50m:	31.01	31.01	150m:	1:41.40	35.72	250m:	2:52.75	35.68	350m:	4:04.39	35.57
	100m:	1:05.68	34.67	200m:	2:17.07	35.67	300m:	3:28.82	36.07	400m:	4:38.73	34.34
60.	KRZYSZTOFIAK Iga				14	K.S.Warta Poznan				4:38.88	594	
	50m:	31.79	31.79	150m:	1:42.73	35.74	250m:	2:54.33	35.75	350m:	4:04.55	35.18
	100m:	1:06.99	35.20	200m:	2:18.58	35.85	300m:	3:29.37	35.04	400m:	4:38.88	34.33
61.	IZYCKA Marta SR				17	UKS Wodnik Siemianowice Sl.				4:39.15	592	
	50m:	30.86	30.86	150m:	1:39.91	35.03	250m:	2:50.48	35.27	350m:	4:03.20	36.52
	100m:	1:04.88	34.02	200m:	2:15.21	35.30	300m:	3:26.68	36.20	400m:	4:39.15	35.95
62.	RZEP CZYNSKA Patrycja SO				18	Unia Oswiecim				4:39.62	589	
	50m:	31.52	31.52	150m:	1:41.06	35.14	250m:	2:52.36	35.51	350m:	4:05.09	36.99
	100m:	1:05.92	34.40	200m:	2:16.85	35.79	300m:	3:28.10	35.74	400m:	4:39.62	34.53
63.	CZECHYRA Agata				14	K.S.Warta Poznan				4:39.79	588	
	50m:	30.45	30.45	150m:	1:38.84	34.77	250m:	2:50.39	35.98	350m:	4:03.87	36.97
	100m:	1:04.07	33.62	200m:	2:14.41	35.57	300m:	3:26.90	36.51	400m:	4:39.79	35.92
64.	SZYMANSKA Wiktoria				15	KKS Wlokniaz 1925 Kalisz				4:40.33	585	
	50m:	31.39	31.39	150m:	1:41.79	35.61	250m:	2:53.81	35.89	350m:	4:06.59	36.21
	100m:	1:06.18	34.79	200m:	2:17.92	36.13	300m:	3:30.38	36.57	400m:	4:40.33	33.74
65.	NIEMCZYK Wiktoria				15	MOSM Tychy				4:41.04	581	
	50m:	31.88	31.88	150m:	1:41.87	35.29	250m:	2:53.12	35.94	350m:	4:06.20	36.47
	100m:	1:06.58	34.70	200m:	2:17.18	35.31	300m:	3:29.73	36.61	400m:	4:41.04	34.84
66.	KUROPATWA Weronika SG				16	UKS Zabianka Gdansk				4:41.53	578	
	50m:	32.56	32.56	150m:	1:42.25	35.32	250m:	2:54.61	36.21	350m:	4:06.59	36.28
	100m:	1:06.93	34.37	200m:	2:18.40	36.15	300m:	3:30.31	35.70	400m:	4:41.53	34.94
67.	KOSTRZEWSKA Maria				14	UKS 190 Lodz				4:42.50	572	
	50m:	33.03	33.03	150m:	1:44.42	35.75	250m:	2:56.51	36.13	350m:	4:08.13	35.59
	100m:	1:08.67	35.64	200m:	2:20.38	35.96	300m:	3:32.54	36.03	400m:	4:42.50	34.37
68.	KOZANECKA Laura				14	UKS 190 Lodz				4:43.45	566	
	50m:	31.64	31.64	150m:	1:41.85	35.60	250m:	2:54.74	36.64	350m:	4:08.28	36.99
	100m:	1:06.25	34.61	200m:	2:18.10	36.25	300m:	3:31.29	36.55	400m:	4:43.45	35.17
69.	HALAWCZAK MARCELINA SSz				15	MKP Szczecin				4:43.73	564	
	50m:	32.42	32.42	150m:	1:43.92	36.12	250m:	2:56.53	36.27	350m:	4:08.94	36.16
	100m:	1:07.80	35.38	200m:	2:20.26	36.34	300m:	3:32.78	36.25	400m:	4:43.73	34.79
	KURZEPA Adrianna				15	UKS Pirania Targowek				4:43.73	564	
	50m:	32.15	32.15	150m:	1:42.83	35.64	250m:	2:55.24	36.02	350m:	4:07.76	36.54
	100m:	1:07.19	35.04	200m:	2:19.22	36.39	300m:	3:31.22	35.98	400m:	4:43.73	35.97
71.	MOZDZAN Milena				14	UKS Shark Rudna				4:44.62	559	
	50m:	31.89	31.89	150m:	1:43.15	36.03	250m:	2:56.66	36.63	350m:	4:09.96	36.78
	100m:	1:07.12	35.23	200m:	2:20.03	36.88	300m:	3:33.18	36.52	400m:	4:44.62	34.66
72.	GRAZ Gabriela SL				16	Ku Azs Umcs Lublin				4:44.74	558	
	50m:	31.02	31.02	150m:	1:41.51	35.65	250m:	2:53.92	36.08	350m:	4:08.43	37.51
	100m:	1:05.86	34.84	200m:	2:17.84	36.33	300m:	3:30.92	37.00	400m:	4:44.74	36.31
73.	ADAMSKA Maria				14	UKS G - 8 Bielany				4:45.01	557	
	50m:	32.21	32.21	150m:	1:44.42	36.56	250m:	2:57.71	36.61	350m:	4:10.53	36.17
	100m:	1:07.86	35.65	200m:	2:21.10	36.68	300m:	3:34.36	36.65	400m:	4:45.01	34.48

