

2018 Główne Mistrzostwa Polski Seniorów i Młodzie ovców
Łód , 24. - 27.5.2018

Konkurencja 18 M czyzn, 400m zmienny 14 lat i starsi
25.05.2018 - 11:44 Wyniki Eliminacje

Rekord Polski Open	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 19 - 23	4:12.28	MATCZAK Mateusz	00905	Belgrade (SRB)	11.07.2009
Rekord Polski 18	4:18.40	MATCZAK Mateusz	00905	Antwerp (BEL)	22.07.2007
Rekord Polski 17	4:20.27	MATCZAK Mateusz	00905	Palma de Mallorca (ESP)	06.07.2006
Rekord Polski 16	4:26.91	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	15.07.2016
Rekord Polski 15	4:30.55	KAŁUSOWSKI Jan	00905	Ostrowiec Sw	10.07.2015
Rekord Polski 14	4:39.38	SOBEK Nikodem	02303	Berlin (GER)	16.12.2016

Minimum-ME Glasgow M Open: 4:18.88 / Minimum-MEJ Helsinki M 15 - 18: 4:28.17

Punkty: FINA 2018

Pozycja			Wiek				Czas				Pkt.	CR
1.	SZWEDZKI Dawid		24	WKS I sk Wrocław			4:24.06				787	+0,68
	50m:	27.33 27.33	150m:	1:32.67	34.20	250m:	2:43.00	36.92	350m:	3:52.82	32.23	
	100m:	58.47 31.14	200m:	2:06.08	33.41	300m:	3:20.59	37.59	400m:	4:24.06	31.24	
2.	W GROWSKI Marcel		19	KU AZS Politechniki Łódzkiej			4:26.80				763	+0,69
	50m:	27.33 27.33	150m:	1:32.63	33.68	250m:	2:45.14	39.50	350m:	3:55.75	31.42	
	100m:	58.95 31.62	200m:	2:05.64	33.01	300m:	3:24.33	39.19	400m:	4:26.80	31.05	
3.	BUJAK Dominik		19	St. Lok. SALOS Cortile Kielce			4:27.76				755	+0,53
	50m:	28.56 28.56	150m:	1:35.07	34.44	250m:	2:47.09	37.63	350m:	3:56.62	31.52	
	100m:	1:00.63 32.07	200m:	2:09.46	34.39	300m:	3:25.10	38.01	400m:	4:27.76	31.14	
4.	DUBAS Mateusz		17	AZS AWF Katowice			4:29.28				742	+0,70
	50m:	28.31 28.31	150m:	1:34.59	34.34	250m:	2:46.36	36.66	350m:	3:56.85	32.49	
	100m:	1:00.25 31.94	200m:	2:09.70	35.11	300m:	3:24.36	38.00	400m:	4:29.28	32.43	
5.	CIASTO Sebastian		19	UKP Unia O wi cim			4:30.85				729	+0,65
	50m:	29.05 29.05	150m:	1:37.49	35.05	250m:	2:50.12	37.90	350m:	3:59.38	31.33	
	100m:	1:02.44 33.39	200m:	2:12.22	34.73	300m:	3:28.05	37.93	400m:	4:30.85	31.47	
6.	WARZOCHA Albert		17	Uks Cityzen			4:33.32				710	+0,73
	50m:	28.51 28.51	150m:	1:37.22	35.39	250m:	2:49.88	38.37	350m:	4:01.62	32.72	
	100m:	1:01.83 33.32	200m:	2:11.51	34.29	300m:	3:28.90	39.02	400m:	4:33.32	31.70	
7.	BAŁABUCH Krystian		23	BOSiR Brzesko			4:34.52				700	+0,69
	50m:	28.33 28.33	150m:	1:37.80	36.60	250m:	2:52.54	38.95	350m:	4:02.83	31.48	
	100m:	1:01.20 32.87	200m:	2:13.59	35.79	300m:	3:31.35	38.81	400m:	4:34.52	31.69	
8.	CHMIELEWSKI Jakub		19	WKS I sk Wrocław			4:34.65				699	+0,72
	50m:	27.77 27.77	150m:	1:35.04	35.46	250m:	2:48.27	38.84	350m:	4:01.95	33.61	
	100m:	59.58 31.81	200m:	2:09.43	34.39	300m:	3:28.34	40.07	400m:	4:34.65	32.70	
9.	MA KA Filip		18	UKS 190 Łód			4:35.92				690	+0,71
	50m:	29.37 29.37	150m:	1:37.26	34.81	250m:	2:51.45	39.73	350m:	4:04.85	33.23	
	100m:	1:02.45 33.08	200m:	2:11.72	34.46	300m:	3:31.62	40.17	400m:	4:35.92	31.07	
10.	SUCHA SKI Przemysław		17	UKP Unia O wi cim			4:36.37				686	+0,74
	50m:	28.70 28.70	150m:	1:37.11	33.87	250m:	2:50.50	39.81	350m:	4:04.27	32.96	
	100m:	1:03.24 34.54	200m:	2:10.69	33.58	300m:	3:31.31	40.81	400m:	4:36.37	32.10	
11.	SACHA Kamil		17	WKS I sk Wrocław			4:36.43				686	+0,62
	50m:	29.06 29.06	150m:	1:37.98	36.11	250m:	2:52.74	39.14	350m:	4:04.98	31.82	
	100m:	1:01.87 32.81	200m:	2:13.60	35.62	300m:	3:33.16	40.42	400m:	4:36.43	31.45	
12.	KUCZAK Adam		18	TP Zielona Góra			4:36.55				685	+0,67
	50m:	28.61 28.61	150m:	1:36.67	34.91	250m:	2:50.47	39.97	350m:	4:04.84	33.47	
	100m:	1:01.76 33.15	200m:	2:10.50	33.83	300m:	3:31.37	40.90	400m:	4:36.55	31.71	
13.	BARUSI SKI Kordian		17	UKS G-8 Bielany Warszawa			4:37.13				681	+0,76
	50m:	28.51 28.51	150m:	1:36.75	35.66	250m:	2:51.37	38.96	350m:	4:04.87	34.01	
	100m:	1:01.09 32.58	200m:	2:12.41	35.66	300m:	3:30.86	39.49	400m:	4:37.13	32.26	
14.	WALCZYSKO Jakub		18	KU AZS UMCS Lublin			4:37.43				678	+0,60
	50m:	28.84 28.84	150m:	1:37.60	35.36	250m:	2:53.44	40.01	350m:	4:05.72	31.96	
	100m:	1:02.24 33.40	200m:	2:13.43	35.83	300m:	3:33.76	40.32	400m:	4:37.43	31.71	
15.	GAWRON Oskar		19	WKS I sk Wrocław			4:37.76				676	+0,81
	50m:	30.25 30.25	150m:	1:40.61	36.37	250m:	2:54.42	38.29	350m:	4:06.31	32.99	
	100m:	1:04.24 33.99	200m:	2:16.13	35.52	300m:	3:33.32	38.90	400m:	4:37.76	31.45	

