

I MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW  
Ciechanów, 17.2.2018

Konkurencja 32  
17.02.2018 - 17:30

M czyzn, 400m dowolny

10 lat i starsi  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.
<b>10 - 13 lat</b>									
1.	BOLEK, Stanisław		05	UKP Polonia Warszawa				<b>4:34.52</b>	462
	50m:	31.90 31.90	150m:	1:42.20 35.05	250m:	2:52.53 34.81	350m:	4:01.88 34.07	
	100m:	1:07.15 35.25	200m:	2:17.72 35.52	300m:	3:27.81 35.28	400m:	4:34.52 32.64	
2.	FRONCZAK, Antoni		06	UKP Polonia Warszawa				<b>4:34.66</b>	461
	50m:	31.71 31.71	150m:	1:42.31 35.39	250m:	2:52.34 34.86	350m:	4:02.22 34.38	
	100m:	1:06.92 35.21	200m:	2:17.48 35.17	300m:	3:27.84 35.50	400m:	4:34.66 32.44	
3.	KUCHARCZYK, Paweł		05	UKP Polonia Warszawa				<b>4:34.86</b>	460
	50m:	32.39 32.39	150m:	1:41.55 34.96	250m:	2:51.28 34.88	350m:	4:01.56 35.14	
	100m:	1:06.59 34.20	200m:	2:16.40 34.85	300m:	3:26.42 35.14	400m:	4:34.86 33.30	
4.	OLEWNICZAK, Maciej		05	UKP Polonia Warszawa				<b>4:40.73</b>	432
	50m:	31.69 31.69	150m:	1:41.87 35.72	250m:	2:53.46 35.71	350m:	4:06.07 36.24	
	100m:	1:06.15 34.46	200m:	2:17.75 35.88	300m:	3:29.83 36.37	400m:	4:40.73 34.66	
5.	PŁOSZKA, Kacper		05	Nautilus Brzeziny				<b>4:42.32</b>	424
	50m:	32.22 32.22	150m:	1:42.44 35.69	250m:	2:55.63 36.54	350m:	4:07.85 35.98	
	100m:	1:06.75 34.53	200m:	2:19.09 36.65	300m:	3:31.87 36.24	400m:	4:42.32 34.47	
6.	KOZŁOWSKI, Stanisław		05	UKP Polonia Warszawa				<b>4:44.78</b>	414
	50m:	32.54 32.54	150m:	1:43.80 35.95	250m:	2:56.53 36.30	350m:	4:10.13 36.55	
	100m:	1:07.85 35.31	200m:	2:20.23 36.43	300m:	3:33.58 37.05	400m:	4:44.78 34.65	
7.	SZEWCZYK, Roch		05	UKP Polonia Warszawa				<b>5:10.41</b>	319
	50m:	33.03 33.03	150m:	1:48.89 39.04	250m:	3:10.38 41.13	350m:	4:32.79 41.18	
	100m:	1:09.85 36.82	200m:	2:29.25 40.36	300m:	3:51.61 41.23	400m:	5:10.41 37.62	
8.	JOACHIMIAK, Łukasz		05	UKS Kapry-Armexim Pruszków				<b>5:14.73</b>	306
	50m:	33.91 33.91	150m:	1:51.82 39.66	250m:	3:12.35 40.52	350m:	4:33.85 40.88	
	100m:	1:12.16 38.25	200m:	2:31.83 40.01	300m:	3:52.97 40.62	400m:	5:14.73 40.88	