Zimowe Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 19. - 22.12.2017

Event 22, Women, 400m Freestyle, Prelim, OPEN

Rank					Age					Time	Pts	
74.	KOPICZYNSKA Agata				15	UKS G - 8 Bielany				4:45.55	553	
	50m:	32.02	32.02	150m:	1:42.85	35.62	250m:	2:54.77	36.01	350m:	4:08.33	37.19
	100m:	1:07.23	35.21	200m:	2:18.76	35.91	300m:	3:31.14	36.37	400m:	4:45.55	37.22
75.	KOZIK Anna				19	AZS AWF Katowice				4:45.65	553	
	50m:	31.79	31.79	150m:	1:43.36	36.14	250m:	2:56.82	36.82	350m:	4:10.97	36.66
	100m:	1:07.22	35.43	200m:	2:20.00	36.64	300m:	3:34.31	37.49	400m:	4:45.65	34.68
76.	MRUK Aleksandra				15	UKP MANTA Jelcz-Laskowice				4:45.67	553	
	50m:	31.30	31.30	150m:	1:42.53	36.29	250m:	2:55.62	36.71	350m:	4:09.47	36.90
	100m:	1:06.24	34.94	200m:	2:18.91	36.38	300m:	3:32.57	36.95	400m:	4:45.67	36.20
77.	NEUBAUER Paulina				14	Dwojka Tczew				4:45.89	552	
	50m:	32.04	32.04	150m:	1:43.23	36.02	250m:	2:55.84	36.35	350m:	4:09.33	36.73
	100m:	1:07.21	35.17	200m:	2:19.49	36.26	300m:	3:32.60	36.76	400m:	4:45.89	36.56
78.	WISNIEWSKA Barbara				17	AZS AWF Warszawa				4:46.44	548	
	50m:	31.88	31.88	150m:	1:43.16	35.72	250m:	2:56.24	36.84	350m:	4:10.01	36.77
	100m:	1:07.44	35.56	200m:	2:19.40	36.24	300m:	3:33.24	37.00	400m:	4:46.44	36.43
79.	CHOMICKA Zofia				15	UKS Pirania Targowek				4:47.44	543	
	50m:	32.07	32.07	150m:	1:43.76	36.30	250m:	2:57.26	36.78	350m:	4:11.86	37.27
	100m:	1:07.46	35.39	200m:	2:20.48	36.72	300m:	3:34.59	37.33	400m:	4:47.44	35.58
80.	TOPP Zofia				14	UKS G - 8 Bielany				4:50.48	526	
	50m:	32.23	32.23	150m:	1:44.66	36.86	250m:	2:59.17	37.32	350m:	4:14.13	37.16
	100m:	1:07.80	35.57	200m:	2:21.85	37.19	300m:	3:36.97	37.80	400m:	4:50.48	36.35
81.	ADAMSKA Julia				14	UKS G - 8 Bielany				4:55.20	501	
	50m:	32.58	32.58	150m:	1:47.06	37.37	250m:	3:03.17	38.16	350m:	4:18.47	37.22
	100m:	1:09.69	37.11	200m:	2:25.01	37.95	300m:	3:41.25	38.08	400m:	4:55.20	36.73
82.	WIECKOWSKA Alicja				14	UKS Delfin Garwolin				4:56.78	493	
	50m:	31.63	31.63	150m:	1:45.95	38.05	250m:	3:03.54	38.78	350m:	4:20.80	38.50
	100m:	1:07.90	36.27	200m:	2:24.76	38.81	300m:	3:42.30	38.76	400m:	4:56.78	35.98
83.	CIESIELSKA Natalia				14	UKS SP 149 Lodz				4:58.29	485	
	50m:	34.20	34.20	150m:	1:49.49	38.18	250m:	3:06.01	38.19	350m:	4:21.93	37.32
	100m:	1:11.31	37.11	200m:	2:27.82	38.33	300m:	3:44.61	38.60	400m:	4:58.29	36.36