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Pozycja			Wiek					Czas	Pkt.	CR
16.	B	CZKOWSKI Bartosz	21	MKS Polonia Warszawa				4:38.87	668	+0,67
		50m: 28.68 28.68	150m: 1:38.58	36.50	250m: 2:52.48	38.18	350m: 4:04.94	33.40		
		100m: 1:02.08 33.40	200m: 2:14.30	35.72	300m: 3:31.54	39.06	400m: 4:38.87	33.93		
17.		GOTSZLING Dawid	17	Starachowicki Klub Pływacki BA				4:40.17	659	+0,66
		50m: 27.70 27.70	150m: 1:35.72	35.27	250m: 2:52.21	41.47	350m: 4:07.90	33.18		
		100m: 1:00.45 32.75	200m: 2:10.74	35.02	300m: 3:34.72	42.51	400m: 4:40.17	32.27		
18.		ZDZIEBŁO Piotr	16	UKS Salmo ory				4:41.12	652	+0,83
		50m: 29.31 29.31	150m: 1:38.94	36.57	250m: 2:55.03	40.55	350m: 4:08.95	33.33		
		100m: 1:02.37 33.06	200m: 2:14.48	35.54	300m: 3:35.62	40.59	400m: 4:41.12	32.17		
19.		ZAREMBA Jakub	17	UKS G-8 Bielany Warszawa				4:42.11	645	+0,75
		50m: 29.22 29.22	150m: 1:39.22	36.78	250m: 2:55.96	39.93	350m: 4:10.26	33.80		
		100m: 1:02.44 33.22	200m: 2:16.03	36.81	300m: 3:36.46	40.50	400m: 4:42.11	31.85		
20.	JA	KIEWICZ Adrian	16	IUKS „Muszelka” Warszawa				4:42.24	644	+0,71
		50m: 28.29 28.29	150m: 1:37.00	36.33	250m: 2:54.75	42.38	350m: 4:10.91	33.11		
		100m: 1:00.67 32.38	200m: 2:12.37	35.37	300m: 3:37.80	43.05	400m: 4:42.24	31.33		
21.		GOLENIEC Kamil	19	UKP Unia O wi cim				4:43.16	638	+0,66
		50m: 29.07 29.07	150m: 1:38.77	36.35	250m: 2:55.08	40.01	350m: 4:10.81	33.69		
		100m: 1:02.42 33.35	200m: 2:15.07	36.30	300m: 3:37.12	42.04	400m: 4:43.16	32.35		
22.		CHMIELEWSKI Krzysztof	14	IUKS „Muszelka” Warszawa				4:44.47	629	+0,53
		50m: 28.79 28.79	150m: 1:37.89	35.94	250m: 2:56.50	43.44	350m: 4:13.30	32.28		
		100m: 1:01.95 33.16	200m: 2:13.06	35.17	300m: 3:41.02	44.52	400m: 4:44.47	31.17		
23.		KEMPA Mikołaj	19	MMKS K dzierzyn-Ko le				4:44.97	626	+0,75
		50m: 28.99 28.99	150m: 1:39.63	37.83	250m: 2:57.03	40.12	350m: 4:11.78	33.70		
		100m: 1:01.80 32.81	200m: 2:16.91	37.28	300m: 3:38.08	41.05	400m: 4:44.97	33.19		
24.		FAJKOWSKI Piotr	17	MKS Trójka Łód				4:45.13	625	+0,79
		50m: 30.16 30.16	150m: 1:42.31	37.34	250m: 2:58.63	40.12	350m: 4:13.21	32.49		
