

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-12 lat  
Ciechanów, 17. - 18.3.2018

Konkurencja 7  
17.03.2018 - 13:23

Dziewcz t, 400m dowolny

12 - 13 lat  
Wyniki

Punkty: FINA 2017

Pozycja			Rok ur.					Czas	Pkt.		
<b>12 lat</b>											
1.	WILANOWSKA, Karina		06	UKP Polonia Warszawa				<b>4:49.35</b>	532		
	50m:	31.79 31.79	150m:	1:44.79	36.86	250m:	2:59.04	37.10	350m:	4:13.68	37.33
	100m:	1:07.93 36.14	200m:	2:21.94	37.15	300m:	3:36.35	37.31	400m:	4:49.35	35.67
2.	SOBCZAK, Zofia		06	UKS JAGIELLONKA Warszawa				<b>5:03.18</b>	462		
	50m:	33.80 33.80	150m:	1:51.18	38.55	250m:	3:09.12	39.38	350m:	4:26.74	38.86
	100m:	1:12.63 38.83	200m:	2:29.74	38.56	300m:	3:47.88	38.76	400m:	5:03.18	36.44
3.	GRUSZCZY SKA, Aleksandra		06	MKP Warszawianka				<b>5:10.17</b>	432		
	50m:	36.12 36.12	150m:	1:55.01	40.15	250m:	3:14.54	39.69	350m:	4:33.45	38.55
	100m:	1:14.86 38.74	200m:	2:34.85	39.84	300m:	3:54.90	40.36	400m:	5:10.17	36.72
4.	DOBOSIEWICZ, Marta		06	UKS Manta Warszawa Włochy				<b>5:22.49</b>	384		
	50m:	36.05 36.05	150m:	1:58.81	42.00	250m:	3:23.00	42.15	350m:	4:43.08	39.70
	100m:	1:16.81 40.76	200m:	2:40.85	42.04	300m:	4:03.38	40.38	400m:	5:22.49	39.41
5.	KUPIS, Aleksandra		06	MTP Kormoran Olsztyn				<b>5:26.23</b>	371		
	50m:	35.72 35.72	150m:	1:58.61	41.92	250m:	3:23.60	43.40	350m:	4:47.03	41.23
	100m:	1:16.69 40.97	200m:	2:40.20	41.59	300m:	4:05.80	42.20	400m:	5:26.23	39.20
6.	BAŁDYGA, Kamila		06	MTP Kormoran Olsztyn				<b>5:26.62</b>	370		
	50m:	37.09 37.09	150m:	2:01.84	42.88	250m:	3:26.34	42.10	350m:	4:47.96	40.25
	100m:	1:18.96 41.87	200m:	2:44.24	42.40	300m:	4:07.71	41.37	400m:	5:26.62	38.66
7.	KACAR, Melis		06	UKP Polonia Warszawa				<b>5:37.43</b>	335		
	50m:	36.40 36.40	150m:	2:01.47	43.41	250m:	3:29.14	44.20	350m:	4:55.12	42.57
	100m:	1:18.06 41.66	200m:	2:44.94	43.47	300m:	4:12.55	43.41	400m:	5:37.43	42.31
8.	ZAWADA, Nikola		06	UKS Kapry-Armexim Pruszków				<b>5:38.54</b>	332		
	50m:	38.87 38.87	150m:	2:06.95	44.27	250m:	3:34.68	42.86	350m:	5:00.22	41.71
	100m:	1:22.68 43.81	200m:	2:51.82	44.87	300m:	4:18.51	43.83	400m:	5:38.54	38.32