9.	RESZKA, Jakub		07	UKP Polonia Warszawa				<b>5:20.35</b>	290
	50m:	35.94 35.94	150m:	1:56.57 40.94	250m:	3:21.37 41.89	350m:	4:41.22 38.71	
	100m:	1:15.63 39.69	200m:	2:39.48 42.91	300m:	4:02.51 41.14	400m:	5:20.35 39.13	
10.	BARANOWSKI, Paweł		05	PSP SWIM Płock				<b>5:21.39</b>	288
	50m:	37.96 37.96	150m:	1:59.20 41.35	250m:	3:22.09 41.39	350m:	4:44.63 41.26	
	100m:	1:17.85 39.89	200m:	2:40.70 41.50	300m:	4:03.37 41.28	400m:	5:21.39 36.76	
11.	CHMIELEWSKI, Eryk		05	PSP SWIM Płock				<b>5:29.68</b>	266
	50m:	37.09 37.09	150m:	2:03.92 43.87	250m:	3:29.55 42.62	350m:	4:52.62 41.02	
	100m:	1:20.05 42.96	200m:	2:46.93 43.01	300m:	4:11.60 42.05	400m:	5:29.68 37.06	
12.	KOZŁOWSKI, Iwo		07	UKP Polonia Warszawa				<b>5:29.82</b>	266
	50m:	37.93 37.93	150m:	2:01.55 42.01	250m:	3:25.97 42.11	350m:	4:50.43 42.19	
	100m:	1:19.54 41.61	200m:	2:43.86 42.31	300m:	4:08.24 42.27	400m:	5:29.82 39.39	
13.	SADOWSKI, Jan		05	SWIM TEAM Wilanów				<b>5:39.35</b>	244
	50m:	38.73 38.73	150m:	2:06.84 44.03	250m:	3:34.18 43.06	350m:	4:59.94 41.62	
	100m:	1:22.81 44.08	200m:	2:51.12 44.28	300m:	4:18.32 44.14	400m:	5:39.35 39.41	
14.	CIEMI S, Szymon		05	Nautilus Brzeziny				<b>5:42.89</b>	237
	50m:	39.12 39.12	150m:	2:05.59 43.53	250m:	3:33.79 44.25	350m:	5:00.97 42.59	
	100m:	1:22.06 42.94	200m:	2:49.54 43.95	300m:	4:18.38 44.59	400m:	5:42.89 41.92	
15.	REZNER, Jan		05	UKS Kapry-Armexim Pruszków				<b>5:42.96</b>	237
	50m:	35.89 35.89	150m:	2:01.00 44.98	250m:	3:29.46 43.99	350m:	4:57.12 44.81	
	100m:	1:16.02 40.13	200m:	2:45.47 44.47	300m:	4:12.31 42.85	400m:	5:42.96 45.84	
16.	MUCHA, Maksym		07	SWIM TEAM Wilanów				<b>5:49.40</b>	224
	50m:	39.77 39.77	150m:	2:07.52 44.46	250m:	3:36.22 43.97	350m:	5:05.42 44.64	
	100m:	1:23.06 43.29	200m:	2:52.25 44.73	300m:	4:20.78 44.56	400m:	5:49.40 43.98	
17.	KACZY SKI, Marcel		07	UKS Posejdon				<b>6:02.27</b>	201
	50m:	41.82 41.82	150m:	2:15.17 46.91	250m:	3:48.81 46.66	350m:	5:19.82 44.88	
	100m:	1:28.26 46.44	200m:	3:02.15 46.98	300m:	4:34.94 46.13	400m:	6:02.27 42.45	

I MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW  
Ciechanów, 17.2.2018

Konkurencja 32, Chłopców, 400m dowolny, 10 - 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
18.	ZALEWSKI, Mikołaj		06	Nowodworski OSiR				<b>6:05.16</b>	196		
	50m:	39.86 39.86	150m:	2:12.66	46.10	250m:	3:46.96	47.67	350m:	5:20.58	46.47
	100m:	1:26.56 46.70	200m:	2:59.29	46.63	300m:	4:34.11	47.15	400m:	6:05.16	44.58
19.	BZYMEK, Igor		06	Nowodworski OSiR				<b>6:05.80</b>	195		
	50m:	40.22 40.22	150m:	2:12.84	46.56	250m:	3:48.25	47.54	350m:	5:22.18	46.95
	100m:	1:26.28 46.06	200m:	3:00.71	47.87	300m:	4:35.23	46.98	400m:	6:05.80	43.62
20.	TOPCZEWSKI, Konstanty		05	UKP Polonia Warszawa				<b>6:20.33</b>	173		
	50m:	36.25 36.25	150m:	2:00.90	43.05	250m:	3:27.69	43.16	350m:	5:38.47	1:27.18
	100m:	1:17.85 41.60	200m:	2:44.53	43.63	300m:	4:11.29	43.60	400m:	6:20.33	41.86
21.	CEGLI SKI, Karol		05	Nowodworski OSiR				<b>6:26.51</b>	165		
	50m:	42.60 42.60	150m:	2:21.29	49.77	250m:	4:01.50	50.44	350m:	5:41.44	49.62
	100m:	1:31.52 48.92	200m:	3:11.06	49.77	300m:	4:51.82	50.32	400m:	6:26.51	45.07
22.	KUROWSKI, Oskar		06	Klub Pływacki Ciechanów				<b>6:56.59</b>	132		
	50m:	45.25 45.25	150m:	2:31.93	54.48	250m:	4:22.11	54.72	350m:	6:04.05	49.25
	100m:	1:37.45 52.20	200m:	3:27.39	55.46	300m:	5:14.80	52.69	400m:	6:56.59	52.54
DYSKW.	HERMANN, Mikołaj		06	Klub Pływacki Ciechanów				<b>5:56.03</b>			
	<i>O1 - Pływak wystartował po komendzie na miejsca i zaj ciu pozycji nieruchomej, a przed sygnałem startu</i>										
	50m:	38.70 38.70	150m:	2:09.64	46.89	250m:	3:42.87	45.76	350m:	5:14.44	43.56
	100m:	1:22.75 44.05	200m:	2:57.11	47.47	300m:	4:30.88	48.01	400m:	5:56.03	41.59

14 lat

1.	YRO, Ignacy		04	UKS 307 Warszawa-Mokotów				<b>4:24.19</b>	518		
	50m:	30.22 30.22	150m:	1:36.47	33.52	250m:	2:44.50		350m:		
	100m:	1:02.95 32.73	200m:			300m:			400m:	4:24.19	
2.	JAROSZ, Kacper		04	MZOS Płock				<b>4:51.40</b>	386		
	50m:	33.03 33.03	150m:	1:47.14	37.40	250m:	3:01.04	37.05	350m:	4:15.14	37.12
	100m:	1:09.74 36.71	200m:	2:23.99	36.85	300m:	3:38.02	36.98	400m:	4:51.40	36.26
3.	STELMACH, Bartłomiej		04	SWIM TEAM Wilanów				<b>5:06.64</b>	331		
	50m:	33.68 33.68	150m:	1:50.18	38.72	250m:	3:09.38	39.93	350m:	5:06.64	37.30
	100m:	1:11.46 37.78	200m:	2:29.45	39.27	300m:	4:29.34	1:19.96	400m:	5:06.64	
4.	MALUS, Jakub		04	UKP Polonia Warszawa				<b>5:20.21</b>	291		
	50m:	33.37 33.37	150m:	1:53.17	41.18	250m:	3:16.73	41.64	350m:	4:40.46	41.45
	100m:	1:11.99 38.62	200m:	2:35.09	41.92	300m:	3:59.01	42.28	400m:	5:20.21	39.75
5.	MIROŚLAW, Wojna		04	SSP Orka Iława				<b>5:52.36</b>	218		
	50m:	38.05 38.05	150m:	2:03.95	43.93	250m:	3:36.01	46.30	350m:	5:08.06	45.89
	100m:	1:20.02 41.97	200m:	2:49.71	45.76	300m:	4:22.17	46.16	400m:	5:52.36	44.30

15 lat

1.	PRZYBYTNIAK, Sean		03	UKS oliborz				<b>4:57.32</b>	363		
	50m:	33.29 33.29	150m:	1:47.74	37.49	250m:	3:03.74	38.05	350m:	4:20.34	38.48
	100m:	1:10.25 36.96	200m:	2:25.69	37.95	300m:	3:41.86	38.12	400m:	4:57.32	36.98
2.	SITNIK, Jakub		03	UKS Delfin Garwolin				<b>5:19.36</b>	293		
	50m:	36.01 36.01	150m:	1:56.42	40.90	250m:	3:18.84	41.44	350m:	4:41.14	40.99
	100m:	1:15.52 39.51	200m:	2:37.40	40.98	300m:	4:00.15	41.31	400m:	5:19.36	38.22