		100m: 1:04.97 34.81	200m: 2:18.51	36.20	300m: 3:40.72	42.09	400m: 4:45.13	31.92		
25.		WIEK Wiktor	15	BUKS Warszawa				4:45.48	623	+0,77
		50m: 28.67 28.67	150m: 1:41.56	39.18	250m: 3:01.23	42.37	350m: 4:14.74	30.84		
		100m: 1:02.38 33.71	200m: 2:18.86	37.30	300m: 3:43.90	42.67	400m: 4:45.48	30.74		
26.		POWRO NIK Konrad	21	WKS I sk Wrocław				4:46.19	618	+0,83
		50m: 29.28 29.28	150m: 1:40.49	36.71	250m: 2:58.29	41.47	350m: 4:13.50	32.85		
		100m: 1:03.78 34.50	200m: 2:16.82	36.33	300m: 3:40.65	42.36	400m: 4:46.19	32.69		
27.		BORKOWSKI Kacper	18	KU AZS UMCS Lublin				4:46.35	617	+0,70
		50m: 28.90 28.90	150m: 1:40.00	37.79	250m: 2:58.40	41.79	350m: 4:14.26	33.03		
		100m: 1:02.21 33.31	200m: 2:16.61	36.61	300m: 3:41.23	42.83	400m: 4:46.35	32.09		
28.		SYNOWIEC Mikołaj	16	UKS SMS Galicja Kraków				4:46.59	615	+0,69
		50m: 29.41 29.41	150m: 1:41.91	37.80	250m: 3:00.08	42.32	350m: 4:14.35	32.92		
		100m: 1:04.11 34.70	200m: 2:17.76	35.85	300m: 3:41.43	41.35	400m: 4:46.59	32.24		
29.		SOBCZYK Maciej	23	KU AZS AGH Kraków				4:46.98	613	+0,71
		50m: 29.56 29.56	150m: 1:41.92	37.57	250m: 2:59.50	41.69	350m: 4:14.26	34.01		
		100m: 1:04.35 34.79	200m: 2:17.81	35.89	300m: 3:40.25	40.75	400m: 4:46.98	32.72		
30.	KSI	NICKI Dawid	16	MKS „IKAR” Mielec				4:47.83	608	+0,69
		50m: 30.17 30.17	150m: 1:45.88	40.03	250m: 3:01.96	38.40	350m: 4:15.55	34.47		
		100m: 1:05.85 35.68	200m: 2:23.56	37.68	300m: 3:41.08	39.12	400m: 4:47.83	32.28		
31.		LABICH Wiktor	15	MKS Trójka Łód				4:49.95	594	+0,79
		50m: 30.37 30.37	150m: 1:42.73	37.63	250m: 3:01.64	41.16	350m: 4:17.24	32.87		
		100m: 1:05.10 34.73	200m: 2:20.48	37.75	300m: 3:44.37	42.73	400m: 4:49.95	32.71		
32.		WILEJTO Igor	17	UKS „Dwójka” Tczew				4:50.37	592	+0,55
		50m: 29.99 29.99	150m: 1:41.26	36.84	250m: 3:00.55	43.33	350m: 4:18.39	33.36		
		100m: 1:04.42 34.43	200m: 2:17.22	35.96	300m: 3:45.03	44.48	400m: 4:50.37	31.98		
33.		MATUSZEWSKI Krzysztof	14	MUKS "Pi tnastka"				4:50.59	590	+0,86
		50m: 29.38 29.38	150m: 1:41.12	38.22	250m: 3:00.09	41.59	350m: 4:17.58	34.44		
		100m: 1:02.90 33.52	200m: 2:18.50	37.38	300m: 3:43.14	43.05	400m: 4:50.59	33.01		