9.	OSIAK, Julia		06	MKP Warszawianka				<b>5:41.86</b>	322		
	50m:	36.25 36.25	150m:	2:00.30	42.87	250m:	3:28.06	44.91	350m:	4:59.45	45.03
	100m:	1:17.43 41.18	200m:	2:43.15	42.85	300m:	4:14.42	46.36	400m:	5:41.86	42.41
10.	RUTKOWSKA, Michalina		06	PSP SWIM Płock				<b>5:44.16</b>	316		
	50m:	37.84 37.84	150m:	2:04.52	43.72	250m:	3:33.62	44.40	350m:	5:01.12	43.26
	100m:	1:20.80 42.96	200m:	2:49.22	44.70	300m:	4:17.86	44.24	400m:	5:44.16	43.04
11.	RUCI SKA, Helena		06	MKP Warszawianka				<b>5:44.80</b>	314		
	50m:	39.63 39.63	150m:	2:10.40	44.81	250m:	3:38.02	42.76	350m:	5:05.46	42.91
	100m:	1:25.59 45.96	200m:	2:55.26	44.86	300m:	4:22.55	44.53	400m:	5:44.80	39.34
12.	BOROWIK, Maria		06	UKS JAGIELLONKA Warszawa				<b>5:45.62</b>	312		
	50m:	39.49 39.49	150m:	2:05.97	43.57	250m:	3:36.35	45.65	350m:	5:04.43	43.54
	100m:	1:22.40 42.91	200m:	2:50.70	44.73	300m:	4:20.89	44.54	400m:	5:45.62	41.19
13.	BREJNAK, Maja		06	MKP Warszawianka				<b>5:46.04</b>	311		
	50m:	39.05 39.05	150m:	2:09.86	46.33	250m:	3:40.02	43.98	350m:	5:05.24	42.49
	100m:	1:23.53 44.48	200m:	2:56.04	46.18	300m:	4:22.75	42.73	400m:	5:46.04	40.80
14.	M TWICKA, Liliana		06	MTP Kormoran Olsztyn				<b>5:47.56</b>	307		
	50m:	37.75 37.75	150m:	2:07.06	45.91	250m:	3:36.16	44.32	350m:	5:05.29	44.03
	100m:	1:21.15 43.40	200m:	2:51.84	44.78	300m:	4:21.26	45.10	400m:	5:47.56	42.27
15.	U CINOWICZ, Zuzanna		06	MTP Kormoran Olsztyn				<b>5:49.74</b>	301		
	50m:	39.02 39.02	150m:	2:07.17	44.21	250m:	3:36.75	45.42	350m:	5:03.20	43.22
	100m:	1:22.96 43.94	200m:	2:51.33	44.16	300m:	4:19.98	43.23	400m:	5:49.74	46.54
16.	GRABOWSKA, Magdalena		06	UKS Ostrobramska				<b>5:55.77</b>	286		
	50m:	40.50 40.50	150m:	2:10.27	45.02	250m:	3:41.93	45.90	350m:	5:11.39	44.09
	100m:	1:25.25 44.75	200m:	2:56.03	45.76	300m:	4:27.30	45.37	400m:	5:55.77	44.38
17.	D BROWSKA, Zofia		06	UKS JAGIELLONKA Warszawa				<b>5:56.29</b>	285		
	50m:	39.11 39.11	150m:	2:11.22	46.64	250m:	3:43.62	45.60	350m:	5:15.07	44.37
	100m:	1:24.58 45.47	200m:	2:58.02	46.80	300m:	4:30.70	47.08	400m:	5:56.29	41.22