16 lat i starsi

1.	KRZYWNICKI, Adrian		01	MPKS Orka Ciechanów				<b>4:09.08</b>	618		
	50m:	27.53 27.53	150m:	1:29.40	31.12	250m:	2:33.83	32.32	350m:	3:37.97	31.97
	100m:	58.28 30.75	200m:	2:01.51	32.11	300m:	3:06.00	32.17	400m:	4:09.08	31.11
2.	BORZYMEK, Hubert		02	UKS 307 Warszawa-Mokotów				<b>4:22.25</b>	530		
	50m:	29.84 29.84	150m:	1:36.91	33.94	250m:	2:44.54	33.59	350m:	3:51.37	32.99
	100m:	1:02.97 33.13	200m:	2:10.95	34.04	300m:	3:18.38	33.84	400m:	4:22.25	30.88

I MISTRZOSTWA MAZOWSZA W PŁYWANIU POD PATRONATEM PREZYDENTA MIASTA CIECHANÓW  
Ciechanów, 17.2.2018

Konkurencja 32, M czynn, 400m dowolny, 16 lat i starsi

Pozycja	Rok ur.								Czas	Pkt.	
3. DŁU NIEWSKI, Dawid	01	MPKS Orka Ciechanów								<b>4:25.34</b>	511
50m: 29.35 29.35	150m: 1:36.61	34.32	250m: 2:45.06	34.01	350m: 3:53.09	34.18					
100m: 1:02.29 32.94	200m: 2:11.05	34.44	300m: 3:18.91	33.85	400m: 4:25.34	32.25					
4. GR DZIK, Bartosz	02	MPKS Orka Ciechanów								<b>4:30.97</b>	480
50m: 30.85 30.85	150m: 1:40.09	35.08	250m: 2:49.42	34.53	350m: 3:57.92	34.28					
100m: 1:05.01 34.16	200m: 2:14.89	34.80	300m: 3:23.64	34.22	400m: 4:30.97	33.05					
5. JAROSZEWSKI, Jakub	01	UKS oliborz								<b>4:45.22</b>	412
50m: 31.40 31.40	150m: 1:42.13	35.83	250m: 2:54.92	36.52	350m: 4:08.74	37.04					
100m: 1:06.30 34.90	200m: 2:18.40	36.27	300m: 3:31.70	36.78	400m: 4:45.22	36.48					
6. SZCZYPEK, Mateusz	96	UKS Delfin Garwolin								<b>4:50.63</b>	389
50m: 31.81 31.81	150m: 1:44.31	36.85	250m: 3:01.21	38.35	350m: 4:16.24	37.36					
100m: 1:07.46 35.65	200m: 2:22.86	38.55	300m: 3:38.88	37.67	400m: 4:50.63	34.39					
7. JAKUBCZYK, Patryk	01	SSP Orka Iława								<b>5:04.43</b>	338
50m: 32.35 32.35	150m: 1:45.74	37.07	250m: 3:03.66	39.31	350m: 4:24.27	40.46					
100m: 1:08.67 36.32	200m: 2:24.35	38.61	300m: 3:43.81	40.15	400m: 5:04.43	40.16					
8. MICHAŁ, Patryk	02	UKS Fala Niepor t								<b>5:13.44</b>	310
50m: 34.15 34.15	150m: 1:52.60	40.05	250m: 3:13.35	40.66	350m: 4:35.47	41.10					
100m: 1:12.55 38.40	200m: 2:32.69	40.09	300m: 3:54.37	41.02	400m: 5:13.44	37.97					
9. ŁYZI SKI, Michał	02	SSP Orka Iława								<b>5:28.66</b>	269
50m: 34.28 34.28	150m: 1:54.97	41.76	250m: 3:20.50	43.06	350m: 4:47.38	43.57					
100m: 1:13.21 38.93	200m: 2:37.44	42.47	300m: 4:03.81	43.31	400m: 5:28.66	41.28					