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Pozycja					Wiek					Czas	Pkt.	CR
34.	CHMIELEWSKI Michał				14	IUKS „Muszelka” Warszawa				4:51.03	588	+0,54
	50m:	29.01	29.01	150m:	1:38.99	36.29	250m:	3:00.00	45.32	350m:	4:19.17	33.28
	100m:	1:02.70	33.69	200m:	2:14.68	35.69	300m:	3:45.89	45.89	400m:	4:51.03	31.86
35.	WO NIAK Kamil				17	KS „Wisła” Puławy				4:52.78	577	+0,64
	50m:	29.66	29.66	150m:	1:44.07	40.31	250m:	3:05.58	42.28	350m:	4:21.37	33.42
	100m:	1:03.76	34.10	200m:	2:23.30	39.23	300m:	3:47.95	42.37	400m:	4:52.78	31.41
36.	BOBORYK Wojciech				16	KS Delfin Gdynia				4:53.02	576	+0,72
	50m:	29.87	29.87	150m:	1:43.02	38.37	250m:	3:01.98	41.92	350m:	4:19.02	34.07
	100m:	1:04.65	34.78	200m:	2:20.06	37.04	300m:	3:44.95	42.97	400m:	4:53.02	34.00
37.	WO NIAK Kamil				18	UKS „FREGATA” Kolbuszowa				4:53.56	573	+0,80
	50m:	29.46	29.46	150m:	1:46.02	41.68	250m:	3:05.72	40.45	350m:	4:21.22	33.13
	100m:	1:04.34	34.88	200m:	2:25.27	39.25	300m:	3:48.09	42.37	400m:	4:53.56	32.34
38.	MUC Filip				17	UKP Unia O wi cim				4:53.96	570	+0,65
	50m:	29.72	29.72	150m:	1:42.32	37.76	250m:	3:01.53	42.21	350m:	4:20.06	35.18
	100m:	1:04.56	34.84	200m:	2:19.32	37.00	300m:	3:44.88	43.35	400m:	4:53.96	33.90
39.	ZIELI SKI Konrad				15	UKS 190 Łód				4:54.60	567	+0,62
	50m:	30.57	30.57	150m:	1:47.47	40.31	250m:	3:07.58	42.66	350m:	4:23.69	33.89
	100m:	1:07.16	36.59	200m:	2:24.92	37.45	300m:	3:49.80	42.22	400m:	4:54.60	30.91
40.	RAJCA Wiktor				16	UKS 190 Łód				4:55.02	564	+0,69
	50m:	30.22	30.22	150m:	1:42.00	37.69	250m:	3:01.88	43.18	350m:	4:21.01	35.09
	100m:	1:04.31	34.09	200m:	2:18.70	36.70	300m:	3:45.92	44.04	400m:	4:55.02	34.01
41.	ADAMCZYK Jan				15	UKS Olimpijczyk 23				5:01.74	527	+0,57
	50m:	31.03	31.03	150m:	1:46.46	40.34	250m:	3:08.79	44.02	350m:	4:28.37	34.55
	100m:	1:06.12	35.09	200m:	2:24.77	38.31	300m:	3:53.82	45.03	400m:	5:01.74	33.37
42.	K DZIERSKI Tomasz				15	UKS 190 Łód				5:02.22	525	+0,65
	50m:	32.37	32.37	150m:	1:50.03	40.74	250m:	3:10.51	41.30	350m:	4:28.19	35.09
	100m:	1:09.29	36.92	200m:	2:29.21	39.18	300m:	3:53.10	42.59	400m:	5:02.22	34.03