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-12 lat  
Ciechanów, 17. - 18.3.2018

Konkurencja 7, Dziewcz t, 400m dowolny, 12 lat

Pozycja			Rok ur.					Czas	Pkt.
18.	KALISZ, Anna		06	UKP Polonia Warszawa				<b>5:59.59</b>	277
	50m:	40.77 40.77	150m:	2:12.00 45.90	250m:	3:43.39 45.59	350m:	5:15.31 45.55	
	100m:	1:26.10 45.33	200m:	2:57.80 45.80	300m:	4:29.76 46.37	400m:	5:59.59 44.28	
19.	UCHOWSKA, Amelia		06	UKP 1 Elbl g				<b>6:00.66</b>	274
	50m:	40.55 40.55	150m:	2:11.18 45.53	250m:	3:43.98 46.97	350m:	5:16.66 46.48	
	100m:	1:25.65 45.10	200m:	2:57.01 45.83	300m:	4:30.18 46.20	400m:	6:00.66 44.00	
20.	SALWIN, Julia		06	Uks "Polonez" Wyszaków				<b>6:16.78</b>	241
	50m:	39.48 39.48	150m:	2:14.11 48.76	250m:	3:55.04 50.28	350m:	6:16.78 1:32.91	
	100m:	1:25.35 45.87	200m:	3:04.76 50.65	300m:	4:43.87 48.83	400m:	6:16.78	
21.	MI KUS, Alicja		06	UKS Ostrobramska				<b>6:16.80</b>	241
	50m:	39.29 39.29	150m:	2:14.07 48.07	250m:	3:53.52 49.58	350m:	5:31.61 48.25	
	100m:	1:26.00 46.71	200m:	3:03.94 49.87	300m:	4:43.36 49.84	400m:	6:16.80 45.19	
22.	BOROWIECKA, Aleksandra		06	MKP Warszawianka				<b>6:20.80</b>	233
	50m:	41.21 41.21	150m:	2:17.64 48.77	250m:	3:55.75 47.12	350m:	5:33.67 48.90	
	100m:	1:28.87 47.66	200m:	3:08.63 50.99	300m:	4:44.77 49.02	400m:	6:20.80 47.13	
23.	KARCZMARCZYK, Julia		06	UKS Delfin Garwolin				<b>6:25.54</b>	225
	50m:	42.13 42.13	150m:	2:21.75 49.14	250m:	4:03.82 50.79	350m:	5:43.99 48.87	
	100m:	1:32.61 50.48	200m:	3:13.03 51.28	300m:	4:55.12 51.30	400m:	6:25.54 41.55	
24.	SZCZUDŁO, Alicja		06	MTP Kormoran Olsztyn				<b>6:26.65</b>	223
	50m:	40.98 40.98	150m:	2:17.39 49.54	250m:	3:57.78 49.43	350m:	5:36.04 47.47	
	100m:	1:27.85 46.87	200m:	3:08.35 50.96	300m:	4:48.57 50.79	400m:	6:26.65 50.61	
25.	GAGJEW, Pola		06	UKP 1 Elbl g				<b>6:29.73</b>	217
	50m:	42.50 42.50	150m:	2:20.49 50.22	250m:	3:59.78 49.50	350m:	5:41.23 50.69	
	100m:	1:30.27 47.77	200m:	3:10.28 49.79	300m:	4:50.54 50.76	400m:	6:29.73 48.50	

13 lat

1.	APANAS, Karolina		05	UKP Polonia Warszawa				<b>4:37.83</b>	601
	50m:	30.34 30.34	150m:	1:39.84 35.27	250m:	2:51.91 36.26	350m:	4:04.28 36.06	
	100m:	1:04.57 34.23	200m:	2:15.65 35.81	300m:	3:28.22 36.31	400m:	4:37.83 33.55	
2.	KRASZEWSKA, Martyna SOL		05	MTP Kormoran Olsztyn				<b>4:47.47</b>	542
	50m:	32.10 32.10	150m:	1:44.52 36.81	250m:	2:58.80 37.29	350m:	4:13.34 37.29	
	100m:	1:07.71 35.61	200m:	2:21.51 36.99	300m:	3:36.05 37.25	400m:	4:47.47 34.13	
3.	WOLSKA, Pola		05	UKP Polonia Warszawa				<b>4:48.98</b>	534
	50m:	32.31 32.31	150m:	1:45.23 36.63	250m:	3:00.34 37.51	350m:	4:14.89 36.85	
	100m:	1:08.60 36.29	200m:	2:22.83 37.60	300m:	3:38.04 37.70	400m:	4:48.98 34.09	
4.	SUJKOWSKA, Roksana SOL		05	MTP Kormoran Olsztyn				<b>4:56.26</b>	496
	50m:	34.42 34.42	150m:	1:49.36 37.88	250m:	3:04.42 37.70	350m:	4:20.73 38.02	
	100m:	1:11.48 37.06	200m:	2:26.72 37.36	300m:	3:42.71 38.29	400m:	4:56.26 35.53	
5.	GRABISZEWSKA, Martyna		05	UKP Polonia Warszawa				<b>4:57.22</b>	491
	50m:	33.79 33.79	150m:	1:50.10 38.92	250m:	3:07.05 38.33	350m:	4:21.68 36.70	
	100m:	1:11.18 37.39	200m:	2:28.72 38.62	300m:	3:44.98 37.93	400m:	4:57.22 35.54	
6.	GAJCY, Natalia		05	UKP Polonia Warszawa				<b>5:00.01</b>	477
	50m:	33.88 33.88	150m:	1:49.45 38.17	250m:	3:06.96 38.95	350m:	4:23.85 38.07	
	100m:	1:11.28 37.40	200m:	2:28.01 38.56	300m:	3:45.78 38.82	400m:	5:00.01 36.16	
7.	DOROSZKIEWICZ, Anna		05	UKP 1 Elbl g				<b>5:05.19</b>	453
	50m:	34.20 34.20	150m:	1:49.70 38.22	250m:	3:07.77 39.09	350m:	4:25.98 38.78	
	100m:	1:11.48 37.28	200m:	2:28.68 38.98	300m:	3:47.20 39.43	400m:	5:05.19 39.21	
8.	DZIADEK, Amelia		05	UKS Manta Warszawa Włochy				<b>5:09.60</b>	434
	50m:	34.81 34.81	150m:	1:55.60 40.93	250m:	3:16.58 40.74	350m:	4:34.09 37.65	
	100m:	1:14.67 39.86	200m:	2:35.84 40.24	300m:	3:56.44 39.86	400m:	5:09.60 35.51	
9.	KLUZIAK, Natalia		05	MTP Kormoran Olsztyn				<b>5:12.14</b>	424
	50m:	33.81 33.81	150m:	1:53.49 40.95	250m:	3:15.48 41.06	350m:	4:34.21 40.23	
	100m:	1:12.54 38.73	200m:	2:34.42 40.93	300m:	3:53.98 38.50	400m:	5:12.14 37.93	

Mi dzywojewódzkie Dru ynowe Mistrzostwa Młodzików 12-12 lat  
Ciechanów, 17. - 18.3.2018