43.	KRZY ANIAK Krystian				18	MKS Juvenia Białystok				5:02.48	523	+0,65
	50m:	29.82	29.82	150m:	1:44.92	39.60	250m:	3:07.17	42.81	350m:	4:26.90	35.84
	100m:	1:05.32	35.50	200m:	2:24.36	39.44	300m:	3:51.06	43.89	400m:	5:02.48	35.58
44.	SZWEDZKI Jakub				18	MKS Trójka Łód				5:03.25	519	+0,70
	50m:	33.87	33.87	150m:	1:52.40	40.73	250m:	3:12.85	41.85	350m:	4:31.30	35.77
	100m:	1:11.67	37.80	200m:	2:31.00	38.60	300m:	3:55.53	42.68	400m:	5:03.25	31.95
45.	KNYSZY SKI Maciej				16	MKS Jedyńka Łód				5:03.86	516	+0,76
	50m:	30.64	30.64	150m:	1:47.73	41.65	250m:	3:12.11	44.04	350m:	4:31.88	34.09
	100m:	1:06.08	35.44	200m:	2:28.07	40.34	300m:	3:57.79	45.68	400m:	5:03.86	31.98
46.	ZIEMBOWICZ Franciszek				14	UKS G-8 Bielany Warszawa				5:04.34	514	+0,70
	50m:	31.83	31.83	150m:	1:51.71	42.25	250m:	3:13.67	42.28	350m:	4:31.85	34.74
	100m:	1:09.46	37.63	200m:	2:31.39	39.68	300m:	3:57.11	43.44	400m:	5:04.34	32.49
47.	ZARYCHTA Marcel				15	KS OLIMPIA Lublin				5:05.13	510	+0,61
	50m:	32.06	32.06	150m:	1:48.44	39.08	250m:	3:12.75	45.49	350m:	4:32.70	34.63
	100m:	1:09.36	37.30	200m:	2:27.26	38.82	300m:	3:58.07	45.32	400m:	5:05.13	32.43
48.	GOŁACKI Sergiusz				14	UKS 190 Łód				5:05.14	510	+0,66
	50m:	30.32	30.32	150m:	1:47.81	41.12	250m:	3:14.31	46.68	350m:	4:32.74	33.79
	100m:	1:06.69	36.37	200m:	2:27.63	39.82	300m:	3:58.95	44.64	400m:	5:05.14	32.40
49.	RODKIEWICZ Radosław				15	IUKS „Muszelka” Warszawa				5:06.35	504	+0,51
	50m:	32.29	32.29	150m:	1:48.70	37.97	250m:	3:11.97	46.18	350m:	4:33.04	33.90
	100m:	1:10.73	38.44	200m:	2:25.79	37.09	300m:	3:59.14	47.17	400m:	5:06.35	33.31
50.	OLESKI Tomasz				15	TP Olimpijczyk Aleksandrów Łód				5:06.40	504	+0,58
	50m:	30.92	30.92	150m:	1:48.70	40.37	250m:	3:11.49	43.75	350m:	4:31.71	36.19
	100m:	1:08.33	37.41	200m:	2:27.74	39.04	300m:	3:55.52	44.03	400m:	5:06.40	34.69
51.	ZUZANIUK Igor				14	KS OLIMPIA Lublin				5:07.41	499	+0,51
	50m:	31.34	31.34	150m:	1:50.49	40.40	250m:	3:12.92	44.35	350m:	4:32.89	35.97
	100m:	1:10.09	38.75	200m:	2:28.57	38.08	300m:	3:56.92	44.00	400m:	5:07.41	34.52

2018 Główny Mistrzostwa Polski Seniorów i Młodzie ovców
 Łód , 24. - 27.5.2018

Konkurencja 18, M czyzn, 400m zmienny, Eliminacje, 14 lat i starsi

Pozycja			Wiek				Czas	Pkt.	CR			
52.	SKIBIAK	Hubert	14	UKS 190 Łód			5:07.82	497				
	50m:	33.32	33.32	150m:	1:51.30	38.29	250m:	3:14.79	45.90	350m:	4:35.10	33.68
	100m:	1:13.01	39.69	200m:	2:28.89	37.59	300m:	4:01.42	46.63	400m:	5:07.82	32.72
53.	STEFANOWSKI	Bartosz	15	UKS Nawa Skierniewice			5:11.12	481	+0,61			
	50m:	31.01	31.01	150m:	1:46.88	39.62	250m:	3:12.43	47.30	350m:	4:36.08	35.58
	100m:	1:07.26	36.25	200m:	2:25.13	38.25	300m:	4:00.50	48.07	400m:	5:11.12	35.04
54.	JACHYM	Maciej	15	KS Rekin wiebodzice			5:13.78	469	+0,63			
	50m:	32.20	32.20	150m:	1:51.61	42.35	250m:	3:17.24	44.60	350m:	4:38.43	36.05
	100m:	1:09.26	37.06	200m:	2:32.64	41.03	300m:	4:02.38	45.14	400m:	5:13.78	35.35
55.	WIECZORKOWSKI	Nikodem	14	UKS „Dwójka” Tczew			5:14.07	467				
	50m:	33.46	33.46	150m:	1:53.59	41.50	250m:	3:19.06	46.23	350m:	4:40.16	34.23
	100m:	1:12.09	38.63	200m:	2:32.83	39.24	300m:	4:05.93	46.87	400m:	5:14.07	33.91
56.	KALISIAK	Norbort	16	UKS Nawa Skierniewice			5:15.65	460	+0,69			
	50m:	32.33	32.33	150m:	1:51.16	39.79	250m:	3:17.67	47.49	350m:	4:40.48	37.04
	100m:	1:11.37	39.04	200m:	2:30.18	39.02	300m:	4:03.44	45.77	400m:	5:15.65	35.17
57.	WIERCI	SKI Kacper	14	UKS „Dwójka” Tczew			5:17.31	453	+0,53			
	50m:	34.30	34.30	150m:	1:58.01	43.83	250m:	3:22.19	42.51	350m:	4:41.31	37.11
	100m:	1:14.18	39.88	200m:	2:39.68	41.67	300m:	4:04.20	42.01	400m:	5:17.31	36.00
58.	ROMANOWSKI	Dawid	15	UKS Pi tka Konstantynów Łódzki			5:20.26	441	+0,73			
	50m:	29.87	29.87	150m:	1:53.15	45.34	250m:	3:21.81	46.23	350m:	4:45.53	35.75
	100m:	1:07.81	37.94	200m:	2:35.58	42.43	300m:	4:09.78	47.97	400m:	5:20.26	34.73
59.	J DRYKA	Nikodem	14	MKS Jedynka Łód			5:24.54	424	+0,48			
	50m:	35.67	35.67	150m:	2:00.87	44.96	250m:	3:28.69	45.28	350m:	4:49.99	35.99
	100m:	1:15.91	40.24	200m:	2:43.41	42.54	300m:	4:14.00	45.31	400m:	5:24.54	34.55
60.	WYKR	T Marcin	14	UKS „Nowy Klub Pływacki”			5:24.93	422				
	50m:	33.34	33.34	150m:	1:55.09	41.76	250m:	3:20.41	44.64	350m:	4:47.83	39.93
	100m:	1:13.33	39.99	200m:	2:35.77	40.68	300m:	4:07.90	47.49	400m:	5:24.93	37.10
61.	ISKRA	Szymon	14	UKS Pi tka Konstantynów Łódzki			5:31.63	397	+0,67			
	50m:	35.33	35.33	150m:	2:04.61	44.88	250m:	3:30.19	43.02	350m:	4:53.88	39.42
	100m:	1:19.73	44.40	200m:	2:47.17	42.56	300m:	4:14.46	44.27	400m:	5:31.63	37.75
62.	ZGODA	J drzej	14	UKS Kapry-Armexim Pruszków			5:37.10	378	+0,65			
	50m:	34.63	34.63	150m:	2:00.28	43.30	250m:	3:32.93	49.21	350m:	4:59.38	38.23
	100m:	1:16.98	42.35	200m:	2:43.72	43.44	300m:	4:21.15	48.22	400m:	5:37.10	37.72