Konkurencja 7, Dziewcz t, 400m dowolny, 13 lat

Pozycja			Rok ur.					Czas	Pkt.		
10.	OLEKSIUK, Krystyna		05	UKS Manta Warszawa Włochy				<b>5:17.39</b>	403		
	50m:	35.82 35.82	150m:	1:56.07	40.35	250m:	3:17.33	40.51	350m:	4:38.90	40.38
	100m:	1:15.72 39.90	200m:	2:36.82	40.75	300m:	3:58.52	41.19	400m:	5:17.39	38.49
11.	STANKIEWICZ, Aneta SOL		05	MTP Kormoran Olsztyn				<b>5:36.26</b>	339		
	50m:	37.29 37.29	150m:	2:01.53	42.83	250m:	3:27.38	43.20	350m:	4:54.73	43.41
	100m:	1:18.70 41.41	200m:	2:44.18	42.65	300m:	4:11.32	43.94	400m:	5:36.26	41.53
12.	ZIELONY, Nicola		05	UKS Posejdon Pułtusk				<b>5:38.14</b>	333		
	50m:	36.77 36.77	150m:	2:02.04	43.10	250m:	3:29.24	43.27	350m:	4:55.47	43.05
	100m:	1:18.94 42.17	200m:	2:45.97	43.93	300m:	4:12.42	43.18	400m:	5:38.14	42.67
13.	CZARNECKA, Klaudia		05	UKS Posejdon Pułtusk				<b>5:41.52</b>	323		
	50m:	38.08 38.08	150m:	2:05.27	44.10	250m:	3:33.35	44.02	350m:	5:01.55	43.89
	100m:	1:21.17 43.09	200m:	2:49.33	44.06	300m:	4:17.66	44.31	400m:	5:41.52	39.97
14.	WI CH, Barbara		05	Uks "Polonez" Wyszaków				<b>5:49.58</b>	301		
	50m:	38.95 38.95	150m:	2:07.42	44.77	250m:	3:34.85	44.05	350m:	5:03.30	44.61
	100m:	1:22.65 43.70	200m:	2:50.80	43.38	300m:	4:18.69	43.84	400m:	5:49.58	46.28
15.	JANKOWSKA, Martyna		05	MTP Kormoran Olsztyn				<b>5:50.65</b>	299		
	50m:	37.06 37.06	150m:	2:04.28	44.34	250m:	3:35.79	45.66	350m:	5:06.74	44.96
	100m:	1:19.94 42.88	200m:	2:50.13	45.85	300m:	4:21.78	45.99	400m:	5:50.65	43.91
16.	SOSZY SKA, Zuzanna		05	MTP Kormoran Olsztyn				<b>5:56.66</b>	284		
	50m:	38.75 38.75	150m:	2:09.86	46.16	250m:	3:42.81	46.10	350m:	5:12.64	45.78
	100m:	1:23.70 44.95	200m:	2:56.71	46.85	300m:	4:26.86	44.05	400m:	5:56.66	44.02
17.	OŁNIERZAK, Wiktoria		05	UKS Posejdon Pułtusk				<b>5:57.98</b>	281		
	50m:	41.38 41.38	150m:	2:13.62	46.45	250m:	3:46.92	46.65	350m:	5:16.70	44.55
	100m:	1:27.17 45.79	200m:	3:00.27	46.65	300m:	4:32.15	45.23	400m:	5:57.98	41.28
18.	LASKUS, Martyna		05	UKS Ostrobramska				<b>5:58.05</b>	281		
	50m:	38.07 38.07	150m:	2:09.16	46.28	250m:	3:43.43	46.61	350m:	5:14.78	45.18
	100m:	1:22.88 44.81	200m:	2:56.82	47.66	300m:	4:29.60	46.17	400m:	5:58.05	43.27
19.	LESZCZY SKA, Kaja		05	MTP Kormoran Olsztyn				<b>6:00.29</b>	275		
	50m:	38.97 38.97	150m:	2:10.00	45.89	250m:	3:43.02	45.90	350m:	5:15.07	44.73
	100m:	1:24.11 45.14	200m:	2:57.12	47.12	300m:	4:30.34	47.32	400m:	6:00.29	45.22
20.	PIOTROWSKA, Matylda		05	UKS Posejdon Pułtusk				<b>6:10.56</b>	253		
	50m:	42.08 42.08	150m:	2:17.31	48.06	250m:	3:52.85	48.02	350m:	5:27.00	46.42
	100m:	1:29.25 47.17	200m:	3:04.83	47.52	300m:	4:40.58	47.73	400m:	6:10.56	43.56
21.	ORZOŁ, Julia		05	Uks "Polonez" Wyszaków				<b>6:31.15</b>	215		
	50m:	43.24 43.24	150m:	2:21.83	49.67	250m:	4:04.49	51.12	350m:	5:44.27	48.41
	100m:	1:32.16 48.92	200m:	3:13.37	51.54	300m:	4:55.86	51.37	400m:	6:31.15	46.88